

VOLUME 60 ~ ISSUE 04 Commodore: Mike Farrell Editor: Liz Campbell Asst: Erika Barbaric Asst: Frank & Sharon Sullivan

Anniversary Invitation

CIYC is at Lat. 34º 09' 48.9" N; Long. 119º 13' 35.6" W 4100 Harbor Blvd., Oxnard, CA 93035. Phone (805) 985-2492

Channel Islan **Yacht** Club Currents

April 2020

You are invited to the CHANNEL ISLANDERS' 55TH ANNIVERSARY DINNER Hosting our Past First Mates When: Saturday, April 25, 2020

Time: 7:00 p.m.

Guest Speaker: Mike Farrell 2020 Commodore ****

Menu by Joyce Sheridan our Islanders Chef Frisee Salad Salmon en Croute (or chicken on request) Piperade and Roasted Potatoes Cake

R.S.V.P to Linda Zurborg-Perry lindazurborgperry@gmail.com with \$20 check payable to CHANNEL ISLANDERS or

Reserve on Clubrunner or Club Bar



Message From The Commodore Mike Farrell



This month's Currents, including my contribution, is likely to have a very different tone from a month ago. The events surrounding the Coronavirus outbreak internationally have turned much of the world upside down. This is most certainly true of Channel Islands Yacht Club.

Other than a very successful **Anglers' Lobster dinner on March 7**, and well-attended **Wednesday dinners on 3/4 and 3/11**, all club dinners and events through April 21 have been cancelled or postponed. Our bar is also closed per directives from state and local authorities. Our huge Variety Show was postponed and will be rescheduled for later in the year. Much work has already gone into planning this event and we will make sure this effort does not go to waste.

As of *Currents* going to press, we intend to resume all planned dinners and events as soon as the "shelter in place" order is lifted. As you can imagine, this is subject to change as the virus situation rapidly evolves. Opening Day and the corresponding 60th Anniversary Celebration are postponed. I met with other ASBCYC clubs to reschedule opening day events in the Ventura and Channel Islands Harbors. All celebrations in the Ventura and Channel Islands harbors are tentatively scheduled for September 19-20. As with the Variety Show, members have put a great deal of effort into plans for an amazing celebration and we will find a way execute their plans.

Construction on our building continued throughout March. The **exterior repairs** have been completed and our upper decks are now open and available for member use. We are working on ways to improve the lighting and the safety of the stairways leading to the deck, but please use extra caution as you ascend the stairs. Once there, I think you'll find that this is a spectacular resource for the club, and the contractor did a great job of making it attractive and usable. We would still like to hold a "Grand Opening" of some sort. Vice Commodore Mike Greenup is working on furniture options.

Inside work continues in spite of the virus issues. The bathrooms are almost complete and the contractor plans to repair issues with the bar floor as the next priority. Most of the work on the hallway has been done, and finishing touches will be completed during the last week of March. The Sail Locker and cleaning of the patio may remain as the final construction tasks...and that's no April Fool's joke!

There's a lot of 2020 remaining and many great events on the calendar. We hope that the virus crisis will be behind us in the coming months and we can enjoy our club to the fullest. When that happens, we will have a freshly updated clubhouse, new bar furniture, a recently reopened upper deck, and life will be good! Hopefully all of our members are staying safe and healthy. We are doing our best to ensure our employees survive the club downtime. If you wish to make a donation to cover some of their interim expenses, please contact Veronica Kistner or Sue Woolf.

Have a safe April! Don't get too bored and try to support our local restaurants whenever possible.

Mike Farrell

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Commodore 2020







Message From The Vice Commodore **Mike Greenup**



With daylight saving time here, April brings us more sunshine, daylight, and the boating season!

The Wednesday night dinners have become "Wednesday Fun Nights." The dinners continue to draw big crowds and are sellouts. Karen Farrell's Italian dinner on 3/4, and Debra Tyhurst's Irish Stew on 3/11, were both big hits and delicious meals. The annual Anglers' Lobster dinner was a huge success with close to 100 dinners served. I thank our loyal members for coming out during all the ongoing construction on the club and supporting our CIYC dinners.

