

CIYC

Channel Islands Yacht Club
WWW.CIYC.COM



CIYC

CURRENTS

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March 2026



Susan Taylor member SCCYC
Driving Take Five to another first place
finish



Maddog crosses the finish
Line. Doug Coon (driving)/Bill
Brayton CIYC club members

PHOTOS BY MIKE GREER



CURRENTS



2026 Commodore James Glass

Can you believe it's already March? It feels as though we were just ringing in the New Year, and now our calendar is filling up with spring dinners, socials, and time on the water. That's the beauty of life at CIYC — there's always something happening.

Vice Commodore Stacy MacPhail, **Rear Commodore Tom Resler**, and our **Committee Chairs** have been working tirelessly to bring new and special dining, entertainment, and on-the-water experiences to the club. It takes a tremendous amount of behind-the-scenes effort to make it all look seamless, and I truly appreciate their time and dedication.

Our first General Meeting of the year is now behind us, and what a fun evening it was. Thank you to **Stacy MacPhail** and **Katrina Glass** for preparing the delicious tomato soup and grilled cheese Lite Bites. It was the perfect comfort meal and set a great tone for the night.

A big thank you as well to **Treasurer Bill Elswick** and the **Finance Committee** for wrapping up 2025 and preparing the 2026 budget. A great deal of time and thoughtful planning go into those numbers, and I appreciate their diligence and stewardship. I'm pleased to report that the 2026 budget was approved by membership.

Our Membership Survey has officially gone out, and I personally thank those who have already taken the time to complete it. One of my goals this year is simple: listen more. That's why we asked our **Finance, Welcoming, and Food & Beverage Committees** to help shape the questions. If you haven't filled it out yet, please take a few minutes to do so. Your feedback matters. If we're going to grow and improve, we need to hear from you. Help us steer the ship in the right direction.

Valentine's Dinner was truly an incredible night. Our chef, **Eleanor Hovaten**, was scheduled to prepare the meal but unfortunately came down with COVID and was unable to cook. Thankfully, she has fully recovered and is back to normal.

When Eleanor couldn't be there, some members stepped up and prepared the entire meal in her absence. No panic. No drama. Just people rolling up their sleeves and getting it done. That's CIYC. When someone is down, there are always members ready to step in. That's what makes this club so special. And what an amazing and memorable evening it turned out to be.

Our March Members of the Month are **Christine and Robert Gilchrest**. They've only been members for about a year, but they quickly figured something out: we're not a full-service yacht club; we're a self-help yacht club.

Christine has been in the kitchen multiple times, cooking, prepping, and stepping up wherever needed. Robert serves on our Finance Committee and as our Insurance Chairman, handling important behind-the-scenes work that protects the club and keeps us running responsibly.

As many of you know, we've been dealing with ongoing issues with our patio ice machine. After reviewing the repair costs, the Board decided it was time to replace it rather than continue spending money on temporary fixes. When Christine and Robert heard we were raising funds for the new machine, they didn't hesitate; they generously donated over \$3,000 to help make it happen.

That kind of commitment is exactly what makes CIYC special. Thank you, Christine and Robert.

As we move into March, I'm excited about what's ahead, more dinners, more time on the water, and more memories being made.

Thank you all for being part of what makes Channel Islands Yacht Club such a special place.

See you at the club.

James Glass, Commodore 2026





2026 Vice Commodore Stacy MacPhail

The first major race of the year for Channel Islands Yacht Club was held February 21–22 as part of the SCYA Midwinter Regatta, hosted by the Southern California Yachting Association. This historical regatta has been sailed in West Coast waters for 96 years.



Racing in our area is set on a windward-leeward course, with inflatable marks positioned directly into the wind to ensure fair competition. Boats tack upwind to the weather mark, then round it, hoist their colorful spinnakers, and race downwind to the finish.



Saturday brought gusty 12- to 15-knot Santa Ana winds offshore, making for fast and challenging conditions. After two quick races, a dramatic 100-degree wind shift during the third race tested both sailors and race committee. The fleet was allowed to finish, the course was reset to align with the new wind direction, and two more races were completed before the day concluded.

Sunday greeted sailors with blue skies and a forecast of 8–10 knots from the northwest—the prevailing breeze in the Santa Barbara Channel. The race committee set an excellent course and started on time. Winds built beyond expectations, gusting near 18 knots, and three exciting races were completed.



After the races, sailors gathered at the club for well-earned food and refreshments. Rear Commodore Tom Resler and Director Kat Sotiridy prepared a delicious chicken fettuccine dinner. Judi Glover, CIYC member and local SCYA representative, presented trophies, and the evening wrapped up with stories, laughter, and great camaraderie.

Special thanks to Principal Race Officer Bill Brayton and volunteers Jim Cagle, Mike Cavallero, Wai Lani O’Herlihy, Chuck Grethel, Dawn Brooks, and Lonnie Jarvis. And to Mike Geer for serving as committee boat captain aboard *Serenity Now*. These events would not be possible without our dedicated volunteers.

Thank you to everyone who participated—we look forward to seeing you back on the water soon!



