

CIYC

Channel Islands Yacht Club
WWW.CIYC.COM



CURRENTS

Volume 66 | Issue 7
JULY 2026



The Disabled Veterans Sail Day
Sunday, June 14th, 2026



[See page10](#)





2026 Commodore James Glass

As we head into the heart of summer, I want to take a moment to thank all of our members for the incredible volunteer spirit that continues to make Channel Islands Yacht Club such a special place. Thank you!

Our **Disabled Veterans Sail**

Day was an overwhelming success, and I couldn't be prouder of what we accomplished together. This year we welcomed Veterans from all across Southern California for a day on the water, camaraderie, and appreciation.

Whether you donated, sponsored, volunteered, brought your boat, cooked, served food, registered veterans, cleaned up, or helped behind the scenes, thank you. Every one of you played an important role in making the day memorable for our veterans.



I've been involved with this event for the past three years, and I can honestly say this was the smoothest and best-executed event we've had. That doesn't happen by accident—it happens because our members continually step up whenever they're needed. Thank you for making our veterans feel welcome and appreciated.

Our **Nominating Committee** has been selected for this year's Board elections. Representing the Board are **Dan Estabrook** and **Ginny Johnson**. At our June 19 General Membership Meeting the membership elected **Deborah Tyhurst**, **Sue Woolf**, and **Michael Federico** to complete the committee. The committee will now begin the important work of identifying qualified candidates for this October's Board election, whereby four Director positions will be filled. If you've ever considered serving our club in a leadership role, I encourage you to reach out to one of the committee members to learn more about this opportunity.

Congratulations to **Barbara Brauns**, our July Member of the Month!

Barbara devoted countless hours organizing volunteers and coordinating every detail of this year's Variety Show. Her leadership helped make the event run smoothly and contributed to two sold-out performances. Events like the Variety Show require months of planning and an incredible amount of behind-the-scenes work, and Barbara handled it all with enthusiasm, organization, and a smile.

She even convinced Stacy and me to get up on stage and make fools of ourselves—which, as it turns out, wasn't all that difficult! Barbara, thank you for everything you do for our club.

Finally, thank you to each of you for everything you do for Channel Islands Yacht Club. Whether you're serving on a committee, volunteering at events, helping maintain our facilities, or simply supporting fellow members, your dedication is what makes this club thrive.

I'm proud of everything we've accomplished together during the first half of the year, and I'm excited about what's still to come. I look forward to seeing you around the club and out on the water this summer.

James Glass

2026 Commodore, Channel Islands Yacht Club



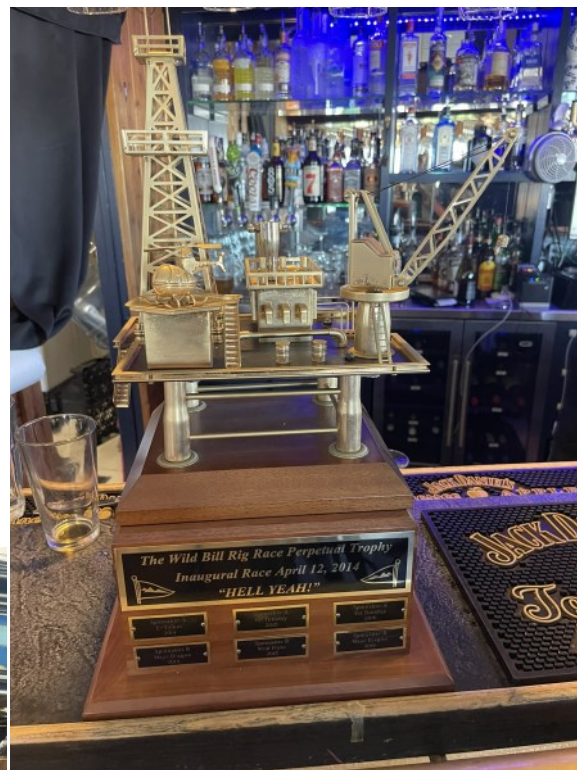


2026 Vice Commodore Stacy MacPhail

Vice Commodore's Report

Summer is in full swing, and our sailing program continues to showcase the very best of Channel Islands Yacht Club—great competition, dedicated volunteers, and opportunities to share our love of being on the water.

A huge thank you goes to Bill Brayton for serving as Principal Race Officer for this year's Wild Bill Race. Thanks to Bill's leadership and the outstanding Race Committee, the event ran flawlessly from start to finish. Special thanks also to Bri Law for serving on the Race Committee and helping make the day a success. We welcomed 10 boats competing in three classes, providing a fun day of racing for everyone involved. Congratulations to the winners in each class and thank you to all of the skippers and crews who came out to compete.



