Channel Islands Yacht Club
CIYC CURRENTS
Volume 64 64 Years of Service Issue 09 September 2024

HAPPY LABOR DAY

Sept. 2nd
Bar opens: 3pm
Supper Club: 5pm
Holiday Supper Club BBQ.
Lead cook Rear Commodore James Glass

Karen Eden & The Bad Apples
5-8pm

Chicken Thighs,
Hamburgers, Hot Dogs,
Potato Salad, French Fries,
Green Salad

$20.00
RSVP
reservations.ciyc@roadrunner.com

From the Quarterdeck
2024 Commodore Deborah Tyhurst

Ahoy, Shipmates!

Happy Labor Day! It's hard to believe we're on the heels of summer and ready to step into fall. For most Yacht Clubs this is the season for election of our new leadership. We have a very unusual situation this year. All 3 Bridge positions will come up for election this year. It is normal for the Commodore position to open up, but both Vice and Rear Commodore positions will also open. This is a result of 2 resignations that only had a 1-year term left, thus the Vice and Rear Commodores must be re-elected to the Board to continue up the Chairs. Our Nominating Committee, **Dan Estabrook**, **Mike Greenup**, **Ann Marie Gross**, **Kat Sotiridy** and **Sue Woolf,** gave their recommendations of qualified candidates for the 4 open positions at our August Board and General meetings. So far, the slate of candidates are **Bill Elswick, Marc Gault**, **James Glass**, and **Stacy Wolf.** The committee will continue to interview other members expressing interest to serve. At our September General Meeting nominations will be taken from the floor for additional qualified members. To qualify, you must have been a regular member of **CIYC** for at least one year before running for election. The term is for 2 years, which prepares our Directors for running the club and taking on a Commodore position. Over the next month, please spend a little time with these candidates and keep your eyes open for other qualified members willing to step up and be nominated from the floor. We should all prepare to make good decisions in the selection of our future leadership. 🙂

Our #1 Member of the Month was announced at our August General Meeting.

This member has served on various cooking crews, Open Houses, headed a catered Chinese dinner, served as a member of the Welcoming Committee, and founded the pre-dinner Harbor Cruises. YEP, **Burt Stillar**! Enjoy your special parking spot for the month of September. You deserve it**!**

Your Board of Directors is always trying to strive for clarity, and they have approved a new version of **CIYC** House Rules which have been posted on our website. Also, at the beginning of the year we sent out a survey to learn how we can make your **CIYC** experience more enjoyable. We listened and have implemented many of your requests.
We have teamed up with our food and beverage committee members and are sending out a second survey to determine how we are doing and to ask for suggestions. So please watch for it - we thank you in advance for your help.

Our most recent Open House was crazy busy and we added 19 new memberships to our family. Apparently, the word is out that, for the 8th year in a row, we have been voted the best Yacht Club in the county! Great job, **CIYC**, we are now 260 strong! **Our New Member Orientation will be September 14th**. If you joined the club this year, have not been to an orientation, or feel you need a little brush up, please join us. **Our next Open House is October 18th**. Clearly, you are our best advocates, so please invite your special friends, colleagues, neighbors, and loved ones.

August is no exception to the great strides the club has made. Thank you for all your hard work, **Vice Commodore Gault, Rear Commodore Glass, our Directors, Bar Manager Greenup, Committees, Cooks, behind the scenes Volunteers, and Staff**! The new ideas and camaraderie have been amazing! You are all so appreciated!

THANK YOU, ALL!
THAT'S A WRAP!
SEE YOU ON THE WATER OR AROUND THE CLUB, SHIPMATES!!!

From the Quarterdeck
Vice Commodore Marc Gualt

Fishing has been great! There are many reports of Tuna, Marlin, and Yellowtail in the area, so if you like action, this is the time of year to get yourself on the water.

Speaking of fishing, the **Channel Islands Billfish Tournament happens this month.** September 7tth through the 11th are the dates with pre- and post- dinners and raffles for those who have entered the tournament. If you would like to fish in the tournament, Skip Miser is the point of contact for that event.

