

Channel Islands Yacht Club



CIYC

Volume 64

64 Years of Service

CURRENTS

Issue 12

DECEMBER 2024



In the final race of the 2 Harbors Fall Series the lead boats, RIVAL and CIRRUSS, are on the downwind leg on a port tack while AKUA KAI, BANDALOOOP, WAILANI, and WAHOO are still fetching the weather mark on a starboard tack.

See Race Report: Pages 10 & 11

From the Quarterdeck

2024 Commodore Deborah Tyhurst



Ahoy, Shipmates!

I hope your Thanksgiving was filled with laughter, fun, and the beginning of new memories with family and friends. Thank you to all who donated turkeys and hams. Big thanks as well to the cooking crew, led by **Marc Gault**, who prepared our annual Thanksgiving potluck.

Our Awards Dinner was a huge success with a wonderful meal led by Epicurean **Evelina Arglen** and her amazing crew. Our members were recognized for their outstanding contributions which made CIYC run smoothly for the past year. Special kudos to **Sue Woolf**, our Lifetime Achievement recipient, **Dan Estabrook** for the Dolphin Award, and **Michelle Chaffee & Augie Ponce de Leon** for Most Active New Member. Please see Jane Thomas' report for on the water awards. Our usual unsung heroes, **Sharon Sullivan** and **Linda Greenup**, were recognized for their unwavering contributions in making the club beautiful for every single event.

Before I step down, we again have two recipients for #1 Member of the Month, so one of them will take my parking spot in December. Combined, they've helped in numerous ways on over 80 Opening Days. Both Lifetime Members, they've been First Mates and Directors multiple times and one is a Staff Commodore. Both have decorated and cooked at the club on many occasions. One has been our Cruising Chair and served for decades maintaining our Roster. The other has spent decades doing Dinghy Parties and TGIF. This is just the tip of the iceberg as they continue to give to the club. I'm sure you've all guessed: **Carole Naylor** and **Joyce Sheridan**...Congratulations!



The day after Thanksgiving our CIYC elves began turning our club into a Winter Wonderland, setting the stage for our Tree Lighting Ceremony, Caroling, Jingle Bell Brunch, Parade of Lights and our Holiday Dinner Social. Watch your emails for dates! Then we'll ring in the New Year with our James Bond 007 Dinner and Dance Celebration. Such a great holiday schedule!

In the blink of an eye my Commodore-ship is ending. It's a bitter-sweet moment as I write my last article. I couldn't have done this without the help and support of **ALL OF YOU** and our amazing board, bridge & various advisors, **Rene Aiu, Bill Elswick, Dan Estabrook, Marc Gault, James Glass, Anne Marie Gross, George Hornberger, Gabe Soumakian, David Flamer, Andi Light, Frank Sullivan, Mike Greenup, Sue Woolf** and **Tom Warden**. With the hard work of these people, our **Capital Fund** is healthy. Our **Total Assets** have increased by **29%**. Our **Membership** has increased by **14%** bringing us new talent and revenue. We've opened a **Memorial Fund**, whereby members may remember CIYC in their estate planning. We've made a huge dent in our **Merchant Fee** burden, have a signed a new **20 year Lease** and set up **Regular Financial Reporting** on our events for statistical analysis. We've updated our **Electrical**, added **TVs, 2 New Ovens, Cameras** and updated our **Office Equipment**. We rewrote our **House Rules**, realigned our **Memorial Procedures** and reorganized our **Club Rental Division**. We have a greater **Social Media** presence and an amazing **Welcoming Committee** to help integrate our newer and older members. Peace and prosperity thrives at **Trivia**. We brought back **DAV**, the **Hatcher Trophy, Bocci Ball** and the **Whale Watch**. We introduced **Dinner Cruises, Family Feud, Corn Hole, a Sports Bar** and **#1 Member of the Month** award. **Jane Thomas**, as usual has made great strides in our on the water presence. And was selected for the prestigious SCYA "Peggy Slater" Award. We have increased visibility and involvement with SCYA and have added to our reciprocal list, including Annapolis Yacht Club. Most importantly, we have **harmony, lots of smiles, camaraderie** and very little drama! My heart is full and I have utmost confidence in the 2025 Board and Bridge. I know they will continue to steer us on a path of success.

Finally, I would like to thank my dear husband Rick for all of his support and allowing me the opportunity to focus on the honorable position of Commodore of CIYC. I love You!

THAT'S A WRAP!
SEE YOU ON THE WATER OR
AROUND THE CLUB, SHIPMATES!!!



