Commodore: Diane Miner Editor: Liz Campbell Asst: Erika Barbaric Asst: Frank & Sharon Sullivan

Channel Islands Yacht Club



CIYC is at Lat. 34º 09' 48.9" N; Long. 119º 13' 35.6" W 4100 Harbor Blvd., Oxnard, CA 93035. Phone (805) 985-2492

Currents

Christmas at CIYC 2018







Message From The Commodore Diane Sherlock



HAPPY NEW YEAR to all! Hoping you had a wonderful holiday season. Now that 2019 is upon us, I look forward to serving as your Commodore. With your help and support I feel confident we will have another stellar year.

Many thanks to all those who helped with Wednesday night dinners and other social events in December. We started with Diane Sabol and crew, Michelle Dilldine and crew, and David Strouse and crew. To those who made our clubhouse shine for the Holidays, a big thank you – especially to Frank Sullivan who every year pulls out a plethora of containers from storage, and to Sharon and Mary Ann for giving our volunteers guidance. These are huge undertakings and I thank all who participated.

The Islanders started December with the Tree Lighting Buffet Dinner that drew a record crowd! Kudos to First Mate, Eleanor Hovaten, and a host of cooks. The following weekend we hosted the Chili Buffet to accompany the Parade of Lights. Once again, we had a record crowd and dined on a variety of chilis. Thanks to Linda Perry, Paul Fredricks, Michelle Dilldine, Linda Weisfuss, Marsha Anderson, and Diane Sabol for their contributions, and to Lisa Medlen for her cornbread! Everyone enjoyed the parade and good eats!

A big shout out to the Jingle Bell Brunch crew who produced a magnificent champagne brunch. The turnout was huge – the food a culinary delight, and the champagne – well, it was flowing! Willie Cline was a great sommelier!

The CIYC Holiday Party with a Twist was a sellout and an evening extraordinaire. Jack Borkowski and Barbara Brauns put together a great dinner, as well as entertainment with a "twist." The singers put us in the Christmas spirit with their beautiful carols. Thanks to you all you talented folks who participated!

In my absence, our Rear Commodore, Linda Weisfuss, managed the New Year's Eve gala. Once again Sharon Sullivan and Mary Ann Moore executed the table seating charts and reservations with minimal hitches! You gals are amazing!

As the New Year rolls in, we have some fun events planned for January. Sunday, January 6, is the Blessing of the Fleet, followed by a complimentary luncheon at the club. Don't miss this one – it's a blast! And most importantly, the Change of Watch is Saturday, January 12. Our new officers are sworn in, followed by dinner and dancing.

Your Board of Directors and Officers for 2019: Vice Commodore, Mike Farrell, Rear Commodore, Linda Weisfuss, Treasurer, Sue Woolf, and Secretary, Ruth Hatcher. Directors: Rocco Belmonte, Mike McKendry, Carmen Olmo, and Michelle Dilldine.

I look forward to working with all of them. It PROMISES to be a great year!! **Diane Sherlock, Commodore 2019**





Message From The Vice Commodore Mike Farrell





HAPPY NEW YEAR! I am excited to jump into my new role as your Vice Commodore and I'm looking forward to a happy and successful 2019.

The year starts out with a bang with the Commodore's Cruise and Blessing of the Fleet, followed by a Beefeaters'-hosted Change of Watch dinner that marks the official inauguration of your new Board and Bridge. This is a big event for the club every year so please sign up in advance to ensure you have a seat.

I have spent a great deal of time since the October elections making sure we have lots of help in organizing the year's activities. Les Hardwick and Mike McKendry have agreed to act as House Captains for 2019. Les did a great job in 2018 and Mike brings a lot of skill and experience. The three of us will share duties, making sure our clubhouse remains shipshape. Vera Cline and Joy Heckenlively will serve as Socials Co-Chairs. This is a critical role for planning and executing the many events we host throughout the year. The first of these socials is the Super Bowl on February 2, followed by Valentine's Dinner on February 9. Vera and Joy cannot pull these events off alone, so please jump in and help with decorating, serving, or whatever is needed.