We have a new ice machine in the downstairs patio. The ice machine is large enough to support our fishing events, sail races, other boating events, and CIYC parties. A special Thank You to the Anglers and the Islanders for their generous donations to help fund the much-needed ice machine. Also, thanks to our House Captains, Mike McKendry for his assistance with the installation of the ice machine, and Billy LeCroy for the lighting and painting jobs throughout the club.

Due to constant updates on the **Coronavirus**, it was with great sadness we had to cancel the St. Patrick's dinner, the Whale Watch, Beefeaters' dinner, and Wednesday night dinners for the remaining part of March. Also, the disappointing postponements of the Variety Show and CIYC Opening Day which may be rescheduled later in the year when Coronavirus concerns subside.

The CIYC Bridge and Board of Directors are in constant communication with Fleet Surgeon Zoran Barbaric, following the California Department of Public Health guidelines on the Coronavirus (COVID-19). We have been making constant adjustments to the club calendar for the well-being of the club, its members, and guests. Thank you for your understanding during this very difficult and unfortunate situation.

Have a great April, and I hope to see you soon at CIYC!

Mike Greenup Vice Commodore, 2020





Message From The Rear Commodore Frank Laza



REAR COMMODORE'S REPORT:

Most of the activities in March were gobbled up by the Coronavirus, but we did host a GREAT Anchoring Seminar presented by Dr. Garry Kraft on Saturday afternoon, 3/14. About a dozen members attended this very informative and well-organized presentation. There were 8 different styles of anchors on loan from West Marine to help graphically show the pros & cons of each style; nothing like being able to see and touch - kinda like a petting zoo. Dr. Kraft had excellent videos to go along with his many handouts.

Virtually all area racing for April has been canceled or postponed, including the world-famous Newport to Ensenada Race. We all hope the AYC "Wet Wednesday" series will kick off as scheduled on May 6th; will keep you posted.

Mike and Angie Gram will be leading the Pelican Cove Cruise, beginning Thursday April 16th. The itinerary calls for the 16th to be at Little Scorpion, then heading over to Pelican Cove for the next 2 nights; coming back (or not) on Sunday, April 19th. Their boat, SV Compass Rose, will be listening for you on Ch 68. Will be a fun time with lots of relaxing activities and a good break from our mainland strife. Email Mike - <u>icnugram@aol.com</u> - with questions.

We are hopeful our world will be in a better place for us to bust loose in May!!!

Frank Laza





WSB Pen update:

We finally have fish in our Grow-out pens! On 3-9-20 we received 4,351 Juvenile White Sea Bass for pen #3. Then on 3-12-20 we received another 5,604 in pen #1. We now have a total of 9,955 fish swimming in the pens. They are looking very healthy and feeding well.

Thank you to all the volunteers who came out to help with the deliveries. We were lucky that the deliveries were finished before the Corona Virus containment measures were put in place so we were able to complete the delivery process.



White Sea Bass Fishing Info:

Well, WSB season is here, and it is time for me to be my usual pain in the butt on the subject of WSB etiquette. We all know (I hope) the DFG Rec Regs: 1 WSB of 28 in. or larger during the main spawning period from March 15 to June 15; catch and release is "legal" prior to "take" (kill) of the 1 WSB limit, but etiquette should be (another matter discussed below): no targeting of WSB after the 1-fish limit (no catch and release, but hand-off is now legal under the "boat limit" of one per angler aboard. However, once the boat limit is met, (NO MORE TARGETING OF WSB) before and after March 15 to June 15. Legal limit is 3 per angler. Note that commercial fishermen cannot take WSB during this spawn period, only recs with the 1-fish limit.

Over the years one inherent physical weakness of this wonderful, recovering fish has been discussed to death, with the final word coming from those who know best: the research staff at Hubbs WSB hatchery, who work with and observe these fish daily: WSB DO NOT RELEASE WELL – tears in swim bladder result if brought up from below 60 ft. (40 ft. is probable) and bladder tears will result if they dive to those depths during the fight, even if hooked near the surface. Even touching these fish can cause irreparable damage (hatchery folk say their handprint burn is visible on WSB skin even a day or so after handling, and these fish eventually die, etc., etc.). If you grab them by the jawbone to extract the hook, it breaks easily. Don't be fooled by the size they attain – they are delicate. And the bigger they are, the less likely they are to survive a release. The fish are spent, bloaed, and that's what makes them the easiest fish to gaff solo.