SEE FLYER : PAGE 17

Deborah Tyhurst, CIYC Commodore 2024

From the Quarterdeck

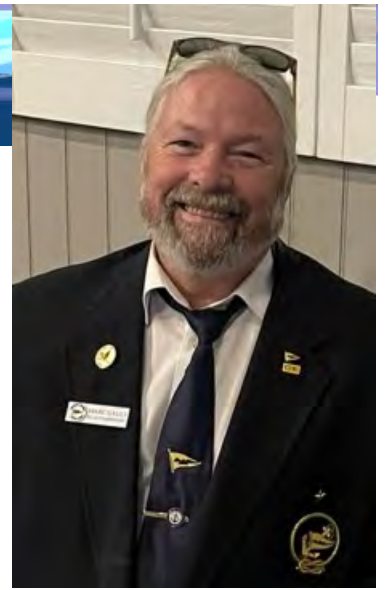
Vice Commodore Marc Gault



First, much gratitude and appreciation for electing me as your Commodore for 2025. It is my goal to keep our club viable, profitable, and secure for the next generation of boaters. The direction of the last year is our template for next year. We will continue to present our membership with the best experience possible, within the parameters of our financial condition and bylaws. If you are interested in participating with committee work or volunteerism, please reach out to the Bridge and Board. We need fresh insight and a reprieve for the 10% of membership who have carried the heavy load for the past few years. Invest in our club with your energy and efforts to make it the best experience for all.

This year has passed us so quickly, it is hard to recall all the events and fun we had. As usual for the activities on the water, we have to thank Jane Thomas, Frank Sullivan, Skip Miser, Garry Kraft, Mike De Sart, and Frank and Gayle Laza for their efforts. They brought Racing, Fish Rearing, Cruising, Fishing, and Electric Boat fun as mainstays for our club. Their efforts are what truly make our club the funnest Yacht Club in Ventura County eight years in a row.

This past year, as CFO, and in constant debt to our financial team of volunteers and our Commodore, our club has been able to perform very well. As we move into next year, we will prioritize our budget to include more upgrades to our kitchens as well as securing funding for the re-paving of our parking lot and a re-roof of our building. I thank David Flamer, Sue Woolf, Linda McCully, and Mike Farrell for their excellent effort and expertise. Their input, advice, and hard work have placed us in a very secure position for 2025.



Also, many thanks and recognition to Michele Loman and Petronela Harris for rebuilding the Ships Store. We have an accurate accounting and inventory for all of our items and I encourage all our membership to check out what they have to offer. The clothing is attractive and also provides great advertisement for our club. **Stop by the Ship Store Saturday Dec 7th, before the Tree Lighting!**

Also, the addition of our Welcoming Committee, chaired by Rene Aiu, has really made this year fun and interesting.

Keep up the great work, everybody!

Saturday January 4th 7pm
the Beefeaters
CIYC CHANGE OF WATCH DINNER

WATCH YOUR EMAIL FOR UPDATES AND RSVP EARLY!

From the Quarterdeck

Rear Commodore James Glass ★

As my year as Rear Commodore comes to a close, I find myself reflecting on the many accomplishments, events, and moments that have made 2024 a year to remember for the club. It has been a year of collaboration, dedication, and enthusiasm from so many members, and I'm proud of what we've achieved together.

I extend my deepest gratitude to all those who contributed to making this year a success. Under the leadership of Commodore **Deborah Tyhurst** and the **Board of Directors**, our club has flourished. Their guidance, vision, and support have been invaluable.

A special thank you goes out to our committee chairs, whose hard work helped make this year amazing: **Linda Weisfuss**, with her leadership of the Food and Beverage Committee and Interior Management. **George Hornberger & Eileen Gault**, our House Captains, ensured our facilities were always in tip-top shape, while **Linda Greenup & Sharon Sullivan** worked tirelessly decorating our dining room, organizing our linens, and leading the table-setting crew for all our events and dinners. **Joyce Sheridan's** coordination of TGIF fish fry always brought our members together for a night of fun & great food. **Dodie Duffy** always made our monthly Birthday Bash exciting, and **Diane Sabol** gave us great Friday Night Lite Bites, a night that so many members enjoyed.

We're also incredibly fortunate to have a team of talented cooks who generously give their time and skills to lead our cooking groups. **Phil MacPhail and the Beefeaters** served up amazing beef meals all year, while **Pat Campea and Crème** delighted us with elegant upscale dishes. **Eleanor Hovatan, Evelina Arglen, Kat Sotiridy, and the Epicureans** shared their culinary talents with meals that elevated our dining experience. And let's not forget the many members who stepped up to help cook and serve at our Wednesday and Saturday meals—your contributions were invaluable.

Speaking of our meals, this month we only had two Wednesday dinners, both led by **Linda Weisfuss**. The first was an all-you-can-eat soup night, followed by a delicious Hawaiian pineapple chicken dinner with entertainment by **Zoran Barbaric** with his captivating classical guitar recital.

As for our Saturday night dinners, **Phil MacPhail and the Beefeaters** kicked things off with a stunning Beef Wellington dinner. **Frank Sullivan and the Anglers** hosted a fantastic Lobster Dinner for the Anglers Awards and Seabass Fundraiser. And our final Saturday dinner was especially memorable: the CIYC Annual Awards Presentation. This dinner honored our members who gave so much this year to make our club the welcoming and vibrant place that it is. **Evelina Arglen and the Epicureans** prepared a magnificent Chateaubriand to mark the occasion.

