



NOVEMBER 2016 VOLUME 56 ~ ISSUE 11

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Channel Islands Yacht Club

CIYC is located at Lat. 34° 09' 48.9" N; Long. 119° 13' 35.6" W
4100 Harbor Blvd., Oxnard, CA 93035.
Phone (805) 985-2492

published monthly

Currents

Lady at the Helm
October 1





Message From The Commodore Vidar Bech



Congratulations to the newly-elected Bridge that by now has been elected from the new Board. **Shelly Berger, Bob Taylor, Tom Webb, Bob Deyling, John Medlen, Linda Weisfuss and Michael Farrell are all board members.** My replacement to the Board will have been elected at the General Meeting on October 28, and the last Board position will be appointed, following the By-Laws.

This year the Club lost some very active members who meant a lot to all of us. At the recent Memorial for Ellie Bishop there was a question if we should proceed with the Burial at Sea due to very strong winds, according to the forecast. I think Ellie had some special connections higher up that we did not know about. The morning came with the most beautiful weather and the boats went out as planned with a lot of people to say their final goodbyes. Marnie and I had the pleasure of being joined by Laurie Preston, Penny Lipp, Tom Warden, Erika and Zoran Barbaric on the Blue Mast. It was a full house at the club later for the Memorial with Roxy Ostrem keeping us entertained with stories from family and members of their memories of Ellie. The weather Gods smiled at us the whole day.

By the time you read this, the memorial for Mary Foster has taken place, and I am sure that was a full house too.

To happier things: **Shelly and Dan Ward** just wrapped up another successful season of Bocce Ball. This Tournament has really taken off and is giving our Bar income a big boost. Great job, Shelly and Dan!

I am sure a lot of you have noticed our entrance and kitchen are a lot brighter with the newly-installed lights. What a difference. That is the beginning of the bigger project that is now on its way, thanks to generous donations from many members and I especially would like to mention **Graham Paine** for his generosity. Some of our recent projects could not have happened or been planned without him.

The **“Parade of Lights”** boat parade planning is in full swing and it looks fantastic. If you'd like to help, contact **RC Penny Lipp**. We need to take the First Place Trophy back to CIYC.

Last but not least, I'd like to see a lot of you at our annual Awards Dinner on November 5. That will be the time we honor the Members who go the extra mile for our club.

Till next time,

Vidar

Commodore





Message From The Vice-Commodore Sheldon Berger



Hello, All, and Welcome to Fall,

October has been a great month for addressing work issues and upgrades for our clubhouse. We had a wonderful and very successful night of raffles and cash donations for the entryway rehab. Many thanks to Bob & Mary Lou Taylor for taking on this great project and workload. Our members raised over \$22,000 for the work and materials with Graham Paine being our very generous top sponsor and Mary Lou Taylor helping financially as well. Additionally we had many other donations received for the work, thanks to all of you who participated in enhancing our entryway!

Entryway work has started. All of the entryway lights have been replaced with new fixtures that have digital bulbs and light tubes. Low energy and very long-lasting. Les Hardwick, Bob Taylor, and Bob Deyling worked with our licensed electrician to complete the work in only two days with no disruption to our club activities. Next step is painting. We will send out a call for help from our members to help paint.

Our ship-shape cleanup day was not only cleaning the club house; we addressed the items that needed to be corrected from our last County of Ventura inspection. The huge member turnout to work included Sherie Ireland, Graham Paine, Les Hardwick, Bob Deyling, Bob & Mary Lou Taylor, Jerry Wood, Dennis Van Daalwyk, Carmen Olmos, Zoran Barbaric, Mike Farrell, and Frank Sullivan. The patio was scrubbed clean, the bar has a new side wall, the kitchen was organized, and several other areas were addressed. Thanks to all who helped!

Many thanks to our October [chefs](#) : Carter Gage, Jim McCulley, Bob Nast, first-time chef Dewayne Weaver and Rita Caussin.

This year is just about over and the holidays are upon us. Our clubhouse will shine this holiday season.