Also, every year our RAM members participate in three very special memorial races honoring avid racers in the area. The first of these was the Forefathers' Race, and at the end of the month the Wes Golemon Memorial took place. **Coming up, the John Larson Memorial Race is on the 7th of September.** John was a member of CIYC and the race was founded and continues to be hosted by his wife, Betty Larson, and daughter, our Commodore, Deborah Tyhurst. We are proud to honor the memory of these great racers.

Our largest CIYC-sponsored race of the year, Channel Islands to Marina del Rey sailboat race, starts on the 21st of the month. We will be feeding more than one hundred racers on the Friday prior to the race and breakfast on the morning of the race. **If you can help with dinner or breakfast, please contact Jane Thomas or Marc Gault.** We need the assistance desperately! Rams, this is where you earn your keep - it is part of your commitment to the club to support volunteer efforts for major race events. So….step up!

Jane Thomas, thank you for all your efforts to make our water activities and competitions successful events!

We also give sincere thanks to Burt Stillar, founder of the "Dinner Cruise," for reorganizing and starting up this fun pre-dinner event again.

The Welcoming Committee has been a fantastic addition to our club this year, and I thank all the individuals involved for their ideas, positive attitudes, and dedication in making the experience a good one for everyone. I look forward to the Bocce Ball event coming soon. Thank you, Rene, for chairing that committee.

George Hornberger is chairing the Parade of Lights committee and is looking for people to help with this annual fun event, coming in December. This year's theme is "***Western: Sleighs and Spurs, a Rockin' Rodeo Parade of Lights.***"
Contact George or me to sign up.

CALENDAR AND EVENT CHANGE

Tom and Leslie Webb's annual Dinghy Party scheduled for the 20th, **unfortunately, had to be cancelled as a 'club-sponsored event'.**

Off-site events are going to be reined in as we move forward. Liability issues have become too heavy to continue as we have in the past. So, looking at future activities, we as an organization need to confine our events to the premises of the club and to racing activities. Our insurance, liquor license, and the city of Oxnard have permitted our club to operate in that arena, and when we step outside that envelope, we are risking our coverage from all three entities listed above. If you are organizing an activity that is club-sponsored or club-advertised, and that event is off premises, please contact the Bridge to discuss.

THERE IS A SEPTEMBER DINGHY PARTY AT THE CLUB! September 15th at 1 pm!

Marc Gault, Vice Commodore 2024

From the Quarterdeck
Rear Commodore James Glass

Greetings to all,

August has been a great month! Our Wednesday night dinners have been amazing from Katrina Glass's Tamale dinner, to Judy Kay & Marsha Anderson's Hawaiian dinner, to Evelina Arglen's Milanese dinner, and Kat Sotiridy and Sherry Nolan's Picnic dinner. Wednesday dinners have been paired with Staff Commodore Bob Taylor's FREE Line Dancing lessons every other week, and these dinners have been PACKED!

A special thanks to all of our Friday night cooks, although we had our last TGIF Fish Fry for the year on Aug 8th. Keep an eye on the calendar for more amazing meals and events, including Lite Bites, Birthday & Anniversary Bashes, and Brass Band Potlucks.

Saturday night dinners have been dynamite! Phil MacPhail and the Beefeaters put on an amazing evening for us, with an education on rye whiskey from Whistle Pig, entertainment from Phil's daughter Madeline, and, of course, a great meal. Our Jr. Staff Commodore Lisa Marie Medlen treated us to a taste of Greece, utilizing her most-loved recipes from her recent trip. Eleanor Hovaten's Candlelight Epicurean dinner created a wonderful ambiance for us to enjoy her fantastic meal.

Don't miss out on our end-of-summer BBQ prepared by the Holiday Supper Club on Labor Day, September 2nd, with music from Karen Eden and the Bad Apples.