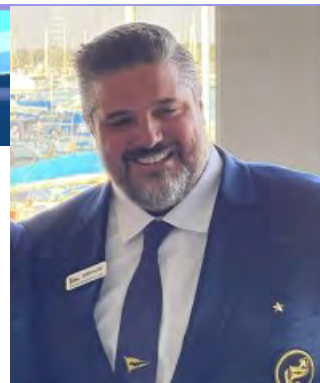
As we look ahead to the New Year, don't forget to sign up early for our New Year's Eve Celebration! **Pat Campea & Lisa Medlen** have put together a spectacular menu, and we're excited to enjoy entertainment from Mac D & Andy. It's sure to be a memorable evening to ring in 2025.

On the infrastructure front, our new oven has been installed, and I sincerely thank the Islanders and Anglers again for their donations. Additionally, we wrapped up our final Ship Shape event for the year, led by **Claire O'Farrell**. Thank you, Claire, and all the members who came out to help clean and prepare the club for the holidays. Your hard work and commitment to our club are deeply appreciated.

As I near the end of my term, I am so proud of what we've accomplished together. I'm grateful for the opportunity to serve as Rear Commodore and for the support of all our members. It has been a true pleasure to work alongside so many talented, dedicated, and passionate individuals, and I look forward to next year - doing it all again as your Vice Commodore.

Thank you all for making 2024 an unforgettable year for CIYC!

James Glass Rear Commodore 2024





Anglers' Corner

By Frank Sullivan



White Seabass Grow-out Pen Report:

On Monday, October 28th, and Wednesday, October 30, 2024, we took delivery of 10,000 juvenile White Seabass from Hubbs Sea World Hatchery in Carlsbad. This year we are doing something different. The deliveries were in two batches of 5,000 fish each, and the separate deliveries were put into separate pens. Since each fish is tagged with a wire tag in its cheek, we will be able to tell which batch came from which pen. At the end of the grow-out period, we will release fish from one pen into the harbor as we have in the past. Those in the second pen will be transported offshore for release. This is a research project to see the effects of the different release methods over time, and whether handling the fish through transport offshore will injure the fish.



November 9th Anglers' Awards Dinner & Fundraiser

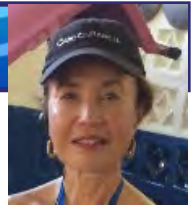
Trophies;

Mike DeSart Big Fish BFT,
Men's Tournament Don Matsumoto,
Ladies Tournament Eileen Gault,
Sportsman of the Year Janie Brockman.

The Fundraiser was a huge success
with
a sellout crowd of over 100 !

Photos on page 14





Looking Forward to Progress on Harbor Development Projects in 2025

The harbor community is looking forward to seeing active progress on several of the Harbor's development projects. 2024 has been a year of change in management of harbor businesses, slogging through required permit and approval processes, and tests of patience waiting for development projects to get underway.

During 2024, the following was achieved by the Harbor Department:

- A lease option agreement was approved by the County Supervisors 5-0 for Karls at Fisherman's Wharf.
- Kiddie Beach Parking area and bathrooms were renovated and made safer for public use.
- Anacapa Isle Marina dock improvement project was completed.
- A new experienced and well-funded marina investor and operator, Suntex, acquired the Almar marina operations and the Marina Emporium complex leasehold.
- Improved lineup of Harbor Events that bring more people to the harbor.

These achievements will ensure Channel Islands Harbor will continue to thrive.

As of the writing of this article, the community continues to wait to see progress and work get underway on the following projects:

- Hyatt Place Hotel to break ground and start construction at the end of Peninsula Road;
- Previously Almar-operated marinas and docks to be rebuilt by new operator Suntex;
- Harbor Boulevard public parking lots to be repaired and resurfaced by the Harbor Department;
- Planned Kids Park to be built at the West Channel Park area next to the Marina Emporium complex;
- Replacement of the surge wall and retaining wall at Kiddie Beach;
- Issuance of a new Request for Proposal (RFP) for the old Whale's Tail building;
- Ventura County updated reports on Local Coastal Plan Amendments for Sea Level Rise Mitigations and Beach Deck Compliance;
- Final Lease Agreement for Karls at Fisherman's Wharf.



We are also looking forward to a successful 5th Annual Harbor Food & Toy Drive on December 7th from 10am – 4pm. We have a matching fund of \$13,000 for donations to FoodShare!

Click below to donate online!

Donations to <https://FOODSHARE.com/Harbor> are matched up to \$13,000!

FOOD & TOY DRIVE

HARBOR BLVD. DRIVE THRU-DROP OFF

SAT. DEC. 7 10 A.M.- 4 P.M.





Alzheimer's Disease - Does a Ketogenic Diet Help?

Alzheimer's disease (AD) is characterized by a deposition of abnormal proteins in the aging brain. AD is one of the top 10 leading causes of death in the United States. It affects 7 million Americans and is projected to reach 13 million by 2050. Some 45 million currently living Americans are projected to die from AD sometime in the future.

The average AD patient will spend (or cost the government), on average, \$350,000 in dealing with the disease. If something is not done it is projected to bankrupt Medicare. (So will diabetes, by the way).