CIYC



2026 Rear Commodore Tom Resler

We are officially closing the books on February at CIYC—and how lucky we were to enjoy those beautiful 70-degree-plus days while others were dealing with snow and bitter cold. That truly is one of the best parts of living where we are. So fortunate to call this area home!

I sincerely thank everyone who came out to support the club this month. Whether you attended an event, volunteered your time, or worked behind the scenes, your efforts made a difference. February presented a few challenges, but thanks to the dedication of several individuals, every event came together successfully.

A special shout-out goes to Robert and Christine Gilchrest for their generous donation of a new ice machine to help keep the club stocked with ice as needed. Your support is greatly appreciated.

I'm also pleased to recognize those who worked so hard on our Wednesday and Saturday meals:

- Bill Brayton and his crew for Meatloaf Night
- Lisa Medlen, Stacy MacPhail, and James Glass for the Super Bowl and Valentine's events.
- DJ Rico Federico, Phil MacPhail, and John Medlen for Entertainment.
- Evelina and George Arglen and Kat Sotiridy for incredible Gumbo
- Kat Sotiridy and Sherry Nolan for all their help with the chili and upcoming events.
- Alex and Jim for the Taco Bar.
- Lisa Reaume and Kat Stolkin for assisting with multiple meals.
- Our Graphics/Communications department: Kat Kushner and Debbie Mitchell.
- And anyone I may have unintentionally missed—thank you for stepping up.



Here's what's ahead in March:

- ♦ **Wed. March 4 -Dinner** – Burt and Rene's Chinese New Year celebration; Axel from Karls will provide updates
- ♦ **Fri. March 6** – Birthday Bash Potluck and Karaoke Night
- ♦ **Sat. March 7—SHIPSHAPE** 10-am-1pm
- ♦ **Sat. March 7 Dinner** – Luau presented by Kat Sotiridy and Sherry Nolan, featuring the Cocoknots
- ♦ **Wed. March 11 Dinner**– Irish Stew by Deborah Tyhurst and crew, with Irish Dancers
- ♦ **Sat. March 14 St. Patricks Day Dinner**– Corned Beef Dinner
- ♦ **Sun. March 15** Celebration of Life of Captain Jane Thomas
- ♦ **Fri. March 20 Potluck** –Ventura British Brass Concert
- ♦ **March 18 – Crew Needed**
- ♦ **March 21 – TBD**
- ♦ **March 22 – Islanders KISS brunch**
- ♦ **March 25 – Crew Needed**
- ♦ **March 28 – Beefeaters Dinner**

I continue to be amazed at what we accomplish together as a club. We are always looking for members willing to pitch in. If you see me at the club and are open to volunteering, please say hello and let me know how you would like to help. I will gladly work within your comfort zone and truly appreciate any amount of time you can spare.

I'm also pleased to introduce our two House Captains, Chuck Grethel and Joe Omweg. Chuck is already on top of many projects, and Joe continues to serve as our electrical wizard. We appreciate their leadership and commitment to continually improving our club.

On that note, Shipshape is scheduled for March 7, and we have several items on the list to prepare the club for Opening Day. Volunteers are needed—please consider lending a hand.

CIYC House Captains
Chuck Grethel and Joe Omweg.



Together, we can continue making improvements and ensuring that CIYC remains a community we are all proud of.

Thank you again for your support and enthusiasm. Together, we'll make 2026 a year to remember.

Warm regards,
Tom Resler



Anglers' Corner

By Frank Sullivan



Anglers' Club Report

The rehab of the White Seabass Grow-out Pens is moving forward although not as quickly as we would like. We have run into a few hiccups and had to redo the structure covering the old pen #3 opening to reinforce the deck. This brought us to the realization that the existing floatation will not be sufficient for the weight of the new superstructure. We have purchased 8 hollow floats that will provide 400 lbs. of lift each. That will be 3,200 total lbs. of extra lift which should be enough. Kenny from Custom Care Boat Services will install them on March 5th and 6th.

Once that is done we should be able to finish the project fairly quickly with lots of help. Watch for my call!



CCA CALIFORNIA
CHANNEL ISLANDS
CHAPTER
Presents





HOLD 'EM

On the Harbor

APRIL 18TH, 2026

TEXAS HOLD EM // 21+

ADMISSION \$100 | BAR OPENS 4PM
BUFFET GAME PLAY BEGINS 5PM

SILENT AUCTION | RAFFLE | CARD GAMES

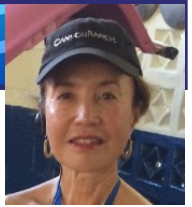
Channel Islands Yacht Club | 4100 Harbor Blvd., Oxnard, CA
www.CCACalifornia.org

Anglers' Events in 2026 :

~~Mar 28th~~	~~CIYC Anglers Scampi Dinner~~ Postponed
Apr 18 th	Anglers host the CCA Poker Tournament
May 17 th	Anglers Charter Fishing Trip (tentative)
May 31 st	Anglers host the Reel Guppies Fundraiser
Jun 28 th	Men's Fishing Tournament
July 12 th	Ladies' Fishing Tournament

July 26th
Sept 11th
Sept 12th thru 16th
Nov 7th

Anglers Charter Fishing Trip (confirmed)
CI Billfish Tournament Kickoff Dinner
CI Billfish Tournament
Anglers Awards Dinner



Learn More About Karls' Development at Fisherman's Wharf

Axel Stelter from Karls will be coming on Wednesday, March 4th to CIYC's dinner celebrating Chinese Lunar New Year. He will present an update on their development for Fisherman's Wharf. As previously reported, Karls has a full lease agreement with the County Harbor Department and has obtained a permit from the city of Oxnard to demolish the current unsalvageable dilapidated structures in the area.

