



Channel Islands Yacht Club

currents



CIYC is located at Lat 34° 09' 48.9" N; 119° 13' 35.6" W
4100 Harbor Blvd., Oxnard, CA 93035. Phone (805) 985-2492

Dear Channel Island YC, while visiting Anacapa yesterday I took this picture of Funatic, who I believe is owned by Rod Abbott. Being a sailor myself - DWYC - "Exit Strategy", I feel sure that he would love this picture of his yacht. Can you please forward it to him - particularly given that he seemed to be well ahead of the pack!

Thanks, Steve Ginder



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Message From The Commodore Frank Sullivan



Whoa, the year is half over. I can't believe it is passing so quickly. July marks the beginning of the true Yachting season and this year we have some special events and challenges. We begin with the Ventura County Boat Show, Thursday July 10th through Sunday July 13th. We will have a booth for the event and will need volunteers to staff it. Please contact Barbra Brauns who is in charge of the event. The same weekend we have the Cruise to Prisoner's Harbor which is always a fun event. Remember to sign-up in the Cruising book in the Bar.

We have the honor this year of hosting the 30th Anniversary Olsen 30's National Regatta. This event can be a great opportunity to solidify our reputation as a serious Yacht Club and the "friendliest Yacht Club on the coast". So I'm calling for an "ALL HANDS ON DECK!!" effort. Please be ready to help with the Olsen 30 Regatta, we will need folks from Wednesday July 16th through Sunday July 20th. There will be food and entertainment throughout the event with lots of quests filling the Club everyday. We will need help on the water as well as landside. The event coordinators are: Overall Event – Larry Golkin, Landside-Entertainment Jack Borkowski, Hospitality- Tom Warden, Food and Beverage- Dave Gable & Joyce Sheridan, Entertainment-Joyce Sheridan, Race officials and on the water coordinator-Bill Brayton, CIYC PRO Ron Jackson, Security and off-shore support boats-Frank Sullivan. Do not hesitate to let these folks know that you are available. We need your help to make this a premier event to remember.

Then on Saturday July 26th we have the annual "Larson Memorial All Club Racing event" this is where we have sail races dingy races and predicted log racing all on the same day and come back to the club to party and award the winners. This is for Club members only. Deborah Tyhurst will host the event this year.

If that is not enough don't forget Tuesday July 1, Ventura British Brass, Wednesday nights- Fun Nights, Thursday Nights- Bocce Ball Tournaments, and Friday nights- TGIF, Birthday Bashes, HAPPY HOUR AT THE CIYC WARD! We are trying to make sure that you get your money's worth for your membership. Besides my Mom use to say the devil will find work for idle hands, there should be no idle hands at CIYC!





Message From The Vice Commodore Larry Golkin



“Cruising” has been variably described. Some describe it as an opportunity to get together with friends, meet new friends and explore new places. Others describe it as an opportunity to fix your boat in exotic locations. Nevertheless, whether your cruise close to home, or voyage to faraway places, spending time on the water is a wonderful, recuperative activity.

Brenda and I recently returned from a two week cruise. We visited Marina Del Rey Yacht Club with our friends from CIYC. We had a great time. We dined together at Del Rey Yacht Club, hiked around the harbor area, partied on the docks, and otherwise had a superb time. We broke out “The Margariterator” and grinded out a few gallons of Margaritas. It was a splendid weekend. I have said it before and I will say it again, the nice thing about our club cruises is getting to know people outside the club. There is invariably more opportunity to have a conversation with people. That is exactly what happened on Sunday morning when Brenda and I had the pleasure to brunch alone with Miles and Lenora Linman. Miles and Lenora organized the cruise to the DRYC. They did an outstanding job. They put together a really fun scavenger hunt on Sunday afternoon. We always knew they were nice folks, but until you have a chance to spend some quality time with them, you really don’t know just how special they are.

After the three day weekend in Del Rey, Brenda and I split from our CIYC cruise group and travelled another 40 miles south to Newport Harbor, where we visited NHYC. We spent a couple days exploring Newport Harbor by dinghy. What a great Harbor. We then left the shore for Catalina and points beyond. Ultimately, however, we spent the next several days in Cat Harbor, huddled in, and unable to leave because of some rather noxious wind that precluded us from traveling to San Clemente Island, or to Santa Barbara Island. There are two “cruiser” things of note. First, if you are going to get stuck, Cat Harbor is a great place to do it. Second, if you make a plan and God laughs at it, you simply make another plan.

Although the wind between us and our proposed destinations was cruel, we had nothing but fun in Cat Harbor. We went hiking, diving, and kayaking. We spent days on the boat simply doing nothing. Best of all, however, we met some interesting folks. There is a young lady named Alexandra who works for the Santa Catalina Island Company. She is 26 years old and from Bulgaria. She comes to Two Harbors to work during her break from university where she is working on two Masters Degrees, one in Probation Science and one in Business Management. She was very interesting to talk to. We learned a lot about her country, culture and traditions.

We also met a guy travelling with his wife and young daughter aboard a boat that was purpose-built for single-handed racing around the world. In fact, this guy is a professional sailor who has competed in 5 racing circumnavigations. Weighing 6 tons (three of which were in the keel), the boat was all of 55 feet long and made completely of carbon fiber. The accommodations were rather spartan for cruising, what with racks, instead of bunks, a small, single burner stove, very little fresh water, and not much else in the way of comfort, but the three of them were doing just fine.