One of the highlights of the month was once again partnering with the Channel Islands Women's Sailing Association (CIWSA) to host Adventure Sail Day. With a fleet of approximately seven volunteer boats, along with the *Mystic Whaler*, we welcomed about 40 young girls to our club for a day designed to inspire the next generation of sailors. The day began with breakfast, followed by educational activities focused on boating and water safety, before everyone headed out onto the water for an unforgettable sailing experience. The day concluded with lunch back at the club and plenty of smiles all around. Thank you to our volunteer skippers, crew members, and everyone who donated their time to make this event so special. Your generosity continues to make a lasting impact on these young sailors.



Looking ahead, we have a great lineup of racing still to come. Be sure to mark your calendars for the John Larson Memorial Race on August 1, followed by our signature CI2MDR Race during the weekend of September 18. Whether you're racing, volunteering, or cheering from the dock, we hope you'll be part of these outstanding club traditions.

Finally, save the date for July 19 as we gather for an outdoor party on the lawn. Details are coming soon, so keep an eye on your email for more information. We hope to see everyone there for an evening of fun, food, and fellowship.

See you on the water!



2026 Rear Commodore Tom Resler

Half of 2026 is officially behind us, and we are rapidly drawing closer to 2027! It is hard to believe how quickly time flies when you are having fun. The first six months of this year have truly been a rollercoaster ride, but we have made it this far together. Let's keep that fantastic momentum going strong!

We were incredibly lucky to enjoy spectacular meals, great entertainment, and unforgettable times inside our lively clubhouse. I am immensely looking forward to the gorgeous summer days and warm nights that we are blessed with here at our club and out on the water.

July 1 Pizza Party

July 4 Pat and Judy Campea 4th of July

July 8 tbd

July 10 **Friday** Beefeaters' Dinner

July 11 Lite bites following Concert in the Park

July 15 Deborah Tyhurst and crew

July 22 Caribbean nights

July 29 Very Special night!

July 31 **Friday** Epicurean Dinner



A huge, heartfelt thank you goes out to everyone who has helped in 2026 to keep our organization on track for another legendary year. It truly takes LOTS of people to make this club run as smoothly and successfully as possible.

I want to formally recognize and thank our standout team:

Kammie, Mary, Reggie, Tyler, Anna, and Rebecka!

Thank you!

My final note, please do not forget to cast your ballot in the annual regional polls. Let's secure our legacy and vote for our home base as **Yacht Club of the Year!** We are aiming for an incredible **10 years in a row**, and your vote makes all the difference. <https://www.vcreporter.com/bestofventuracounty2026/>

Thank you again for your support and enthusiasm.

Together, we'll make 2026 a year to remember.

Tom Resler Rear Commodore 2026

**Time to vote
for your favorite!**

VCReporter
NEWS CULTURE ARTS & OPINION

**41st Annual
Best Of
Ventura County**

**SEE
68. BEST YACHT CLUB**





Anglers' Corner

By Frank Sullivan



Anglers' Club Report

Channel Islands White Seabass Grow-out Facility Update:

As we have reported previously, the reconstruction of the White Seabass grow-out pens is mostly complete. The pens were originally built by members of CIYC in 1991 and dedicated to the OREHP in 1992. Over the ensuing 35 years the original wood superstructure began to deteriorate with the wood dry-rotted and the chain-link fencing broken and corroded. The floatation had become compromised and the facility was sitting low in the water.

Knowing that this was going to be an issue, we began saving money in the Anglers' account with additional funds through fundraisers. Last year we began by demolishing the superstructure down to the deck. This year we started the reconstruction by adding over 3,200 lbs. of extra floatation and installing a permanent cover over the #3 pen that was unused, giving us a larger work area. All the 4x4 wood posts and headers were replaced with new pressure-treated lumber. Seven four-inch aluminum I-beams were installed to support the roof and brace the structure. All wood surfaces were painted and a new vinyl-coated chain-link fence was installed with a total of four gates to give access from any side. This allows offloading or unloading fish to boats moored at the end of the pen.

We currently have 13,000 WSB that we expect to release on Monday, July 13th at about 10 am. We will be releasing ½ into the harbor, and ½ will be transported in the *Gentleman* to be released offshore (as we did last year). The next delivery of fish will be in April of 2027. The folks at NOAA expect poor water quality over this fall and winter because of a predicted extreme "El Nino" weather event.