Axel will present an update on Karls' development plans for Fisherman's Wharf. There will also be time for questions from CIYC members.

Here is a little background on how Axel Stelter became involved with Karls and this particular project: Axel studied architecture at the University of California, Berkeley. There he was also a member of the German national rowing team.

It was at Berkeley that he met his wife, Adrienne, a California native. They have three children who were born and lived in Germany until Axel presented a proposal to expand Karls into California. Axel was then assigned to oversee Karls' project at the harbor, a long-standing dream of Robert Dahl, Karls' owner and CEO. Axel and his family now reside in Monterey, California where Adrienne grew up and from where Axel commutes to the harbor.

Axel is a professional architect and project developer and has worked as an architect in Germany as well. Axel's background is well-suited for Karls' project at Fisherman's Wharf.

Attendance at this dinner will be limited, so sign up early AND learn more about the development at Fisherman's Wharf.

Rene Aiu, Harbor Delegate

Year of the Fire Horse **Wednesday, Mar 4**
Reserve now ~ limited to 50 persons.
Bar Open 5:00 ~ Dinner Bell 6:30
rsvp@ciyc.com
Chinese New Year Celebration
Get Your Fortune, Win Prizes, Learn More About Karls

Enjoy a catered four-course Chinese buffet, including:
Orange Chicken
Shrimp with Mixed Vegetables
House Mixed Chow Mein
Steamed White Rice
~ \$19 per person ~

You won't want to miss our special guest speaker !
We are very fortunate to have Axel Stelter, of KARLS Development, here to provide details and answer questions about Karl's Village at Fisherman's Wharf which recently received final approval. Take advantage of this opportunity to learn about plans for the Village and ask questions you may have!
Don't miss this great event!



Your Body Can Fix Itself - Only if You Let It

Dr. Yoshinori Ohsumi was studying a process called autophagy (pronounced au-TOFF-a-jee). He already knew there was a process whereby a body cell would recycle a damaged organelle by encircling it in a little bubble called a lysosome. And then digest it. But he didn't know how to make the bakers' yeast cells he was studying do that from the beginning to the end of the process.

This is when you need an epiphany. The idea came to him: "What if I starve the yeast cells?" Boom! Stimulated by starvation, the cells began to immediately auto-digest the damaged parts of the cell. This led to Yoshinori Ohsumi's Nobel Prize in 2016.

This is how a method was discovered to study autophagy, not only in yeast cells, but also in all kinds of other creatures' cells, including humans' cells.

So what's the big deal? Well, we have trillions of functioning cells in our bodies. And many of those cells have hundreds of functioning organelles such as mitochondria and ribosomes. These are under constant, relentless attack by reactive oxygen species (ROS), ingested toxins (alcohol, fructose, food dyes, uric acid, oxalates, supplements, glycoposphates, omega-6s, gluten, cyanide, arsenic, smoke, pollution, and whatnot).

And if billions of cells and trillions of their organelles are damaged and misfiring, are you healthy or sick?

You are not only sick, but also aging faster. Therefore, you should be thankful to have genes to send instructions for autophagy to begin and recycle the damaged organelles, get rid of the dead viruses that might still be there, recycle folded proteins, and provide recycled proteins for the cell to make fresh organelles.

There is only one problem: Autophagy doesn't work all the time. Why not? What stops it?

Food! Every time you eat, an urgent signal is sent throughout the body: "Three-alarm fire, he/she/it/them/they just ate! Mobilize everything for digestion: Get insulin, amylase, proteases, bile, pancreatic juices going, prepare the liver cells for onslaught. STOP autophagy!!!"

Stop autophagy? For how long? For 16 hours.

But, but, but, between breakfast and lunch there are generally only 4-5 hours. Between lunch and dinner 5-6 hours. And between dinner and breakfast 12 hours. Snacks in between. Does that mean autophagy is turned off? Yep, it does.

So that's why intermittent fasting was conceived. To give you 16 hours to activate autophagy. When the body senses it may be deprived of food, it activates autophagy. It would also be nice to give it an extra hour or two. An occasional 24-hour fast will give it even more time to work. And it's most active at night when one is sound asleep. Easy!

So it is you who have the power to heal your damaged cells. You are in charge now that you have this knowledge. Use it as you see fit. But talk to your doctor before you start a new diet, especially if you are diabetic and on insulin.

