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Commodore: Sheldon Berger Editor: Liz Campbell

Asst: Frank & Sharon Sullivan



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Yacht Club

Currents



Channel Islanders Annual
Champagne Jingle Bell Brunch
Sunday, December 3, 2017
11:00 AM to 2:00 PM
\$20, Cash or Check

~~ Presenting for your culinary delight ~~

Eggs Benedict

Custom Omelets

Breakfast Kabobs

Biscuits and Gravy

Praline Pecan French Toast

Waffles

Bacon and Sausage

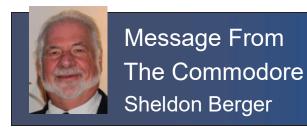
Bacon-Scallion Hash Brown Casserole

Santa Fruit Kabobs

Fruit Platter and Muffins

Unlimited Champagne and Orange Juice, Coffee

RAFFLES AND CHRISTMAS VENDORS PLEASE SIGN UP IN BAR OR ON LINE





Hello, all, and I hope all of our members had a wonderful Thanksgiving holiday with friends and family. We now are in the final days of 2017 with the holidays and New Year ahead of us.

This year has flown by and soon the new Board and Officers will be in charge or our club. Congratulations to the new Board and flag officers, Bob Taylor, Diane Sherlock, and Dewayne Weaver. Please give them the support that you have given to me over this past year.

Diane Sherlock and Linda Weisfuss arranged for our annual Awards Dinner; and thanks to all who helped out. Congratulations go to Ruth Hatcher for the Lifetime Achievement Award, Sharon Uhlig for the New Member Award, and Gary Johnson for the Sportsperson of the Year. We are a self-help club and all of our members have participated over this year and past seasons. With so many members involved I tried not to miss anyone person or group but that was not the case this year. I want to



recognize the Channel Islanders for their contribution of the restroom remodel and Opening Day ceremonies, the family of Graham Paine for their financial contributions on the entryway remodel and flag pole repair, Shelley Ward for Bocce Ball, the Beefeaters for their continued great cooking, and the Epicureans for their excellent gourmet dinners. If I missed anyone else, I am sorry for not recognizing you, but know that the club appreciates all that you do for our organization.

Lastly, this will be my last article in the Currents as Commodore. It has been a great, whirlwind year and I could not have led the helm without the support of our membership and my great Board of Directors, Secretary, Treasurer, Membership Chairs, Events, Cooks, and all who have contributed their time and effort to make CIYC the greatest yacht club around. I especially want to thank Bob & Mary Lou Taylor for all of their help this year; it was a full time job for both of them. I do so appreciate their constant and non-wavering involvement. Most importantly, I want to thank my wife, Nancy, for giving me the opportunity to serve on the Board and as Commodore of CIYC. Nancy, I love you to the moon and back.

My best personal regards and the best for 2018 to all of our members!

Sheldon Berger, Commodore CIYC 2017



Happy Holidays to All,

11/15/17

What has been happening this past month? First of all we had a huge turnout for the Election of Bridge Officers. I had talked with other board members before the election, and we were worried about getting a quorum of 30 because we knew several members were out of town. We were astonished when it turned out to be standing room only! I personally thank you for voting for me as your Commodore-Elect for 2018. I am honored to represent CIYC in 2018 as your Commodore.

Our Halloween Hair Ball was unique and very much a success. Over 70 members and guests came dressed in black with whacky and colorful hairdos. We dined on "purple eyeball soup" by Keith Moore, Antipasto Salad by Bob Taylor, "Dirt and Worms" for dessert by Marylou Taylor, and Spaghetti and Meatballs from Ricco's Italian Restaurant on Channel Islands Blvd. Jim Cubberly was the DJ for the evening. A fun time was had by all. Thanks to Sandy Fredericks for providing 50 fur balls that were used to throw at each other during the evening. Thanks to Mary Ann Moore, Sharon Sullivan, Marnie Bech, Erika Barbaric, and a large crew for helping to decorate and clean up after the event.

