



MARCH 2016 VOLUME 56 ~ ISSUE 03

Commodore: Vidar Bech  
Editor: Liz Campbell  
Asst: Frank & Sharon Sullivan  
Asst: Pat Korecky

# Channel Islands Yacht Club

CIYC is located at Lat. 34° 09' 48.9" N; Long. 119° 13' 35.6" W  
4100 Harbor Blvd., Oxnard, CA 93035.  
Phone (805) 985-2492

published monthly

## *Currents*

Join us in  
*The Wearin' O'  
The Green!*



**ST. PATRICK'S  
DAY  
CELEBRATION**

**Saturday, March 12th, 7:00 pm**  
**Dinner Social**  
(Details inside)



## Message From The Commodore Vidar Bech



January is always an exciting month for a New Commodore and this time was no different. At the General Meeting we got a budget approved and we will monitor our expenses very closely and look at it again in March to see where we are at.

Sorry, I missed the Celebration of Life for Sharon Deyling, she was quite a lady and taken from us way too early.

On a happier note, it is nice to see all the members that show up and participate in activities this year. Shipshape, Birthday Bash, Superbowl, Wednesday night dinners and Valentine dinner dance so far. If we keep this up we will have a real good year. The last event was a lot of fun, dance music by Susan Rey and some of us were put on stage and had to answer some very personal questions. I think it was supposed to be a Newlywed Game, although we were two couples there, way past that stage. I hope those answer cards got burned.

Wednesday night February 10<sup>th</sup>, Harbor Director Lyn Krieger gave us a very informative “Show and Tell” program on what the plans are for the Harbor. We also got quite a few questions answered. This was arranged by our new Harbor Delegate **Rene Aiu**.

Special Thanks goes to **Bill Lynch** for restoring the Dumb Waiter to working condition. He put in stainless steel lining on the shelves and carved out some wood in the shaft so it will move freely. He had help from **Weldon Farris**. Bill also made Ramps for the Elevator to make it easier for Wheelchairs to get in and out. Thanks guys.

I'd like to welcome **Yvonne Farris** and **Bob Deyling** to the Board of Directors, they both have excellent qualifications and knowledge of our club. They will be a great asset to the Board.

Our secretary **Ruth Hatcher** has a tradition of writing a Poem for the General Meetings and here is her January Poem:

THANK YOU FOR COMING. WE ARE GLAD YOU'RE HERE  
BE IT FOR FRIENDSHIP, FOR NUTS OR FOR SCOTCH OR FOR BEER  
TELL US YOUR THOUGHTS AND WHAT'S ON YOUR MIND  
THE BOARD WANTS TO KNOW – THERE'S NO BETTER TIME  
THEY'RE KEEPING QUITE BUSY – WORKING HARD FOR YOU  
WE'VE ASKED FOR THEIR LEADERSHIP IN WHATEVER WE DO  
SO LET'S ALL JOIN TOGETHER – LET'S MAKE THIS YEAR FUN  
SO WE CAN ALL SAY WITH PRIDE – CIYC'S NO. 1

**Vidar**  
Your Commodore





## Message From The Vice-Commodore Sheldon Berger



February was a great month at CIYC with member participation from top to bottom of our club. Shipshape had a large turn out and I want to thank all that helped to keep our building in top notch condition. Thank you to: Zoran & Erica Barbaric, Vidar & Marnie Bech, Dann Daggett, Bob Deyling, Elyse Gonnello, Sherie Ireland, Keith Moore, Frank & Sharon Sullivan, Penny Lipp, Deborah Tyhurst, Clark Owens & Joyce Sheridan, Phyllis Lucas, Bob & Mary Lou Taylor, Kipp Ots , and Mike McKendry. If I left out your name, apologies in advance.

Bill Lynch



A very special thank you goes to Bill Lynch for fabricating and installing the elevator ramps and the great new shelf tops for the kitchen dumb waiter. This will put the club in compliance with the health and safety inspector.