A big shout-out to all who supported the effort through donations and fundraisers. The cost of the reconstruction was \$12,000. CCA donated our two new signs at \$1,000. Thank you again.

Anglers' Upcoming Events in 2026 :

July 12 th	Ladies' Fishing Tournament
Sept 12 TH through 16 th	CI Billfish Tournament
Nov 7 th	Anglers' Awards Dinner

Big Fish of the Month for April and May:

Fleet Captain Mike De Sart won Big Fish for April with a 28-lb. WSB.

Vice Commodore Stacy MacPhail won the Big Fish of the Month for May with a 3.4-lb. Sheephead which she caught on the CIYC Anglers' Charter on the *Aloha Spirit*.

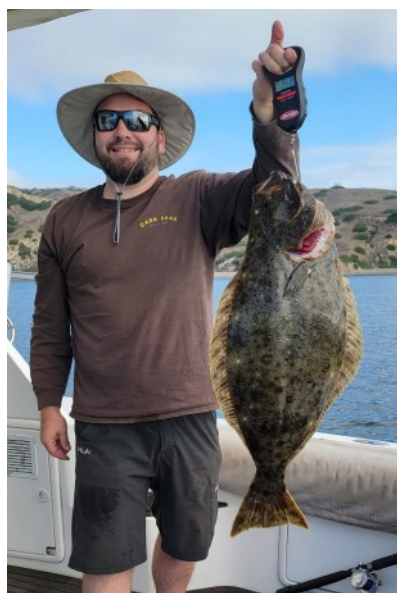
Men's Fishing Tournament

We only had two boats and eight men fish the tournament this year. They went out in very rough weather and nasty seas.

Dawn Patrol with Skip Miser, Bob Deyling, Gerry Bellaart, and Drew Rankle went out to Santa Cruz Island. *Angler Management* with Mike De Sart, James Glass, Dan Estabrook, and Kevin Brannon opted to go out behind Anacapa Island. ([SEE PHOTOS PAGE 9](#))

The weather behind Anacapa made conditions almost impossible to fish, yet they managed to catch a couple of Ocean White Fish, returning to the harbor later that morning. *Dawn Patrol* was able to find some relatively calmer waters at Yellow Banks Anchorage and succeeded in landing four Halibut.

The winners were Drew Rankle: 1st place with an 11.5-lb. Halibut, 2nd place: Bob Deyling with an 11-lb. Halibut, and 3rd place: Commodore James Glass with a nice fat 5-lb. Ocean White Fish.





Diabetes and Prediabetes After 60

This data is from the CDC National Health and Nutrition Examination Survey and National Diabetic Statistics Report:

Once you are over 60 years old (as many are in our club) what are your chances of having type 2 diabetes? High **27.3%** (6.8% undiagnosed). Prediabetes? About **52%**. Many have no idea. Hello, insulin resistance, prediabetes, diabetes, fatty liver, potbelly, chronic inflammation, kidney failure, atherosclerosis, heart attack, stroke, Alzheimer's, etc.

Combined, that's **70–80%** of adults over 60 who may have either diabetes or prediabetes. This is a major health issue. The more enlightened already know that a low-carb diet, also known as a ketogenic diet (less than 40 grams of carbs daily), is in order.

Many are aware that eating rice or potatoes will bump one's blood glucose very high. These foods consist of starch which is simply a very long chain of glucose molecules stitched together. As soon as starch gets in your mouth and small bowel, an enzyme called *amylase* breaks the bonds, and individual glucose molecules are absorbed into your blood.

You may have heard that if you cook rice or potatoes and then refrigerate for 24 hours before consuming, your blood glucose doesn't rise very much. This is because the glucose reconstitutes starch in a crystalline form that *amylase* is unable to break down. This is called resistant starch (**RS**).

Since it can't be absorbed into the small intestines, **RS** transits into the large bowel. There millions of hungry bacteria await. They have special enzymes that can break the bonds. The bugs are so happy fermenting **RS** that they excrete some healthy ketones. For example, *butyrate*, which makes the cells lining the large bowel healthy and smiling. Other bacteria in the bowel love *propionate* and induce goblet cells in the gut to produce mucus.

This is a slow process without gas production, so no bloating and unexpected flatulent embarrassments. Tightened junctions of the cells lining the colon reduce chances of leaky gut whereby unwanted substances enter the bloodstream. Both loose stools and constipation are markedly improved.