Please continue to make your reservations as early as possible. It is very hard for our lead cooks to plan, shop, and cook for these dinners if they don't know how many members will be attending.

We have had quite a bit of maintenance completed over the past month: starting with our carpets being cleaned by member Chad Gallego, downstairs patio being pressure washed, a new pump installed in the downstairs ice machine, coils cleaned in the kitchen refrigerator, and having our upstairs windows cleaned inside and out.

A huge THANK YOU to all of you who came out to help House Captain George Hornberger with our recent Ship Shape and all of the maintenance performed around the clubhouse.

Have a great September, and I look forward to seeing you all at CIYC!

James Glass, Rear Commodore 2024
James Glass (805) 712-9730.

Anglers' Corner

By Frank Sullivan

WSB Grow-out Pen Update :

We are starting to prepare for our next delivery of juvenile White Seabass, which is now projected to be the last week of September or the 1st week of October. We have replaced our bird deterrent flags on the top of the pen enclosure.

Thank you to all the folks who came out to help with that project!

We intend to have a facility workday on Sunday, September 15th, at 9 am.
We will need help with pressure washing the containment nets while cleaning and repairing the facility and our spare nets.

Our commercial diver will spend the 1st week of September removing the accumulated mussels and other growth from the perimeter predator net and making any needed repairs.

Big Fish of the Month:

WINNERS

Bonnie Chaney won 1st Place with a 13.5 inch Yellowfin Croaker

Dan Estabrook came in 2nd place with an 11 inch Jack Smelt

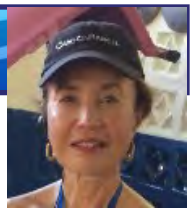
13 1/2 inch Yellowfin Croaker

11 inch Jack Smelt

Upcoming events:

September 6th	Channel Islands Billfish Tourney Kickoff Dinner
September 7th to 11th	Channel Islands Billfish Tournament
September 13th	Channel Islands Billfish Tourney Awards Dinner at PCYC
November 9th	Anglers' Awards Dinner

HARBOR WATCH *Rene Aiu, Harbor Delegate*



Updates on Harbor Development and Renovations

Karls at Fisherman's Wharf: After Karls' July review of the existing buildings, it was determined reuse of as many buildings as they had hoped was not feasible due to their condition. Karls is now in the process of making some modifications to their plan and reviewing them to ensure they meet all requirements. The uses and square footage of the proposed project will not be affected.

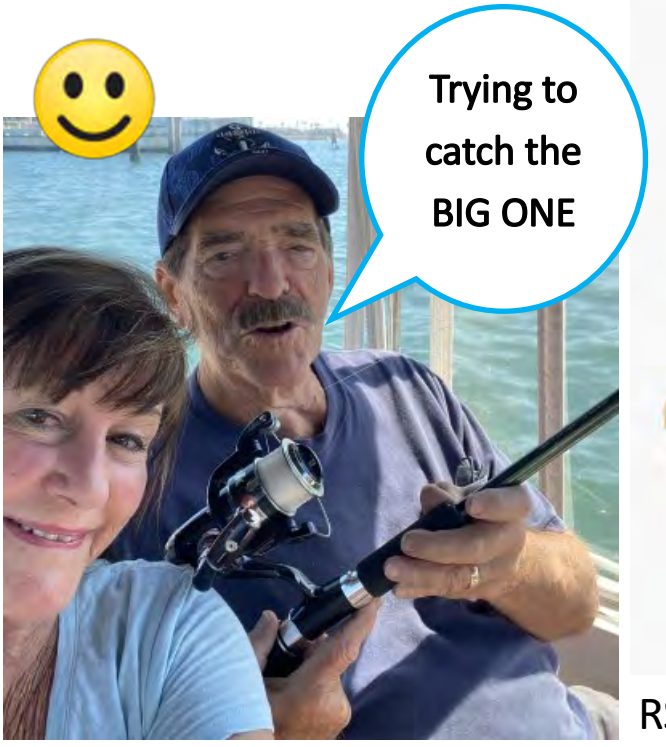
Planned Kids Park Next to the Marina Emporium: The Harbor Department has been working with the South Central Coastal Commission staff to resolve any issues with the park's plan and design before submitting them to the Coastal Commission. The Harbor Director is hoping to obtain a permit for the park from the Commission in the next two months. He expects construction of the park to take around six months after they obtain approval from the Commission.

