

JULY 2014

**VOLUME 54 ~ ISSUE 07** 

Commodore: Keith Moore Editor: Liz Campbell Asst: Frank & Sharon Sullivan

Asst: Pat Korecky

## Channel Islands

CIYC is located at Lat. 34° 09' 48.9" N; Long. 119° 13' 35.6" W

4100 Harbor Blvd., Oxnard, CA 93035. Phone (805) 985-2492

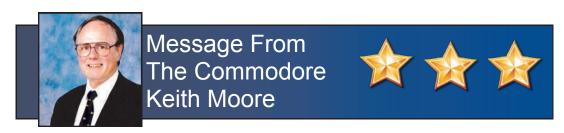
## Yacht Club

## currents









<u>Marina Fest Weekend:</u> CIYC went all out to promote our Club and to meet and greet the boating community with a booth and an open house at the Marina Fest. We can report a very successful weekend, having signed up a RAM and ten new regular members.

<u>Disabled Veterans Day:</u> Wow...... Bill Brayton, Cindy Arosteguy, and many, many CIYC members pitched in to give some 175 Disabled Veterans a special Day with a boat ride on the ocean. Some 45 skippers from Ventura and Channel Islands harbors volunteered their boats to take our Veterans out to sea. It was well organized: from the sign in table, to breakfast and to the veteran assignments to their boat skipper. And when they returned, we had a nice dinner. We showed the Veteran's a very special day on the ocean! Again, we appreciate all that you do ............. It makes us proud to be

CIYC members.



At the general meeting, the members formed a Nominating Committee to develop a list of candidates for the Board of Directors elections to be held in September. The Committee members are Rear Commodore Vidar Bech and Director George O'Neill (from the Board), and members Sharon Sullivan, Sherie Ireland, Laurie Preston. The Committee will interview each of you and ask for your suggestions to improve the Club. They will also seek your suggestions for nominees to Board of Directors.

The Committee will then develop a list of the nominees and meet with them. At the August general meeting, the Committee will present the membership a list of recommended candidates for election to the Board of Directors. We look forward to hearing your comments and suggestions.

And don't forget to congratulate Laurie Preston to her new retirement career!

See you on Deck!

**Keith Moore** 

**Your Commodore** 805-551-0983



Whoa, Nellie! Where the heck has half a year gone. Thinking I best be dropping an anchor, so we might get things in order before the summer ends. A big thanks to all of you who volunteered and put together our wonderful dinners and events. There is plenty of room for others to lend a hand. Feel free to check in and we will help get you involved.

Congrats on a great turnout for **Marina Fest**. Welcome to our new members. As I write this on the eve before The **DAV Sail Day**. A big thank you to <u>Bill Brayton</u> and team for all their efforts. I have no doubt it was a success. It touched the hearts of those that attended, as well as the volunteers who made this a special time. And thank you to the captains and their crew for making this possible. A beautiful gesture for veterans for all they have given to their country. Being an ex-marine and Vietnam veteran, I do understand.

Please sign up for the **Ed Calo Challenge**. It is a great tribute to Ed Calo, in memory of all he did for us and our community. He continues this by sponsoring the upcoming youth golfers.

Come join us July 4th for the Children's Parade, hot dogs and the fireworks in the harbor. **Beefeaters** have a dinner on the **19th** and they are threatening us with a men's fashion show. The **John Larson Memorial Race** is on the **26th** then **Commodore Keith Moore and MaryAnn celebrating their birthdays** in the evening with their family and friends at Channel Island Yacht Club

I hope to see a few of you join me at our next ship-shape on the 21st of July. For those that are new, it is when we connect, cleaning up areas in our club to make them reflect our commitment as a self-help club. Thank you

Until then, smooth sailing to you, for I am in the wind.

Dave Wardlow Vice Commodore



## Message From The Rear-Commodore Vidar Bech



## Racing

**Bob Cooke Memorial Double-Handed Race**. In Non-Spinnaker Class our club took 1<sup>st</sup> with Brent Swanson on *Velero*, 2<sup>nd</sup> Shelly Johnson on *Zoarces*, 3<sup>rd</sup> Jane Thomas on *Liquid Asset* and 4<sup>th</sup> Harry Krum on *Fus'ee*. Good job guys.