Lastly, I want to thank Commodore Shelly Berger for leading us in a very successful 2017. Our membership has increased to over 200. I thank all members for making this a successful year, especially those who volunteered to do an event such as Opening Day, Valentine's Day, Variety Show, Super Bowl, TGIF, Halloween, Thanksgiving, and Open Houses. Thanks to those who cooked Wednesday and Saturday Nights, to those who crewed for a meal, those who set up for a meal, those who helped with tickets, those who helped with Ship-shapes, and for the many members and guests who attended all of our activities during this past year. THANKS!!!!!

Bob Taylor, Vice Commodore





Hair Ball Social October 28th









As we wrap up the end of the year I am thankful for having been able to serve as your Rear Commodore.

I am using my time here to thank everyone who has been instrumental in supporting me as the Rear Commodore and making our club a fun and exciting place to be this year. My board, my support staff, including my wife, Bob Taylor, Shelly Berger, Frank Laza, Tom Webb, Bill Cline, Dewayne Weaver, Frank & Sharon Sullivan, Jane Thomas, Bill Brayton, Evelina Bartonini Arglen, Joyce Sheridan, Clark Owens, Wendell Morrisset, Arielle & Jim West, Tom Warden, Rosalyn Brown, and Pamela DeSimone. I cannot thank you all enough for all of the help, assistance, guidance, and support you have provided me during this journey!

I also congratulate all of the recipients of awards that we just handed out at the CIYC Awards Dinner. If you are curious about specific recipients, please feel free to contact me (so many awards were given out). As for upcoming racing, here is the following list of events on the December schedule: 12/2 – Two Harbors Fall Series #3 (AYC/PBYC); 12/2 and 12/3 – Holiday Regatta (SBYC); 12/9 – Channel Islands Harbor Parade of Lights; 12/10 – TGIS Winter Series #1 (AYC/PCYC); 12/15-12/16 – Ventura Harbor Parade of Lights. As always, any questions on events can be directed to me, Bill Brayton, or Jane Thomas.

Finally, as you know this year the Parade of Lights theme is "Fairy Tales Afloat." The event is going to take place on December 9, 2017, in the harbor. Dewayne Weaver is leading the way with our boat and is doing amazing things to make the Little Mermaid theme a wonderful spectacle. Be on the lookout for mermaids the night of the Parade who will be visiting us on the boat. Again, I thank Dewayne for taking on this task on our behalf. We are all going to make the club proud of our entry.

See you around the club!

John Medlen

Rear Commodore



Hello Channel Islanders and CIYC Members!

It is November 17th and Mike and I have the pleasure of being on vacation. We are enjoying a cruise that will be going through the PANAMA CANAL tomorrow. We're assured it will be quite exciting and breathtaking. With that in mind, I have nothing new to report from late October/early November because we are all up to date with the latest activity being the Islanders' Election Dinner on October 26th as reported in the November newsletter.

Our upcoming Islanders' activities for 2017 are as follows:

November 25 & 26 - decorate the clubhouse for the holidays

December 1st – Tree Lighting buffet/pot luck for CIYC members and guests

December 3rd- Jingle Bell Brunch, we will need lots of helpers.

December 18th – holiday cocktail party for Islanders' members only

The next Islanders' newsletter article will cover these events and thanks in detail. In my absence, Vera Cline, Eleanor Hovaten, & Laurie Preston are busy getting things organized, lining up helpers, and advertising our events. I thank them for this!!

I have been honored to be First Mate 2016 & 2017 and as of this writing Eleanor Hovaten will be taking over for 2018 and writing the January newsletter article!! I thank my board and committee members for all the hard work and dedication that they've shown over the last 2 years. I could not have done it without them. I have confidence that the 2018 Islanders' board will be equally as dedicated and provide all the activities and events that CIYC members have enjoyed for many past years! And now I am now resuming my vacation!!