Our next Shipshape is scheduled for March 12<sup>th</sup>. We will be painting so please wear some old clothes. If any painter would like to start earlier in the month, let me know. Also, we need a shelf outside the cashier/check-in window on the entryway. Help!

Our Wednesday night dinners are growing by leaps and bounds. Thanks to our February crew chefs; Jim McCulley, Frank Laza, Bill Brayton and John & Lisa Medlen.

We celebrated Valentines with a great meal from Paul Paulin and his crew. The social committee helped with the decorating and the “Newly Wed” game. Thanks you Barbara Brauns, Joyce Sheridan, and Nancy Berger and all the others who showed up to help.

Rene Aiu arranged for Lyn Krieger to be our first guest for our Wednesday Night Speaker Series. Please read Rene’s article for full details of the event.

Thanks to Bill Scarpino for hosting a Healthcare Seminar on healthy hearts.

Finally, thanks to Jack Borkowski and his crew for an outstanding Super Bowl party. Lots of food, drink and lucky game winners.

Lyn Krieger



Start making plans for March events at CIYC. Ruth Hatcher is organizing the Whale Watch Cruise on the 6<sup>th</sup>. And Tom & Carole Naylor have agreed to head up our Easter Brunch on the 27<sup>th</sup>.

Thanks again to everyone for all of the help and assistance that I have received over these past few months!! Our members are the best!!!

**Sheldon Berger, Vice Commodore**



Message From  
The Rear-Commodore  
Penny Lipp



The **Mid-Winters Regional Regatta** will began on **February 20 and 21**. Stay tuned for the results of the two-day event in the April issue of the *Currents*. This is the eighth year of CIYC's hosting this event. I want to thank Bill Brayton, the PRO Officer, Jane Thomas, the Race Chair, and the participants who will be assisting in this event and all those wonderful people who make it possible to put this Regatta on. Again, I will be thanking many people in my April article.

The **Whale Watching Cruise** will take place on **March 6**. Write your poem, song or story and meet back at the Club for Ruth Hatcher's famous chocolate chip cookies and brew.

**Put on your calendars OPENING DAY at CIYC on April 3, 2016!!**

**YOUR CIYC BAND WILL BE PROVIDING THE ENTERTAINMENT.**

Other sailing events:

March 16, Wet Wednesday Races begin  
June 18, Port Royale (Wild Bill Platform Race)  
August 13, John Larson Memorial Race  
August 27, Bob Cooke Memorial (Double-Handed)  
October 1, Lady at the Helm  
October 8, Neil Underwood

**CIYC MEMBERS: YOUR PARTICIPATION IN THESE RACES IS IMPORTANT!**

Wishing you fair winds and calm seas.

**Penny Lipp,  
Rear Commodore**





Message  
From  
First Mate  
**Karen Farrell**

**Hello Islanders and CIYC Members,**

I want to start by correcting an oversight on my part in my February newsletter article.... A GREAT big thank you goes to PAM NAST, 1<sup>st</sup> Mate, and her board for a successful year in leading the Islanders! I also want to thank Pam for her kind words and for graciously passing the gavel to me at the Islanders Change of Watch Dinner in January!! I will do my best to uphold the honor of the 1<sup>st</sup> Mate position.

As of mid-February the Islanders have 50 members!! What a great response to this year's membership letter that was sent out in January. It's not too late to sign up. If you are interested in joining, send a check for \$20 with your application to Mary Ann Moore.

We have a change in the Islander board. Katarina Bernbaum resigned as Corresponding Yeoman (duties include sending out postcard invitations). At our February board meeting, we welcomed Laurie Preston as our new Corresponding Yeoman. Thank you so much Laurie for accepting this position. We also have a couple of Islander committee chairs filled. Joyce Sheridan volunteered to head the Luncheon Committee and will be doing the Islander Anniversary Dinner on March 24th. Ellie Bishop has volunteered to be the Sunshine Lady. Thank you to both Joyce and Ellie. We have other committees that need to be chaired – Membership, Fund Raisers, Excursions, & Publicity. If you are interested in getting involved, please let me know [karenfar@ymail.com](mailto:karenfar@ymail.com).