In the Spinnaker Class: *JoyRide* won, captained by John Lilly. Robert Heatherly with *Grace* had problems with his spinnaker and did not finish.

## **Cruising**

Memorial Day Weekend Cruise to Prisoners had 3 boats from our club, LeeAnne and Charlie Clark on *Juliet*, Marnie and me on *Blue Mast* and Joyce and Gary Johnson on *Joy Sea* who stayed for dinner, partied at night and the rest of the time fishing. After the first evening with cocktails on *Joy Sea*, we were invited to *Forever Young* from Anacapa YC and it got to be a somewhat late evening. The next morning LeeAnne, Gary and Joyce went fishing at 6 am. How they managed I don't know, I just looked at my watch and went back to sleep. LeeAnne caught 2 nice rockfish and invited Marnie and me over for fish tacos on *Joy Sea*. Gary cleaned and fried the fish and LeeAnne and Joyce did the rest. It was delicious. We did make it a fairly early evening, watching all the party animals surrounding us from AYC. I think there were 11 boats in all; somewhat embarrassing being only 3 from CIYC. Cindy and Bill on *Maverick* had engine trouble and could not make it.

Sorry I missed the **Cruise to Smugglers Cove June 7 and 8**. Apparently they had a blast, Donna Eyman and Bill Klug hosted the cocktail party on *Seahorse* and entertainment was provided by Curt Ingram and Donna playing electric guitars, Bill Klug on mandolin and Andy Cohen from the Turtles on Keyboard. Sure sounds like a lot of fun. Joyce and Gary Johnson stopped by and provided some sea bass. Curt and Mary Howard were on *Magic* with Olga Siefke and Lexi. On Saturday the sea was a little rocky according to Cindy Arosteguy, our cruise director. She and Bill Brayton were there on *Maverick* but they "cheated" a little with a flopper stopper.

## **Marina Fest**

The Kickoff Party hosted by CIYC was a great success in spite of it being Friday the 13<sup>th</sup>, full moon and Mary Foster's birthday (just kidding Mary). Cary Verstynen, Gary and Joyce Johnson made the food with a little help from Marnie. Mary Foster and Michelle Lapointe (representing Vintage) were in charge. Andy's piano music in the bar made it special. I am so proud of everybody that stepped up and helped on short notice, maybe the yellow shirts made the difference. The booth on the docks were "manned" by Mary Foster, Joyce Sheridan, Barbara Brauns and Lana Lynch. Very special refreshments were provided by Rich Szewzuk, whatever it was; they were having fun and we got a lot of serious prospects for membership sent down to the club from there. The Open House crew took good care of them headed by Jerry Wood, Connie Calo, Lisa and John Medlen, Bob Nast, Commodore Keith Moore, Kurt Ingram, Mary Howard and several others in yellow shirts. Tom Warden, Penny Lipp and George O'Neill did a great job at the car show on Sunday and sent several people to the club and I believe we signed up some. As I am writing this, I believe the total we signed up were 6 new members. It was a good weekend. We had many that were seriously interested and I believe a few of them will come back to sign up.

The grilled tri-tip sliders were popular with everybody that came; Cary Verstynen and Vice Commodore Dave Wardlow were the grilling experts with help from Skip Preston and Bill Cline. Bill got the Purple Heart, but still has all his 10 fingers. Some people are dangerous with big knives. Rose Hazeltine, as always made sure everybody paid. (No ticket-No Dinner.)

Next month I will let you know how the Veterans' Sail Day and the CI 2 MDR Race went. The electric boat race we were planning on June 21 got lost in all the other events. Trying to get the other clubs involved was difficult with their scheduling, so we decided to schedule that for another time. We were supposed to celebrate summer solstice, but we will celebrate Laurie Preston's retirement instead.

The John Larson Memorial Race is coming up on <u>July 26</u>. So, Racers please sign up. The after race party is always a lot of fun on this one.

Vidar

R.C.

## Anglers' Corner July 2014

## By Frank Sullivan



## WSB grow out pen update:

The bacterial infection that created the die off of about 10% of our fish has finally been successfully treated. It took 2 courses of treatment over 2 weeks to control it. I'm happy to report that the fish now look very healthy and active. We still have about 30,000 fish left.