You can also help your cells not to sicken by avoiding sugar, grains, vegetable oils, and processed foods. And get some near infrared light exposure. But you knew this already.



You can bring a horse to water...

Eight bells for Captain Jane A. Thomas.

By Roxanne Vettese & Alison Rowe

Captain Jane A. Thomas of Channel Islands Harbor, CA., beloved wife, dog mom, dear friend, and unparalleled leader in the Ventura County and Southern California sailing and racing communities, passed away unexpectedly on January 18, 2026. Jane was 74.



Born in Saginaw, Michigan, on August 16, 1951, to Dr. Eustace and Anna (Bland) Hester, Jane was the youngest of their four children and their only daughter.

Before she graduated from Arthur Hill High School in 1969, Jane's father passed away. After high school, Jane enrolled at Central Michigan University in Mt. Pleasant, but put her studies on hold to return home and care for her ailing mother who died of a brain tumor in 1970. This experience sparked Jane's interest in nursing. She began studying at Delta College in University Center, Michigan. It was there that she took a sailing course to meet her physical education requirements and caught the sailing bug.

In 1973, Jane married Alan R. Latty and moved to Bay City, Michigan, where she went to work for Dow Corning. Fully enthralled with sailing, Jane bought a 12' Wildflower sailboat, then moved up to a 27' sloop and together she and Alan honed their sailing skills cruising in Saginaw Bay and Lake Huron and venturing out to ports as distant as Ontario, Canada. In 1980, Jane took a new job in the optical field and relocated to California and the Bay Area. She and Alan moved their sloop to Dock Town Harbor in Redwood City and became "live-aboards" but parted ways shortly after and divorced amicably.

Jane enjoyed the live-aboard life and purchased a 30' Bay Islander named Sunblade which became her new home. In 1982, she met the love of her life, fellow dock resident Ken Thomas, whom she married on October 12, 1982. For the next four years, the couple spent their weekends sailing Jane's boat around the Bay area. Then in 1986, they set out to cruise the coast of Mexico, spending three years harbor- and cove-hopping between Zihuatanejo and La Paz and meeting many cruising pals who became lifelong friends. In 1989 they returned to Redwood City on a mission—to turn a 55' bare hull, based on the Herreschoff-designed, three-masted, double-ended schooner Marco Polo, into the new Sunblade. To save money and make their dream reality, they lived on the yet-to-be-finished Sunblade while swinging on a mooring in a Bay area slough. Each workday, Kenny would row Jane in their dinghy to a nearby landing. From there Jane would ride her bike to the rail station and commute into the city for her new career as a clinical research coordinator. Then, after work, Kenny would row their dinghy back to the landing to pick her up. Between dinghy runs, Kenny spent his hours tackling the monumental challenge of building out a boat—not in a boatyard—but on the open water.

The new Sunblade proved to be a colossal project, but she was eventually ready for sailing in 1999. Jane and Kenny enjoyed cruising her to the city and anchoring in McCovey Cove. They joined the Sequoia Yacht Club and began participating in the club's cruises. On the professional front, Jane began focusing on breast cancer research and became a passionate advocate for advancing women's health.

continued

Eight bells for Captain Jane A. Thomas.

In 2002, a job change led Jane and Kenny south. They settled Sunblade in Channel Islands Harbor and a few years later joined Channel Islands Yacht Club (CIYC).

In 2005, Jane was recruited to skipper a club member's boat, Mystic Flyer in CIYC's Lady at the Helm Race. This was Jane's first race in Ventura County and the beginning of her stellar racing career.



For the next two years Jane crewed on various boats but was frustrated to serve mostly, as she quipped, as “rail meat”—a colorful sailing term for human ballast. Eager to learn more about racing rules and tactics, she began attending the annual National Women's Sailing Conference, held in Long Beach CA., working hard to expand her skills while encouraging other women to join the sport.

In 2009, Mystic Flyer's owner was sidelined by injury and entrusted Jane with skippering his boat, which she began racing with an all-women crew. This was the genesis of the Channel Islands Women's Sailing Association (CIWSA), co-founded in 2010 by Jane and Terri-Potts-Chattaway. In 2012, another CIYC member loaned Jane his Ranger 33', which she raced with her all-women crew for the next three years.

Determined to advance her racing skills and those of her sister sailors, Jane decided it was time to have her own race boat. She had been working for Kythera Biopharmaceuticals, where she directed clinical research on a new drug called Kybella. When Kythera was bought out by Allergan (the maker of Botox), Jane was able to retire and fulfill her long-held dream of owning a race boat and creating a top-notch all-women racing team. In 2015, she purchased a 33' Tartan Ten named Wai'lani, (nicknamed “The Pizza Box” because of its white hull and green and red side stripes). Jane recruited CIWSA members and local women racers to join her fast-growing crew. Meanwhile, spearheaded by Jane, CIWSA expanded its mission, offering sailing scholarships to local youth and working with the Boys and Girls Club and the Girl Scouts.