Sometimes, when cruising, it is possible to meet people who you are likely never to forget, and who may even become lifelong friends. That is the case with David and Stephanie. You are likely to have seen them around the CIYC recently, although before this article goes to print, they will likely be long gone. We met them doing the laptop scene on the deck at Doug’s Reef at Two Harbors. Turns out, they are cruisers from New Zealand who, along with their dog, Sally, shipped their UK documented vessel over from there via Mexico to cruise and explore the California Coast and the coasts of Washington and Oregon (It turns out that it is actually far more economical to ship a cruising vessel across the Pacific Ocean than to sail it). They don’t really know where they are going after that. Must be nice. He is a retired construction manager who helped build much of the Las Vegas Strip. She is a former teacher. Regardless, they are really nice people and exemplary Gypsies. While hanging in Cat Harbor, we told them a lot about CIYC and they decided to jump through the weather window we had and followed us home. As I said, they have been enjoying the club and have come to believe what Brenda and I told them about CIYC hospitality.

If you have done it, you know what I mean – cruising is good for the spirit. It challenges you and assuages you at the same time. Mother Ocean holds you safe in her untiring grip and teaches you to respect yourself and to respect her. The opportunity is always there to look deep inside yourself – to test your mettle – or to do like Brenda – relax, lounge around in pajamas for several days reading book after book after book after book. I think she read 6 in 14 days. Give it a try. We have several more club cruising opportunities this season. Check the book in the bar.





Message From The Rear Commodore Mary Foster



Dear Members:

My article this month comes from the heart.

Your kindness, prayers and caring has made my ordeal easier to bear.

I have a list of friends, all written in a book.

And every day when sadness comes, I go and take a look.

And that is when I realize that the names entered there are a part of my heart.

Each name stands for someone who has cared and crossed my path.

I feel I'm composed of each name which holds a special link,

Knowing you has changed my life more than you can think.

The memory of your special words created to ease my pain.

Weather I have known you for many years or just a few.

The best gift life has offered is having friends such as you.

I thank each and every one of you from the bottom of my heart.

Mary Foster

Galloping Gourmets Mary Foster



The month of **July** will be a very busy one.

We need each and everyone to remember we are a self help club.

Your help and support is needed.

The BBQ is ready for use. If you use the BBQ please clean the grates.

We will be installing the fourth drawer in our work tables.

I wish to extend a special thank you to all the cooks who have prepared wonderful meals for our enjoyment. Come by on Wednesday and volunteer to help it is fun and there is always something to do. Your chairperson's are listed below.

Mary

Contact: **Bob Hynes** 805 443-1237
 Jean Gaddis 805 984-5688





Channel Islanders
Sylvia Hyde



Our joint Yard Sale with the Elevator Fund was a lot of fun and a lot of work! The Islanders and the Elevator Fund each put \$600 into their accounts. Thanks to Joyce Sheridan and all the ladies that helped us with all the hard work. A special thank you to Joni Myers who arranged to get the rest of our "rummage" taken care of. The truck never showed up and she, Larry Golkin and Frank Sullivan got it done! Thank you so much.

Our Father's Day Dinner was fantastic! Marshall's Bodacious BBQ served us a fantastic meal and Evelina Arglen furnished the apple pie and ice cream. Terrific! "Lesa" our own special Belly Dancer, rounded out the evening for us. She was fantastic! She even got some of our men up to join her. Our men still have some great moves when encouraged, especially John Hazeltine!

The Islanders will be taking a little break in the month of July. The next event will be our luncheon on August 19th. At that time we will be selecting our Nominating Committee. Please plan to attend. Evelina has a terrific lunch planned for us.

See you at the Club!

Sylvia Hyde

How Much Do You Know About CPR and Defibrillators?

Sudden cardiac death is the leading cause of death in adults in the United States. Knowing CPR (cardiopulmonary resuscitation) may help you save the life of someone who goes into cardiac arrest. Learn more about CPR by taking this quiz, based on information from the American Heart Association (AHA).

How does CPR help when a person goes into cardiac arrest?

A. It starts the heart beating again **B.** It helps the blood flow to the heart **C.** It helps blood flow to the brain **D.** B and C

What's the first thing a person should do before beginning CPR?

A. Remove the victim's belt **B.** Check the victim's mouth **C.** Call 911 **D.** Call the victim's doctor

The faster that CPR begins, the better the chances of a victim's recovery. What is the critical time for CPR to begin?

A. Within 2 minutes after a person collapses **B.** Within 5 minutes after a person collapses **C.** Within 8 minutes after a person collapses **D.** Within 10 minutes after a person collapses

When should you stop doing CPR on a victim?

A. When the person moves **B.** When emergency help arrives **C.** When you get tired **D.** A and B

Defibrillators cont'd on page 18.

Angler's Corner Frank Sullivan



Sunday 6-1-08 was the annual CIYC Ladies fishing tourney, we had 22 ladies on 4 boats compete! The **tourney was won by Georgie Olsen** on the Pacific Player with a **19.9 lb Halibut** caught on the back side of Anacapa Island, **Second** was a Calico bass caught by **Lenore Linman** on the Dawn Patrol and **third** was won by **Phyllis Lucas** on the Valkyrie with a Scorpion fish.