## Fishing:

The Men's fishing tournament was tough fishing with 3 boats involved: Skip Miser's *Dawn Patrol*, Gary Johnson's *Joy Sea*, and Frank Sullivan's *Valkyrie*. The day started out with an e-ticket ride before dawn into rough seas. All 3 boats wound up at Chinese Harbor on Santa Cruz Island within sight of each other.

*Dawn Patrol* scored 1st, 2nd and 3rd place with Miles Linman's 18,1 lb. WSB, Mike Fleming's 13 lb. WSB and Woody Underwood's 8.3 lb. Barracuda.

Joy Sea caught 2 Barracuda and Valkyrie lost it's only Barracuda when it wrapped the line around the props.

June 17th Zoran Barbaric caught a nice 17.5lb WSB drift fishing behind Anacapa Island on his Sail Cat *Tomahawk!* (Yes, sailors are Anglers, too..)

## Upcoming events:

September 12th Channel Islands Bill Fish Tourney Kickoff Dinner

September 13th to 17th Channel Islands Bill Fish Tournament

September 19<sup>th</sup> Channel Islands Bill Fish Tourney Awards Dinner

November 22<sup>nd</sup> Anglers' Awards Scampi Dinner

When you are a CIYC Anglers' Club member you can win \$50.00 if you bring in the biggest <u>Legal</u> fish of the month, sharks, rays and tournament fish do not count. You can only win once a year, but as the Lotto people are fond of saying "you can't win if you don't play".

There is a scale in the shed where the ice machine is. All you have to do is weigh the fish in with a CIYC club member or bartender as witness and record the weight. Put the record in the Anglers mail box in the hall down stairs. If you like, call me on my Cell 805-205-4073 and I will witness your catch and take a photo for the Currents. You may also e-mail me the photos and details.

You may also win the Big Fish of the year if you turn in the largest fish before the Anglers awards dinner in November. The Big fish of the year does not have to have been a big fish of the month winner and may be a tournament fish.



Miles Linman's WSB



Woody Underwood's Barracuda



**Zoran's 17.5 lb WSB - #1** 



Winners 2014 Mike Fleming, Miles Linman & Woody Underwood



## Message From First Mate Vera Cline

## Greeting Islanders,

On <u>Tuesday</u>, <u>May 27<sup>th</sup></u>, we finally celebrated the **49<sup>th</sup> Anniversary of the Channel Islanders**. I know some of you thought we'd never get the event on the road –we had some delays, but it was well worth the wait. **Joyce Sheridan and her crew**, **Jack Borkowski**, **Olga Siefke and Elyse Gonnello** cooked a great Italian inspired meal. **Cindy Arosteguy** jumped in at the last moment to help serve to make it a truly enjoyable meal. Past First Mates that joined us were Mary Carlson (2000), Joyce Sheridan (2002), Ellie Bishop (2007), Georgie Olsen (2009), and Mary Ann Moore (2012 and 2013). Highlight of the evening was the oration by our very own **Commodore**, **Keith Moore**. We learned about his incredible background. This man has traveled the world from an early age and has had fantastic luck (well earned) to amass an amazing array of accomplishments. Thank you, Keith, for sharing with us some of your favorite memories and life experiences.

For all you Kings of your Castle, you were treated to a royal faire, **Beef Wellington** for **Father's Day**. It was a sellout event and lived up to all my bragging!!! **My helpers were Islander Second Mate, Pam Nast; Islander Purser, Linda McCulley; Olga Siefke, Bunni DiRiesto, Elyse Gonnello, Mary Howard and Joyce Sheridan**. We had a great time in the kitchen cooking up a storm to give our Dads a memorable dinner. Winners of the drawing for tickets to the Air Show were Ev Babbe, Clark Owens and Bud Gerding. Also, **Barbara Brauns**, our <u>chanteuse</u> for the evening entertained elegantly. She made our Dads squirm with her sexy rendition of "**My Heart Belongs to Daddy.**"

The Channel Islanders thanks the members of CIYC for their support!!!

Vera Cline First Mate, 2014

### **Doc Lines**

### Got GDF 11?

This comes from Harvard and Stanford. When elderly mice receive repeated transfusions from young mice, it appears that young blood rejuvenates old mice, "recharges" the brain, forms new blood vessels, new neuronal connections, and improves memory and learning. The function of every organ in the body is also improved. The young blood could reverse the aging process!!! Who knew?