There are four phases in developing dementia:

1. There are no symptoms but a PET scan can already detect decreased glucose metabolism in the brain. There is a *P-tau 217 test* which can detect early AD (similar to the way insulin resistance is diagnosed before type 2 diabetes).
2. The second phase is SCI - subjective cognitive impairment - which can last for about 10 years. This is when one knows there is something is wrong: not remembering things and such.
3. MCI - mild cognitive impairment. Your doctor might tell you are just getting old, nothing to worry about. One can still take care of oneself. But one will struggle with cognitive tests and already have AD.
4. Dementia is the last stage. One now struggles with everyday tasks, can't balance the check book, can't remember names or dates and needs care.

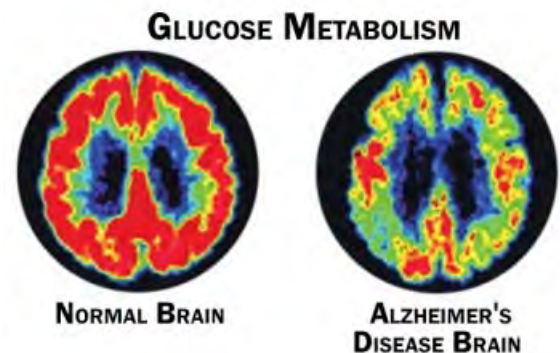
Gradual loss of cognitive function, loss of memory, loss of ability to solve problems, and inability to care for oneself are devastating, not only for those affected but also for the family.

The current thinking is that AD is an inflammatory process in the brain. Excess omega-6 (vegetable oils), lack of omega-3s, oxidative radicals, chronic inflammation elsewhere, glycation from excess glucose or fructose, pollution, toxins, and molds can damage membranes' integrity and cause brain cell inflammation. Amyloid deposits may be interpreted as the brain's effort to heal itself. But brain cells eventually die off, resulting in cognitive loss.

Progressive impairment of cognitive functions in AD patients is associated with a reduction in glucose uptake and metabolism. In other words, brain cells are unable to "burn" glucose and can no longer function properly. This glucose metabolic dysfunction is present even before abnormal proteins are deposited. Some researchers are calling AD type 3 diabetes.

Red shows glucose uptake in the brain on a PET scan.

Our brain cells luckily can use ketones as an alternate fuel to replace glucose. So where do we get ketones? From a ketogenic diet. This is a diet whereby 70% of carbohydrates found in the typical Western diet are replaced by saturated fats. One can eat meat (preferably from grass-fed ruminants) and fat with it as much as you like. Also eggs, cheese, fish, and poultry. But no more than 10-20 g of carbohydrates daily.



For more, please visit: https://open.substack.com/pub/wiseoldpelican/p/alzheimers-disease-and-the-ketogenic?r=3zz2hr&utm_campaign=post&utm_medium=web&showWelcomeOnShare=true

Channel Islanders First Mate Eveline Paullin

Hi, Everyone,

Heartfelt thanks to the 2024 Board for all their support and help to make 2024 a great year!

We had our Election of Officers Luncheon with a delicious lunch prepared by Evelina Arglen and Else Childs. Many thanks to both of you!

We have not filled the First Mate position for 2025; if anyone is interested, please see me or any of the current Islanders Board.

Our Officers for 2025 will be:

- First Mate to be determined
- Second Mate Eveline Paullin
- Purser and Membership Sue Woolf
- Recording Secretary Reneau Oglesby
- Corresponding Secretary Carole Naylor
- Head Chef Evelina Arglen
- Historian need a volunteer
- Parliamentarian Mary Ann Moore
- Sunshine Mary Ann Moore

Events coming up this month:

Christmas Tree Lighting and Caroling with a Potluck

The event starts at 7:00pm on December 7th; we can share appreciation for all the beautiful Christmas decorations. This event is organized by the Channel Islanders, but it is for all CIYC members and their families.

Jingle Bell Brunch

This event starts at 11:00am. On December 15th. We will have a 50/50 Raffle, vendors, and a great Brunch prepared by volunteer cooks. A big thank you to all the chefs!

Bar Opens at 10:00am

Brunch at 11:00am

Adults \$30, Children 5-12 \$15,

Unlimited Mimosas \$10

RSVP

carolenaylor501@gmail.com

Payment at the door either Cash or Check to the Channel Islanders

(See flyer next page)

Eveline Paullin

First Mate 2024



***Xmas Tree Lighting
& Caroling
and Potluck
Saturday December 7th
starts 6:30pm dinner at 7:00pm***

The official start of the Club's holiday season!
Your addition to the potluck should be for
8 or more people.
This is a great opportunity to show off some of
your best dishes.
Our Tree Lighting is a fun family event,
so if you have family members in the area,
please bring them.
Your dish is your ticket for admission.