Jane settled into an active retirement life of sailing, racing, and community service. She was an avid supporter of CIYC's annual Disabled Veterans' Sail Day, as well as the annual Ventura County Caregivers' Sail-a-thon, helping to raise money to assist local seniors. At CIWSA she held the positions of Vice Commodore (2010), Commodore (2013, 2017-24), and Jr. Staff Commodore (2025-2026). At CIYC, she served on the Board of Directors and as Rear Commodore (2013-14). Jane was also Race Event and Racing Associate Member Chairperson through 2026. In 2014, she was honored with CIYC's Sailor of the Year Trophy.

Jane served as a board member of the Pacific Corinthian Youth Foundation from 2019-2021 and served three years as Commodore of the Association of Santa Barbara Channel Yacht Clubs (ASBCYC). In 2025, Jane was a member of the U.S. Adult National Championship Selection Committee for SCYA Area J and the Steering Committee for the 2026 NWSA/SCYA Women's Sailing Conference. Jane was also a sailing coach for both the Sea Gals Sailing Program in Long Beach and the SCYA Women's Boating Event, which sponsor women-only sailing and racing clinics.

continued

Eight bells for Captain Jane A. Thomas.

Jane continued to lead Waiʻlani and her all-women crew in local Wet Wednesday races and countless local and regional competitions, including the Channel Islands to Marina del Rey and the Newport to Ensenada races. Some of Jane’s long list of racing victories include the CIYC Lady at the Helm, the VYC Commodore’s Classic, the John Larson Memorial Race, the Neil Underwood Memorial Race and the Milt Ingram Woman Skipper Trophy. In 2016, 2018, 2019 Jane also skippered three Ventura County-based crews, competing in the Linda Elias Memorial Women’s One Design Challenge in Long Beach—considered to be the premier all-women yacht race on the Pacific Coast.



In 2019, while fulfilling these roles and duties, Jane still found time to earn her USCG Captain's license. Jane had Waiʻlani’s “pizza box” paint job refreshed—wrapped in her signature color “purple”—making the Tartan Ten a vibrant and beloved sight on the waters of the Santa Barbara Channel. In 2022, Jane helped launch the Ventura County edition of the National Women’s Sailing Association’s Adventure Sail Day. This two-day annual event offers girls and young women the opportunity to get out on the water and learn sailing skills. Co-sponsored with CIWSA, the tall ship Mystic Whaler, and the Channel Islands Maritime Museum, Jane served as the event’s chairperson through 2025.

In 2024, in recognition of her outstanding contributions to the furthering of women’s participation in sailing and sailboat racing, the Southern California Yachting Association honored Jane with the Peggy Slater Memorial Trophy, one of its most prestigious awards.

When Jane was not sailing, racing, or advocating for women on the water, she and her husband Kenny enjoyed riding motorcycles. They were active members of the Ventura County Gold Wing Riders Club, Chapter ‘S’, with Kenny serving as assistant chapter director for 5 years and as chapter director for 5 more years. Ever the adventurers, Jane and Kenny rode their motorcycles to countless gatherings across the country, including the annual Sturgis Rally in South Dakota.

Through her leadership, advocacy, and fathomless passion for all things sailing and her sister sailors, Captain Jane Thomas shone as a steady and guiding beacon in the local sailing community. Jane shouldered numerous roles in a bevy of yacht clubs and sailing organizations, advocating for women’s sailing and lending her knowledge and expertise to empower women and help inspire the next generation of women sailboat racers. Jane championed care and concern for the ocean environment as well, actively supporting many ocean conservation efforts. Jane’s boundless energy, enthusiasm for the sport of sailing, and generous and kind spirit will be sorely missed by the myriad men and women whose lives she touched. Her devastating loss has left a gaping void and is a call to the Ventura County and broader Southern California sailing communities to step up and take over the many projects, duties and organizations that Jane so graciously and tirelessly helmed.

continued

Eight bells for Captain Jane A. Thomas.

Jane was preceded in death by her parents, her brothers Thomas and George Hester, her sister-in-law Gail Hester, and her stepson Tim Thomas. She is survived by her husband Ken, her stepson Dan Thomas, her brother and sister-in-law Bill and Bogda Hester, her brother-in-law and sister-in-law James and Sue Thomas, 5 step-grandchildren, 6 nieces, 5 nephews, 13 grandnieces and grandnephews, and her beloved dog Doodle.

A Celebration of Life for Captain Jane Thomas will be held on March 15th, 2026, at Channel Islands Yacht Club. Please contact the CIYC business office or consult the Wai'lani Facebook page for more information. In lieu of flowers, donations can be made to the CIWSA Youth Scholarship Fund or the Pacific Corinthian Youth Foundation.

By Roxanne Vettese & Alison Rowe

Sail-Out & Burial at Sea for Captain Jane Thomas



Sunday March 15th 2026

Leaving Channel Islands Harbor
at 10:00 am

Followed by a Celebration of Life Reception
at Channel Islands Yacht Club

For further information please call
CIYC office at 805-985-2492



Awards for *SAIL* or **POWER**

Less than 35ft or 35ft & More

Electric Boats, too!