Connie Calo has agreed to continue as our Birthday Bash leader, Elyse Gonnello will serve another year as Epicurean WIC, and Keith Moore will continue to lead the Beefeaters.

We still have several openings for cooks for Wednesday night dinners through the first quarter. Please send me an email and volunteer. For people who like to cook but are wary of heading up a dinner by themselves, I have several experienced cooks who have volunteered to mentor and work alongside first-timers to ensure they are successful. Please sign up!

I promised that I would survey the membership to get a clearer picture of what you would like to see in terms of club facilities, activities, and events. The first of these surveys will go out momentarily, and I will be publishing the results as soon as they are available. There will likely be follow-on surveys as the needs become clear. They are anonymous, so please participate with honest answers.

We have begun to search for options for new furniture for the bar. My hope (with emphasis on "hope") is to have a Board-approved recommendation to be presented to the February General Meeting. If possible, I would like to bring samples into the bar so we can take several options for a "test run." My thanks go out to the Islanders, under the leadership of 2018 First Mate, Eleanor, and 2019 First Mate, Laurie Preston, who have purchased new chair covers for the club. The new covers are more compact to store, easier to put on and clean. Plus, I don't have to climb up on the ladder to store them! Furthermore, the Islanders are working on a badly needed new floor in the upstairs kitchen.

With your help, we are off to a great start for 2019. I look forward to both maintaining our valuable traditions, and bringing some new twists to our agenda.

Michael Farrell, Vice Commodore 2019

January 2019





Message From The Rear Commodore Linda Weisfuss



HAPPY NEW YEAR!

Thank you so much for making me your Rear Commodore. I am looking forward to a fantastic year and have worked very hard putting together a full calendar. We have a full race schedule planned, four cruise dates, three dinghy parties, three e-boat events, and some special trips to other yacht clubs.

It is my pleasure to announce the appointments of Bill Cline as our Port Captain and Jane Thomas as our Fleet Captain.

We will be having a cruisers' meeting the first week of January, followed by the Commodore's Cruise and Blessing of the Fleet. Lunch and libations upon returning to the club.

The BLESSING OF THE FLEET is a tradition that began centuries ago in the Mediterranean.

The events that are part of this ritual vary by community and range from a simple ceremony to a multi-day festival with prayer and the breaking of bread. Our Commodore will give the blessing for our entire fleet. All boats, please attend, and let's fly our colors with pride and honor.

January dates are:

January 5th 3:00pm for our cruisers' meeting, a very important meeting to finalize our cruises.

January 6th 10:00am for the Commodore's Cruise / Blessing of the Fleet.

One of my responsibilities that falls under my flag is the SHIP'S STORE. The store will be making some changes and getting some much-needed new merchandise, so please stop by and check it out. You can purchase every day during the week through our office manager, and through the bar when we are open.

At the end of January, I will be attending the So. California Seminar for Rear Commodores at South Shore Yacht Club in Newport Beach. I hope to be coming back with some good information and new fun ideas for our club.

LET'S FLY OUR COLORS PROUDLY! SEE YOU ON THE WATER!

Linda Weisfuss

Rear Commodore





Message From First Mate Laurie Preston



Hello, Islanders and All CIYC Members from Eleanor Hovaten!

What a fabulous holiday season we have had!

First of all, I thank the many people who helped to decorate the club this year during Thanksgiving weekend: Frank and Sharon Sullivan, Susan and Ken Bauer, Marilyn Osenbaugh, Nancy Stehle, Skip Miser, Mike Greenup, Mary Ann and Keith Moore, Shelly Johnson, Fred Richardson, Cynthia Leech, Carole Naylor, Rodlyn Brown, Eleanor and Max Hovaten, Valerie Stephens, Erika Barbaric, Melinda Irvin, Bob Taylor, David Strouse, Elyse Gonnello, Vera Cline, Jerry Wood, Laurie Preston, Sherie Ireland, Joy Roy Heckenlively, Sharon Uhlig, Steve Smith, Joyce Sheridan, Jim Perry, Pam Halford, Maureen Fletcher, Alan and Alison Gabel, Rebecca Degr, Annie Landry, Carmen Olmo, Ingrid Schuh, Mario Valvo, Grant and Lincoln Johnson. I apologize for any misspellings or omissions

The Islander Tree Lighting Party/Potluck was very well attended and we had a great time! Thanks for all the good eats!