My best and thanks to all,
Sheldon Berger,
Vice Commodore





Message From
The Rear-Commodore
Penny Lipp



On October 1, the traditional CIYC race, Lady at the Helm, was held. We had four boats start, and four boats finished: First place: "**Troublemaker**"; Second Place: "**Wild Flower**"; Third Place: "**Wai'lani**", with her ALL LADY crew; and Fourth Place: "**Fuse'e**". This race is part of a two-race series with Lady Drivers hosted by the Ventura Yacht Club next month.

The Neil Underwood Regatta was canceled on October 8, as only two boats were represented. Lack of participation has been an ongoing problem with many of the yacht clubs in our area. The SCYA is taking steps to address this significant issue.

The Parade of Lights will take place on December 10, 2016. We have an outstanding group of our talented members involved with the planning and execution of this year's entry for the theme, "Hooray for Hollywood". Our entry will be the "Adele Marie", a motor yacht owned by members George O'Neil and Adele Penney.

Two organizational meetings have taken place under the direction of Sherie Ireland. Some of the people assisting this year are Dann Daggett, Tim Smith, Mike and Donna McKendry, Mike and Karen Farrell, and many others. We need your support with your participation in this fun event!

ATTENTION, ALL RAMS! Racing season is not quite over and you need to confirm your racing credits to qualify for next year's membership. Please contact me regarding your status.

Difficult seas often lead to beautiful destinations.

Your Rear Commodore,

Penny Lipp





Message From
First Mate
Karen Farrell

Hello, Channel Islanders and CIYC Members!

November!! and a very busy 2 months coming up! As of the time of this reading the Islander October election dinner will be behind us. I want to thank the nominating committee - Georgie Olsen, Mary Ann Moore, Cindy Crocket, Barbara Brauns and Marnie Bech for time spent on selecting the nominations as presented at the election dinner. I also want to thank Joyce Sheridan and her crew (TBD) for the wonderful dinner!!

As we head into the holiday season our first Islander obligation will be to decorate the club. The dates currently scheduled for this activity are November 25 – 27. Sharon Sullivan, Georgie Olsen & Mary Ann Moore will be leading this effort. Please plan on helping any or all of these days.

December planning:

December 3, Tree lighting and social. Ham/turkey provided and cooked by Islanders. We need volunteers to cook, organize and set up for this.

December 11, Jingle Bell Brunch will be chaired by Vera Cline & Eleanor Hovaten. We will need lots of volunteers for cooking and serving.

December post-Christmas, undecorate club as determined by NYE Event committee.

This is my first year on the Islander board and it has been an eye-opening awareness as to the lack of participation by Islanders general membership. I/we have sent out requests for help for some events as well as the need for committee chairs for our on-going and necessary committees. Unfortunately, we have had little response from the general membership and the same people continue to volunteer and keep things running. We barely had enough members to make a quorum for the July 26th Regular Meeting. Please think about your time availability in the next couple of months and your willingness to help with what remains on the calendar this year as well as in 2017. It has been recognized that volunteering has diminished in the last few years and we would like to see renewed enthusiasm as we go into 2017.

See you at the club and let all enjoy what remains of 2016!!

Karen Farrell

1st Mate 2016

Anglers' Corner - November 2016

By Frank Sullivan



WSB grow out pen update:

The next cohort of fish will be delivered in late November; we are doing maintenance now. A work crew of Volunteers pressure washed the containment nets and hung them up to dry on October 9th. While we were there we installed the new signs. Thank you to Shelly Foxx Ward for getting the sign printing donated!!



Fishing Report:

Marlin season is pretty much over for us in the upper Channel Islands, water temps are mostly below 65 degrees. The bright spot of the month was an outstanding Yellow Tail bite that had the sport boats bringing in near limits on many days. We are now transitioning into a mostly Rockfish season for some tasty fish.

Big Fish of the month:

No fish were turned in for the Big Fish contest in September or October.