*No matter what type or size vessel you own,
Make it Ship-Shape for the Opening Day Parade*

& Enter CIYC's Bristol Boat Competition!*

Contact Mike DeSart, CIYC Fleet Captain

desart@sbcglobal.net or (805)-218-4269, for the

Bristol Boat Checklist and to Schedule Your Boat for Judging

Bristol Boat Judging must be completed before Thursday, March 27, 2026

*

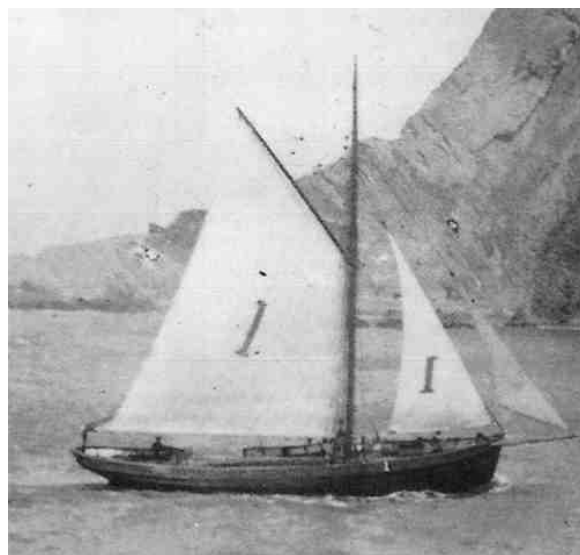
Ever wonder about the origin of "Bristol Boat" and "in Bristol condition"? The **Bristol Channel** (N51.3564° W4.1845°) lies between south Wales and southwest England. Its tidal range is 15 meters (49 ft), which is second only to the Bay of Fundy in Eastern Canada.



Because of the strong tides and scarcity of safe havens in the Bristol Channel, a well-found boat with all gear in working order is essential when navigating these treacherous waters. A local sailor's rhyme goes: *Twixt Hartland Point and Padstow Bay is a sailor's grave by night or day.*

A specialized style of sailing boat, the *Bristol Channel Pilot Cutter*, once sailed by "one man and a boy," has a long and illustrious history in the area.

During its working life the *Bristol Channel Pilot Cutter* was the byword for ruggedness and short-handed sailing ease in all weather conditions, spending weeks on end at sea in some of the most challenging waters of the world.



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 3pm Bar opens 3-5pm Private event in the dining room	2	3	4 6:30pm Wed dinner With program follow- ing	5 6:30 pm DJ Trivia Bar food	6 Happy Hours 5-7 pm Birthday Bash Potluck & Karaoke	7 10 am SHIPSHAPE 7pm Epicureans
8 Daylight saving 2pm Bar opens 2-5pm Open House	9	10	11 6:30pm Wed dinner	12 6 pm CIWSA meeting 6:30 pm DJ Trivia Bar food	13 Happy Hours 5-7 pm Lite Bites	14 7pm St Pat's dinner
15 10am burial at Sea 12pm Calibration of Life for Jane Thomas	16	17 St. Patrick's Day	18 5 pm Islanders' BOD meeting 6:30pm Wed dinner Welcoming commit- tee Social mixer	19 6:30 pm DJ Trivia Bar food	20 Happy Hours 5-7 pm 7pm Ventura British Brass Concert	21 No dinner
22 11am KISS Brunch by Islanders	23 5pm finance	24 12pm Islanders luncheon 6:00pm CIYC BOD	25 6:30pm Wed dinner	26 6:30 pm DJ Trivia Bar food	27 Happy Hours 5-7 pm Lite Bites	28 7 pm Beefeaters Dinner
29 3pm Bar opens	30	31 Ceasar Chavez Day				

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 6:30pm Wed dinner	2 6:30 pm DJ Trivia Bar food	3 Good Friday Happy Hours 5-7 pm TGIF Fish Fry & Birthday Bash	4 No Dinner
5 Easter 1pm Bar opens 1pm Brunch	6	7	8 6:30pm Wed dinner	9	10 Happy Hours 5-7 pm	11 No Dinner
12 12 pm CIYC Open- ing Day	13 5pm finance	14 6:00pm CIYC BOD	15 5 pm Islanders' BOD meeting 6:30pm Wed dinner	16 6:30 pm DJ Trivia Bar food	17 Happy Hours 5-7 pm Lite Bites 7pm General Meeting	18 CCA Poker Tour- ney
19 3pm Bar opens	20	21	22 6:30pm Wed dinner	23 6:30 pm DJ Trivia Bar food	24 Happy Hours 5-7 pm Lite Bites Karaoke	25 Epicureans
	Maritime institute Captains Class 8am –4pm					
26 1pm boat Poker 2pm Bar opens	27	28	29 6:30pm Wed dinner	30 6:30 pm DJ Trivia Bar food		
	Maritime institute Captains Class 8am –4pm					

Let's Luau

Saturday, March 7th, 7PM

Passed appetizers at 6:30

*An Epicurean Delight presented by
The Fabulous Nolan sisters & their amazing crew*

*Get out your grass skirt and your coconut bra
Cuz we're gonna party like you never saw!
The CocoKnots Band will play songs like Don HO,
So you'd be real sorry if you didn't go....*

*We'll have Hawaiian Chicken & crab cakes & more,
And you'll even get lei'd when you walk in the door!*

Passed appetizers at 6:30

mini crab cakes & stuffed endives with pralines

Asian Salad

Entrée

Hawaiian chicken, Royal Blend Rice & snap peas

Dessert

Floating Islands

RSVP
RSVP@CIYC.COM

\$35



The CocoKnots Band

OPEN HOUSE
Sunday, 2-5 pm
March 8th, 2026

Open House
Special Pricing!