But...there is a catch. Only 2% of **RS** is in cooked rice and only 4% in chilled rice. Somewhat better with potatoes - cooked **RS** 6% - starch 78%, cold **RS** 36% - starch 50%. (There are also some insoluble fibers as well). So although there is benefit to the colon, there is still a lot of glucose entering the bloodstream.

Interestingly, raw potatoes and green bananas mostly consist of **RS**. Raw potatoes' starch is 95% **RS**. Amazon sells **RS** potato starch for about \$12.00. The recommended dose is 20g twice daily. Mix 20 g (2 tablespoons) in water twice a day.

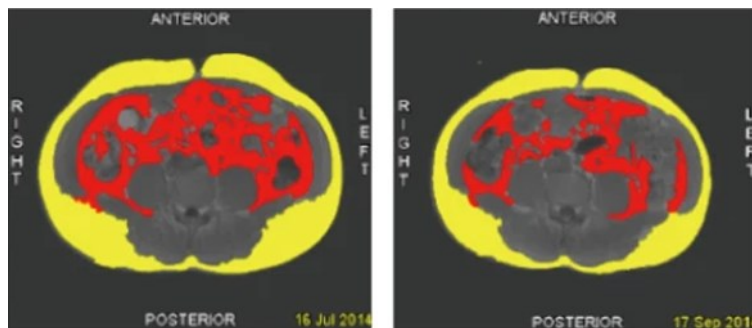
A recent well-designed study came up with some fascinating results. It was a double-blind randomized study wherein the participants were given 40 g of **RS** daily for several weeks.

Remarkably, belly fat melted, weight dropped, fatty liver disappeared, inflammatory markers decreased, and leaky gut disappeared. Increased numbers of lipid acids were even found in the stool (which also may help relieve constipation).

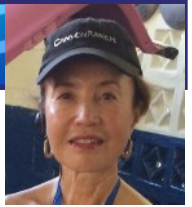
Visceral belly fat (red) on MRI images before and after the **RS** supplement showed a marked decrease. Even subcutaneous fat (yellow) decreased. (Can you locate the belly button?)

Those with excellent response (58%) had an abundance of the microbe *Bifidobacterium pseudocatenulatum*. Those with poor response (7%) had an abundance of the microbe *Provatella* in the colon. Maybe a suppository with the right microbes is in order?

Americans consume about 4 g **RS** in their normal diet. Some **76.3%** are obese or overweight. French and Italians about 10-12 g of **RS**. And they are generally thinner compared to Americans. But they also smoke more, drink more wine, get more exercise, and eat fewer processed foods.



Of course no one in our club will start smoking or drinking more wine to combat prediabetes and diabetes. I hope? But some **RS** now and then may help.



Are You Ready and Prepared?

Disaster and Hazard Mitigation

Ventura County is updating and shaping its Disaster and Hazard Mitigation Plan. They are inviting County residents, businesses, and community organizations to participate in a survey for input. The survey will be open through September 2026 at ReadyVenturaCounty.org

The public is also encouraged to [sign up for Ventura County Alerts](#) and to have an emergency kit ready. A basic list of [Emergency Kit Essentials](#) and a [Disaster Preparedness Guide](#) are available at the above website. Concerns to be addressed in the updated plan: wildfire protection, severe weather, drought, resource protection, tsunamis, earthquake, backup power, flood protection, etc.

Karls Plans Demolition and Construction Start Event on August 15th

Karls invites the public and the harbor's community nonprofits to join them in celebrating the revitalization start of the Fisherman's Wharf area. It will mark the beginning of demolition of the dilapidated buildings to make way for new construction. During this event, Karls will also hold a live auction of memorabilia objects from the old Fisherman's Wharf for the benefit of the harbor nonprofits: Reel Guppy Outdoors, Nate's Place, VCCFA, and Food Share. **The Event is planned for Saturday, August 15th.** More details to follow later.

Update on Harbor Development and Summer Activities

At a local Channel Islands Neighborhood Meeting (CINC) Harbor Director Michael Tripp reported the following:

Phase 1 of Harbor Boulevard parking lot repair is completed; Phase 2 from Barracuda Way into the parking lot in front of Marine Emporium Landing will start soon.

The Bahia Marina dock rebuild project has been completed by Suntex. Suntex will now start dock rebuild at Peninsula Yacht Anchorage Marina and will do so in phases to ease impact on boaters.

The Harbor Department expects to start construction of its new facilities, including those of Harbor Patrol, by the end of this year.