Hyatt Place Hotel: The Harbor Department expects earthwork to start before the end of the year. The Harbor Director had a meeting with them on Wednesday, August 21st to discuss their plans and schedule. The community has been patiently waiting for the hotel to start construction and hope to see it move forward before the end of this year.

Harbor Boulevard Parking Lots: The Harbor Department received 3 bids for the renewal of these parking lots. They are currently reviewing the bids and expect the renewal work to start early next year.

Marina Emporium: Suntex, the new leaseholder, is in the early stage of assessing the facilities and reviewing what Steve Bruenger, the previous leaseholder, had planned. The Harbor Department is negotiating terms with them based upon how much they are willing to invest in the area.

Rene Aiu, Harbor Delegate



RSVP: reservations.ciyc@roadrunner.com

Channel Islanders First Mate Eveline Paullin

Hi, Everyone,

The Islanders just enjoyed a lovely luncheon with excellent food prepared by Evelina Arglen and her crew. Linda Weisfuss gave a wonderful presentation on how to make great flower arrangements.

Thank you to Evelina and her crew and to Linda!

We have our annual event at the Polo Games coming up.
It will be on Sunday, October 6th,
at a cost of $60.00 per person.

This includes a luxury bus to the Polo Games and a private tent with bartender and waitstaff for the games. Please join us - it's a fun day, and a great reason to dress up and put on a fancy hat.

Please make your reservation with Carole Naylor at:

Carolenaylor501@gmail.com.

Note: Full payment - cash or check

(made out to Channel Islanders) is required at registration.

On September 21st
at 11:00 am,
bring a hat to decorate.
We will also have hats to decorate available.

Homo Sapiens' Dietary Evolution - Are We Carnivores?

Lucy is dated to 3.5 million years ago. We didn't descend from Lucy but we did have a common ancestor. At that time dense African jungles receded and large grassy plains started to develop. That brought an abundance of large grass-fed animals and their predators. Lucy was rather awkward, still able to climb trees, but was bipedal, able to walk the veld upright.

A very recent discovery is that in that timeframe the first large animal bones with unmistakable stone-cut markings and fragmentation were found. This leads to the inevitable conclusion that Lucy, or perhaps our yet undiscovered ancestors from the lineage we both evolved from, had access to meat and bone marrow. Of course, Lucy and her kin could not bring down a large animal. They could only approach it after predators had finished with the carcass. But the interesting thing about bone marrow is that it's so well protected that it doesn't begin to spoil or rot for weeks or months.

It was a huge advantage to have access to high-density fatty meals. This was the primary driver in developing a larger brain. A puzzling thing about the bone markings is the development of a shaped stone with a cutting edge. This would have been a very sophisticated tool for Lucy. One would have to figure out what kind of stone, how to hold it to chip off fragments, how not to smash a finger, etc.

It is very likely that bones were shattered even earlier in hominids' evolution by crushing the bone with a handheld intact stone. Some suggest that our hands developed because we held a stone to shatter bones with. Ever wondered who was the first to crack a bone and introduce all of us to saturated fat?

In the homo lineage most humanoids were meat eaters. This was confirmed with nitrogen radioisotopes which are so specific as to even identify the animal species the individual ate.

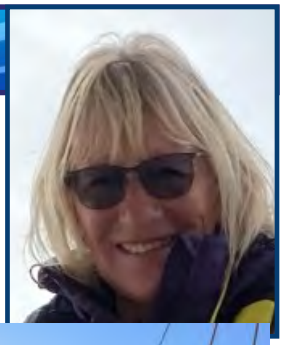
The most successful was Homo Erectus. They inhabited the planet for one million years, discovered how to make fire, and were exceptional hunters. They ate mostly animal food, occasional tubers in bad times, and seasonal berries.