Join and be a part of our Yacht Club family

Come learn about:

* Fishing * Cruising * Racing * Cooking * Live Music & Dancing



Voted #1 in VCR reporter survey every year since 2016!

(805) 985 - CIYC (2492)

4100 Harbor Blvd., Channel Islands Harbor

CIYCmembership@CIYC.com www.CIYC.com



Get Your Luck on & Reserve Your Seat
for a Traditional Irish Dinner &
Fabulous Claddagh Irish Dance Company
Wednesday March 11th

Cooking for 60

Featuring

Irish Pub Salad,

Guinness Laced Irish Pork Stew,

Irish Sharp Cheddar Soda Bread &

Bailey's Brownies

\$20

RSVP@ciyc.com



Presented By
Deborah O'Tyhurst,
Sue McWoolf
Michelle O'Dilldine
The O'Nolan Sisters



March 22nd
Bar opens: 10:00am
Serving: 11:00am



THE CHANNEL ISLANDERS
ARE PREPARING A
KISS BRUNCH
KEEP IT SIMPLE SUNDAY

THIS IS A FUNDRAISER FOR OPENING DAY.

**THE BAR WILL HAVE UNLIMITED MIMOSAS FOR YOUR ENJOYMENT.
IT WILL BE A BUFFET.**

WE WILL BE COOKING FOR 60 PEOPLE SO SIGN UP EARLY, SO YOU'RE NOT LEFT OUT!

MENU

Chili Relleno Egg Casserole

Waffles

topped with either: Bananas Carole
(my version of Banana Foster
and yes it includes alcohol)
or Pancake Syrup

Eggs to Order

Crisp Bacon and Sausages

Hash Brown Casserole

Melon Plater

Croissants

The bar will be offering

Unlimited Mimosas for \$12*

* Not included in KISS Brunch price

COST \$20

This is an Islanders event open to ALL
Club members and their guests. Payment
must be either cash or check payable to
Channel Islanders
for meals, paid at the door.

RSVP

To make reservations
email Carol at
carolenaylor501@gmail.com
or text me at 805-340-0270.

Carole Naylor
Channel Islanders Board

THIS IS A FUNDRAISER FOR OPENING DAY, SO PLEASE COME AND HELP US.

CIYC MEMBER TRAVELS



VOLUNTEERS WANTED

Don't be shy! Contact [Tom Resler](#) to help with a fabulous CIYC dinner! Chefs & helpers wanted! It's FUN!

RECIPROCAL CARD

USE & INFORMATION

Frank Sullivan has been passing out the 2026 Reciprocal cards to members. If you do not have yours yet, look for Frank! Ask Rick Tyhurst or Frank Sullivan about reciprocal privileges and how to use them.

reciprocals@ciyc.com

If you are traveling and would like a letter of introduction to a club please contact

reciprocals@ciyc.com

Burgees for burgee exchange are available from the Ship Store—contact shipstore@ciyc.com



Birthday & Anniversary Bash
POTLUCK
FRIDAY, March 6th
PLUS
KARAOKE



Happy March Birthdays!

Johnson, Oscar March 2	deCaussin, Rita March 13
Bech, Marnie March 3	Irvin, Danny March 13
Guido, Judy March 3	Loman, Mitch March 14
Rankel, Drew March 3	O'Farrell, Claire March 16
Thomas, Ken March 4	Forsyth, Laura March 17
Beckwith, Keith March 4	Waddell, Madeleine March 21
Becker, Priscilla March 4	Hopps, Peter March 24
Lazzarevich, Carol March 4	LeDoux, Gaby March 24
Cline, Chris March 5	Sanchez, Jon March 24
Stephens, Valerie March 5	Yost, Carrie March 25
Youngman, Harvey March 5	Gallego, Patty March 26
Gonnello, Elyse March 5	Love, Katie March 28
Moore, Keith March 8	Merriam, Jolene March 29
Rockwell, Rocky March 8	Parizo, Donia March 29
Sotiridy, Kat March 9	Berger, Nancy March 30
Yost, Terry March 10	DeSart, Gail March 30
Childs, Elese March 11	Loman, Michele March 30
Nelson, Bryan March 12	Michaels, Karla March 31

Happy March Anniversaries!

Vidar & Bech Marnie March 16
 Gary & Syd McFarland March 14
 Capt. John & Shanie Engelhardt March 25
 Tom & Leslie Webb March 26
 Bill & Vera Cline March 21
 Dan & Shelly Ward March 08
 Bryan & Shawna Nelson March 02
 Keith & Arlene Beckwith March 25
 John & Lisa Marie Medlen March 13

Ways to be a great CIYC member

RSVP EARLY

CLEAR YOUR TABLES

TIP the Bartenders!