Harbor Events and Activities to note: **Concerts By the Sea on Saturdays from July 11 through September 5th; Concert ON the Sea with Teresa Russell on Saturday, September 12th; Ceviche Chow Down on Saturday, August 1st; and the 7th Annual Chowderfest on Saturday, September 19th.**

2026 Reel Guppy Outdoors Fundraiser Update

Thank you to all who contributed! The goal of sponsoring 200 children for an ocean of fun with the Reel Guppy nonprofit was surpassed. The community exceeded in their generosity and donated over \$10,350 to obtain a matching sponsorship for 100 children. This means a total of over 359 kids will have the opportunity to enjoy an ocean of fun learning to fish, learning about marine wildlife, and building life skills, including financial literacy together with their parents. Thank you.

Rene Aiu, Harbor Delegate

PS Look for Welcome Outdoor and Social Mixer Events coming up this summer – join in the fun!

WELCOME



Renaming Your Boat The Pre-Ceremony Rule

Before a single word is spoken, **erase all traces of the old identity.** Remove old vinyl lettering, check logbooks, life rings, keychains, and old receipts. The old name must not exist anywhere on the vessel, or you invite some majorly bad juju from Poseidon.

Part 1: Farewell & Purging of the Old Name (*Gather the crew at the bow. Hold a piece of paper with the OLD name written in water-soluble ink, or a metal tag. Have your champagne, expensive tequila, or favorite beverage ready.*)

Captain: "Mighty rulers of the depths, winds, and waves! We stand before you today to pay respect to a vessel that has carried souls safely across your domain. For years, she was known to the ledger of the sea as **[OLD NAME]**."

The Crew: "We remember her well!"

Captain: "We thank her for the adventures, friendships, and memories etched into her hull. But her watch under that name has ended. We respectfully release **[OLD NAME]** from all records of the sea, and ask that she be struck from the Great Ledger, dissolved into the deep, and forgotten by the winds." (*Drop the water-soluble paper or metal tag into the water. Pour a generous splash of your drink into the sea.*) **Captain:** "Begone, **[OLD NAME]**. Sleep well in the depths of memory."

Part 2: The Blessing of the Four Winds (*Face North, then turn clockwise to address each cardinal direction, tossing a splash of drink to each.*) **Captain:** "Great winds of the Earth, uncap your currents, welcome a new sister to your paths!"

- **To the North:** "Bring us clarity, cool heads, and the strength to get safely home!"
- **To the East:** "Bring us the bright dawn of new adventures with every sunrise!"
- **To the South:** "Bring us warmth, gentle breezes, and full hearts!"

To the West: "Bring us beautiful sunsets, and find us grateful for the day!"

Part 3: The Profound Rebirth & Toast (*Take 60 seconds to explain why you chose the new name. Then, unveil the new name by removing a canvas cover or revealing the new decal.*)

Captain: "A boat is more than fiberglass, wood, and steel; she is a keeper of stories. Like us, vessels evolve and require fresh chapters. From the ashes of the old, this hull is reborn today. We proudly bestow upon her the name... **[NEW NAME]**!"

The Crew: "Hail **[NEW NAME]**!"

Captain: "May your hull be strong, your keel straight, and your engines true. May you carry us safely through calm seas and rough weather, bringing laughter when spirits are low, and always enough fuel, wind, and luck to bring everyone home. To **[NEW NAME]**: May you always have a fathom of water beneath your keel, a fair wind at your back, and a crew that loves you."

Part 4: The Offering (The 50/50 Rule) (*Pour a healthy amount of your drink over the bow. Do not smash the bottle—it damages the gelcoat leaving broken glass in the water, which Poseidon actually hates. Pour the rest for the crew.*)

Captain: "The ledger is rewritten. The gods are happy. As a wise sailor once said: 'The destination is never the harbor we seek, but the life we discover along the way.' Fair winds and following seas to all who sail aboard **[NEW NAME]**!"

All: "To **[NEW NAME]**!" (*Sound the horn, ring the bell, raise your glasses, and let the celebration begin*)

Fun Historical Bonus Fact: If anyone on your crew is acting a bit wild or crazy on the way to the boat, don't worry—ancient sailors believed that encountering a mentally unbalanced person on the way to the ship was a good omen that guaranteed a safe, prosperous voyage!

Garry, docsails@gmail.com





Thanks to Bob Dyling who caught the
stunning photo above!