Jingle Bell Brunch

Islanders Annual Event

Sunday December 15th, starts at 11:00am

Lots of Fantastic food

Xmas boutique

50/50 Raffle

Bar Opens at 10:00am
Brunch at 11:00am
Adults \$30, Children 5-12 \$15,
Unlimited Mimosas \$10

RSVP
carolenaylor501@gmail.com
Payment at the door
either Cash or Check
to the Channel Islanders

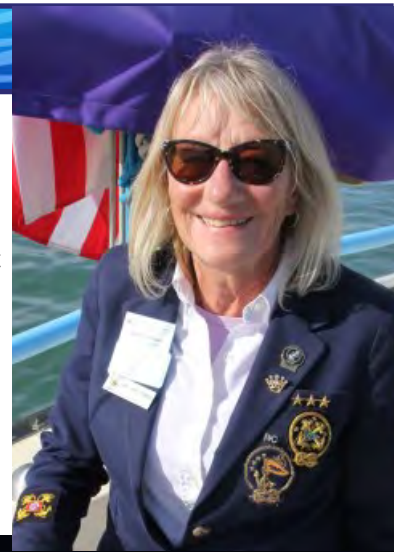
**Calling all cooks who would like to donate food for the event!
contact Eveline Paullin (949) 246-7214 or Carole Naylor (805) 340-0270.**

RSVP carolenaylor501@gmail.com Payment at the door either Cash or Check to the Channel Islanders

CIYC RACING REPORT

By Cap'n Jane Thomas

On-the-Water Awards: At CIYC's annual Awards Dinner on Saturday, November 16, I was given the honor of announcing the winners of this year's on-the-water awards. Our 2024 Fleet Captain, Mike DeSart, received the award for *Most Active Powerboat*. Mike skippered his ANGLER MANAGEMENT for CIYC members to join him on many fishing trips and tournaments throughout the year and provided the Race Committee boat for the Midwinter Regatta. Mike Geer's SLIVER (Hobie 33) earned the *Most Active Sailboat* award for participating in the most local and distance races this year. Steve Aronson received the *Long Distance Sailor* award for sailing on a friend's Oyster 56, QUESTER, from Anacortes, WA, to Victoria, BC, and then to Maui with Roxanne Vettese. Rox flew home from Maui, but Steve stayed on the boat and sailed back to Anacortes with the owner. An active racing sailor and avid fisherwoman, Janie Brockman received the *Sportswoman of the Year* award during the Anglers Awards dinner on Saturday, November 9, for her many days of service at the White Seabass grow-out pens. The CIYC *Sailor of the Year Award* went to Eric Taylor who competed in many weekend and Wednesday races on his boat, RAMPANT 2 (Cal 9.2), until he lost his rudder during a race around Anacapa Island. In addition to replacing the rudder, his keel needed significant reinforcement, which he completed within a couple of months. While RAMPANT 2 was in the yard, Eric raced on a new racer's sister ship, performed multiple repairs on our J/24s, and skippered a small powerboat for Race Committee and Mark Boat for multiple CIYC race starts.

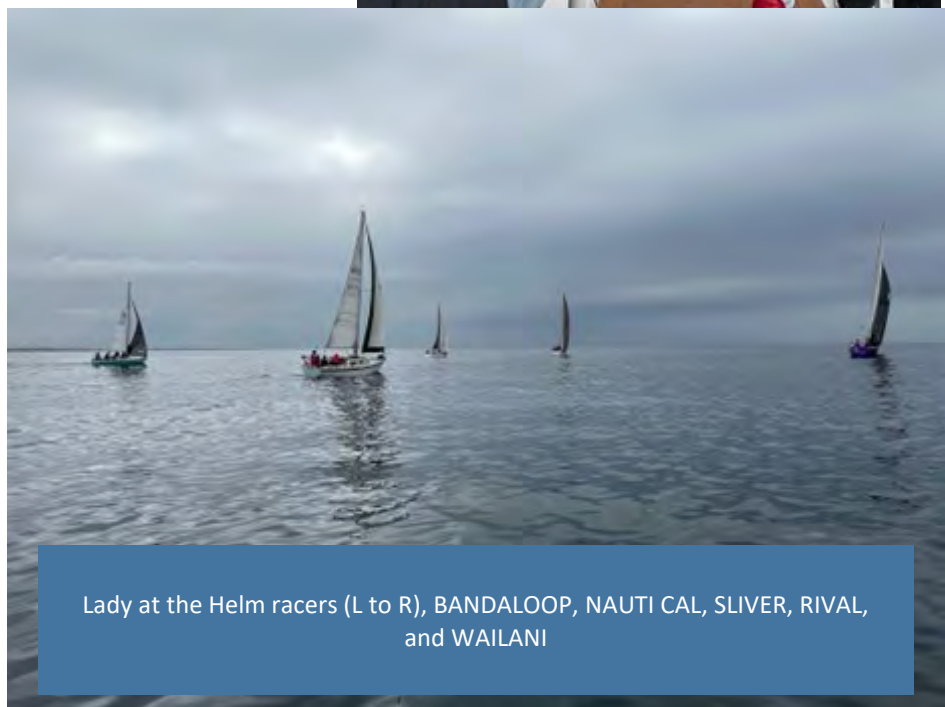


The Lady at the Helm start (R to L): RIVAL, CIRBUS, BANDALOOP, WAILANI, NAUTI CAL.

Racing: On November 2, CIYC hosted our last race of the year, Lady at the Helm, which saw 5 entries in 2 classes. Bill Brayton was the Principal Race Officer (PRO), Eric Taylor skippered the Race Committee boat, and Doug Coon and Reneau Oglesby rounded out the Race Committee. Both classes sailed a 15.2nm course in light winds. In the Spinnaker A class Sandy Sampson on RIVAL (J35, VYC) took 1st place over SLIVER with Alexandra Johnson at the helm. In Spinnaker B class Lauren Copus took 1st place on BANDALOOP (J/24, FYC), Jane Thomas took 2nd on WAILANI (Tartan Ten, CIYC), and Nicole Bryant on NAUTI CAL (Cal 29, VSC) took 3rd. (Report continued next page)



Lady at the Helm 1st Place Winners: Lauren Copus, Spinnaker B, and Sandy Sampson, Spinnaker A.