See you at the club!!

Karen Farrell

Anglers' Corner - December 2017 By Frank Sullivan



The CIYC Annual Anglers' Awards Scampi Dinner was well attended with 82 members and friends in attendance.

Sharon Sullivan, Mary Ann Moore, Erika Barbaric, Marnie Bech, Ailene Cabral, Annie Landry, Darlin Belmonte and a few, I can't remember now, had the big task of setting up the room. The food prepared by Gary Johnson, Bill Lynch and their crew was outstanding; everyone I talked to raved about it. The dinner and 50/50 Drawing is a fund raiser for the Anglers' Club. The funds are used for the WSB grow-out pens and other projects around the Club. Thank you, Shelly Ward, for selling the Raffle Tickets. Sorry if I missed anyone!

Mark Palamountain won the Big Fish-of-the-Year Trophy plus a \$100 check for catching a 38 lb Yellow Tail. The Men's Fishing Tourney Trophy went to Jack Borkowski, who caught a 5.5 lb Yellow Tail. Carole Naylor won the Ladies Tourney Trophy with a 3 lb. Calico Bass. Mark Palamountain wasn't present, but received the very well-earned "Sportsman-of-the-Year" Award. He was instrumental in obtaining a sizeable grant from Limoneira for the support of the Coastal Conservation Association, Channel Islands Chapter, formation. He conducted some long-range fishing trips, taking other members out as far as San Clemente Island fishing for Blue Fin Tuna.

WSB Pens Update: Once again, our Grow-out pens were recognized by SeaWorld Research Institute for being the highest producing Volunteer-Run facility on the statewide system. In April, we released about 11000; in August, we released a little under 15,000. We are preparing to receive 18000 fish to raise over the winter in December.

Anglers' Club Info: Angler's dues of \$10 for the 2018 fishing season are due January 1st 2018. Please send in your Angler's dues with your regular club dues billing. If you forgot and sent the CIYC dues in without the anglers' dues, you can provide a SEPARATE check made out to "Channel Islands Yacht Club, Anglers" and put "Anglers Dues" in the memo section of the check and either send it or bring it to the Club. We are also working on a method of paying through the new ClubRunner system. Watch for the announcements.

Reminder: Rock Fish season ends December 31st, 2017, and doesn't reopen until March 1st, 2018! These species may only be taken or possessed in waters less than 360 ft. (60 FM) deep.

The daily bag and possession limit is 10 fish in combination of all species within the RCG Complex. There are exceptions so check here:

https://www.wildlife.ca.gov/Fishing/Ocean/Regulations/Groundfish-Summary#south

to get the most current regulations!

Yellow-eye Rockfish, Bronzespotted Rockfish, and Cowcod may not be retained (bag limit: zero).



If you are a CIYC Anglers' Club member, you can win \$50.00 if you bring in the biggest Legal Fish-of-the Month: Marlin, Sharks, Rays and tournament fish <u>do not</u> count. You can only win once a year, but as the Lotto people are fond of saying "you can't win if you don't play".

Anglers' Club Big Fish rules:

- 1. Fish must be caught within 100 miles of Channel Islands Harbor
- 2. Marlin, Sharks and Rays are not considered as winners
- 3. Must be caught on rod and reel
- 4. Fish can be verified by any CIYC member (there is a scale in the shed on the patio)
- 5. Fisherperson must be a paid CIYC Angler
- 6. Angler must bring the fish to the boat, can have help gaffing or netting
- 7. CIYC, PCYC or Channel Islands Sportfishing scales can be used; others, if verified.
- 8. Tournament fish do not count except for the Big Fish-of-the-Year
- 9. An angler can only win the Big Fish-of-the-Month one time a year
- 10. At the yearly Anglers Awards dinner, the Big Fish-of-the-Year is awarded \$100. It does not have to be a fish submitted as a Big Fish-of-the-Month to qualify. So keep fishing!!