4 fine halibut



BUSINESS DONORS

Ann Howarth Group, ReMax Realty
 Channel Islands Kayak Center
 Channel Islands Maritime Museum
 Kling Team, Sotheby's Realty
 Hook's Landing Sportfishing
 Island Packers
 Limoneira
 The Manhattan of Camarillo, Restaurant
 Mariner's Mail Stop
 Mrs. Olson's
 Navy Federal Credit Union, PH & NBVC branches
 NBVC – 3 CB's for MTRV Truck Static Display
 Red Tandem Brewery
 Rudder Room
 A&M Private Yacht Events (Starlight vessel)
 SafePort
 Seafresh Restaurant
 Reel Guppy Outdoors
 Western Bagel
 Bill Horstick, #67billh - Photographer

Thank s to Dodie Duffy for engaging amazing sponsors!



THANK YOU TO ALL VETERANS WHO SERVED!



Bonnie Chaney: CIYC Photographer



SKIPPERS WHO VOLUNTEERED THEIR BOATS TOTAL 19 BOATS

CLUB	CAPTAIN	BOAT NAME	TYPE
<u>CIYC</u>	- Steve Aronson	Kanaloa	sail
	- Bill Brayton	Maverick	Cat 36
	- Gary Craft	Dos Amores	power
	- Mike DeSart	Angler Management	power
	- Jeff Hancock	Level Up	Ben 50
	- Christine Healy	Mystic Whaler	sail
	- Phil McPhail	Variable	power
	- Eric Taylor	Rampant	sail
	- John Rome	Sammy Jo	35 sail
	- Kevin Bigler	Caim	34 sail
<u>AYC</u>	- Dave Gorney	No Compromise	J105
	- Marshall Murphy	Iya Sofia	sail
	- Mike Taylor	Maine Squeeze	sail
<u>FYC</u>	- Tom Dotz	Zephyr	38 sail
<u>PBYC</u>	- Mike Hopper	Cirrus	38 sail
<u>PCYC</u>	- Jimmy Jewel	Squared Awiegh	49 sail
<u>VSC</u>	- Mark Hoffman	Zoarcas	34 sail
	- Alicia Hall-Stratton	Akua Kai	Cat 42
<u>N/A</u>	- Doug Dodge	New Adventure	power



CIYC Under the Sea



SAVE THESE DATES

Wed. July 1 Pizza Party

SAT. July 4 Pat and Judy Campea 4th of July

Wed. July 8 tbd

Friday July 10 Beefeaters' Dinner

Saturday July 11 Lite bites following Concert in the Park

Wed. July 15 Deborah Tyhurst and crew

Friday July 17 TGIF FISH FRY

Sunday July 19th—OUTDOOR PARTY

Wed. July 22 Caribbean nights

Friday July 24th Lite Bites & Karaoke

Wed. July 29 Very Special night!

Saturday July 31 Friday Epicurean Dinner

PLEASE RSVP EARLY

so cooks can shop and prep!

Send email to: rsvp@ciyc.com

Include day, date and number of reservations

REMINDER

All dinner reservations, must be made through RSVP@ciyc.com.

We will no longer accept dinner reservations by text message or phone call.

This will help our volunteers and staff keep reservations organized and ensure accurate attendance counts for our events.

Dinners will no longer be payable at the bar.



Ciao amici del CIYC,
Rappresentiamo con orgoglio il
nostro Club sulle Alpi Italiane!

Hi CIYC friends, Representing our
Club with pride in the Italian Alps!
Michele Tranquilli Loman



The
SHIP STORE
will be
OPEN
ON THE FOLLOWING
July Dates:

- FRIDAY JULY 10**
before the Beefeaters Dinner
5:30 - 6:30pm
- SUNDAY JULY 19**
during the Welcoming Committee
Outdoor Event, Time TBD
- FRIDAY JULY 31**
before the Epicureans Dinner
5:30pm - 6:30pm



Islanders to the Rescue!

By Marsha Anderson

It's not always possible to predict every need that the yacht club may have in any given year. The budgeting process for the coming year often reflects a necessary but "best-guess" scenario.

That's where the Channel Islanders come in....

The fundraising arm of CIYC, the 49 Islanders—both women and men—take on the challenges of creating and staffing events that will be profitable and fun for the club. From special dinners and the Jingle Bell Brunch to decorating the clubhouse for the holidays, the Islanders always come to the rescue, providing needed labor and financial help. Their annual donations to the club come close to \$10,000 a year, as they see a need and then figure out how to fill it.