Lady at the Helm racers (L to R), BANDALOOP, NAUTI CAL, SLIVER, RIVAL, and WAILANI

The third and final race in the AYC/PBYC 2 Harbors Fall Race Series was hosted by AYC on Saturday, November 9. The winds were light again, but the 10nm course was shorter than the prior week. Representing CIYC in the Spinnaker Class were WAILANI and RISA (Catalina 38, Roxanne Vettese), placing 4th and 5th, respectively, behind RIVAL, CIRRUS (J/124, Bill Wood), and BANDALOOP. In the Non-spinnaker Class VELERO (Islander 29, CIYC, Brent Swanson) started among 3 other boats but later retired due to the light winds. Among the boats that qualified for the 3-race series awards, WAILANI was 3rd in Spinnaker Class and VELERO was 1st in Non-spinnaker Class.

PCYC's "TGIS"

(Thank goodness it's Sunday!) Fall Series #2, on Sunday, November 17, drew 15 boats – 7 monohulls, 4 ORCAs (multihulls), and 4 Beach Cats. All sailed one lap of the trapezoidal 5.7nm course. Among the monohulls CIRRUS took 1st place, and WAILANI took 2nd place 13.5min later (corrected time). For boats in 3rd, 4th, and 5th place the corrected finish times were very close - 17sec, 49sec, and 88sec later, respectively, - for SO LONG (Ranger 26, VSC, Marisela Hancock), BANDALOOP, and SHE SAID NO 2 (Ultimate 20, VSC, Ron Dietel).

I'll report on VSC's Wild Turkey Classic Plastic (scheduled for Saturday, November 30) next month. The final race in Ventura County is Sunday, December 8, PCYC TGIS Fall Series #3.

J/24 Update: With help from Priscilla Becker (CIYC), Lisa Thomas (CIYC/CIWSA), and Linda West (CIWSA), on Sunday, November 10, CRITTER and TINY DANCER got washdowns and inside cleanup, and CRITTER went for a daysail! New member, Ken Oesterreich, has volunteered to install bilge pumps and service the running lights in both boats as winter weather approaches.

We're hosting another J/24 workday/daysail on Sunday, January 12. The boats are in the water near CIYC, alongside A-dock, Channel Islands Harbor Marina. We'll start working about 10:00am and sailing about 1:00pm, weather permitting. Afterwards, we'll debrief at the CIYC bar. Contact me directly if you're interested in sailing on a J/24 and/or helping to maintain them!

SAVE THE DATE: The CIYC Racers' Kickoff Meeting is scheduled for 2:00pm, Sunday, January 5. Anyone interested in sailboat racing is welcome. At 3:00pm, following the kickoff meeting, Jerome Sammarcelli, a rigger (Sailutions) and solo/short-handed offshore racer, will share his insights, slides, and videos about the 10th Vendee Globe race, which is a challenging solo, non-stop, unassisted around-the-world race. This year's race began on November 10 and will still be underway in January.

Jane Thomas
CIYC RAM Captain & Race Chair



TGIS #2 WAILANI crew celebrating our 2nd Place finish at PCYC, L to R) Jane Thomas, Lisa Thomas, Bonnie Chaney, Alessandra Amadeo, and Kelly Sherwood. All are CIWSA and CIYC members except Alessandra who is a member of CIWSA and DRYC.



Doodle, WAILANI's reliable mascot and tactician, as we return to the berth after TGIS #2

CIYC AWARDS



2024

Photos
Bonnie Chaney





Congratulations
Sue Woolf

Lifetime achievement recipient!





2024 Anglers Awards Dinner





CHANNEL ISLANDS YACHT CLUB

December 2024



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 <i>Decorate for Christmas</i> 1pm Funday in the Bar	2	3	4 6:30pm Wed dinner	5 DJ Trivia Bar food	6 Happy Hours 5-7 pm Birthday Bash potluck <i>Ventura British Brass & Potluck</i>	7 10am-4pm Harbor Food and Toy Drive <i>7pm Tree lighting and Caroling Potluck</i>
8 1pm Funday in the Bar <i>USCG-Holiday party</i>	9	10	11 <i>5pm Islanders BOD mtg</i> 6:30pm Wed dinner	12 NO Trivia <i>Naval Command staff Holiday Party</i>	13 Happy Hours 5-7 pm <i>Naval UWD Holiday Party</i>	14 <i>5pm Parade of Lights & Chili Cookoff</i>
15 <i>Islanders Jingle Bell Brunch</i> 1pm Funday in the Bar	16 <i>5pm Finance meeting</i>	17 <i>6:00pm CIYC BOD</i>	18 <i>5pm Islanders BOD mtg</i> 6:30pm Wed dinner	19 DJ Trivia Bar food	20 Happy Hours 5-7 pm Lite Bites	21 Winter Solstice <i>7 pm Holiday Social-BEEFEATERS</i>
22 1pm Funday in the Bar	23	24	25 CHRISTMAS CLUB CLOSED	26 DJ Trivia Bar food	27 Happy Hours 5-7 pm Lite Bites	28 <i>Undecorate the Club NO Dinner</i>
29 <i>Undecorate the Club</i> 1pm Funday in the Bar	30 <i>Decorate for NYE</i>	31 <i>New Years Eve NYE Party</i>	WATCH YOUR EMAIL FOR UPDATES AND RSVP EARLY!			