Men's Fishing Tourney Trophy went to **Jack Borkowski**, Carole Naylor won the Ladies Tourney Trophy with a 3 lb. Calico Bass





Anglers Awards November 18th









Doc Lines

Sudden Death Syndrome

The heart is an electrical pump. An electrical signal is generated by a cluster of cells in the right atrium and propagated throughout the heart muscle. First the atria and then the ventricles contract. All muscle cells contract simultaneously, expelling the blood into the aorta and major vessels, and through the body.

Sudden death happens when normal electrical activity is disrupted and fails to produce the electrical impulse that causes the heart to beat. Without it, the muscle cells are still able to contract, but they do so randomly and not in synchrony. This is known as ventricular fibrillation, whereby the heart is unable to pump any blood. Sudden death is most often related to known or unknown heart disease: myocardial infarction, arrhythmias, cardiomyopathy, aortic stenosis, etc. Other causes are: a large pulmonary embolus (usually from dislodged clots from the leg veins), trauma to the heart, and other rare diseases.

Symptoms are immediate and dramatic. There is immediate loss of consciousness and the person will fall or slump over. No pulse is palpable and there will be no signs of breathing.

After cardiac arrest, survival depends on immediate cardio-pulmonary resuscitation (CPR) from someone nearby. Seventy percent of out-of-hospital cardiac arrests happen at home. The sudden collapse of the patient will cause considerable anxiety and even panic in the family member or other person(s) present. Knowing what to do and what steps to take, and in what order, will greatly increase chances for survival.

If cardiac arrest were to occur in the club, it would be easier to deal with: There are generally other members present and able to assist by calling 911, performing CPR, fetching the defibrillator, pasting the electrodes, and opening the new door downstairs to let paramedics into the club.

We recently had a fantastic and well-attended presentation, demonstration, and hands-on practice run on how to perform CPR and how to use the defibrillator. The program was organized by Bill Scarpino and presented by Tom O'Connor and two students from Ventura County Public Health Emergency Medical Services and Ventura College. We are thinking of doing this program on a yearly basis. Tom O'Connor said they would be happy to come back. He also assured me that the local fire department (next to Topper's Pizza) has the best paramedics in the county, and that their response time would be about 3 minutes. Indeed, we called them to come to the club about four times in the past several years.

For those who did not attend, please visit heart.org/handsonlycpr to learn how to do CPR.

Your Fleet Sturgeon, Zoran

Thanks to Erika for editing.

DO YOU KNOW?

Bob and Sharon Deyling

As told to Keith and Mary Ann Moore

In 1938, I was born on a 160-acre farm in Olivia, Minnesota. The farmhouse had no electricity and the only plumbing was a hand-operated water pump at the kitchen sink.

When I was about 3 years old, our family moved to California in the San Diego area. There I grew up and went to school and married my sweetheart, Diane. We soon started a family with sons, Bob and John.

My first job was working in a plumbing supply house in San Diego. That grew into a career selling water-, sewer-, and irrigation pipe for Certain-teed Corp, the manufacturer. This job moved us to Anaheim for 12 years and then to Ojai.

My sons graduated from Villanova High School in Ojai. We sent Bob off to Stanford University and John to UC Berkley. After a 12-year battle with Lupus, we lost my wife, Diane.



In 1998, I met Sharon on a blind date at the Lobster Trap Restaurant. A year later we ran off to Maui and were married on Wailea Beach.

I tired of selling pipe throughout California, Nevada, and Arizona and retired. Soon after, Sharon retired from the banking business and we started traveling and playing golf.

Sharon met Georgie Olsen when playing golf with the Sweet Ties Golf Club. Dick and Georgie introduced us to the Channel Islands Yacht Club. We joined in 2002 and became quite active. I was elected Director and then Port Captain. Sharon was First Mate of the Islanders. We got an electric boat to cruise the Harbor and enjoyed getting to know many great people at CIYC.