Upcoming events:

November 19th Anglers' Awards Scampi Dinner



Welcome New Regular Members



Carmen Olmo
Carmen

(805) 798-4500

codeind@aol.com



Keith Beckwith

and



Arlene Beckwith

Keith (805) 338-4466

keith@keith4beach.com

Arlene

(805) 338-3363

arlene@arlene4beach.com

Welcome these new RAM Members

February 2016

Jon and Nga Lawson

Home Phone: (805) 583-4937

Jon
Nga

(805) 914-8075

j_lawson50@yahoo.com

May 2016

Scott and Anastasia Worman

Home Phone:

Scott
Anastasia

(805) 443-3760

vipmgt@vipmgt.com

August 2016



Jordan Eller (805) 252-7742
jordan@mycmsloans.com

September 2016



Vincent Pearson (530) 321-2237
mellow@fiveandahalfathoms.com

September 2016



Paul Fredericks

and



Sandy Fredericks

(818) 621-1534

johnpaulfredricks@gmail.com

DO YOU KNOW?

By Keith & Mary Ann Moore

Recall in the April Currents, we introduced CIYC member Eric Swartz. We concluded the article; "ask him about his latest "sailing adventure?" Well, here it is.....!

"Freedom Too" Dismasted! CIYC Skipper Eric Swartz And Crew Show Skill

Here's skipper Eric's account:

We were on a starboard tack, due south of the break about three miles from the harbor entrance. We decided to tack and start heading back. The tack went well and we took it really slow as we had some novice guests on board. About 10 seconds after our tack and on a close reach, I noticed the main was puffing out on the lower portion of the luff. I was just staring at it trying to figure out why? At that moment, the mast just tilted aft and landed on the port lifeline. Then the back stay bent it back over the starboard aft corner. We were all in disbelief.

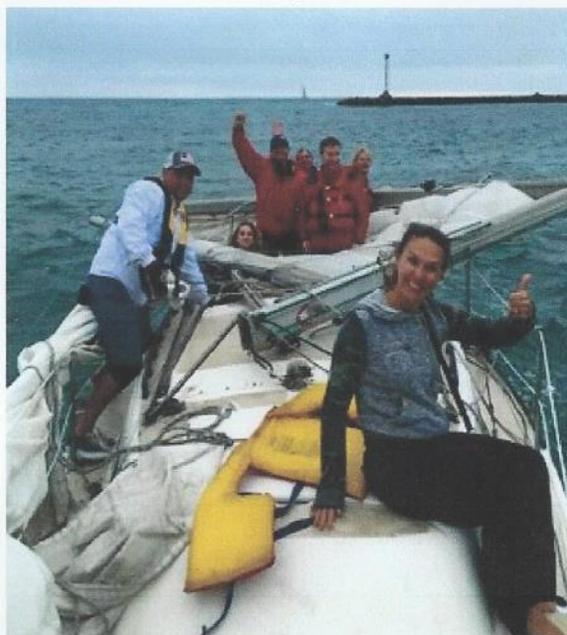
It was quite a traumatic experience. Luckily the mast came down very slowly and right on top of the lifelines and aft stanchion. My first mate Anthony did a great job pulling the jib onto the boat as it had hit the water and was slowly submerging. That alone could have been catastrophic. I started the engine right away. After, we checked to make sure nobody was hurt or hit by falling rigging.

I asked one of my other crew to take the helm while I pulled in loose shroud cable out aft of the boat that was dragging in the water. We were in neutral at that point. I also pulled in the orange floatation buoy pole and asked my crew to put it down in the V-berth. We were worried that any lines would get caught in the prop. Once we knew nothing was dragging and that the mast and boom were somewhat stabilized, we notified the Coast Guard. Waves were hitting us on our port, which made it difficult to steer, so I had to point Northwest to for safety. Once we were west of the harbor entrance (and still about a mile out) we rode the waves towards the south entrance. The harbor patrol was waiting for us there and escorted us to the slip."