Besides developing bigger brains, versatile hands, upright stance, and bipedalism, the homo lineage had a major advantage in the shoulder joint. This allowed for throwing spears and other hunting tools. They could hunt big game. Learning how to start a fire was another crucial advance. Cooked meat facilitated further brain development. They also broke bones with sharpened stone tools to get to the bone marrow.

Our version, Homo sapiens, has been around for only the last 315,000 years. And we were great hunters. So good that we hunted to *extinction a number of large species*.

Read the rest of the story at: https://wiseoldpelican.substack.com/p/homo-sapiens-dietary-evolution-are

CIYC RACING REPORT By Cap'n Jane Thomas



CIYC CURRENTS September 2024: Racing Report

Recent Racing – Unfortunately, VYC's long-standing Ventura Cup Regatta (August 3 & 4) was shortened to one day and eventually canceled due to insufficient entries. With the modern asymmetrical spinnakers, it seems that interest in regatta racing (upwind/downwind) has significantly diminished. Yet, PBYC's Tri-Point Race, August 10, a random leg course and final race in a 3-race island series, drew a good variety and number of boats; 14 boats competed across 4 classes. CIYC's VELERO (Islander 29, Brent Swanson) earned 3rd for this race and 1st for the series in the Nonspinnaker Class.

On Saturday, August 17, CIYC hosted the Forefathers' Races in honor of CIYC racers Bob Cooke and Staff Commodore Neil Underwood.

Dan and Gareth with Jane Thomas and the Bob Cooke Perpetual Trophy

Three-time Bob Cooke Double Handed Race winners CIYC members Dan Maxwell and Gareth Jones on JEDI, a J/24

For the 3rd year in a row, CIYC's Dan Maxwell and Gareth Jones took 1st place in the Bob Cooke Double-Handed race on their J/24 JEDI.

MADDOG, also a J/24, took 2nd with CIYC's Bill Brayton and Chuck Grethel. In the Neil Underwood race SHE SAID NO 2 (Ultimate 20, VSC, Ron Dietel) took 1st place, and CHARM (Catalina 320, FYC/AYC, Tom Colp) took 2nd.

First place winners in the Neil Underwood Race - VSC's SHE SAID NO 2 Skipper Ron Dietel (left) and crew Bob Martinez (right) with CIYC PRO Jane Thomas (center)

MADDOG, another J/24, with Chuck Grethel and Bill Brayton took 2nd place in the Bob Cooke Double Handed Race

Four boats entered each race, including Brent Swanson, grandson of Bob Cooke, on Bob's boat VELERO, and Janeel, daughter of Neil Underwood, on FYC's ANGELSEA. Additional CIYC boats were SQUARED AWAY (Beneteau 473, Jimmie Jewell) and SAVE FERRIS (Beneteau 323, Dawn Buehler).

Credit for the awards photos goes to Dawn Buehler.

FYC CHARM's Skipper Tom Colp (AYC) and crew won 2nd place in the Neil Underwood race

See Upcoming Races next page

Upcoming Races:

CIYC Race Committee will be busy hosting 2 races in September!
Contact Jane Thomas if you are available to help!

Saturday, September 7 ***CIYC's John Larson Memorial Race***
Saturday, September 14 PCYC's VCORC
Saturday, September 21 ***CIYC/DRYC Channel Islands to Marina del Rey Race***
Wednesday, September 25 AYC's Last Wet Wednesday (until April 9, 2025)
Sunday, September 29 PCYC TGIS #1 of 3

Happy Sailing!

Cap'n Jane
sunglade@prodigy.net

CHARM after crossing the start line in the Neil Underwood Race
Photo by Jane Thomas from Race Committee boat

LEARN TO

Bob Taylor will teach you the basics!