Sharon was diagnosed with cancer, and after a 5-year battle, we lost her on December 23, 2015.

Since then, CIYC has become my family and I have again become very active with golfing, fishing, and participating in Club activities. I am also back on the Board of Directors.

When you see Director Bob Deyling around the Club, be sure to say hello, and stay tuned to the next DO YOU KNOW?

A Sell-Out Event and Amazing Support for our Harbor

On November 10th, I hosted a fundraising event at our club in support of keeping our harbor a special place for boating, visitor-serving uses, fishing, other harbor-oriented activities, and ensuring public access, specifically the Fisherman's Wharf area. It was a sell-out crowd! Sara Wan, who is guiding HBCA, made an inspiring speech I would like to share with all CIYC members.

"I have been an environmental activist most of my adult life. To me wildlife and the habitat they need for survival is a passion, and I view my role as being someone who can speak for them because they cannot speak for themselves. But I have also been an active supporter of public access to parks and beaches and other protected areas because I view the two as inextricably linked. One cannot expect the public to support expenditure of funds or even care about the environment if it cannot have access to enjoy it.

To me, public access is so important that I risked being arrested when I went down to Broad Beach in 2003 to sit on the beach in an attempt to open it to the public. The homeowners sent 5 sheriffs down to arrest me, but in the end I prevailed. In the case of Fisherman's Wharf, there is a long history of attempts by the County to turn this Harbor over to private interests without any concern for the public and for the purposes for which a harbor should be designed.

When a few of the HBCA activists came to me and asked if I would get involved, I immediately said yes because this issue is all about the appropriate use of coastal land that has been set aside for public use, specifically fishing, harbor-related activities like boating and visitor- serving uses- public access to a special place- a harbor.

There are only a limited number of harbors along the coast and it is not likely that any additional ones will be created, so as former Coastal Commissioner and Assembly member, Pedro Nava, once said-these are a string of pearls along this coast that need to be protected and saved.

Building apartments is not one of the uses that the Coastal Act envisions for this area. The project as currently proposed replaces visitor parking, a public park, and destroys public views to create a high-end private apartment complex- destroying the very purpose of the harbor.

Lyn Krieger said in a recent news article that these apartments will fill a need for rental units. Really? The developer says that these will be the highest rents in the area. If this area needs rental units, it certainly doesn't need them in this location nor for them to be expensive. **Apartments can be**

built anywhere, harbors cannot.

The manner in which development and redevelopment has taken place in this harbor is truly unfortunate. It has come to the City, the Coastal Commission and the public in bits and pieces - the County never putting forth a complete plan. I remember voting on one of the Public Works Plan Amendments- can't remember the number that dealt only with the waterside. I was, particularly, upset by that one because you cannot make changes to the waterside of a harbor without considering what will happen landside.

It was clear to me that the changes proposed would have an impact on the landside development and that those changes were being considered by the County, but not being revealed to the Commission. Some members of the public knew or suspected what that would mean, but were told by the County, its harbor director, that the suspicions were incorrect. Sorry but they turned out to be correct.

And now the County is at it again, trying to remove the very essence of a Harbor. Those activists who came to me asking for help were an intrepid band of warriors, unafraid of what they might face. They knew they were up against some mighty powerful forces, but they were determined to try to do something about it and not just sit by. It is all too easy to sit on the sidelines and shrug one's shoulders. Oh well, can't take on County Hall. But they (HBCA) did exactly that. They fought and fought against all odds. That, by the way, is what democracy is all about and democracy can't work without people being involved.