The Valkyrie started the day at 6 am when we picked up our team at the YC docks. I had 2 guys from the CG Station as my crew, Joe Fitzgerald and Kevin Brown I figured the ladies would enjoy the younger guys, they are both avid fishermen who loved having the opportunity to help coach the ladies and they have fished with me often.

We had 5 ladies on board, only a couple of them were regular fishers and one, Susie Warden, had never fished before. By the end of the day they were asking if we could have the tourney 2x a year because they had so much fun.



As we left the Channel Islands Harbor there was some residual lump from the previous days winds so I headed toward the east end of Anacapa to provide a more pleasant ride across the channel. The crossing became smoother as we progressed. When we reached the back side of the Island it was like a lake with little wind and no seas.

I stopped on a couple of meter marks for no bites then put in the waypoints for a couple of spots that always

produce for me. First drift, Barbara Brauns caught the first fish, a nice Boccaccio.

The second fish caught was a much larger Boccaccio by Susie Warden this was her first fish ever and she was ecstatic. I think we have created another fisherwoman



Joe and Kevin worked hard on the aft deck helping them bait the hooks and removing the hooked fish. I don't know how many times I heard them telling the ladies to "lift the tip of the poll and wind down as you drop it again".

We were picking up mostly Boccaccio and a couple of Reds and everyone had caught at least one fish so we decided to leave the endangered Boccaccio so we didn't deplete the stock "yea right as if". We had picked up some nice Macks while on the drifts so we thought we would try for some Lings and maybe do a couple of Halibut drifts at Smugglers on Santa Cruz Island.

We stopped on a couple of likely Ling spots in the gap for no luck. When we got to Smugglers the Dawn Patrol was already there, so far they had only pulled on a big Mud marlin. We setup



and some new recruits to the fishing community.

There was a formal weigh-in at the Club with a Taco Bar and plenty of folks to cheer on the constants. Everyone who participated had a great time. My thanks to the Captains of the Dawn Patrol, Pacific Player and My Blue Heaven for providing the opportunity for all these ladies to compete. Special thanks to Kevin and Joe my crew who did a stellar job keeping the ladies happy.

Frank Sullivan



and soon had a real nice 2.4lb scorpion fish hooked up and landed by Phyllis Lucas. Phyllis is an experienced fisher and needed little help but I noticed that she was more than willing to let the guys remove the poisonous spined fish from her hook. This fish eventually took 3rd place in the tourney.

The bite died right after the catch so we worked our way back across the gap stopping on promising spots without any luck, eventually returning to Anacapa and trying the earlier spots, but by now the wind was against a strong current and the ladies couldn't keep the bait in the zone, so we moved inside close to the Island. We had no more luck and soon headed back in with a happy crew



Hello Boaters and Waterfront Lovers, Capt. Dave Willhite



WEATHER

We are right on track at this time with NW prevailing wind conditions. July will be our turning point and by August we will begin our best boating weather.

I will continue to schedule my fishing trips leaving 8 to 9 am to avoid the left over west swells with ocean current running the opposite direction making a rough ride.

FISHING

We have been concentrating on fishing thresher sharks along the coast of Rincon the past month with good success. Most of the sharks weighing in the 50 to 100 class with an occasional fish in the 150 to 250 pound size being landed.

Jim Pensinger and Frank Whites 35 Cabo FREEDOM has made 3 trips for 4 boated fish and 5 catch and released fish and 4 to 6 bites. Jim and guests have decided one fish He has been fishing 2 hours before the tide change and 2 hours following. This is a great fishery to focus on until the weather settles down. We have been running 30 or 40 pound class tackle with 30 to 50 pound test mono. I like using tournament Andy line because it has the stretch to absorb drag error or sudden power surge after changes direction and slack goes to full fight. The rod should be less than 6 1/2 feet long with a line class of 20 to 80 pounds.

The other terminal tackle you will need is some nickel plated Mustered live bait hooks. If your using 5-7" mackerel for bait use a 4/O hook for sardines and anchovies use a 2/O hook. I like to use a 125 pound leader. Simply take 6' of leader and tie you hook directly to the end if the line, next move to the other end and tie a 200 pound size swivel. Next tie your main line directly to the swivel. Now take a one ounce torpedo sinker and attach a rubber band through the sinkers eye at one end doubling the band back thru itself so that now the sinker is held by the rubber band. Next do the same thing looping the rubber band around the main line pushing thinker thru the open rubber band pull tight. Using a rubber band serves multiple purposes one it allows the sinker to come off if the fish goes around underwater obstacles and also it allows for sinker depth adjustment easily. Last you will need to attach a balloon to the line by simply inflating the balloon and tying to main line tightly so that will not deflate. the balloon allows you to spread out baits up drift and also controls the depth in which your bait fishes.

Next check your direction of drift and point the bow in that direction. Next pulling the balloon up the line by hand to desired depth. next put the boat in gear briefly with your reel in free-spool until your balloon is 50 feet away from the boat. Repeat this until you have the desired amount of rods out up to three. If you want to fish more than three put to close lines down next to the boat without balloons and twice the sized sinker. This minimizes tangling of the lines.