Now, it's true that this was only done in mice, but human trials are planned. It seems when we are young, a protein known as GDF 11 is present in large quantities in circulating blood. The same protein is all but absent in old age. So, "vampire therapy," or a drug developed from GDF 11, could improve the quality of life in old age.

### **Canine Cancer Detection**

Cancer cells metabolically differ from normal cells in that they produce alkanes (saturated hydrocarbons) and organic aromatic compounds. Enter K9s. Having an extraordinary olfactory sensory organ, a dog can be trained to detect these compounds by sniffing a container holding a sample of a patient's breath or urine.

Dogs were able to detect skin cancer and melanoma, just sniffing the suspected lesions. In sniffing breath samples, dogs could detect lung and breast cancer 88-97 percent of the time. By sniffing urine, dogs are superior in detecting bladder and prostate cancer - even better than a PSA test.

Does that mean there will be a pooch in every doctor's office? Well, who will take the dog for a walk? Will the dog get tired after a while? Maybe docs will need two or three dogs?

That is why scientists are trying to isolate organic compounds specific to each tumor and use gas chromatography for detection. No need to take their chromatographs for a walk.

## **Nagging Wives**

A University of Copenhagen study, involving nearly 10,000 individuals, reported that having a nagging partner could significantly shorten one's life. Men are especially at risk. The reason given was that men, unlike women, do not share their problems with close friends or family. "The trick," said one woman, "is to nag him, but just stop short of killing him."

Your Fleet Sturgeon, Zoran

Thanks to Erika for editing.

## Interview with Madeleine and Sandy Waddell By: Dan Jordan

When asked how they came to join CIYC, Madeleine and Sandy Waddell said that "We attended a Gold Coast Concert Choral group fundraiser in Fall 2013. We bid on and won a three month "Marlin" membership. We're glad we did!" Judi Balcerzak had suggested to the CIYC board giving a Marlin membership for the fundraiser.

We knew about the club from earlier public fund raising events that used the club. This time, a membership was one of the items.

Madeleine says she "was raised in the Swedish island of Gotland in a long-time boating family. She has sailed small boats and crewed on larger craft her whole life.

Sandy is from Michigan but didn't start boating until he did a week-long Annapolis Sailing School class in St. Petersburg, FL in the late 1960's.

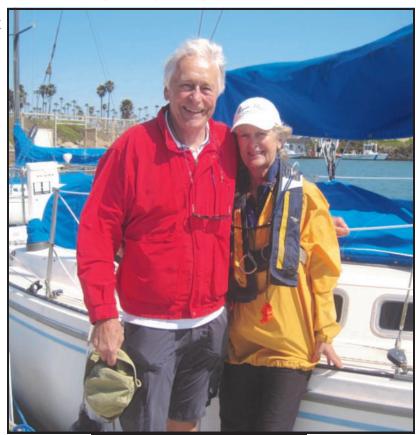
Madeleine's first boat was a classic 20' family keel sail boat. Sandy's first boat was an 18' family keel sail boat.

Madeleine and Sandy don't have a boat now, but they are members of a sailing club in Newport Beach and use those boats. They say that their ideal boat would be a recent ~32' Catalina or something similar. A boat that is not too small, not to big, but "just right."

They say to if they could cast off the dock lines for an extended period, they would head for the Caribbean.

As for involvement in CIYC activities, Would you like to get involved in any of the groups at CIYC, their "time is limited now as we both work." But we will be glad to do some projects, attend social functions and crew for other members." So, anyone who needs sailing crew, get in touch.

Madeleine and Sandy say they would "definitely recommend CIYC to friends. We will tell them this is a friendly club with a variety of activities for everyone."

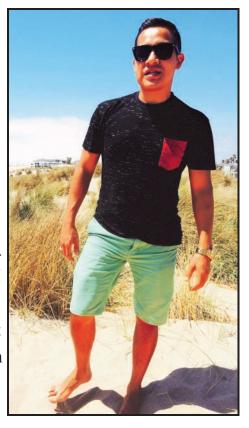


Madeleine and Sandy Waddell

## Interview with Jairo Mazariegos By: Dan Jordan

Jairo Mazariegos says that he joined CIYC out of his "desire to actively engage with the boating and sailing community. I saw an open house four and a half years ago. I came in, talked with members, and became a member myself that weekend." Jairo is very physically active, works to stay fit. He found CIYC because it's on his exercise route. He says he runs past it a couple days a week!