And this is Anthony's excellent recount of events:

Winds were gentle-moderate at 10-15 knots out of the west. As we made our way out of the harbor we were able to maintain a beam reach on a southbound heading. We held this course until we were approximately 3 miles offshore. Aware of the impending marine layer coming from the northwest and with sundown about 50 minutes out we decided to execute a tack to port on a course back to the harbor. With passengers in position Eric called the tack in 3-2- 1, I cut the working sheet, set the lazy sheet and began to crank the jib to approximately 4-5 inches from the spreader bar. Once the jib was set, there were only minor adjustments required on the main sail - nothing unusual about the maneuver. In fact, right after I set the mainsheet in the cam cleat I looked back at Eric and said "nice tack!" It was at that very moment the dismasting occurred. My position at the traveler gave me a front row seat to the incident. The mast began to fall portside but was quickly pulled back to starboard. At that moment the tension on the forestay caused the mast to bend at about the halfway point and the entire rig came crashing down. I can't explain to you why or how any of us avoided being hit by the wreckage. All I can tell you is that everything went wrong just right.

After ensuring that none of the passengers were injured, I requested they go below deck so we could clear the cockpit



and assess the damage. I quickly jumped below deck and switched the Perko to "1" and called for Eric to begin the starting sequence. Waiting for the blower to run it's two-minute cycle, Eric began retrieving all of the rigging that was hanging overboard. I maneuvered to the foredeck and began to retrieve the jib that was submerged on our starboard side. This was a difficult endeavor as the sail was already filled with water but I managed to slowly pull the forward section out and get it somewhat secured with random sheets within arm's reach. I enlisted the help of one of the passengers to hold the already secured section as I made my way aft to retrieve the balance of the sail. As I continued to work the submerged jib, Eric was working to ensure all rigging was clear of the prop. Unsure of how stable the mast was in its current location and being broadsided by waves, we needed to get underway as quickly as possible so we could better position ourselves against the swell. Just as I retrieved the last of the jib, Eric applied throttle and we began heading north.

As Eric manned the helm, I instructed two of the passengers near the pushpit to hold down the mast where it laid and to watch for any loose rigging that may fall overboard. I brought the remaining passengers up, positioned them in the cockpit as best I could and contacted the USCG on channel 16. After multiple attempts (more than I would've liked), I received a reply. I announced our approximate position, current condition of the vessel and crew status. Unsure of the mast's stability, I kept in contact with USCG under PAN PAN conditions and declined assistance until further notice.

With Eric's view being obstructed by the debris, I communicated course direction and swell condition to him from the foredeck. I must say, he did an outstanding job at the helm. After a long and stressful ride in, we made it to the harbor where we were greeted by Harbor Patrol. This was very helpful as Eric and I made the decision to leave all navigation lighting off for fear of any exposed/damaged wiring that may have been created. Harbor Patrol escorted us back to the FYC slips.

At the end of an exciting day, I credit our safety to our ability to remain calm, make calculated decisions, stay organized and communicate effectively. We may not have done everything by the "book," but we did everything with the safety of the crew and the vessel in mind. Eric is a great Skipper and I'd be proud to sail with him any day!"

The other members of the crew helping out were: Alex Wilson, Sandy Nelson, Adam and Melayn Dryden, Brian Kehoe and Michelle Kelly.

The rigging failure in this instance would not have been detected with any normal visual inspection prior to sailing.

On inspecting the rig post-mortem, we found the port upper shroud had pulled out of the top swaged fitting of the turnbuckle. The 1 x 19 wire had broken off inside the swage about 1/4" down, completely out of sight. In looking at the wire, 17 of the 19 strands were blackened with corrosion at the broken ends indicating they may have been broken for some time. The remaining two strands were shiny at the break and pinched as if they had just failed. It's possible the rig was being held by less than the 19 wires for some time.

This appears to be a classic case of "crevice corrosion" in stainless steel. It's ironic, but stainless when not exposed to oxygen can corrode. This seems odd since oxygen causes corrosion of steel to rust, but in the case of stainless, its chromium content oxidizes and this thin film of chromium oxide is what protects the steel from oxidizing. When stainless is kept from oxygen like in a tight swage, the protective film of chromium oxide breaks down and allows the steel to corrode and this is what apparently happened to Freedom.