Enjoy the weather and fishing stories until you get a hookup. Boats Fuel costs remain major issue. I have the feeling boating will be a stretch for even the above average American. I feel that one will need too look closely at multiple day trips and possible coastal cruising until our great leaders can figure out we need to use our own resources to save our freedom.

Calm Seas

Captain Dave



Fun Side of CIYC History

We all arrived at the club, 1/28/89, for another sell-out social – COPS NIGHT. Our “real-life” cops wore their uniforms: Susie and Ted Foster, Gustie and George Bell, Russell Norris, Skip Harkson, John McCrane, Norman Mas-sow, and John Ricker (from Chicago). Some of us wore fitting attire, like jailhouse stripes or, choosing to showcase our darker sides, street-walker’s attire. The important thing was that over 100 enthusiastic members showed up to add to the fun.



Once past an impressive motorcycle in the lobby, the first thing we noticed upstairs was the jail. It was installed in anticipation of bad behavior on the part of any member. Appropriately, Skip Harkson was the in-house arresting cop. He took his job quite seriously. We all tried to behave because no one wanted to have to appear before the dreaded “Superior Court Judge”, John Ricker. It is somewhat murky how “arrestees” were released, but bribery may have played a part – especially as the evening wore on....



Sure enough during the evening some otherwise respected members managed to get themselves into trouble: Fillmore City Manager and his wife, Don and Ruth Gunderson, Past Commodore John Bamford and Linda, Past Commodore Joyce Sheridan, Past Commodores’ wives Audrey Voss and Jo McCurdy to name a few. All of them claimed their innocence, but a blond lady was seen sneaking a cake (with tools?) to them. Skip Harkson was on it immediately, and passed that information on to the Judge.



When ever the mood struck him, Norm Massow would start up his motorcycle (in the lobby!) and race the engine. We loved it. It was that kind of an evening.



The evening’s menu stated “For Condemned Prisoners”. It included Stake-out steaks, AKA taters, Strung up beans, Bunco salad, Brutality gravy with lumps, Con bread, Riot call coffee and “The devil made me do it” cake. Our dinner plates were pie plates.

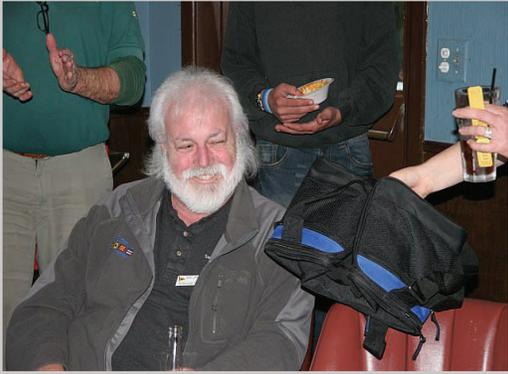
In the end all the arrestees” were released from jail, forgiven by the members, handcuffs put away, but wait! – was that a motorcycle revving up its engine?

Too soon the fun evening came to a close.



MEET PRINCIPAL RACE OFFICER (P.R.O.), RON LIPPERT

Interviewer, Larry Golkin, Vice Commodore



A Principal Race Officer is expected to be able to properly run any race normally conducted at his or her local sailing organization, including organizing the race committee, writing correct sailing instructions, and doing the scoring. The list of requirements to qualify to be a PRO is long and involves complex training and examination. Our very own, Ron Lippert, matched that list and then some, and serves as one of CIYC's PRO's.

Ron Lippert started sailing in 1982 when he belonged to a sailing club in Redondo Beach. By 1985 he realized that he was hooked and bought his own boat in Channel Islands Harbor, an Islander 30. In 1988 it was replaced by a Tayana 37, and in 1998 the ultimate boat came available in Florida, a Hylas 44. The Islander was more of a day sailor, but with both the Tayana and especially the Hylas, coastal cruising was the method of use. He has taken a boat everywhere you can take a boat between Santa Barbara and San Diego. He has been to every city that has a harbor; voyaged to Santa Rosa, Santa Cruz, Anacapa, Santa Barbara, and Catalina Islands; stayed at most yacht clubs as a reciprocal guest, and has stayed at many city and privately owned guest docks, such as the Marriott and the Sheridan in San Diego, as well as the Hyatt Islandia in Mission Bay.

Between now and 1986, Ron helped deliver a Hans Christian 33 from Channel Islands to San Francisco, chartered a catamaran in the British Virgin Islands on two occasions, and in 1991, transited the Panama Canal in a Peterson 44.

Ron has held membership in several yacht clubs. In each instance, he enjoyed working on race committee. He took the SCYA Race Management Seminar in 1999, and became a Race Committee Chairman (RCC). On one occasion, he discovered a critical error in a chart one club had been using to calculate handicaps and thus the potential for frequent errors. Doing the handicap calculations by hand also opened up opportunity for error. Thus, Ron developed some computer spreadsheets that would help simplify the process and reduce the possibility of errors. He has left this work in the hands of a then capable Race Committee when it was time for him to move on, having discovered that serving year after year as RCC was interfering with the use of his own boat.

When Ron and his wife, Rosemary, joined CIYC, he stepped up to the plate to assist a fledgling race program substantially lacking in experienced RCC's. He worked very hard for CIYC's race program the last two years to help revive our reputation as a legitimate racing program. To our benefit, Ron has recently switched from ocean boating to dirt boating, which gives him more time to help the racing program. We are very fortunate to have him.