Initially Jairo's family got him interested in boating. They kept their boat in Marina del Rey. He's not sure what type of boat it was. He says they "had a small motor boat growing up. Years forward, I got into sailing when I met Bob." Today Jairo and Bob Ridenour have two project boats, a Rinker V2700 motor boat and a 'Newport II 30' sailboat. When they'll be open ocean ready is sort of an open question. Jairo concludes from this long-standing effort that his favorite boat is "Someone else's!"



If he could cast off the dock lines for an extended period, Jairo would like to go to Tahiti, the South Pacific.

Jairo has been an active member since joining CIYC in 2010. He has actively participated with the annual Parade of Lights, Wednesday night dinners, Shipshape Saturdays, regattas and various committees including fundraising events. Jairo also served as a Flag Officer, Secretary, for a one-year term of 2012. He says he would absolutely recommend CIYC to friends, younger and older alike! He does note that the club has the youngest older folks he's ever met. Jairo says, "Sailing must have something to do with it!"

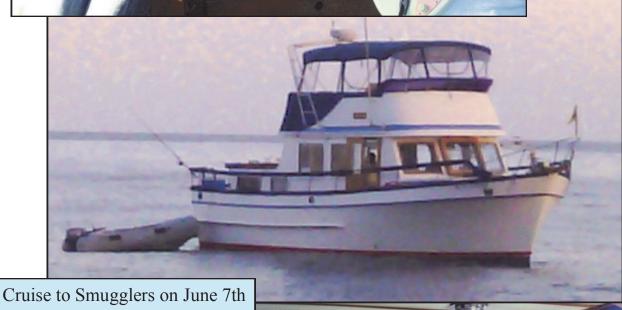
## Burial at Sea & Celebration of Life

On Sunday, July 27, at 10am, there will be a Burial at Sea for Cecily's father, James C. McClelland.

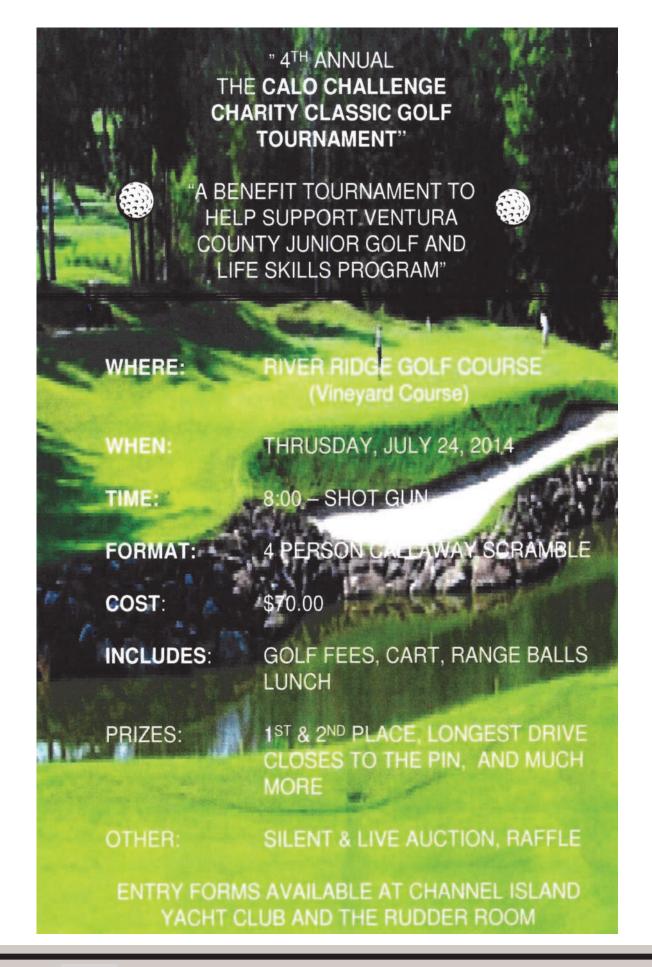
The Celebration of Life will follow at 1pm in the CIYC dining room. No host bar.

There will be a sign-up sheet at the bar for boats and people who wish to participate.