Lessons learned; In light of the fact that this impending failure would not have been detected by any visual inspection, we have to look at the age of our boats and start looking into rigging updates. FreedomToo is about the oldest boat in our fleet in CIH and this is a reminder that stainless rigging doesn't last forever.

--Harry Kane

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Doc Lines

“A Good Walk Spoiled”

This is how Mark Twain described golf. Obviously he didn't think very highly of chasing the little ball around the field. But the latest medical research shows that playing golf has significant health benefits, especially for the elderly. Not only physical benefits, but also mental. It can improve the health of heart, lungs, and arteries, and has a positive effect on metabolism.

It can also help improve chronic conditions, including heart disease, Type-2 diabetes, and some cancers, as well as benefiting stroke victims. Additionally, older players improved their balance and stamina. Also, golfers live longer and have lowered cholesterol levels and blood pressure compared to non-golfers. They have a better sense of wellness, self-esteem, and self-worth.

Playing 18 holes will burn a minimum of 500 calories. Walking the full course can cover four to eight miles, depending on how good the player is. The researchers also discovered that playing golf can reduce the risk of anxiety, depression, and dementia. Go, golfers!

A Hymn to Ninkasi

The earliest written evidence of beer brewing dates to ancient Iraq and Egypt. Some early Sumerian writings include a prayer to the goddess of beer, Ninkasi. The prayer is a how-to guide, so that even illiterate people could learn to brew the brew!

The alcoholic content of beer ranges from 3 - 13 % by volume. In the US, light beers are usually referred to as “Lite” and are lower in carbs and caloric content, not always lower in alcohol.

In the table below are some of the most popular beers:

Beer (12 oz.)	Alcohol V%	Carbs g	Calories
Michelob Ultra	4.1	2.6	95
Miller Lite	4.2	3.2	96
Coors Lite	4.2	5.0	102
Corona Light	4.5	5.0	105
Bud Light	4.2	6.6	110
Heineken Light	3.5	6.8	99
Heineken	5.0	12.0	160

There are interesting implications. For example, if one were to have 4 Heinekens, that would be 48 g of carbs and 640 calories. That is already 32% of a 2,000 calories-per-day diet. Mini-Cheers!

Your Fleet Sturgeon, Zoran

Thanks to Erika for editing.



Lady at the Helm
October 1





Lady at the Helm
October 1



Lady at the Helm
October 1





November 2016

Channel Islands Yacht Club

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2 6:30 pm Wed .Dinner	3 5:30pm Thursday Night Football	4 5-7pm Happy Hours 6pm Ships store open Birthday Bash	5 7pm CIYC Awards Dinner by <i>Islanders</i>
6 10am Calendar Meeting	7 8 US Election Day VOTE 6-8pm Dining Room rented	8	9 2pm Bridge group 6:30 pm Wed .Dinner	10 5pm Islanders BOD meeting CIWSA meeting	11 Veterans Day Crier-room rental 5-7pm Happy Hours	12 7pm Beefeaters dinner
13	14	15 Currents Article Due 6:30pm CIYC board meeting	16 6:30 pm Wed .Night Dinner	17 5:30pm Thursday Night Football	18 5-7pm Happy Hours	Cruise
		22	23 2pm Bridge group No Dinner	24 Thanksgiving 3pm Potluck Dinner	25 5-7pm Happy Hours Start Decorating Club	26 7pm Soup dinner Decorating Club
20 1-4pm Open House	21	22	23	24	25	26
27 Decorating Club	28	29	30 6:30 pm Wed .Dinner			Bar Hours Sunday 3pm to close, Closed Mon. & Tues. except special events Wed. Thurs. & Fri. 6pm to close, Sat 4pm to close