TGIF

TGIF will be held on July 11th. As you know, we can no longer use the deep fryers until we get a shed built with a fan, however, we are going to try to do a different version of the fish and chips dinner. The little fillies will still be running and we promise to make the evening just as much fun as always. Dinner is at 6:30 followed by the races and raffles. We appreciate your support.

**Joyce Sheridan,
Chairperson**



GET RID OF THOSE END OF WEEK CRAZIES

Happy Hours At The CIYC Ward!

FRIDAY NIGHTS

5:30 - 7:30 P.M.



BRING A "MUNCHIE" TO SHARE.

FEATURED WINES, BEERS, AND COCKTAILS

Enjoy Your FRIENDS and CIYC FAMILY at CIYC's Bar

EVERY FRIDAY NIGHT!



VESSEL SAFETY CHECKS

The Vessel Safety Check is a complimentary check of your boat conducted by members of the Auxiliary, confirming that it meets both federal and state requirements for safety. No citations are issued and the results of the safety check are not reported to any enforcement agency, but a decal is awarded to display if the vessel has passed the examination.

An example of some of the items checked include:

- Personal Flotation Devices (life jackets)
- Registration and numbering
- Navigation lights
- Ventilation
- Fire extinguishers
- Distress signals (flares, horn, etc.)
- Battery cover and connections

All of these items are currently required by state and federal laws and, if missing or non-operating, can result in a citation if your vessel is inspected by the Coast Guard.

The Vessel Safety Check gives you a risk-free way to check that you meet the legal minimums and to potentially avoid a citation later.

Locally please contact: **Rafael Franke, FSO-VE Flotilla 07-07**

805-383-1620

cat2fold@hotmail.com

or

Paul Bick, Flotilla 07-07

805-857-1344

pbick49@earthlink.net



COME COMPETE AGAINST YOUR FRIENDS



British Brass Band

Playing
July 1st
Tuesday,
7 - 9 p.m.

For Your
Listening Pleasure



IMPORTANT NOTICE TO ALL MEMBERS OF CIYC

Ladies and Gentlemen -

As you have seen from the revised June/July Calendar, and as many of you already know, Channel Islands Yacht Club is hosting the **Olson 30 National Championship** this year. The event will cover several days. The entertainment and hosting open to all CIYC members will commence on Thursday night, July 17 with the Ventura British Brass Band playing sets before and after a fabulous dinner hosted by our Food and Beverage Crew. Then on Friday and Saturday nights, fun dancing to live energetic music will be the fare accompanying another sizzling feast. The awards presentation will take place late Sunday afternoon. If you have enjoyed seeing the NFL present the Lombardi trophy, or the NHL present the Stanley Cup, then you will surely enjoy this.

What is important for you all to know, is that this is not just another sailboat race. This is an extravaganza event that will benefit ALL of you. Our organizing committee hopes you will all take advantage of the opportunity to come to the club and enjoy the meals, the entertainment, and especially the electricity and excitement that can only come when CIYC hosts such a "Superbowl" of sailing as the Olson 30 Nationals.

The event organizing committee has worked very hard to coordinate this extraordinary event. If you have any questions regarding this (or if you want to lend a hand during the event) please contact the following persons:

Event Coordinator - Larry Golkin

Assistant Event Coordinators - Brenda Golkin & Tina Roberson

CIYC Race Officer - Ron Jackson

Waterside Coordinator - Bill Brayton

Landside Coordinator - Jack Borkowski

Entertainment - Joyce Sheridan

Hospitality - Tom Warden

Food & Beverage - Opal Gilpin, Dave Gable & Joyce Sheridan

Our Judges and PRO for the event will come from outside the club to ensure unbiased professionalism and standards.

Notwithstanding the list above, each of the aforementioned committee heads has numerous people working with them who have donated hundreds of hours of their time to make this event a success. You may recall our club hosted this event in 2002. This time, our budget is larger, and we have new and different forms of entertainment.

Please plan to come to this event - Support the sailors who, in some cases, are coming from as far as Seattle and San Diego, Nevada, and Arizona, to participate. Again, this is a NATIONAL CHAMPIONSHIP EVENT and not just another sailboat race.

We look forward to seeing your happy faces.

Larry Golkin, Vice Commodore



July 2008

Channel Islands Yacht Club
 4100 So. Harbor Blvd.,
 Oxnard, California 93035
 805-985-2492
 ciyc@earthlink.net

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--|-----------------------|---|--|---|---|---|
| 6 5PM Cruising Seminar 1PM - 7 PM Bar Open | 7 | 8 7pm Club Board Meeting | 9 6:30PM Fun Night Bar Open 5-9PM | 10 5:30 pm Bar Open 6:30 Bocce Ball | 11 TGIF Boat Show | 12 Ships shape Booth |
| 13 Bar 1-10pm Boat Show Booth Dinghy party | 14 Bar Open 3-10PM | 15 Islander event Bar Open 3-10pm | 16 No Fun Night Bar Open 3-10pm | 17 Bar Open Noon to 10pm 6pm Dinner | 18 6:30pm Dinner Bar Open Noon to 10pm | 19 6:30pm Dinner Bar open Noon - 10pm |
| Olsen 30 Nationals | | | | | | |
| 20 Bar Open 1PM - 10 PM 4pm Taco Bar | 21 | 22 | 23 6:30PM Fun Night Bar Open 5-9PM | 24 5:30pm Bar Open 6:30 Bocce Ball | 25 Birthday Bash | 26 Larson Memorial Inter club race 6pm BeefEaterDinner |
| 27 Frenchy's Day Cruise | 28 | 29 | 30 6:30PM Fun Night Bar Open 5-9PM | 31 5:30 pm Bar Open 6:30 Bocce Ball | | |