April 3<sup>rd</sup> is Opening Day and planning is underway and on the fast track! The theme is “VIKINGS” chosen by Mary Ann Moore (you know we have a Norwegian Commodore). Deborah Tyhurst, Diane Sherlock & Sue Woolf are taking the lead for decorating the clubhouse. I will be leading the food menu and cooking along with Vera Cline & Joyce Sheridan. We will need LOTS of volunteers to help decorate, cook and plating platters, so if you are interested in helping, please let me know.

Busy, Busy times!

Karen Farrell

1<sup>st</sup> Mate 2016

# Anglers' Corner - March 2016

*By Frank Sullivan*



## **Fishing Report:**

I've had some reports of Bonita and Calico Bass being caught at the Islands especially on the back side of Anacapa. The recreational fishery for rockfish is open year-round to divers and shore-based anglers. The fishery was closed to boat-based anglers as of January 1, 2016, and will reopen on March 1, 2016. These species may only be taken or possessed in waters less than 360 feet (60 fathoms) deep. The daily bag and possession limit is 10 fish in combination of all species within the RCG Complex (includes all species of Rockfish, Cabezon and Greenlings) per person, with a sub-limit on Black Rockfish (5 per person) and Bocaccio (3 per person), also included in the 10 fish RCG Complex aggregate limit. Yelloweye rockfish, Canary rockfish, Bronze Spotted rockfish, and Cowcod may not be retained (bag limit: zero).

If you have to release a rockfish, consider using a descending device to reduce bariatric trauma. A variety of descending devices, or recompression tools, are commercially available. Anglers can also make their own descending devices out of a simple weighted hook or a weighted inverted milk crate. The goal of all such devices, whether they are "lip clippers," weighted hooks, or "drop baskets" is to quickly and safely return the fish to capture depth, thus minimizing both short-term and long-term damage to tissues and organs.

The device should weigh at least 3 pounds or be of sufficient weight to quickly submerge a large rockfish. Have your descending device assembled and ready to use before you start fishing. Fish returned to depth within 2 minutes are known to have a much better chance of survival. The chance of survival for some species is known to decrease by half for every 10 minutes the fish is out of the water. Consider dedicating an old rod and reel or downrigger with a descending device attached to minimize time out of the water.

## **WSB grow out pen update:**

The pen is empty right now and we are investigating how to best address the predator incursions before the next deliveries. We may have to replace the Exterior predator net.

## **Thank you Gary and Joyce Johnson:**

Take a look at the Anglers' photo wall in the bar. Gary and Joyce Johnson donated some very nice wood frames for the photos to replace the old plastic ones. They also reframed all the photos. Thank you, the results are a big improvement from the old setup. Now we need to get some more "bragging rights" photos for this year. Try to take the photos at a high resolution so they print well in the 8x10 format.

## **Upcoming events:**

May 14 <sup>th</sup>	Anglers' Dinner
May 22 <sup>nd</sup>	Men's Fishing Tournament
June 5 <sup>th</sup>	Ladies' Fishing Tournament
September 9 <sup>th</sup>	Channel Islands Bill Fish Tourney Kickoff Dinner
September 10 <sup>th</sup> to 14 <sup>th</sup>	Channel Islands Bill Fish Tournament
September 16 <sup>th</sup>	Channel Islands Bill Fish Tourney Awards Dinner
November 19 <sup>th</sup>	Anglers' Awards Scampi Dinner



## Doc Lines

### Finally! A Feel Good Doc Lines

This is all about chocolate. Yep, we love it. And, surprisingly, it's good for you. Who knew?

Resveratrol, epicatechin, and flavinoids (polyphenols) are antioxidants abundant in chocolate.

Daily consumption was reported to decrease the risk of cardiovascular disease by 37% and the risk of stroke by 29%. These numbers are huge and were derived from analyzing a number of published studies (meta analysis).