They were ignored by the County, but they fought on and guess what... it is now with your City. You heard the Mayor; his position is that he has an open mind when it comes to hearing this project. I believe that is the case for the rest of the Council as well. You will finally be heard, even though you may not get everything you want because the (City) Council must consider and balance all interests. You are one of those interests that will finally be considered and it is all because of that intrepid band of warriors, HBCA... They have dedicated countless hours of their lives to this and I thank all of you for coming tonight to support them. I also ask that each of you here take a pledge to join them in this battle. To do whatever you can- attend hearings, write letters, speak up about things you see and feel are wrong. If you have a business in the harbor, join with us because now you know you are not alone - so speak up. I could have said tonight that you need to join the battle regardless of the outcome, even if we go down swinging because it is the right thing to do but I don't need to say that because we are NOT going down. So join us on the road to victory!"

Sara Wan is an environmentalist and a former Coastal Commission Chairman. She is the Coastal Act expert.

Rene Aiu, Harbor Delegate - A special thanks to Frank & Sharon Sullivan for their help and advice.

December 2017



Channel Islands Yacht Club

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Sat	2	9 Parade of lights Chili buffet	16	23 No dinner Room Rental BD Party	30 Decorate club for NYE	Hours ipm to close, lues. except specie onts Fri. 5pm to close, n to close	
Fri	I 5-7pm Happy Hours Birthday Bash 7pm Tree lighting buf- fet/social	8 5-7pm Happy Hours 7pm Ventura British Brass Concert	15 Currents Article Due 5-7pm Happy Hours Navy CB Dinner	22 5-7pm Happy Hours 6:30pm Salad Bar	29 Decorate club for NYE 5-7pm Happy Hours	Sunday 3pm to close, Closed Mon. & Tues. except special events Wed. Thurs. & Fri. 5pm to close, Sat 4pm to close	
Thu		7 Room rental (Gary Johnson)	14 5pm Islanders BOD Maritime Museum Room Rental	21 7pm Razzberry Jam Classic Jazz concert	28		
Wed		6:30 pm Wed .Dinner	13 2pm Bridge group 6:30 pm Wed .Dirmer	20 6:30 pm Wed .Dinner	27 Un-decorate the Club 2pm Bridge group 6:30 pm Wed . Dinner		As of 11-22-17
Tue		5	12	19 6:30pm CIYC board meeting	26 Un-decorate the Club		
Mon		4	11 7pm CCA meeting	18	25 Christmas Club Closed		
Sun		3 11am Jingle Bell Brunch	10 Room Rental	17	24 Christmas eve Club Closed	31 New Year's Eve	

January 2018



Channel Islands Yacht Club

Sat	Bar open 11am 10am Commodore's Cruise & noon Luncheon	m 13 I 7pm Change of Watch Dinner and Commodores Ball beefeaters to cook	9am Day Cruise 6-11pm Rental BD party	m 27 ate 11:30 am Power Sq. ge Meeting 7pm Islanders COW dinner	Bar Hours Sunday 3pm to close, Closed Mon. & Tues. except special events Wed. Thurs. & Fri. 5pm to close, Sat 4pm to close
Ē	5 Happy Hours 5-7pm Birthday Bash	12 Happy Hours 5-7pm Noon to 4pm Rental for Wedding	19 Happy Hours 5-7pm 6:30pm Salad bar	26 Happy Hours 5-7pm 6-11pm Rental private party for River Ridge	Sunday Closed Mon. & Wed. Thurs.
Thu	7	11 5pm Islanders BOD Settip for wedding	18	25	
Wed	3 6:30 pm Wed .Dinner	10 2pm Bridge group 6:30 pm Wed .Dinner	6:30 pm Wed .Dinner	24 2pm Bridge group 6:30 pm WedDirmer	31 6:30 pm Wed .Dinner
Tue	2 9am Un-decorate Dining Room/Bar	9 5:30pm Epicureans meeting	16 6:30pm CIYC board meeting	23	30
Mon	I New Years Day Club Closed	8 5pm Beefeater Bond- ing mtg.	15 MLK Day 7pm CCA meeting	22	29
Sun		7 3pm Cruisers meeting	14	21	28

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Editor Note: In the printed version of last month's Currents, M. Wendell Morrisset's name, as author, was inadvertently dropped from the bottom of the article on page 16.