CIYC Hours:

| | |
|-----|-----------------------|
| Mon | Club Closed |
| Tue | Club Closed |
| Wed | 5 PM - 9 PM Bar Open |
| Thu | 6 PM - 11 PM Bar Open |
| Fri | 5 PM - 11 PM Bar Open |
| Sat | 4 PM - 12 AM Bar Open |
| Sun | 1 PM - 7 PM Bar Open |





August 2008

Channel Islands Yacht Club
 4100 So. Harbor Blvd.
 Oxnard, California 93035
 805-985-2492
 ciyc@earthlink.net

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--|-----------------------|---|--|---|--|--|
| 3 5am 5 pm Men's Fishing Tourney | 4 | 5 No British Brass this month | 6 6:30PM Fun Night Bar Open 5-9PM | 7-10:30 Islanders Board Mtg. 5:30pm Bar Open 6:30 Bocce Ball | 1 SB to King Hbr | 2 7pm Dinner Shipshape SB to King Hbr |
| 10 Dinghy party | 11 | 12 7pm Club Board Meeting | 13 6:30PM Fun Night Bar Open 5-9PM | 14 5:30pm Bar Open 6:30 Bocce Ball | 15 Birthday Bash Cruise to | 9 Club Rented |
| 17 Coches Prietos | 18 Islanders Event | 19 | 20 6:30PM Fun Night Bar Open 5-9PM | 21 5:30pm Bar open 6:30 Anglers Mtg Bocce Ball | 22 7PM General Mtg Board Nominations | 23 7pm dinner beef-eaters SBCS Nav#4 PCYC |
| 24 5PM Cruising Seminar | 25 | 26 | 27 6:30PM Fun Night Bar Open 5-9PM | 28 5:30pm Bar Open 6:30 Bocce Ball | 29 | 30 No Dinner |
| 31 E. Fish Camp Day Cruise | | | | | | |

CIYC Hours:
 Mon Club Closed
 Tue Club Closed
 Wed 5 PM - 9 PM Bar Open
 Thu 6 PM - 11 PM Bar Open
 Fri 5 PM - 11 PM Bar Open
 Sat 4 PM - 12 AM Bar Open
 Sun 1PM - 7 PM Bar Open

Competitive Edge

Richard Sharpe



Recent racing has been dominated by capricious weather. One Wet Wednesday was cancelled due to high winds, while the next week was blighted by lack of wind and long courses.

The weekend race course has seen the same variable conditions, which has made sail choice challenging to say the least. The biggest race of the past month, The Hardway, it was sail choice and waterline length that paid dividends.

The Hardway Race

Credit should be given to anybody who sails the Hardway on the outside course. This 62 mile slog can be very hard on boats as the winds can change from light, to strong to downright boat breaking, in minutes. This year only two boats, *Deception* from VYC and *Prevail* a Santa Cruz 52 from Santa Barbara Yacht Club tested themselves out “where the wind lives”. *Prevail* was doing very well until her main halyard parted and she had to retire, letting *Deception* romp home in just over 12 hours.

In Spinnaker A on the new 47 mile course from Santa Barbara, around Anacapa Island and back to Ventura, CIYC was well represented with 3 boats on the line at the delayed 12 noon start. Many competitors seemed to think that the later start would give better wind for the heavier boats, but, it was not to be and the early pace was set by *5150* (Mike Warns) and *Perfect Balance* (Richard Sharpe). The reach to Anacapa was suitable for the long waterline of *5150* and she rounded the Western end of the island 42 minutes before *Perfect Balance* who was still holding off all the other faster boats. However, *5150* went around the back side in 8 knots of wind and when *PB* arrived, the wind was gone. Well done *5150* for making the most of the conditions and finishing a huge 45 minutes in front of *PB*, on corrected time. *Maine Squeeze* (Mike Taylor) finished in fifth place ahead of two boats that were perhaps better suited to the course.

Non Spinnaker class A saw CIYC's only entry, *Scooter* (Larry and JoAnn Hansen) gain a narrow win over a class fleet who traveled the inside course from Santa Barbara to Ventura. In Non Spinnaker B, it was the same story with CIYC taking the top spot with *Velero* (Brent Swanson) in a narrow (14 minutes corrected win over the ever valiant *Zuma Jay* (Kevin Dickmann) in second place. Shelly Johnson with *Zoarces* finished in 4th place for our club.

Velero picked up the perpetual trophy for the coastwise fleet.

It was a pity however, that the organizers of this race felt it unnecessary to include non spinnaker results in the final totals of boats competing for the “Club Championship” trophy which is restricted to spinnaker only boats. We field the top non spinnaker boats in the area, a class that normally has the largest entries.