In the last four years alone, Islanders have contributed from half to a third of the costs of a new pergola, the tables and chairs that go under it, two ovens, a freezer, and dishes and flatware. Most recently, they helped with the purchase of a hot water heater for the downstairs area (one of those unexpected events that crops up with an aging physical plant!) and the handsome gray storage cabinets that line one wall of the dining room.

But it's not just about dollars. The Islanders also organize and provide all the labor, expertise, talent, and food at Opening Day, a huge challenge to serve the crowd of community and club members who attend, always making it one of the best Opening Days in Southern California yachting. They also transform the club into a winter wonderland with their holiday decorations. In short, a lot of what the Islanders do would simply not get done without them.

In between fundraising and special events, the Islanders manage to have a lot of just plain FUN! There have been annual trips to the polo grounds in Carpinteria and other fun outings, as well as monthly member lunches at local restaurants or prepared at CIYC by Islander chef Evelina Arglen.

The Islanders have a long, strong record of providing the extras that keep CIYC running smoothly. Corresponding yeoman Carole Naylor, purser Sue Woolf, and recording yeoman Reneau Oglesby welcome any and all new members. There are even vacancies on the Islanders Board if you'd like to exercise your leadership skills.

If you haven't done so already, please thank an Islander today for all they do. Even better, join them! Membership is only \$20 — you too can become a part of this amazing group today!

islanders@ciyc.com

Father's Day Dinner & 50/50 drawing



New Member Orientation

Saturday July 11th
10 am

Welcome to CIYC!
Join us to learn
about the Club!

The opportunities, events, and communications!

Learn the ropes and how to
navigate your membership!



Sun	Mon	Tue	Wed	Thu	Fri	Sat
5 3pm Bar opens	6	7	8 6:30pm Wed dinner	2 6:30 pm DJ Trivia Bar food	3 Happy Hours 5-7 pm Birthday Bash potluck	4 INDEPENDENCE DAY 4pm bar opens Music- 5-8 5:30 Dinner 9 Fireworks
12 Ladies Fishing Tournament 3pm Bar opens	13	14	15 5 pm Islanders' BOD meeting 6:30pm Wed dinner	9 6:30 pm DJ Trivia Bar food	10 Happy Hours 5-7 pm 7pm Beef:aters	11 10 am New Member Orientation Lite Bites After Concert
19 1pm Bar opens 1pm Outdoor Party Celebrations	20 5pm finance	21 6:00pm CIYC BOD	22 6:30pm Wed dinner	16 6:30 pm DJ Trivia Bar food	17 Happy Hours 5-7 pm TGIF/Fish Fry	18 No Dinner
26 3pm Bar opens IOBG Meeting	27	28	29 6:30pm Wed dinner	23 6:30 pm DJ Trivia Bar food	24 Happy Hours 5-7 pm Lite Bites Karaoke	25 7pm Dinner
				30 6:30 pm DJ Trivia Bar food	31 Happy Hours 5-7 pm 7pm Dinner Epicureans	

Sun	Mon	Tue	Wed	Thu	Fri	Sat
2 1-3pm Corn Hole And Lite Bites	3	4	5 6:30pm Wed dinner	6 6:30 pm DJ Trivia Bar food	7 Happy Hours 5-7 pm Birthday Bash potluck	1 Coastal cruise John Larson Memorial Race (Post-race Hospitality) 7pm burgers
9 2pm Bar opens Bocce Ball 2-5pm Open House	10	11	12 6:30pm Wed dinner 6:30pm Wed dinner by the Law Dogs	13 6:30 pm DJ Trivia Bar food	14 Happy Hours 5-7 pm Lite Bites	8 Shipshape 7pm Dinner
16 1pm Bar opens 1-3pm Themed Outdoor Party	17 5pm finance	18 6:00pm CIYC BOD	19 5 pm Islanders' BOD meeting 6:30pm Wed dinner	20 6:30 pm DJ Trivia Bar food	21 Happy Hours 5-7 pm Lite Bites 7pm General Meeting	22 Anacapa Isle Cruise 7pm Beefeaters
23 3pm Bar opens	24	25	26 6:30pm Wed dinner	27 6:30 pm DJ Trivia Bar food	28 Happy Hours 5-7 pm Lite Bites 7pm Ventura British Brass Concert	29 7pm Epicureans
30 1pm Bar opens Croquet And Lite Bites	31					

**CHEERS TO
250 YEARS!**

SATURDAY JULY 4TH

Bar Opens 4:00 ~ Music 5:00-8:00

Dinner Bell 5:30 ~ Fireworks 9:00

Pat & Judy Campea are serving up ...