Jingle Bell Brunch was a grand success with over 90 attendees! Thanks for your support. At one point the kitchen was so busy that there was no space to move around. Vera Cline headed up a huge crew to put on that terrific meal: Joyce Sheridan, Joy Roy Heckenlively, Sherie Ireland, Karen Farrell, Mike Farrell, Bill Cline, Jack Borkowski, Keith Moore, Barbara Brauns, Carmen Olmo. We had a donation from Yvonne Farris. Mary Ann Moore arranged for our great Christmas Boutique. The vendors donated 10% of their sales to Islanders, and also a gift for the raffle. What I really want to know is, "Who drank all that champagne?"

Coming up, January 26th, Islanders Change of Watch Dinner.

As we move into 2019, I will say farewell to my post as First Mate. I will continue to help with the planning for the new floor in the service kitchen upstairs. It's been a challenging year filled with fun and hard work. So many CIYC members helped Islanders have an exciting and successful year with activities and events! Of course, that is what makes CIYC the #1 Yacht Club in the county! You, the Members!

Thank you, Eleanor Hovaten, First Mate 2018

January 2019

Laurie Preston will lead Islanders for 2019

I am honored and humbled to have this opportunity to serve as 2019's First Mate of the Islanders. We will continue to support CIYC in any way we are able to with activities, events, and club facilities. I look forward to collaborating with our very new Board: Linda Zurborg - Second Mate, Carol Berns - Recording Yeoman, Mary Anne Moore - Purser, and Arielle West -Corresponding Yeoman. Joyce Sheridan has agreed to be Food Chair, and Vera Cline Fundraiser Chair.

Thank you, all!

Laurie Preston, First Mate, 2019



Anglers' Corner - January 2019 By Frank Sullivan



Anglers' dues of \$10 for the 2019 fishing season are now due. Please send in your Anglers' dues with your regular club dues billing. Or they may be paid by notifying us and we will charge your account in the Point of Sale system. If you forgot and sent the dues in without the Anglers' dues, you can provide a SEPARATE check made out to "Channel Islands Yacht Club" and put Anglers' Dues in the memo section of the check. Mail it or bring it to the Club.

We intend this to be an exciting and fun-filled year. If you are a current member you know the drill, but for those of you who are new and may want to join in the fun, here are the details:

For only ten bucks you will be able to participate in the Club's Tournaments, be eligible for the \$50 Big Fish of the Month Award, and also eligible for the \$100 Big Fish of the Year Award.

Many months sometimes go by when no, or very few fish, are weighed in. This means that a ¼ lb. mackerel may be worth \$50, so weigh him in! An Angler can only win the monthly prize once a year, so we should have 12 different winners.

Anglers' Club funds have in the past been used for projects around the Yacht Club. We support the improvement of our fishing experience, and the White Sea Bass grow-out pens in the harbor.

As always, I am soliciting ideas from members on how to improve the services of the Anglers' Club. We hope to initiate an In-Harbor fishing tournament, in addition to the Ladies Fishing Tournament and the Men's Fishing Tournament. Please enclose a note indicating your interest or any other ideas you have to benefit the welfare of the Club.

If you wish to join this elite group, please respond by January 31st.

WSB Grow-Out Pen Update:

We currently have 10,000 White Sea Bass in the grow-out pens and they are doing nicely. They will be kept only a few months. Then a larger group will be stocked to hold later in the year.



Updates on Harbor Issues at Start of 2019

Here is the status of harbor projects and issues as the new year begins.