WEDNESDAY, SEPT. 4th, 5 PM

Followed by the Wed Night Dinner at 6:30
RSVP

reservations.ciyc@roadrunner.com

thomaswarden@att.net
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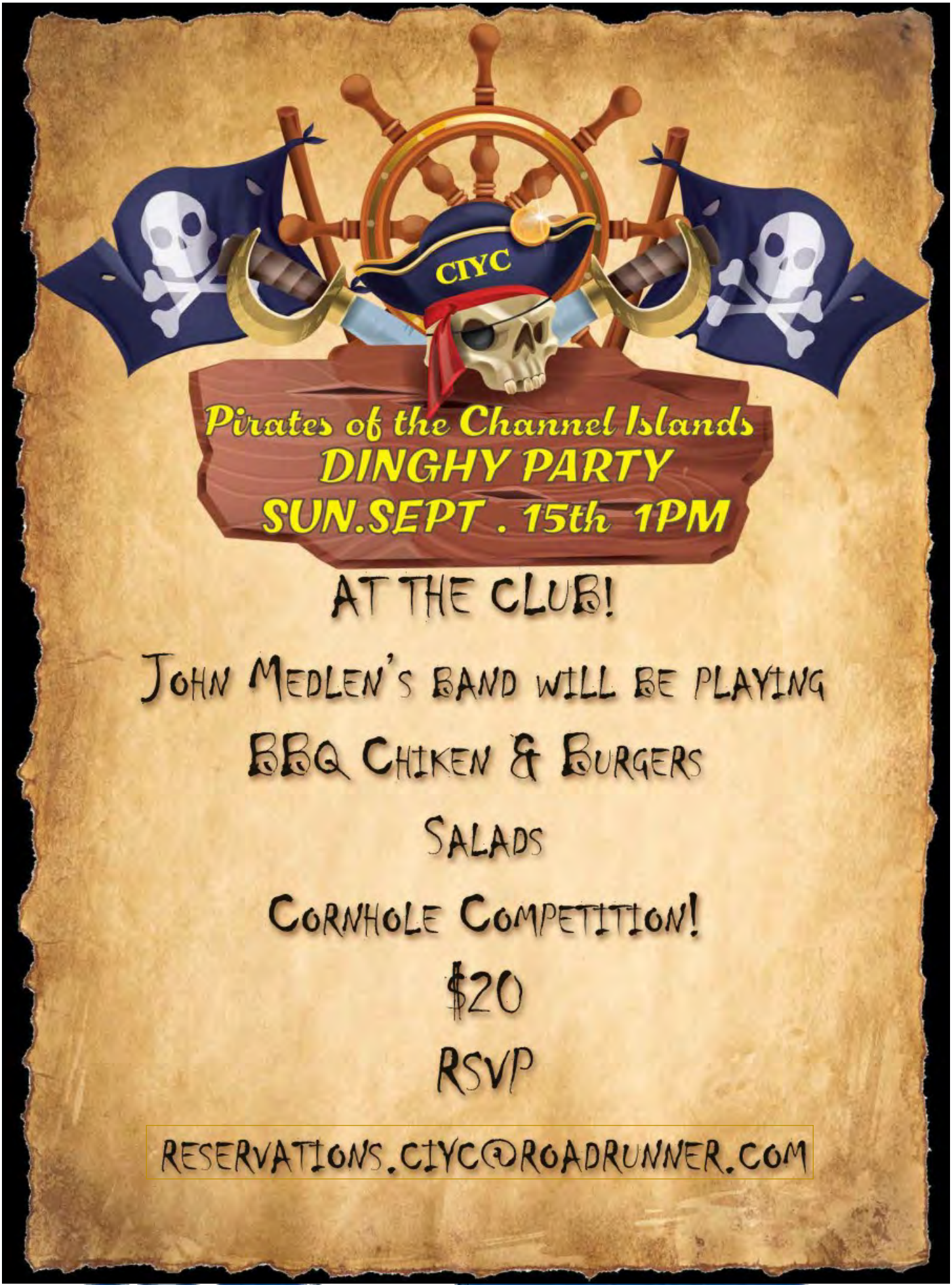
Line Dancing at 5pm!
Dana's amazing Dinner after!