Because arterial plaques are considered a low inflammatory condition, the presence of polyphenols fights inflammation and thus at least partially combats atherosclerosis.

Along with combating atherosclerosis, there is also evidence of chocolate's beneficial effects on blood pressure, abdominal obesity, and "metabolic syndrome" (when deep belly fat produces unwanted hormones and other bad stuff).

And, there is also a big reduction in stress hormone levels, just after eating 1 1/2 ounces of chocolate a day for two weeks. Love that! There is also a 17% reduction in bad, inflammatory C-reactive protein.

Researchers believe that flavinoids in chocolate improve insulin sensitivity (improving glucose metabolism) and also interact with the body to increase nitric oxide bio-availability. Nitric oxide is beneficial in that it relaxes arteries and reduces blood pressure. All good, so far.

But!!!!!!

Only dark chocolate (85%) has any potential benefits. To make bitter cocoa more palatable, producers load the stuff with sugar and high fructose corn syrup. And you know all about sugar and fructose. It is best to find chocolate sweetened with Stevia. White chocolate has no medical benefits.

And then there is the question of how much to consume daily. The ideal "dose" seems to be a square a day (about 0.25-0.35 oz.). Don't exceed one ounce.

This is from a Cleveland Clinic study: ***"While it indubitably comes as a pleasant surprise that chocolate is actually good for you, eating the right amount is crucial if you want it to be a benefit and not a liability."***

Your Fleet Surgeon Zoran

Thanks to Erika for editing



## **Harbor Director, Lyn Krieger Meets With CIYC**

As the first in our Speaker Series, Lyn Krieger, the Channel Islands Harbor Director, joined us at one of our Wednesday dinners which gave many of our members an opportunity to speak with her personally. After dinner, Lyn gave an informative presentation on the current in-process development proposals for the harbor. These included the Brighton Group's plan for the Casa Sirena property and the current proposal from the Channel Islands Properties LLC for the Fisherman's Wharf.

As noted in our February's newsletter, the Fisherman's Wharf proposal is under contention and several community organizations are seeking either alternatives to or amendments to the current proposal. The current proposal also has several ordinance hurdles which includes: 1) site approval for mixed use; 2) height variation approval; 3) site size increase which originally was 7.4 acres, but the proposal calls for 11.4 acres which includes what is currently part of the approved boat launch area. The project will also need an EIR (Environmental Impact Report) and a traffic study as well.

Lyn also mentioned beautification improvements to the areas near the Rudder Room and the sloped area under the bridge and behind Toppers and the Fire Station.

Lyn also took the time to answer questions from many of our members. Questions ranged from the project's impact on traffic and congestion on the Victoria and Channel Islands intersection to questions regarding the club and public's access to the Boating Center.

We appreciated the time Lyn took to meet with us. She provided insight into pending projects for the harbor areas and an important perspective on harbor matters. She has offered to provide support and advice on issues of interest to club members.

Regarding the Boating Center issue, Lyn has agreed to work with the CIYC to meet with the University and find ways of collaborating that would benefit the center as well as CIYC, the harbor community, other yacht clubs, the Maritime Museum and the public. Tom Warden voiced his concern that the Boating Center, paid for with taxpayers dollars, is currently underutilized and many neighborhood community organizations agree with him on this and believe the center as currently operated is not meeting its original mandate and commitment to the public that supported its building. We will follow up on this matter and provide updates as available.