(Cont'd on page 8)



Channel Islands Yacht Club

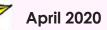
April 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Closed Mon. & Thurs. &	L Bar Hours Sunday 3pm to close, Closed Mon, & Tues, except special events Wed. Thurs.& Fri. 5pm to close,	lts	I	2	3	4
Dat 4	pm to close			Club Close due to Corona Virus restrictions	na Virus restrictions	
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		Club Clos	Club Close due to Corona Virus restrictions	rictions		
19	20	21	22	23	24	25
		Club Cl	Club Close due to Corona Virus restrictions	strictions		
26	27	28	29 6:30 pm Dinner	30		
	Club Close due to Cor	Club Close due to Corona Virus restrictions				
			As of 3-29-20			

April 2020



Currents





May 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Closed Mon. & Tuc Wed. Thurs & Sat 4p	Bar Hours Sunday 3pm to close, Closed Mon. & Tues, except special events Wed. Thurs. & Fri. 5pm to close, Sat 4pm to close	2			1 Happy Hours 5- 7pmTGIF & Birthday Bash	2 2pm Bench Warmers Derby day
3 3pm Wine tasting event	7	S	6 6:30 pm 5 de mayo Din- ner	7	8 Happy Hours 5-7pm	9 7pm Mothers day dinner BOD to cook
10 Mothers' Day	II	12 6pm Islanders Board Meeting	13 6:30 pm Dinner	14 4pm Room Rental for fundraiser	15 Happy Hours 5-7pm	16 7pm Epicureans dinner
17	18 6:30pm Board Meeting	19	20 6:30 pm Dinner	21	22 Happy Hours 5-7pm Memorial Da	urs 5-7pm 23 Memorial Day Weekend Cruise
24 25 Memoria 5pm Holiday club Memorial Day Weekend Cruise	25 Memorial Day 5pm Holiday Supper club ekend Cruise	26	27 6:30 pm Dinner	28	29 Happy Hours 5-7pm Salad Bar	30 7pm Beefeaters dinner
31						
			As of 3-29-20			

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(Cont'd from page 5)

I have often heard anglers describe WSB as a fast-growing species, and mention them in the company of Bluefin Tuna, Yellowtail, and Dorado - the rabbits of the fish world. While it is true that they are RELATIVELY fast-growing fish compared to Rockfish, Halibut or Calico Bass. Their LONGEVITY is much greater than other fast-growing fish, and, therefore, big female breeders are important to the growth, abundance, and survival of the species. Here are some statistical averages FYI and comparison:

BLUE	CFIN TUNA (AVERAGES)	WHI	TE SEABASS
	YEARS) WEIGHT	AGE	(YEARS) WEIGHT
1.	10	1.	0.5
2.	28	2.	3.3
3.	60	3.	6.6
4.	109	4.	10.7
5.	177	5.	13.1
The ol	dest bluefin tuna known was 9 years old!	6.	19.0
		7.	20.1
YELL	OWTAIL	8.	23.5
AGE	(YEARS) WEIGHT	9.	28.4
1.	3.8	10.	24.4
2.	7.4	11.	39.9
3.	9,9	12.	32.5
4.	13.2	13.	28.5
5.	15.9	14.	36.3
10.	35.0	17.	37.7
	000010	27.	49.3
The ol	dest known yellowtail was 12 years old!	0.000000	
(above stats courtesy of Dr. Larry Allen)		Stats are from DFG Thomas	
(100.1	suits courtesy of Dr. Luity Finen)	(1966 using scales) & CDFG (2000 using	
		otolitl	

Clearly there is an anomaly in weight from the sample in the 11-13-year class, and we can conjecture as to why, but the main point is that WSB are fairly long-lived species, with those over 50 lbs. living into their 30s. And clearly the big fish are important spawners for at least 20 or more years. Therefore, to risk them in a catch and release foray during a WFO spawning bite for sport and not meat, is a destructive act, even if unintentional. There is always another day. Take your one legal, rack your rod, or move on, no matter the size. And as someone who has caught a number of WSB from 40 to 48.5 lbs., I can state that the younger fish from 10 to 20 lbs. are superior eating. And when the limit goes to 3 after June 15, consider practicing "ONE AND DONE." We are fortunate that Hubbs and the grow-out pens manned by fishing clubs like ours have released one million fish. Also, we and the WSB are benefiting from Prop 132 which moved gill nets 3 miles off the beach. We are also fortunate that the DF&G allows us one legal fish during the spawn. Either we manage our fisheries or someone else will.