# 2017



Sat	5 Free fishing day NO DINNER	Cruise	12 NO DINNER		19 <b>7pm Beefeater dinner</b>	26 8am Larson skippers meeting & breakfast John Larson Memorial Race Tpm dinner / social	Bar Hours Sunday 3pm to close, Closed Mon & Tue, except special events Wednesday-Thursday 5pm to close Fri & Sat 4pm to close
Fri	4 Independence Day Open House 5-Tpm Happy hours Tpm Buffet		11 5-7pm Happy hour 6:30PM TGIF/ Birthday Bash		18 5-7pm Happy hour CB Birthday Rental (Foster)	25 5-Tpm Happy hour	Ba Sunday Closed Mon & Tu Wednesday-Th Fri & Sa
Thu	3 6:30pm Bocce Ball		10 6:30pm Bocce Ball 6:30pm CIWSA meeting		17 6:30pm Bocce Ball	24 12-5pm Calo Challenge Luncheon 6:30pm Bocce Ball	31 6:30pm Bocce Ball
Wed	2 Wed Night Fun night Dinner 6:30 <i>Bingo 7:00</i>		4:30pm Islanders BOD  2pm Bridge group Wed Night Fun night	Dinnet 0.00 Dingo 1.00	16 Wed Night Fun night Dinner 6:30 <i>Bingo 7:00</i>	23 <b>2pm Bridge group</b> Wed Night Fun night Dinner 6:30 <i>Bingo</i> 7:00	30 Wed Night Fun night Dinner 6:30 <i>Bingo 7:00</i>
Tue	1 7pm British Brass		8		15 Currents Article due 6:30pm CIYC board meeting	22	29
Mon			I		14	21	28
Sun			6 Room rental (tentative)	Craise	13	20 Room rental Shower	27 Memorial (Ces's Dad) 10am Burial at Sea 1pm Celebration of Life

**Channel Islands Yacht Club** 



Sat	2 Ipm Epicurean Dinner	9 Neil Underwood Memorial Regatta 7pm Beefeater dinner	16 1pm Dinghy Party NO DINNER Room Rental Wedding	23 7pm dinner / social	30 NO DINNER  Labor Day Holiday Cruise	vents
Fri	1 5-7pm Happy hour	8 5-7pm Happy hour Birthday Bash	15 Currents Article due 5-7pm Happy hour	22 5-7pm Happy hour 7pm General meeting	29 5-7pm Happy hour 6:30PM TGIF	Bar Hours Sunday 3pm to close, Closed Mon & Tue, except special events Wednesday-Thursday 5pm to close Fri & Sat 4pm to close
Thu		7 6:30pm Bocce Ball	14 6:30pm Bocce Ball	21 6:30pm Bocce Ball	28 6:30pm Bocce Ball	S Closed Mos Wednese Fr
Wed		6 Wed Night Fun night Dinner 6:30 <i>Bingo</i> 7:00	13 2pm Bridge group Wed Night Fun night Dinner 6:30 Bingo 7:00	20 Wed Night Fun night Dinner 6:30 <i>Bingo</i> 7:00	27 2pm Bridge group Wed Night Fun night Dinner 6:30 Bingo 7:00	
Tue		ra	12	19 6:30pm CIYC board meeting	26 5pm Beefeaters Bonding Meeting	
Mon		4	11	18	25	Cruise
Sun		ဇာ	10	17	24 1-4pm Open house	11 Labor Day Holiday Cruise

# WATCH the FIREWORKS

at CIVC





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# Channel Islands Yacht Club

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- Dessert on Boat 3









ecannewrites@yahoo.com to RSVP and she will send you more details on the organized cinarost@yahoo.com or (805) 208-1962 or signup in the cruisers book at the bar. For host captains & admirals, please RSVP to Cruise Director, Cindy Arosteguy at you who will be diving, please email Dive Captain, LeeAnne Clark at live, how to become certified, etc.

your own risk. Scheduled dive is conditions permitting...dive will be cancel equipment (can be rented). There will be no dive master or guide - dive at \*This dive is for CERTIFIED DIVERS only. Divers must bring their own

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# CALLING ALL CIYC

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SATURDAY, JULY 26 @ 5PM CELEBRATE KEITH & MARY ANN'S BIRTHDAYS

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O' YES....., AND A BIRTHDAY CAKE!