## **Rene Aiu, Harbor Delegate for CIYC**



**WANTED**  
**BRISTOL BOATS**  
**FOR OPENING DAY**  
**APRIL 3, 2016**

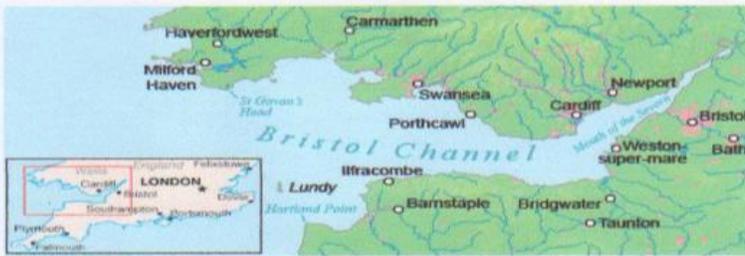
**Enter your vessel for the prestigious CIYC Bristol Boat Competition.  
Don't miss the boat!**

**Judging will be done by appointment:**  
**Saturday, March 26**  
**Sunday, March 27**  
**Saturday, April 2**

**We have five classes of boats:**

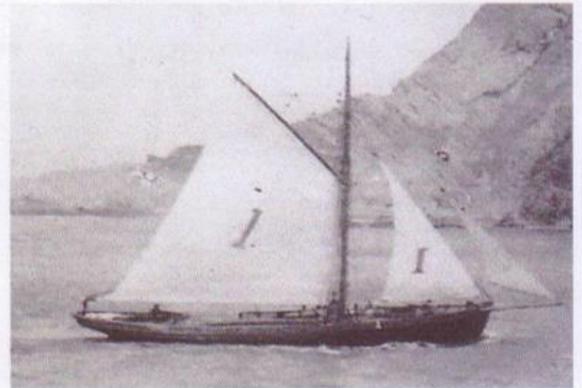
**Power: Over 34 feet**  
**Under 34 feet**  
**Sail: Over 34 feet**  
**Under 34 feet**  
**All Electric Boats**

\*The *Bristol Channel* is a dangerous area of water in southwest England and forms the southern border of Wales. The tidal range of 15 meters (49 ft) is second only to the Bay of Fundy in Eastern Canada. A sailor's rhyme goes "Twixt Hartland Point and Padstow Bay is a sailor's grave by night or day."



Because of the strong tides and the rarity of safe havens in the Bristol Channel, a well-found boat with all gear in working order is essential when navigating these treacherous waters.

A specialized style of sailing boat, the *Bristol Channel Pilot Cutter*, was developed in the area and has a long and illustrious history. During their working lives the *Bristol Channel Pilot Cutter* was the byword for ruggedness and sailing ability in all weathers, spending weeks on end at sea, short handed and in some of the most challenging waters of the world.



**Someone has to win; it might as well be you!**

**Contact: Fleet Captain, Tom Webb or S/C Thomas Warden (818) 571-8164**

**Penny Lipp, Rear Commodore**



**THEY'RE RUNNING AGAIN!!!  
TGIF – MARCH 25TH**

Beer Battered Fish, Fries,  
Beans, Cole Slaw and Ice Cream  
**will be served at 6:30 for \$10**

followed immediately by the horse races and raffles.

Sign up to be a jockey,  
bet on your favorite filly, nag, number or other jockey,  
take a chance on the raffles,  
but by all means be there  
for a bunch of fun will be had by all!!

**Joyce and Clark, TGIF Chairpersons**

**ANNOUNCEMENT**

Dear Members,

This is to inform you that the Board of Directors have decided to increase the price of drinks purchased at the Bar. This will affect Sodas and all alcoholic beverages.

This is regrettably necessary to cover increases in cost of goods, increase in operating expenses and will reflect the Harbor fee (5.7%) and Sales Tax (8%). New pricing will take effect from March 1<sup>st</sup> 2016.

Sodas and Beer will increase by 50 cents. Wine and mixed drinks by a dollar. Bottles of wine and pitchers of beer will increase proportionally as well.

Prices will be posted in the Bar. On the bright side, the pour of wine and drinks will remain the same and "Happy Hours" will still have reduced pricing.

Commodore Vidar Bech and the Board of Directors



12 Jan 2016

Channel Islands Yacht Club  
4100 Harbor Boulevard  
Channel Islands Harbor, CA 93035

To Whom It May Concern,

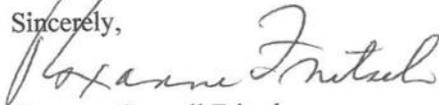
My sister and I want to inform the Channel Islands Yacht Club of the sad news that our father, Duncan Connell, died Christmas Eve morning, 24 December 2015. He was in the care of hospice for about two weeks and passed away peacefully in his sleep.