Anacapa to Port

Always a race of three parts, this year was no exception. The fleets raced to the island in good conditions with enough wind and fairly calm seas. Leading Spinnaker A at the Western end was *Funatic* with *Perfect Balance* following *Colt 45*, *No Compromise*, and *Maine Squeeze*. Every body parked up for a while on the back side and then *Funatic* managed to thread her way through the soft patches, with *Perfect Balance* working her way through the fleet. At the Eastern end it was *Funatic*, closely followed by *Colt 45* and *Perfect balance*.

The long reach home failed to give the bigger boats the speed they needed to beat the slowest boats on the course and the final result was *Perfect Balance* narrowly ahead of *Schools Out* (Sailed by sail maker Kevin Miller and what seemed like the entire Oxnard schools kindergarten) and CIYC's *Funatic* 3rd, with Mike Taylor on *Maine Squeeze* fifth.

Spinnaker B was dominated by one boat, a new comer called *Angry Hillbillies II* which will be closely





looked at by the PHRF committee this winter. *AHII* sailed against a good fleet of bigger boats and still managed to take first place by 13 minutes. Our *Fusee* (Harry Krum) was last, but as Harry says, “you try racing with the water tanks full and the other stuff I have down below”.

The non spinnaker fleet always have a tough time with this race, but CIYC took first and second place with *Zuma Jay* and *Zoarces* respectively. Well done all you RAMS.

Bob Cooke Memorial Double Handed #3 and Series Clincher for Velero

Having completed 6 Bob Cooke Double Handed races, I can feel some sympathy and camaraderie with the intrepid yachtsmen (and yachtswomen) who take part in these races. It takes a lot of physical and mental strength to compete.

The third and final race turned out to be an anticlimax with very light winds at the finish meaning that many boats finished in the dark. The longest elapsed time was our own Harry Krum in *Fusee* with 10 hours and six minutes. Well done Harry for not giving up. That is what we have come to expect from the CIYC team.

Velero also took over 10 hours to complete the course and sailed into second place, enough to take the non spin series, with *West Wing* moving into second place overall with his win. *Zuma Jay* was third and Randy Alcorn in *Outpatient* was 5th.

In spin A *Colt 45* was again able to take the 1st place to seal his series win, well done Dan Chepley. *Funatic* was 2nd with *Maine Squeeze* and *Fusee* in 3rd and 4th places. In the series, Harry Krum took 2nd with *Funatic* 3rd and *Maine Squeeze* with Cherri Taylor at the helm was 5th.

Once again CIYC runs a great series, thanks to the many who helped in the race committee and those who lent boats.

J24 and PHRF Regatta, Ventura Yacht Club

To get some training for the Olson 30 Nationals next month, *Perfect Balance* entered the J24 and PHRF regatta. There were some great starts between some good crews and although they were trying new maneuvers on an extremely short course that was more suitable to the J24, *Perfect Balance* came in 3rd in the series, winning one race and placing 3rd in two others. *Perfect Balance* had to return to the harbor, missing the 4th race altogether. (Sometimes work gets in the way of sailing). Thanks to VYC for their help in allowing Richard Sharpe to get some much needed “stick time” before the National Championships.

Governor’s Cup

At last the heavier boats got some wind and this race was more suitable for several of CIYC’s racers. In Non Spin. Class, sailing an 18.2 mile course, *Velero* fairly rocketed around the oil rig Gilda, the Chips buoy, Fishsticks and into Ventura Harbor. She was the highest rated handicap, but managed to finish 1st and take the corrected time result by just under 30 minutes. *Zoarces* was 3rd.

In the 25.9 mile Spinnaker A course, nine boats lined up (well eight if you noticed that *Perfect Balance* was going the wrong way at the start with the #2 neatly threaded through the shrouds). There was wind for our three boats, *Funatic*, *Maine Squeeze* and the previously mentioned *PB*.

It was a hard slog for any of the boats under 35 feet as a short sharp chop was hurting the smaller boats while *Funatic* was really enjoying herself, ahead of *Deception* to the oil rigs. However, two dangerous boats from VYC were too close to her and it looked like the race would be decided on who was quicker down wind.

That boat *Angry Hillbillies II* finished strongly to take first place followed by *Rival* and *Pangea*. VYC took all three spots on the podium. *Funatic* was in fifth place with *Perfect Balance* recovering some of her poise on the downwind leg in 6th. *Maine Squeeze* was able to edge out *Deception* for seventh place.

Defibrillators cont'd from page 5.

How does an automatic external defibrillator help a person who is in cardiac arrest?

- A. An AED pumps blood
- B. An AED shocks the brain
- C. An AED restores normal heart rhythm
- D. An AED helps the victim breathe

Who can use an AED?

- A. CIYC member
- B. Emergency Personal
- C. Firefighter
- D. All of the above

Where is the CIYC Defibrillator?

- A. In the men's restroom
- B. In the women's restroom
- C. Near the back door of the bar
- D. A and B

Answers:

How does CPR help when a person goes into cardiac arrest?

The correct answer is **D**. When a person goes into cardiac arrest, the heart stops beating, or stops beating effectively, halting the flow of blood, according to the AHA. CPR helps a small amount of blood to continue to flow to the heart and brain until the emergency medical help arrives. CPR doubles a person's chance of survival.