<<< NO HOST BAR >>>>

PLEASE SIGN UP IN THE BAR.

SO WE CAN COUNT YOU AS ONE OF OUR GUESTS



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**CIYC Disabled American Vets Sail Day June, 22, 2014** 













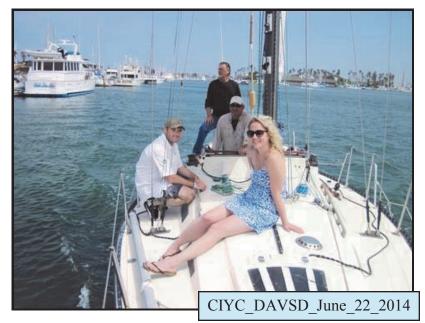


CIYC\_DAVSD\_June\_22\_2014





Currents

















CIYC\_DAVSD\_June\_22\_2014













CIYC Channel Islands Yacht Club

## Birthday Bash - "Friday, July 11<sup>th</sup>"

Come and join us for our monthly celebration for members whose birthdays or anniversaries are in July.

Bring "munchies" to share, and there is always a great birthday cake!

JULY Birthday Celebrations are: Jack Borkowski, Jerry Wood, Vicki Nutter, Jane Van Daalwyk, Connie Calo, Kim Hughes, Jr., Lisa Marie Medlen, Karyn Grencius, Skip Miser, Michelle Smith, Mark Foley, Philip Woolf, Lee Miser, Bernadine Carlson, Susan Ard, Johanne Berg, Laurie Preston, LaNell McKnight, DeDe O'Connor, Veronica Scheja, Rick Tyhurst, Marianna Morgan, Gary Johnson, John T. Barr, Mary Ann Moore, Kitty Brown, Cary Verstynen, Bill Magee, Bob Deyling, Frank Sullivan, William Sabol, Bill Klug.



<u>JULY Anniversaries are</u>: William Crowe and Ann Marie Gross, Barry and Katrina Bernbaum, Cindy and Mark Pap, Jerry and Mary Barker, Paul and Marianna Morgan.

Currents

**Photos** 

Editor Liz Campbell

(805) 816-1542

Assist. Editors Frank & Sharon Sullivan

(805) 205-4073

Pat Korecky (805) 551-8777

**Bonnie Chaney** 

Mailing Liz Campbell

Advertising Lana Lynch

lanalynch5180@gmail.com

Name	CIYC.com
CIYC Office	office@ciyc.com
CIYC Commodore	commodore@ciyc.com
CIYC Vice Commodore	vicecommodore@ciyc.com
CIYC Rear Commodore	rearcommodore@ciyc.com
CIYC Membership	membership@ciyc.com
CIYC Currents Editor	currents@ciyc.com
CIYC Port Captain	portcaptain@ciyc.com
CIYC Dinner Reservations	reservations@ciyc.com

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## The **CIYC dining room facility** is

available for rent

for private parties to members, or non-members sponsored by a member.

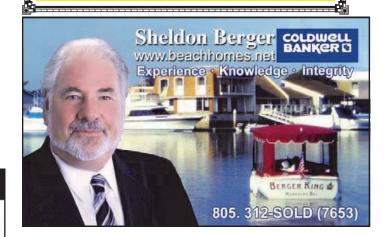
Please contact Rental Manager, Sharon Sullivan 805-985-6155

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Vice-Commodore, Dave Wardlow 805-693-1724f

or scheduling and rates.

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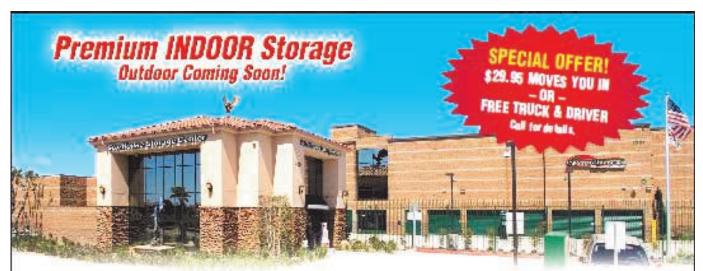
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### **DEADLINE NOTICE:**

Articles must be received by the 15th of the month preceding the next publication month.

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