<u>County Fails to Provide Required Information for Fisherman's Wharf 400-Apartment Complex, Continues to Delay City's Review Process</u>

For over one year now, the County has failed to provide the information needed by the City of Oxnard to process its application for a Local Coastal Plan Amendment (LCPA). Without this information, the City cannot perform a reasonable and public review of the project. Back in October 2017 the County was directed by the Coastal Commission to obtain an LCPA from the City. After the November 2018 meeting with the City and Coastal Commission, it is hoped that the County will submit the required information any LCPA applicant must provide the City. If the County chooses not to do so, will it drop the project or continue to try and circumvent the City's jurisdiction and ignore the Coastal Commission's October 2017 directive.

Refusal to deliver the required information and to issue only threats of litigation, reinforces suspicions about the appropriateness of the County's proposed 400-apartment project.

Hotel Replacement Faces More County Delays

The public has supported the hotel replacement project since it was proposed in March 2016. But County actions have continued to hold up the building of the hotel, and it appears the project's start will be delayed for at least another year or so. Here is an overview of the major delays:

First, the County granted Channel Islands Properties LLC (CIHP), the Fisherman's Wharf apartment developer, an Exclusive Right to Negotiate (ERN) for the exact same land site as Brighton Management (the hotel developer for the proposed Hyatt Place Hotel). This ERN was used to pressure Brighton to allow space for CIHP's "undetermined development project" on the same land parcels originally approved solely for the hotel. They also did this to get the height variance needed for their anticipated apartment developer's project on the Peninsula.

Second, the approved "hotel project design" requires the City to give up land for the hotel to meet its parking requirements and allow land space in the future for CIHP to build its "undetermined development project." The City supports the hotel project but without the County's submission of an application for a "street vacation permit," the City is again unable to process their request for use of City land. If the County or developer does not apply for this permit, there will be another delay because Brighton will be forced to redesign its hotel plan in an attempt to accommodate and allow space for the apartment developer's (CIHP) "undetermined project." Parking is and will continue to be a huge issue on Peninsula Road with already over 400 apartments, hundreds of condos and a popular community park.

Third, in December, the Harbor Department found more rock revetment repair was needed than estimated by the County. This is inexcusable incompetence or a deliberate delay, as the Harbor Department has had almost 3 years to identify and resolve this issue. We are told this could be a 6-month repair job. However, before repairs can even take place, the old Casa Sirena Hotel must be removed because the repair work will be done from landside. This means Brighton would need a permit to demolish the hotel. After that the revetment repair could start. It now appears the hotel project will be delayed for at least another year or more. This again reveals how hollow the County's rhetoric is on the need for harbor revitalization. (cont'd. on next page)

(cont'd. from prior page)

Restoring and Maintaining Water Quality at the Harbor

Causes, including the shutting down of the power plant, are being scientifically investigated. Grants to subsidize the cost of restoring and maintaining water quality can be pursued once the study is completed and the causes identified. It is apparent that at this time, the option of turning the power plant pumps back on is not viable. Furthermore, NRG Energy has also pulled its 2015 application to build the Puente Power Project in the Mandalay Generating Station. This makes any cooperation from NRG more unlikely as well. The City is currently considering its legal options regarding the removal of the power plant. Perhaps a solution could also be incorporated in this endeavor. More to come after the study findings are published. In the meantime, the City has installed several aerators within the harbor to help with water circulation but this is not a long-term solution to preventing poor water quality. Global warming and climate change will also impact the harbor over time.

Whale's Tail Lease Agreement Settled

It has been nearly two years since the original announcement that Fresca II would be opening at the deteriorating Whale's Tail restaurant building. Finally, the Harbor Department has confirmed the lease terms have been agreed to. The terms will be submitted to the Board of Supervisors in January or February 2019 at the latest. The terms should be publicly available at that time. However, the Harbor Department was either unwilling or unable to identify the key factors on which their selection of Fresca II was based. This is especially important for the public to understand as to how decisions are made in selecting a lessee for a specific harbor facility or service. In the future, such factors should be made public at the time the County is requesting proposals, not after the selection has been made. All proposals should be made public.