CIYC
Pirates of the Channel Islands
DINGHY PARTY
SUN.SEPT . 15th 1PM
AT THE CLUB!
JOHN MEDLEN'S BAND WILL BE PLAYING
BBQ CHIKEN & BURGERS
SALADS
CORNHOLE COMPETITION!
$20
RSVP
RESERVATIONS.CIYC@ROADRUNNER.COM

NEW MEMBER ORIENTATION

Saturday, Sept 14th at 10 am

New member orientation and free lite brunch for members who joined CIYC in 2024.

We will cover; how to sign up for a dinner and other events, Anglers events and tournaments, Cruising and Electric boat events, as well as how ClubRunner and the Four Up Point of Sale Systems work.

As you know we are defined as a "Self Help Club". We employ 3 bartenders, a bookkeeper, and a cleanup service. That leaves the planning and execution of all our activities and events up to the membership.

Save Saturday, September 14th at 10 am for an orientation and a free Lite Brunch. We will show you all of the ways you might volunteer your help. There will be members of Anglers, Beefeaters, Islanders, and Epicureans to explain their activities. We will discuss Wednesday Night Dinners.

We will cover how to plan a meal, where the best places to shop are, the standard operating procedures for the upstairs and downstairs kitchens, and the responsibilities and perks of the cook and crew.

Please RSVP
membership.ciyc@roadrunner.com

Frank Sullivan
Membership Chair
805-205-4073

WEDNESDAY, SEPTEMBER 18th, 6:30 PM

Rene Aiu & Gabrielle L Doux
invite you to a dinner catered by

THE MASALA TWIST
FINE INDIAN CUSINE

Chicken Coconut Curry
(boneless pieces of chicken in special gravy and coconut milk)
Mixed Vegetables Marsala
(assorted vegetables in tomato sauce and spices)
Basmati Rice
Naan Bread
(Garlic and Plain)
Yogurt Sauce

$20

RSVP

reservations.ciyc@roadrunner.com

CIYC Channel Islands Yacht Club

September 2024

WATCH YOUR EMAIL FOR UPDATES AND RSVP EARLY!

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 1pm Funday in the Bar **Cruise**	2 Labor Day 5pm Supper Club	3	4 6:30pm Wed Dinner Chef: Dana Capra Under the Tuscan Sun	5 DJ Trivia Bar food	6 Happy Hours 5-7 pm Billfish Tourney kickoff dinner	7 John Larson Memorial Race Room Rental 12 pm **CIBT**
8 1pm Funday in the Bar **CI Billfish Tourney**	9 5pm Bar open for Monday Night Football potluck	10	11 6:30pm Wed dinner	12 6:00pm CIWSA DJ Trivia Bar food	13 Happy Hours 5-7 pm Birthday Bash potluck Ventura British Brass &Potluck	14 10 am New Member Orientation Brunch No Dinner
15 9 am. WSB Pen Workday 1 pm Dinghy Party	16 5pm Finance meeting 5pm Bar open for Monday Night	17	18 5pm Islanders BOD mtg 6:30pm Wed Dinner Catered Masala Twist	19 DJ Trivia Bar food	20 Happy Hours 5-7 pm Lite Bites 6:30 MDR Racers dinner	21 Start CI 2 MDR Race 11am Islanders hat decoration 7pm Epicureans Dinner
22 1pm Funday in the Bar	23 Fall equinox 5pm Bar open for Monday Night Football potluck	24 6:00 pm CIYC BOD	25 6:30pm Wed dinner Law Dogs	26 DJ Trivia Bar food	27 Happy Hours 5-7 pm Lite Bites 7pm General meeting –Election of BoD	28 BEEFEATERS
29 1pm Funday in the Bar	30 5pm Bar open for Monday Night Football potluck					

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WED. SEPT. 4th,
5 PM

Followed by the
Wed Night Dinner
RSVP

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SEE PAGE 12 FLYER!