As of 10/05/16





December 2016

Channel Islands Yacht Club

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Bar Hours Sunday 3pm to close, Closed Mon. & Tues. except special events Wed. Thurs. & Fri. 6pm to close, Sat 4pm to close</p>				<p>1 5:30pm Thursday Night Football</p>	<p>2 5-7pm Happy Hours 6pm Ships store open Birthday Bash 6pm Dining Room Rented</p>	<p>3 7pm Dinner /Social Tree lighting</p>
4	5	6	7 6:30 pm Wed .Dinner	8 5pm Islanders BOD meeting 5:30pm Thursday Night Football	9 5-7pm Happy Hours 7pm Ventura British Brass Concert	10 6pm Parade of Lights buffet
11 11am Jingle Bell Brunch	12	13	14 2pm Bridge group 6:30 pm Wed .Dinner	15 Currents Article Due Maritime Museum Room Rental	16 5-7pm Happy Hours Navy CB Dinner	17 5pm CG Dinner room rental
18 7pm Electric boat Car- oling cruise	19	20 6:30pm CIYC board meeting	21 6:30 pm Wed .Night Dinner	22 5:30pm Thursday Night Football	23 5-7pm Happy Hours	24 NO DINNER
25 Christmas/Hanukah Potluck	26 Un-decorate the Club	27 Un-decorate the Club	28 2pm Bridge group NO Dinner Decorate club for NYE	29 Decorate club for NYE	30 5-7pm Happy Hours Decorate club for NYE	31 New Year's Eve

As of 10/05/16



'Birthday Bash' - November 4th by Connie Calo

*Come and join us for our monthly celebration
for members whose birthdays and/or anniversaries are in November.
Bring "munchies" to share, and there is always a great birthday cake!*

November Birthday Celebrations for: Sherie Ireland, Lisa Bishop-Smith,
Lisa Palamountain, Dick Olsen, Bill Wilson, Shana Whitmore, Rich Szewzuk,
Peter Hunt, Eric Swartz, Ev Babbe, Gary Cole, Beth Moore,
Olga Moll, Jonathan Lund, and Skip Preston.

November Anniversaries are:

Dale and Kim Morris, Bud and Phyllis Gerding,
Keith and Mary Ann Moore & Dewayne Tony Weaver



Lady at the Helm
October 1



From Eastern Europe!

CIYC Beef Eaters

>>>>>> Present <<<<<<

Hungarian Goulash



Saturday – November 12 @ 7PM

Authentic “PAPRIKA” Hungarian Goulash
Roasted red potatoes and ROOT Vegetables

Make your own Salad

Crusty Baguettes & Butter

European Desserts & Ice CREAM

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Lady at the Helm
October 1





Lady at the Helm
October 1

2nd



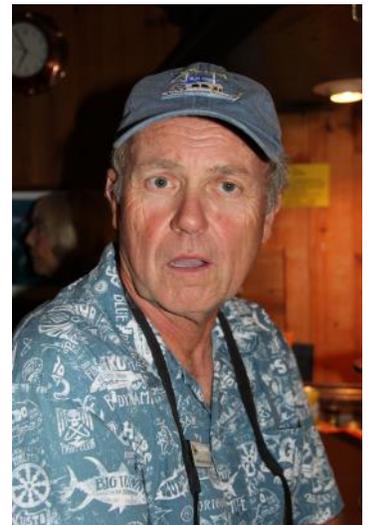


Bill Fish
Tournament





Bocce Awards Party
October 6th





Bocce Awards Party
October 6th





Bocce Awards Party
October 6th





Bocce Awards Party
October 6th



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Club Rental

The CIYC dining room facility is available for rent

for private parties to members, or non-members sponsored by a member.

Please contact **Rental Manager, Sharon Sullivan 805-985-6155**

for scheduling and rates.

Help us help the Club to be Prosperous!

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1/4 page	4.5"x 3.5"	\$168/6mo.		\$268.80/yr.
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(805) 985-2942

Volume 56 - No. 11

Currents is published monthly by the
Channel Islands Yacht Club,
4100 Harbor Blvd., Oxnard, CA 93035.

DEADLINE NOTICE:

Articles must be received by the 15th of the month
preceding the next publication month.

Next deadline: November 15, 2016

for the December 2016 Issue



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