SOUTHERN CALIFORNIA YACHTING ASSOCIATION ELECTS NEW DIRECTOR

On November 4, 2017, CIYC Staff Commodore Thomas Warden was elected Director by the Southern California Yachting Association.

The Southern California Yachting Association provides support and promotion of amateur and recreational boating in its defined This is accomplished through a forum that fosters local, international regional. national and Corinthian competition, coordination of race schedules, activities and and conducting seminars and providing training regattas; education on race management, safety at sea, and other boating activities. Over 90 Yacht Clubs are members of SCYA.

SCYA was organized in 1921 and is charged with the responsibility of organizing and regulating yacht clubs within the region. The region covers from Morro Bay to San Diego and Arizona and Nevada. SCYA is responsible for coordinating the Opening Day ceremonies among our member yacht clubs in the region, issuing sail numbers to racing boats and determining PHRF ratings for sailboat competition.

When a yacht club seeks admission into SCYA, they must apply with an application supported by sponsorship letters from other yacht clubs in the association. SCYA also includes, not only the member yacht clubs, but also five associations of yacht clubs, including the Association of Santa Barbara Channel Yacht Clubs. Tom has been Commodore of Channel Islands Yacht Club in 2013 and the Commodore of the Association of Santa Barbara Channel Yacht Clubs in 2016. Tom is the only SCYA Director in our local region providing representation for the Southern California Yachting Association.



Pearsall, Richard Dec 12

Birthday Bash — DECEMBER 01 by Connie Calo

Come and join us for our monthly celebration for members whose birthdays and/or anniversaries are in December.

December Birthday Celebrations for: Pam Nast, Yvonne Farris, Dewayne Weaver, Sam Bradbury, Wayne Evans, Allan Gabel, Miles Linman, Ray Wilson, Richard Pearsall, Ed Whisman, Michael Byrne, Eleanor Hovaten, Betty Larson, Nancy Forrester, Pam Halford, LeeAnne Clark, Mayra Ramirez, Bill Crocket, Evelina Arglen, Sharon Uhlig, Bill Sandham, Rita Carter, Steve Nielsen.

December Anniversaries are: Mickey & Jackie Biederman, Wayne & Meryl Evans, Larry & Roberta Downing, Rick & Deborah Tyhurst, Ruth & Paul Hatcher, Denny & Debi Howarth, Paul & Sandy Fredericks.

Name	CIYC.com
CIYC Office	ciyc@roadrunner.com
CIYC Commodore	commodore.ciyc@roadrunner.com
CIYC Vice Commodore	vcommodore.ciyc@roadrunner.com
CIYC Rear Commodore	rcommodore.ciyc@roadrunner.com
CIYC Membership	membership.ciyc@roadrunner.com
CIYC Currents Editor	currents.ciyc@roadrunner.com
CIYC Port Captain	portcaptain.ciyc@roadrunner.com
CIYC Dinner Reservations	reservations.ciyc@roadrunner.com
CIYC Cruising Chair	cruising.ciyc@roadrunner.com

To date less than half our members have signed into the New Club Runner System. But many have yet to upload a new photo, so there are three options.

- 1. If you have signed up, you can go to My ClubRunner and click on Upload My Photo, and upload your best photo.
- 2. If you have not signed in yet, you can email me a favorite picture and I will upload it for you.
- 3. If you do not have a picture that you like, you can come to the club on Friday, Dec, 1 or Dec. 8 and Sharon Uhlig will take your photo and I will upload it.

Notes for all:

- If a couple membership, please submit a picture of the couple (our system only allows one photo per membership).
- Be sure that the picture is a head shot or close up, so it is viewable when it shrinks for printing or viewing online or in the mobile app.

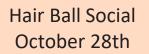
Also, I posted the latest club roster on our website under Club Info > CIYC Member Directory (last choice in the drop down list). The file is password protected and the password in "ciyc93035". This is so you can see if we have a picture for you or not. It is sorted by the primary member's last name.