10/16/2024



January 2025

CHANNEL ISLANDS YACHT CLUB

Watch your email for updates and RSVP early!

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 NEW YEARS DAY CLUB CLOSED	2 Undecorate club	3 Happy Hours 5-7 pm <i>Birthday Bash potluck</i>	4 7pm CIYC Change of watch DINNER BEEFEATERS
5 1pm Bar Opens 3:30 pm pm RAMS kickoff meeting	6 4pm College Football Playoffs	7 6pm Beefeater's Bonding Mtg	8 6:30pm Wed dinner	9 College Football Playoffs 6 pm CIYC'S 6:30 pm DJ Trivia Bar food	10 College Football Playoffs Happy Hours 5-7 pm Lite Bites	11 NFL Playoffs 11am-2pm Power Squadron. Meeting 7 pm Dinner
12 NFL Playoffs 1pm Bar Opens Memorial for Tom Langley	13	14 11 am Islanders' COW luncheon	15 5 pm Islanders' BOD meeting 6:30pm Wed dinner	16 6:30 pm DJ Trivia Bar food	17 NFL Playoffs Happy Hours 5-7 pm Lite Bites	18 NFL Playoffs 7PM Dinner -Lisa
19 1pm Bar Opens 10 am Blessing of the Fleet 12 pm luncheon	20 MLK Day 5pm Finance meeting College Football Na- tional Championship	21 6:00pm CIYC BOD	22 6:30pm Wed dinner	23 6:30 pm DJ Trivia Bar food	24 Memorial for Bob Nast	25 No Dinner
26 1pm Bar Opens 11 am Brunch by John Canavan	27	28	29 6:30pm Wed dinner <i>by the Law Dogs</i>	30 6:30 pm DJ Trivia Bar food	31 Happy Hours 5-7 pm Lite Bites	

AS OF 11/30/2024

TUESDAY, DECEMBER 31, 2024



007

NEW YEARS EVE

Menu

Apéritif:
Four flavor packed passed hors d'oeuvres

Primo Piatto:
Stuffed shells with ricotta, spinach, Parmesan
cheese topped with marinara sauce

Insalata:
Red leaf lettuce salad with shrimp, cucumbers,
tomatoes and homemade vinaigrette

Secondo piatto:
Prime Rib served with prosciutto wrapped
asparagus and twice baked potato

Dolce:
Chocolate fudge cake with berry compote
and fresh whipped cream

Digestivo:
Limoncello

Entertainment,
Mack and D
7:30pm - 12:30am.
Champagne toast
included at midnight

\$100 per person

RSVP

RESERVATIONS.CIYC@ROADRUNNER.COM



THANKS TO ALL THE GREAT COOKS AT CIYC!
If you want to cook or help, let James know.
Or for next year, reach out to Stacey Wolf!

thomaswarden@att.net

Tel: (818) 710-8131
Fax: (818) 710-8130

THOMAS H. WARDEN
Attorney At Law

THOMAS H. WARDEN
Law Corporation

5850 CANOGA AVENUE
SUITE 204
WOODLAND HILLS, CA 91367



[Click here to join our
Facebook group.](#)

[Channel Islands Yacht Club & Friends](#)

ALL YOUR SOLAR NEEDS...



Solar Inspections & Evaluations

☀ For real estate transactions, insurance valuations, output testing and more.



Solar & Battery Installations

☀ Includes system add ons and expansion.



Cleaning & Maintenance

☀ Keep your system at optimal performance.



Call Today For Your
FREE CONSULTATION
805-889-7134



ALPHA SUN
SOLAR SERVICE

alphasunsolarservice.com

Lic. #698411

SHELDON BERGER

EXPERIENCE • KNOWLEDGE • INTEGRITY



**Sheldon
Berger**

at Channel Islands Harbor



Serving the Beach and Marina Community since 1989.

CIYC Commodore 2017

KELLERWILLIAMS
REALTY

805.312.7653

4310 Tradewinds Drive #800 • Oxnard, CA 93035

WEST VENTURA COUNTY • CalBRE# 01042881

WWW.BEACHHOMES.NET

Excellent Service,
Superior Quality Since 1994

CASTRO

CANVAS DESIGNS, INC



MARINE COVERS

Canvas, Eisenglass, Upholstery, Flooring



AWNINGS & CANOPIES

Fixed, Retractable, Tensioned Shade-Sails



WINDOW TREATMENTS

Shutters, Blinds, Shades, Draperies

Follow us!