What's the first thing a person should do before beginning CPR?

The correct answer is **C**. According to the AHA, you should call 911 before beginning CPR on someone who is unresponsive. But there are exceptions: if the victim is an adult who has been underwater, suffered trauma or is intoxicated, and for infants and children under age 8, a rescuer should begin CPR first, continuing for about a minute, and then call 911.

The faster that CPR begins, the better the chances of a victim's recovery. What is the critical time for CPR to begin?

The correct answer is **B**. If you know CPR and stay up to date with your training, you'll be able to help a person within that critical time frame.

When should you stop doing CPR on a victim?

The correct answer is **D**. A and B. If a person moves his or her arms or legs, the person most likely no longer needs CPR. Once emergency medical help arrives, they will take over the care of the victim.

How does an automatic external defibrillator help a person who is in cardiac arrest?

The correct answer is **C**. An AED restores normal heart rhythm. The most common cause of sudden cardiac arrest is ventricular fibrillation (VF), according to the AHA. A heart in VF quivers and can't pump blood. A person in cardiac arrest needs CPR and defibrillation (shock to the heart). An AED and other forms of defibrillation stop the VF and allows normal heart rhythm to resume.

Who can use an AED?

The correct answer is **D**. All of the above. The idea behind the AED was to encourage non-medical people to assist in the rescue of someone in cardiac arrest. An AED is about the size of a laptop computer. The rescuer attaches the AED to the victim, and the device automatically analyzes the heart rhythm. If a shock is needed, the AED makes that decision and indicates that the rescuer stand away from the victim so the shock can be delivered.

Where is the CIYC Defibrillator?

The correct answer is **C**. Near the back door of the bar. The defibrillator was checked in January of 2008 and is in good working order.



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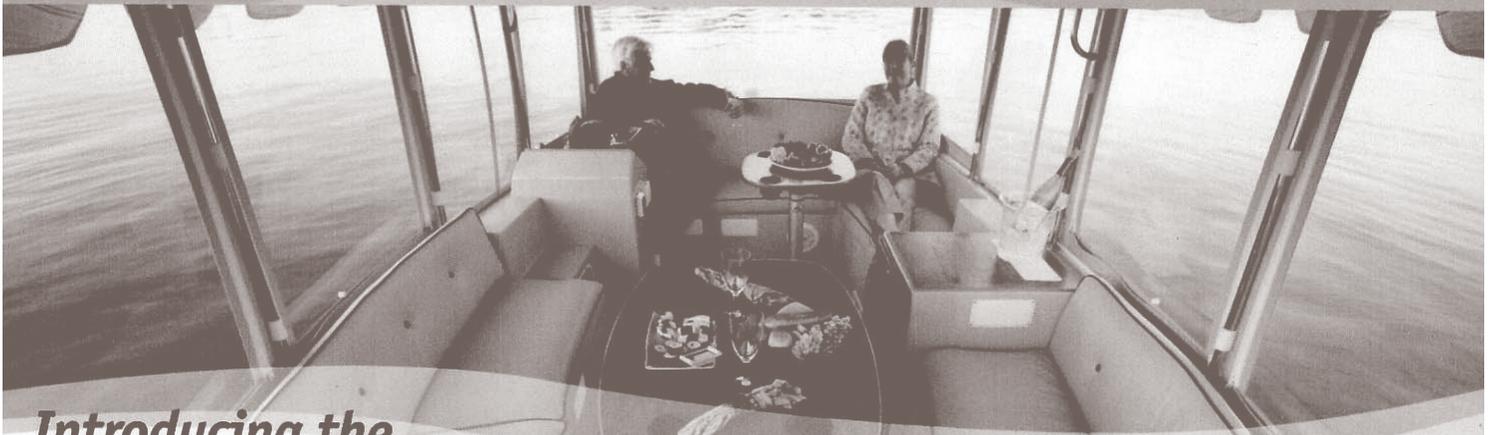
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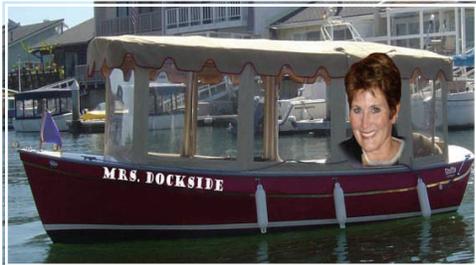
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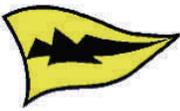
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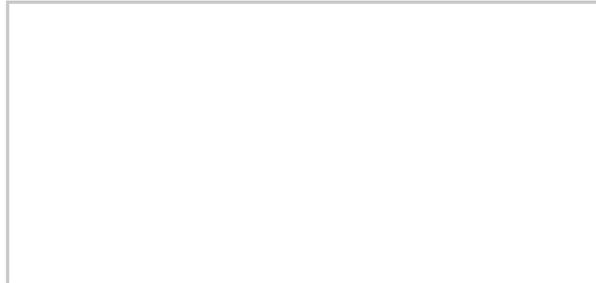
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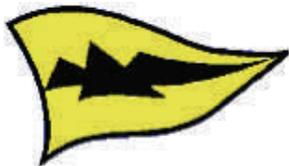
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