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FRIDAY
Sep 13th
Happy Hours 5 -7PM
6:30 Potluck
Birthday Bash &
British Brass Concert

BRING A DISH TO SHARE

HAPPY SEPT BIRTHDAYS!

Walls, John	1-Sep	Vettese, Captain Rox	15-Sep
McKenzie, Alan	3-Sep	Howden, Ash	16-Sep
Sulflow, Cody	3-Sep	Medlen, John	16-Sep
Gross, Ann Marie	4-Sep	Everts, Frank	19-Sep
Berger, Shelly	5-Sep	Matsumoto, Tosh	19-Sep
Kalian, Dave	6-Sep	Witkowski, Bob	19-Sep
Smith, Tim	6-Sep	Rehak, Leslie	22-Sep
Biederman, Jackie	8-Sep	Zendejas, Johnny	23-Sep
Magee, Pat	9-Sep	Watt, Judy	24-Sep
Tassara-Lobos, Nene	9-Sep	Rutz, Susan	25-Sep
Black, Mary	10-Sep	Marin, Javier	27-Sep
Matthews, Ginny	10-Sep	Womack, Tom	27-Sep
Cline, Vera	12-Sep	Garrolini, Karen	28-Sep
Jones, Rikki	12-Sep	McFarland, Syd	28-Sep
Stok, Heidi	12-Sep	Burke, John	29-Sep
Bech, Vidar	12-Sep	Gault, Eileen	29-Sep
Saxton, Karol	14-Sep	Keystone, Robert	29-Sep
Sparks Smith, Jennifer	14-Sep	Anderson, Marsha	30-Sep

HAPPY SEPT ANNIVERSARIES!

Brian & Cinda Scott Sep 01
Ronald & Linda Qualls Sep 03
Tosh Matsumoto & Elyse Gonnello Sep 09
Phil & Sue Woolf Sep 10
Bob & Kris Byron Sep 12
Chad & Patty Gallego Sep 13
Richard & Susan Pearsall Sep 15
Jim & Linda Perry Sep 16
Mitch & Michele Loman Sep 21
Gary Solt & Andi Light Sep 22
Shelly & Nancy Berger Sep 25
Bobby & Lee Orgel Sep 25
Mike & Gail DeSart Sep 28
David & Shareen Flamer Sep 28

CIYC

VC Reporter
NEWS CULTURE ARTS & OPINION

Thank You!

2024

8 YEARS IN A ROW!

Best Yacht Club in Ventura County

Your Bridge and Board continue to endeavor to control costs so that our members can enjoy the benefits of Club membership at a reasonable cost. January 1, 2024, a 3.5% service charge was added to all payments made via credit card. Visa has reduced their charge to 3%, so even though MC is still 4%, we reduced what we charge our patrons to flat 3% to coincide with Visa.
Please consider making Club payments via check or ACH transaction to avoid this charge.
Thank you for your help in keeping our Club's operations efficient.

Volume 64—No. 09

Currents is published monthly by the
Channel Islands Yacht Club
4100 Harbor Blvd., Oxnard, CA 93035.

CURRENTS SUBMISSIONS

E-mail submissions and photos to
currents.ciyc@roadrunner.com
Please email images or post on Facebook!

DEADLINE NOTICE:
Articles must be received by the 15th of the month preceding the next publication month.

Next deadline *SEPTEMBER 20*, 2024

for the OCTOBER 2024 Issue.

Currents Editor Debbie Mitchell
(310) 804-2382
debbiem@companyv.com

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currents.ciyc@roadrunner.com

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(805) 205-4073
Erika Barbaric
Marsha Anderson

We honor Judy Fraser as we proofread every issue.

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If you submit photos please make sure they are high resolution of at least 150 dpi or above.

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