Our parents were members of the Channel Islands Yacht Club for many years while they lived in Oxnard. They both participated in many activities held at the club. I found a picture of them attending a Greek dinner in 2007 which I have attached. The family would appreciate if you could include the name of our father, noting his passing, in your monthly newsletter.

Duncan and Yvonne would have celebrated their 73<sup>rd</sup> wedding anniversary at the end of December 2015. Also dad would have been 95 in January 2016. He had a long and wonderful life and leaves those of us in his small but growing family very sad for our loss. We had just a family gathering to celebrate his life, as per his wishes.

Thank you for your assistance.

Sincerely,



Roxanne Connell Fritsch  
Janice Connell Gaudio

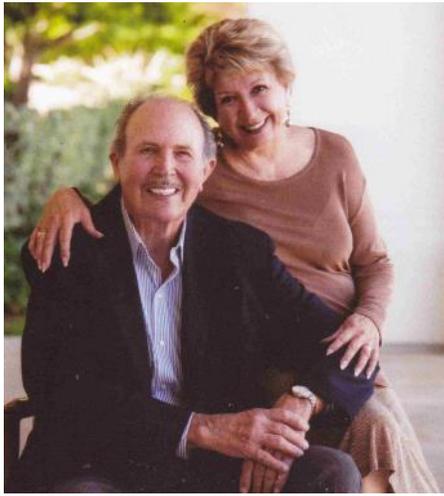
Yvonne Connell  
c/o 627 Languid Lane  
Simi Valley, CA 93065



Duncan & Yvonne Connell

## **DID YOU KNOW? By Keith & Mary Ann Moore:**

### **Meet your new Board Member - Yvonne Farris and husband Weldon:**



Yvonne and Weldon have decided to enjoy their retirement traveling the world and seeking new adventures. Part of that equation is being active members of the Channel Islands Yacht Club! Yvonne is our newest addition to the **CIYC Board of Directors**.

Yvonne headed the international travel program for Ventura College taking students and faculty to Costa Rica for seven summers studying Spanish and International Business and the Galapagos Islands off Ecuador studying Darwinism and animal life. Students earned college units studying the country with college professors. Five years of

Yvonne's life were devoted to working in Thailand on the Mekong River helping the country develop the First Global Community College which exists today in Nonkhai. Holding an Academic License from the U. S. Treasury Department, she led ten trips to Cuba and knows the country and people well.

Weldon came to Ventura County from the Central Valley in 1956 as a member of the U.S. Air Force stationed at Camarillo Air Force Base. Upon discharge from the Air Force after serving six years, he continued in the aeronautical field at Vandenberg Air Force Base, Lompoc, CA. He spent ten years on the Atlas Missile Program with General Dynamics. After leaving Vandenberg, he returned to Ventura County and began his construction business for the next 35 years.

Locally in Ventura County, Yvonne & Weldon are active in the music scene from the Oxnard Concert Association to the Rubicon Theatre in Ventura. The community knows them well as supporters and board members of the local Girls & Boys Club, Youth Sports, United Way, Girl Scouts and Rotary International.

A second marriage for both, they make their home in The Colony in the Harbor. They have a combined family of six grown children: Yvonne with two and Weldon with four, eight grandchildren and two great-grandsons! A big part of their lives is Yvonne's 95-year-old Mother who still lives in her own home in Oxnard since 1951.



Calling on all CIYC Members!!