<u>Interesting Article in the December 14-27 The Log re: Huntington Harbor as the Region's Last</u> Waterfront and Waterway to Establish a Formal Harbor Commission

The article claims that Huntington Harbor is the *last harbor* to establish a formal Harbor Commission to oversee everyday issues affecting boaters and other users of the harbor. The article, though incorrect in this fact, goes on to explain the importance of having a harbor commission. With so many ocean and environmental issues such as rising sea levels, water quality, recreational safety, general infrastructure and facilities, environmental justice, codes, etc., Orange County recognized there was a need for a commission. A commission can gather information, involve stakeholders, help analyze issues from diverse perspectives, and contribute to the development of a long-term harbor plan.

Like Orange County, Ventura County faces many of the same issues; risk assessment of rising sea levels is one of them. But County Planning has strangely excluded Channel Islands Harbor from its study of Resilient Sea Level Vulnerability Assessment. This results in duplicating efforts/costs and the Board of Supervisors relying on one Harbor Director's advice and piecemeal planning tactics. Will Channel Islands Harbor be the real last harbor to establish a Harbor Commission of elected stakeholders?

Rene Aiu, Harbor Delegate





















CIYC Awards Dinner Beefeaters Cooking Nov. 03rd





























Birthday Bash — January 04 by Connie Calo

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01 Bil.
03 Phyllis C.
06 Shelly Johns.
08 Kata.
10 Darrell Thompson,.
12 Carmen Olmo,
16 Rosemary Lippert, 1.
17 Steve Onderko, 15
19 Adele Penney, 20 Lisa k.
23 Tom Naylor, 23 Ronald C.
24 Bob Nast, 24 Mike Smit.
27 Stuart Horwitz, 27 David Harve.

Happy January Ann.
06 John Burke & Carmela Ar.
06 Derek & Meggie Hawthorn.
20 John & Wendy Parmenter,
26 Bob & Bonnie Chaney,
and 29 Gary & Joyce Johnson. 10 Darrell Thompson, 11 Marty Sasson, 12 Linda Zurborg-Perry,

January 2019

Channel Islands Yacht Club

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Bar Hours Sunday 3pm to close, Closed Mon. & Tues. except special events Wed. Thurs.& Fri. 5pm to close, Sat 4pm to close	ours m to close, es. except special nts i. 5pm to close, to close	1 New Years Day Club Closed	2 9am Un-decorate Dining Room/Bar	м	4 Happy Hours 5-7pm Birthday Bash	5 Bar open 11am 3pm cruisers meeting
6 10am Commodore's Cruise & noon Lunch- eon		8 Epicureans' Bonding meeting	9 6:30 pm Wed .Dinner	10 Islanders BOD meeting	11 Happy Hours 5-7pm (bartender) Linda Norton's retirement party	12 7pm Change of Watch Dinner beefeaters to cook
£.	14	15 6:30pm CIYC board meeting	16 6:30 pm Wed .Dinner	17 7pm Razzberry Jam Jazz Concert	18 Happy Hours 5-7pm	19 Room Rental BD Party
20 Room Rental Baby Shower	21 Martin Luther King Jr. Day	52 6pm Beefeaters bond- ing meeting	23 6:30 pm Wed .Dinner	24 CCA Board Meeting	25 Happy Hours 5-7pm Room Rental Holiday Party	26 11:30 am Power Sq. Meeting 7pm Islanders COW dinner
27	28	29	30 6:30 pm Wed .Dinner	31		

As of 12-25-18

-ebruary 2019



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Sat	2 Super Bowl Setup	9 7pm Valentines Din- ner/Social Epicureans	16 SCYA Midwinter Regatta Beefeaters Dinner	23 Room Rental BD Party ting Cruise to VYC	
Fri	Happy Hours 5-7pm Birthday Bash	8 Happy Hours 5-7pm	15 Happy Hours 5-7pm	22 Happy Hours 5-7pm 6 pm Salad Bar 7pm General meeting	
Thu		7 Islanders BOD meeting	14 Valentines' Day	24	28
Wed		6:30 pm Wed .Dinner	13 6:30 pm Wed .Dinner	20 6:30 pm Wed .Dinner	27 6:30 pm Wed ,Dinner
Tue		ъ.	12	6:30pm CIYC board meeting	56
Mon	ours m to close, es. except special nts i. 5pm to close, to close	4	E	18 Presidents' Day	25
Sun	Bar Hours Sunday 3pm to close, Closed Mon. & Tues. except special events Wed. Thurs.& Fri. 5pm to close, Sat 4pm to close	3 6pm Ships store open Super Bowl Party	10 Room Rental Baby Shower (member)	17 SCYA Midwinter Regatta Racers' trophy dinner	24 Cruise to SBYC for brunch