Also, it is normal to find similarly sized fish schooling together. A big mistake made by those who do not know is that releasing undersized WSB to catch a legal is not productive. The undersized swim together and the legal swim together. So, if you start catching juveniles, move quickly. They won't live, and you most likely won't catch a legal among them. Thanks to Dr. Freddie Hollander, PhD, for the info contained in this article.

Upcoming events:

June 6 th	Men's Fishing Tournament
August 9 th	Ladies' Fishing Tournament
September 11 th	Channel Islands Billfish Tourney Kickoff Dinner
September 12 th to 16 th	Channel Islands Billfish Tournament
September 18 th	Channel Islands Billfish Tourney Awards Dinner
October 17 th	Coastal Conservation Assn. Fundraiser
November 7 th	Anglers' Awards Scampi Dinner





Doc Lines

What's new in knee replacement surgery

Osteoarthritis of the knee can cause significant pain, limit physical activity, and adversely affect quality of life. Conservative treatment with injections of steroids or hyaluronic acid, and perhaps stem cells, into the joint, may relieve the symptoms for a period of time, but eventually become less effective.

Knee replacement surgery has good to excellent outcomes and a relatively low complication rate. Some 600,000 patients in the USA undergo such a procedure every year. Some patients are not candidates for surgery, either because of advanced age or other medical conditions that may place them at high risk. Younger candidates often wish to delay surgery for fear of the need for a second replacement or revision some 15-20 years later. Others choose to live with their discomfort rather than undergo the surgery.

There is a new, middle ground, outpatient, interventional radiological procedure. Under mild sedation and x-ray guidance, a small catheter is introduced into the groin (femoral) artery and guided to a small artery (genicular artery) which supplies blood to the knee joint. Then the artery is occluded, embolized, by injecting a few small particles into it.

This results in reducing blood flow to the inflamed tissues in the joint, which is thought to be responsible for the pain. The results in Japan, where the procedure originated, are very encouraging. Some 80% of the patients reported significant pain reduction and marked improvement in their knee function. Many have been able to reduce the need for pain medication.

This procedure is currently performed at UCLA's Department of Radiology. There are investigative efforts to employ the procedure on other joints, such as frozen shoulder (adhesive capsulitis) or tennis elbow (lateral epicondylitis).

Fingerprinting for Drugs

About one third of the adult population will have used illicit drugs during their lifetimes, and one in twenty, just in the last month. Cocaine is the second most-used illicit drug, right after cannabis.

One metabolic product resulting from cocaine use is a compound called benzoylecgonine, which is excreted by the sweat glands. A two-minute fingerprint test can accurately determine the presence of this compound, thus identifying if the fingerprinted subject is a user. And the test is accurate even after a thorough hand wash. The test is based on high resolution mass spectrometry analysis, and the apparatus doing that has now been made portable. The developers also suggest that a similar test could be used for heroin, cannabis, and amphetamines.

The legal implications are huge when issues such as drugged driving, screening employees or screening welfare recipients are considered. It is a low-cost, fast, portable field examination and a legal means of discovery. So be careful. Big brother is out there, looking for you! In addition to illicit drugs, fingerprint testing is being developed to detect pharmaceutical drugs to see if this test could help check if a proper dose of medication has been delivered.

Your Fleet Surgeon, Zoran

Thanks to Erika for editing.





Birthdays & Anniversaries for April Give your friends a call with happy good wishes on their special day.