CA Contractor License #1119914
(D-3 Awnings, D-52 Window Coverings)

(805) 758-0076 | CastroCanvasDesigns.com

WELCOME NEW MEMBERS!



2365 E. Vineyard Ave., Oxnard, CA. 93036
805-485-1818 - www.stychinc.com
947 Schooner Dr., Ventura, CA. 93001
805-320-1905 by Appt.

BOATING IS WHAT CONNECTS US.



YOUR GO-TO CALIFORNIA YACHT BROKERAGE

📞 805.200.3161

📍 2950 Harbor Blvd
Channel Islands Harbor



SEACOAST

Y A C H T S



**Celebrating 22 years of
supporting local boating
communities in Santa
Barbara, Ventura,
Channel Islands,
and beyond.**



visit us at
WWW.SEACOASTYACHTS.COM

Friday December 6

Birthday & Anniversary Bash

Happy Hours 5 -7PM
6:30 Potluck



HAPPY DECEMBER ANNIVERSARIES!

Pat & Judy Campea 6-Dec
Sid & Kat Hushner 14-Dec
Rick & Deborah Tyhurst 12-Dec
Ira & Care Berns 16-Dec
Steve & Mary Black 23-Dec
Tom & Deborah Kelley 26-Dec

WE HAVE CANCELED MONDAY NIGHT FOOTBALL DUE TO LOW ATTENDANCE.

HAPPY DECEMBER BIRTHDAYS!

Nast, Pam	Dec 01	Black, Steve	Dec 16
Walsh, Ashley	Dec 01	Engelhardt, Shanie	Dec 16
Oesterreich, Ken	Dec 02	Like-Moberg, Mitzi	Dec 17
Rhonemus, Carol	Dec 02	Ramirez-Zendejas, Mayra	Dec 20
Fuqua, John	Dec 04	Flamer, David	Dec 21
Nelson, Dale	Dec 04	Arglen, Evelina	Dec 22
Langley, Debbie	Dec 05	Crocket, Bill	Dec 22
Breslin, John	Dec 08	Plomteaux, Shaun	Dec 23
Gabel, Allan	Dec 09	Reed, Richie	Dec 23
Linman, Miles	Dec 10	Osborn, Jon	Dec 24
Allen, Bobbi	Dec 11	Uhlig, Sharon	Dec 24
Meyer, Christian	Dec 12	Byron, Kris	Dec 25
Pearsall, Richard	Dec 12	Canavan, John	Dec 27
Hovaten, Eleanor	Dec 13	Carter, Rita	Dec 27
Larson, Betty	Dec 13	Byron, Bob	Dec 28
Forrester, Nancy	Dec 15	Nielsen, Steve	Dec 31
Halford, Pam	Dec 15		



WATCH YOUR EMAIL FOR UPDATES AND RSVP EARLY!

2 BIG "DON'T MISS" UPCOMING CIYC EVENTS!

NEW YEARS EVE—December 31st.
007 Themed dinner by Crème & entertainment

CIYC 2025 CHANGE OF WATCH January 4th
Dinner by Beefeaters

Come celebrate with your CIYC family



CIYC



VCReporter

NEWS CULTURE ARTS & OPINION

2024

Thank You!

8 YEARS IN A ROW!



Best Yacht Club in Ventura County



Reminder:
You can include
CIYC
in your estate
planning!

Your Bridge and Board continue to endeavor to control costs so that our members can enjoy the benefits of Club membership at a reasonable cost. January 1, 2024, a 3.5% service charge was added to all payments made via credit card. Visa has reduced their charge to 3%, so even though MC is still 4%, we reduced what we charge our patrons to flat 3% to coincide with Visa. Please consider making Club payments via check or ACH transaction to avoid this charge.

Thank you for your help in keeping our Club's operations efficient.

Volume 64—No. 12

Currents is published monthly by the
Channel Islands Yacht Club
4100 Harbor Blvd., Oxnard, CA 93035.

CURRENTS SUBMISSIONS

E-mail submissions and photos to
currents.ciyc@roadrunner.com

Please email images or post on Facebook!

DEADLINE NOTICE:

Articles must be received by the 15th of the month
preceding the next publication month.

Next deadline **DECEMBER 20, 2024**

for the JANUARY 20245 Issue.

Currents Editor Debbie Mitchell

(310) 804-2382

debbiem@companyv.com

Assistant Editors :

Frank & Sharon Sullivan

(805) 205-4073

Erika Barbaric

Marsha Anderson

Photos: Bonnie Chaney, Dana Capra, Cindy Daggett, Garry Kraft, Jane Thomas, Julia Cushman, Maureen Fletcher, Barbara Braun, Melinda Irvin, Kamaris Riss, Erika Barbaric, Shan Cyr-Engelhardt, John Medlen, Dodie Duffy, Deborah Tyhurst, Vidar Bech, Debbie Mitchell and MANY Facebook users

If you EMAIL photos please make sure they are high resolution
of at least 150 dpi or above.

to currents.ciyc@roadrunner.com

PLEASE send **details:** names and dates of people in photos and photo credits.

ADVERTISE: IN THE CURRENTS:

currents.ciyc@roadrunner.com

Opinions expressed in this publication are those of the authors and may not reflect the opinions of the organization or its members.