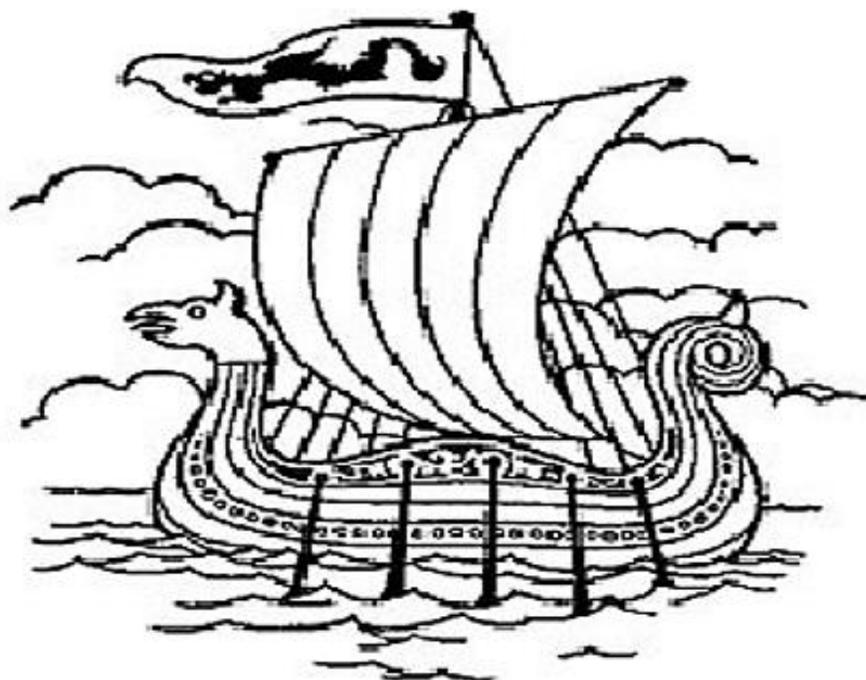
It is that time of years again- OPENING DAY,  
and it's right around the corner, April 3rd.

We have many people busy planning the decor and food  
for the chosen theme of VIKINGS!!

Yea Commodore Bech 

What we need is \$DONATIONS\$. The Islanders are in  
charge of all the decorations and food for the big event  
AND we want to make it SPECIAL for all the guests and an  
event that CIYC members will be proud of.

PLEASE, PLEASE, ANYTHING WILL HELP!!







# April 2016

## Channel Islands Yacht Club

Sun	Mon	Tue	Wed	Thu	Fri	Sat
3 1pm CIYC Opening Day 3:30 pm CIWSA Opening Day	4 Bar Hours Sunday 3pm to close, Closed Mon. & Tues. except special events Wed. Thurs. & Fri. 5pm to close, Sat 4pm to close	5	6 6:30 pm Wed. Dinner	7 6:30pm Movie Night	8 5-7pm Happy Hours 7pm Ventura British Brass Concert	9 Room Rental Medlen
10 3pm Karaoke Sunday	11	12 13 Jefferson's Day 2pm Bridge group No dinner Set-up for Variety Show	14 5pm Islanders BOD meeting 6:30pm Movie Night	15 Currents Article Due 5-7pm Happy Hours	16 Variety Show	
17	18 6:30pm CIYC board meeting	19 6:30pm Wed. Night Dinner / Game night	20 6:30pm Wed. Night Dinner / Game night	21 6:30pm Movie Night	22 5-7pm Happy Hours Newport 2 Ensenada race	23 Passover begins 7pm Epicureans dinner Newport 2 Ensenada race
Maritime Captains Class						
24 Newport 2 Ensenada race	25	26 7pm DAY/Sail Day Meeting	27 2pm Bridge group 6:30 pm Wed. Dinner	28 6:30pm Movie Night	29 5-7pm Happy Hours	30 Passover ends 7pm Beekeepers dinner
Maritime Captains Class						

As of 02/22/16

**CIYC BEEFEATERS PRESENTS**

**—THE 6<sup>TH</sup> ANNUAL—**

**FRENCH STYLE POT ROAST DINNER**



***FIRST ..... WE START WITH A CASE OF WINE!!***

POT ROAST PER JULIA CHILD'S SPECIAL FRENCH RECIPE

SAUTÉED PEARL ONIONS & MUSHROOMS

SMASHED RED POTATOES WITH A SILKY WINE GRAVY

SALAD & ROLLS

LIGHT DESSERT

**\$15.00**

PREPARED BY PHIL WOOLF AND THE BEEFEATER CREW

SATURDAY – MARCH 5, 2016 @ 7PM

***PLEASE RESERVE EARLY – ALWAYS A SELLOUT CROWD***

***ACCEPTING 60 RESERVATIONS!***

If you make any cancellations of a reservation you must do so before 5pm on the Friday before the dinner!