Happy April Birthday



01 Sue Perpich, 02 Monica Norwood, 02, Sue Clinch, 03 Bob Chaney,

04 John Stulman, 04 Mary Barker 05 Sherry Brisbane, 05 Tricia Kenoss,

05 Lynne Howden, 06 Candy Cockrill, 07 Nancy Swanson, 08 Chris Norton,

09 Kim Dolan, 09 Jeanie Murphy, 09 Marlin Simpson, 10 Dodie Duffy,

10 Jodi Nelson, 12 Bobby Orgel, 13 Richard Sherlock, 13 Sharon Sullivan,

14 Doug Hoover, 15 Rick Belmonte, 16 Pat Younis, 18 Jerry Barker,

18 Georgie Olsen, 19 Ian Mackenzie, 19 Dixie Redden, 20 Bonnie Chaney,

20 Linda Weisfuss, 20 Steven Aronson, 20 Judy Campea, 21 Bobbie Nowitzki,

23 Lynda Norton, 24 Karen Stein, 25 Bob Ridenour, 27 Nancy Stehle,

27 Don Johnson, 28 Michael Gram, 28 Diane Sherlock, 30 Shawn Duffy,

Happy April Anniversary

01 Tom & Pat Womack, 07 Allan & Alison Gabel, 12 William & Lana Lynch,
18 Steve & Vanda Watkins, 21 Warner & Pat Younis, 23 Dave & Sandra Lochridge,
25 Mike Geer and Melissa Rogers, 25 Bob Ridenour and Jairo Mazariegos,
30 Kim & Gary Dolan, 30 Mike & Linda Greenup.





City of Oxnard Responds to County's Override Claims

In a letter to the California Coastal Commission dated March 5, 2020, the City of Oxnard upheld its jurisdictional authority over its Local Coastal Plan. The City stated that it had rejected the County's Local Coastal Plan Amendment (LCPA) for the Fisherman's Wharf 400-apartment units "based upon 16 separate findings including that the proposed Project was inconsistent with 12 policies of the City's Land Use Plan (LCP)."

The letter also addressed every claim made in the County's Override letter of January 27th. The County has invoked the LCP Override provisions of the Public Resources Code Section 30515. However, Oxnard cited the requirements of this code section and showed that the County's override request fails to meet these requirements. The 400-apartment project does not meet the definitions of either a "public works" or "energy facility."

The letter also states that "While the County's failure to properly maintain Fisherman's Wharf over the past 15 years has allowed Fisherman's Wharf to deteriorate, the solution to this problem is to invest again in this visitor-serving use – not demolish most of Fisherman's Wharf and remove it from public access."

The letter goes on to identify areas of inconsistency and violations by the proposed project with the Coastal Act and the City's Local Coastal Plan. The letter also identifies that the project is also not in conformity with the HCI (Harbor Channel Islands) Coastal Zoning Ordinance adopted to implement the policies of the California Coastal Act of 1976. The HCI zoning does not allow residential uses at Fisherman's Wharf.

The City closes stating that "approval of the override would adversely affect the public welfare by removing scarce visitor-serving resources within the Coastal zone and replacing it with a high-end housing project (with limited commercial uses) the vast majority of which would not be open or available to the public. These housing units can be (and are) being provided elsewhere in the City – in locations that do not involve the removal of visitor-serving resources within the Coastal zone."

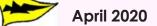
Meet Peter Martinez, General Manager, Channel Islands Beach Community Services District

Peter Martinez (Pete) has been General Manager of the Channel Islands Beach Community Services District (CIBCSD), having replaced Akbar Alikan in October 2019. Pete joined the CIBCSD management team in January 2018 as Deputy General Manager. His background and experience include his previous 18 years with the City of Oxnard in the Public Works Department and prior to that with the City of Port Hueneme. Pete is also working on his advanced degree at the University of Southern California. For the past six months, Pete has been serving as both General and Deputy Manager. It has been a busy and intense time for him but he hopes to fill his previous position soon. He is looking forward to having more time to become more involved with the community he serves.

The biggest challenge for CIBCSD and Pete over the next few years is working for regional collaboration with the Fox Canyon Ground Water Agency (CIBCSD is within this water region) on a "ground water sustainability plan" as required by the Sustainable Ground Water Management Act (SGMA) of September 2014. The purpose of this act was to ensure better local and regional management of groundwater use and sustainable groundwater management in California by 2042. There has been poor groundwater management, resulting in major depletions.

Eighty percent of CIBCSD's water comes from groundwater, twenty percent from state water. Peter indicated that CIBCSD's customers have made good efforts to conserve water usage but more needs to be done to protect future usage needs. He emphasized the need for public and customer support of collaborative efforts between all water agencies to attain groundwater sustainability by 2042. For more information on this issue, please take a look at the Sustainable Ground Water Management Act.

Rene Aiu, Harbor Delegate





Channel Islands

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Anglers' Lobster Dinner March 7th



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DEADLINE NOTICE:

Articles must be received by the 15th of the month preceding the next publication month.

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for the May 2020 Issue

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