Feel free to contact Rocco Belmonte, Frank Sullivan, or Judy Frazer if you have questions.

Good luck,

Rocco Belmonte













Hair Ball Social October 28th







CIYC/CIWSA "Team WAHINES" competed in the All-Women LEMWOD Regatta, Long Beach Yacht Club, October 14-15, 2017

Our CIWSA/CIYC team competed the 26th Linda Elias Memorial Women's One-Design (LEMWOD) Regatta against 10 other teams from the West coast. All teams sailed the unique Catalina 37s, which we chartered from Long Beach Sailing Foundation. ("One-design" means that all boats are identical; the only performance difference is the crew.) Catalina Yachts designed and built these 11 boats for the Congressional Cup in the early '90s, then donated them to LBYC. The boats are still used for that purpose as well as many other highly-competitive one-design and match races. With the exception of a sister fleet of 11 Capri 37s that reside in Puerto Vallarta, these are the only boats of this design that were ever built.

I've been on a LEMWOD team every year since 2011 and was team captain in 2014, 2016, and 2017. This year was by far the best! We comprised a team of 11, 9 of whom were on our 2016 team. All but 1 of the team have sailed with me on WAI'LANI, including CIYC members Bonnie Chaney & Janie Brockman. We converted some of the running rigging on WAI'LANI last year to be more like the Catalina 37s, and we made numerous trips to Long Beach during the season to practice as a full team on the 37s. It paid off!

Although we were 11th (last) overall, we were only 1 point behind 10th place, and we placed higher in more races this year than ever before. Across 7 races we managed to get an 8th, 2 9ths, and a 10th. Not too bad when you consider the competition: LBYC, Cal YC, SouthwestYC, San Diego YC, and San Francisco YC teams as well as 5 other WSA/women's racing teams.

CIYC/CIWSA "Team WAHINES" All-Women LEMWOD Regatta Long Beach Yacht Club October 14-15, 2017

The photos were taken by Tracy St John, an action photographer from San Francisco;



LEMWOD - WAHINES Lauren Copus, Jane Brockman, Jane Thomas



All-Women LEMWOD Regatta





CIYC/CIWSA "Team WAHINES" All-Women LEMWOD Regatta Long Beach Yacht Club October 14-15, 2017







CIYC/CIWSA "Team WAHINES" All-Women LEMWOD Regatta Long Beach Yacht Club October 14-15, 2017



Channel Coast Marine

Electronics and Services

Sales • Service • Installation

- Electronics
- Fabrication
- Commissioning
- Watermakers
- Engine Controls
- Satellite Systems

Authorized Dealer

FURUNO

Raymarine

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Currents Editor

Liz Campbell (805) 816-1542

lizcaffrey@aol.com

Assist. Editors Frank & Sharon Sullivan

(805) 205-4073

Photos

Bonnie Chaney

Mailing

Liz Campbell

Advertising Lana Lynch

lanalynch5180@gmail.com

Club Rental

The **CIYC dining room facility** is available for rent

for private parties to members, or non-members sponsored by a member.

Please contact Rental Manager, **Sharon Sullivan 805-985-6155**

for scheduling and rates. Help us help the Club to be Prosperous!

NEW ROOM RENTAL PRICES AS OF JULY 2017

\$250.00 Members and immediate family only (brother, sister,

daughter, son. All events except weddings)

\$500.00 Weddings for members and immediate family only, see

above. (Must block out 1day for set up and

1 day for the event.)

\$500.00 Non-members (retirements, baby showers, birthdays,

\$1900.00 Non-member weddings. (Must block out 1 day for set

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\$30 to \$50 Night time meetings, while club is closed. No food or

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CURRENTS SUBMISSIONS

E-mail submissions to

Lizcaffrey@aol.com

or send via facsimile to

(805) 985-2942

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