Volunteer to cook or help a cooking crew.

Help set tables.

Let James, Stacy or Tom know what your special talent or interest is.



rsvp@ciyc.com

IF YOU DO NOT GET A
 CONFIRMATION TEXT
 JANIS AT 1-323-365-3774

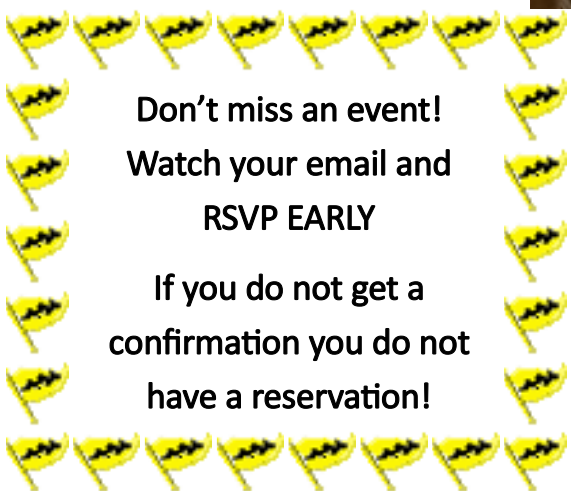


2025
VOTED BEST YACHT CLUB
IN VENTURA COUNTY
9th YEAR IN A ROW!



Post pictures of CIYC events on our Facebook group.

[Channel Islands Yacht Club & Friends](#)



Don't miss an event!
Watch your email and
RSVP EARLY

If you do not get a
confirmation you do not
have a reservation!



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On the Harbor

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www.CCACalifornia.org

2026 Hold 'Em On the Harbor

Sponsorship Levels

Captain Sponsorship - \$2,000

- *20 admission tickets
- *\$250 worth of raffle tickets
- *Special Table Gifts
- *20 FREE \$40 vouchers for 1,000 extra chips
- *Recognition from our MC
- *Signage displayed at the event

Deckhand Sponsorship - \$1,500

- *15 admission tickets
- *\$100 worth of raffle tickets
- *15 FREE \$40 vouchers for 1,000 extra in chips
- *Recognition from our MC
- *Signage displayed at the event

Advocate Sponsorship - \$900

- *10 admission tickets
- *Recognition from our MC
- *Signage displayed at the event
- *CCA Table gifts





PAY YOUR CIYC CHANNEL ISLANDS YACHT CLUB BILL WITH ZELLE

It's free and
easy to use.

CIYC's Zelle
payments address is:
payments@ciyc.com

MARCH Events and Dinners

- ♦ Wed. March 4 -Dinner – Burt and Rene's Chinese New Year celebration; Axel from Karls will provide updates
- ♦ Fri. March 6 – Birthday Bash Potluck and Karaoke Night
- ♦ Sat. March 7—SHIPSHAPE 10-am-1pm
- ♦ Sat. March 7 Dinner – Luau presented by Kat Sotiridy and Sherry Nolan, featuring the Cocoknots
- ♦ Wed. March 11 Dinner– Irish Stew by Deborah Tyhurst and crew, with Irish Dancers
- ♦ Sat. March 14 St. Patricks Day Dinner– Corned Beef Dinner
- ♦ Sun. March 15 Celebration of Life of Captain Jane Thomas
- ♦ Fri. March 20 Potluck –Ventura British Brass Concert
- ♦ March 18 – Crew Needed
- ♦ March 21 – TBD
- ♦ March 22 – Islanders KISS brunch
- ♦ March 25 – Crew Needed
- ♦ March 28 – Beefeaters Dinner

rsvp@CIYC.com

COOKS NEED TO SHOP PLEASE RSVP EARLY!

WATCH YOUR EMAILS FOR UPDATES



Channel Islanders

The Channel Islanders are prepping for the Islanders' KISS Breakfast Buffet on March 22nd. For information on the Islanders' or to help with this event please contact:
Islanders@ciyc.com



Reminder:
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CIYC
in your estate
planning!

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- * Pylon Inspections for Structural Integrity
- * Dock Float Replacements

HAPPY COOKS MAKE GREAT MEALS!



YOU TOO CAN BE
 A HAPPY COOK!
 Call Tom!



Member spotlights!

Member Spotlights!

If you would like to introduce yourself—send us your story. What brought you to CIYC? What's your story?

Or if there are members you would like to know more about, send us a request to Spotlight them!

Currents@ciyc.com



thomaswarden@att.net

Tel: (818) 710-8131

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Facebook group.](#)

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Jedi charging hard in 2nd place



2nd Place Winners

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CURRENTS SUBMISSIONS

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currents@ciyc.com
Please email images or post on Facebook!

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preceding the next publication month.

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Please do not send currents comments and images by text if at all possible.
PLEASE DO send **details:** names and dates of people in photos
and photo credits.

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