As of 12-25-18



Commodore's Cruise Blessing of the Fleet



Commodore



Vice Commodore



Rear Commodore



Sunday, January 6, 2019 10AM
At the Breakwater
Followed by a light lunch at the Club



Saturday, January 12, 2019 7 PM

"Change of Watch"

The time that the new Bridge & Directors are installed "Out with the old and in with the new"







Beefeaters are Cooking

New York Roast (medium rare) (Or Stuffed Portabellas on request) Raspberry & Walnut Spinach Salad Stuff your own Baked Potato Fresh Select Garden Veggies Sliced Baguettes & Butter **New York Dessert**

\$25.00

Singing DJ Paul Ritz















Tree Lighting Party by Islanders December 01st























Doc Lines

Influenza: 2017/2018

Some 80,000 Americans died from the H3N2 flu last year. This is more than three or four times as many compared to an average year. This was also the largest number since the pandemic of Spanish flu in 1918/19 when it is estimated that 500,000 Americans perished. The flu was supposed to be less virulent this year, but it seems to be more severe than expected. However, the vaccine is much better. The peak of flu season is expected in January and February. Wash your hands often and don't touch your face, eyes, and nose. Please try not to hug and smooch too much! Get vaccinated.

Being Unfit

"Being unfit should be considered as strong a risk factor as hypertension, diabetes, and smoking—if not stronger than all of them." This is in a study from the Cleveland Clinic published in JAMA. "It should be treated as a disease that has a prescription, which is called exercise." What did I tell you? Start some form of exercise and get in shape. But talk to your doctor first and start slowly.

Second Opinions

This is from the Mayo Clinic. A new study finds that 88% of people who go for a second opinion after seeing a doctor are likely to leave with a refined or new diagnosis compared with what they were first told by their primary physician. Therefore, the second opinion specialist only confirmed the original diagnosis 12% of the time. Considering how health insurance companies often limit the ability of patients to visit multiple specialists, this figure is troubling.

Motion Sickness

Now this may be of interest to our club members who get seasick. The Naval Aerospace Medical Research Laboratory found that more than half of soldiers riding in Army vehicles suffer from motion sickness. Roughly 25% of sailors get sick in "moderates seas," and 70% in "rough seas." And 50% of personnel, including paratroopers, get airsick. To combat motion sickness, troops typically take a drug called scopolamine which has side-effects.

A young inventor came up with an interesting solution. A headband attaches a small device behind one ear. The device emits subtle vibrations which target two nerve fibers that carry the data from the inner ear to the brain. The working hypothesis is that the vibration causes a chaotic and non-informative stimulus to go to the brain. Although it is not exactly clear how it works, it does prevent motion sickness without affecting balance, vision, alertness, or anything else. Not sure yet when it will appear on the market.

Your Fleet Surgeon, Zoran

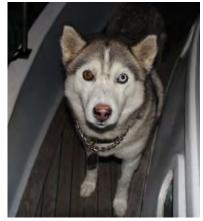
Thanks to Erika for editing.





CIH Parade of Lights
Chili and buffet
December 08













Chili and buffet December 08





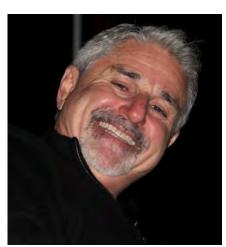








CIH Parade of Lights
Chili and buffet
December 08











Islanders Brunch
December 16th



























Channel Islands

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