If you do not notify us by that time, and we cannot fill the reservation from the standby list, you will be charged for the dinners.



Join us in  
The Wearin' O'  
The Green!



**ST. PATRICK'S  
DAY  
CELEBRATION  
At CIYC**

**Saturday, March 12th, 7:00 pm  
Dinner Social**

Vera Cline and crew will prepare...

Fresh Green Salad  
with Green Goddess Dressing  
and Homemade Garlic Croutons

Brown Sugar Glazed Corn Beef  
with Dilled Cabbage Wedges

Braised Red Potatoes  
and Baby Carrots  
Pistachio Mousse

**HAPPY  
St. Patrick's  
Day!**

**\$20.00 per  
person**



We're Tom and Carole Naylor and on  
**March 19<sup>th</sup> at 7:00 pm**  
we are celebrating our  
**50<sup>th</sup> Wedding Anniversary**  
with the help of the  
**Epicureans**  
and a few friends.

You are invited to an evening featuring a  
Prime Rib dinner  
and Dancing to the music of Susan Rey.

So get out your best party clothes,  
please no jeans or shorts.

Sign up early as the cutoff is 90.  
No Host Bar, but we buy your dinner  
chicken will be available on request when you sign up.





Valentines Social / Dinner  
By Beekeepers  
February 13





Valentines Social / Dinner  
By Beefeaters  
February 13



SCYA Midwinters Race  
February 20<sup>th</sup>





SCYA Midwinters Race  
February 20<sup>th</sup>





SCYA Midwinters Race  
February 20<sup>th</sup>





SCYA Midwinters Race  
February 20<sup>th</sup>



**WINTER HOURS:**  
 Breakfast 7am-11am Daily  
 Lunch 11am-2pm Mon-Thurs  
 11am-4pm Fri-Sun  
 Dinner 4pm-8pm Fri & Sat

*Pub Grub available in the bar nightly!*

**FOLLOW US ON FACEBOOK FOR DINNER SPECIALS & ENTERTAINMENT**

**EARLY BIRD SPECIAL Monday-Friday 7am-9am**

1583 Spinnaker Drive #109, Ventura, CA 93001  
 (805) 850-0202 info@theboatyardcafe.com



**Club Rental**

The **CIYC dining room facility**  
is available for rent

for private parties to members, or  
non-members sponsored by a member.

Please contact **Rental Manager,**  
**Sharon Sullivan 805-985-6155**

for scheduling and rates.

**Help us help the Club to be Prosperous!**

## 'Birthday Bash' - March 4<sup>th</sup> by Connie Calo

*Come and join us for our monthly celebration  
for members whose birthdays and/or anniversaries are in March.  
Bring "munchies" to share, and there is always a great birthday cake!*



March Birthday Celebrations for: Marnie Bech, Carol Lazzarevich, David Erickson, Ken Thomas, Elyse Gonnello, Debi Howarth, Melodie Crier, Keith Moore, Mary Sensabaugh, Rita deCaussin, Ellie Babbe, John Reed IV, Dale Morris, Madeleine Waddell, Curt Ingram, Les Hardwick, Martie MacDonald, Frayne Higgason, Brian Pope, Jim McCulley, Nancy Berger and Diane Merrill.



March Anniversaries are: Dan and Shelly Ward, John and Lisa Marie Medlen, Richard and Diane Sherlock, Vidar and Marnie Bech, Bill and Vera Cline, Tom and Carole Naylor, Tom and Leslie Webb.

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