- Boneless teriyaki chicken thighs
- Italian sausage sub sandwich with choice of peppers and onions or Italian tomato salsa
- Pesto pasta shrimp salad
- Elote corn
- La scala chopped salad
- Pound cake with fresh strawberries and blue berries and topped with whipped cream

Featuring music by

UNKLE MONKEY

\$27 per person

rsvp@ciyc.com



Summer Youth Sailing *Channel Islands Harbor*

Pacific Corinthian Youth Foundation
SUMMER SAILING JUNE – AUGUST

Serving Youth ages 8-18
in Channel Islands Harbor,
Oxnard | Ventura County

\$350 for first week
Additional week & same
household student discounts

Learn to Sail ● Gain Life Skills ● Water Safety
Build Community ● Have Fun ● Eco-Awareness



Learn more & register today
pcyfsailing.org | (805) 974-0059



SINCE 1992



BIRTHDAY & ANNIVERSARY BASH

Friday, July 3rd

CELEBRATING JULY BIRTHDAYS
& ANNIVERSARIES

All American Potluck and
CORNHOLE COMPTITION!

You have a chance to win a \$25 gift
certificate to a local restaurant, a
bottle of wine or a 6-pack of beer

Birthday Cake Shots will be available for \$3 Free
to the 3 drawing winners & winner of the

GAME FOR JUNE

POTLUCK BRING A DISH TO SHARE!

Happy July Anniversaries!

Frank & Lori Dupuis Jul. 05
Greg & Sandy Schomaker Jul. 07

Allen & Karla Michaels Jul. 10

Jerry & Mary Barker Jul. 12

Randy Moberg & Mitzi Like-Moberg Jul. 19

Bob & Mona Witkowski Jul. 19

Johnny Zendejas & Mayra Ramirez-Zendejas, Jul. 22

Paul & Marianna Morgan Jul. 23

Eric & Terri Dutton Jul. 25

Happy July Birthdays!

Crisafulli, Paul July 2

Hopps, Tania July 2

Borkowski, Jack July 3

Pizzuti, Stacy July 3

Wood, Jerry July 4

Youngman, Kathy July 4

Shelly, Reed July 5

Elswick, Bill July 6

Harris, Paul July 7

Berns, Care July 7

Brockman, Janie July 7

Febre, Cherie July 7

Calo, Connie July 7

Young, Lauren July 7

Van Daalwyk, Jane July 7

Abraham, Teri July 8

Herold, Paul July 9

Hughes, Kim July 9

Medlen, Lisa Marie July 10

Rankel, Viva Ann July 11

Haas, Jeff July 13

Miser, Skip July 15

Nolan, Sher July 15

Lamar, Robin July 15

Mazariegos, Jairo July 15

Miser, Lee July 17

Woolf, Phil July 17

Jeffries, Misty July 18

Aiu, Rene July 19

Dupuis, Lori July 19

Norton, Doug July 20

O'Herlihy, Cormac July 21

Grethel, Chuck July 21

Hirschbach, Kip July 22

Preston, Laurie July 22

Tyhurst, Rick July 25

Salandra, Tony July 25

Jones, Christopher July 25

Morgan, Marianna July 26

Aslan, Susan July 27

Moore, Mary Ann July 27

Deyling, Bob July 28

Verstynen, Cary July 28

Chaffee, Michelle July 28

Magee, Bill July 28

Solt, Gary July 28

Sullivan, Frank July 29

Edwards, Harold July 31



VOLUNTEER



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Volunteer to cook
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If you are traveling and would like a letter of introduction to a club please contact reciprocals@ciyc.com
Burgees for burgee exchange are available from the Ship Store—contact shipstore@ciyc.com

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We are very sad to announce the passing of Janis Pulliam Long time CIYC member Janis Pulliam passed away after a short stay in St. John's hospital Wednesday.

Janis was popular active members who provided reservations lists for dinners.

We will provide more information as available.



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UPCOMING EVENTS JULY 2026

Wed. July 1 Pizza Party

SAT. July 4 Pat and Judy Campea 4th of July

Wed. July 8 tbd

Friday July 10 Beefeaters' Dinner

Saturday July 11 Lite bites following Concert in the Park

Wed. July 15 Deborah Tyhurst and crew

Friday July 17 TGIF FISH FRY

Sunday July 19th—OUTDOOR PARTY

Wed. July 22 Caribbean nights

Friday July 24th Lite Bites & Karaoke

Wed. July 29 Very Special night!

Saturday July 31 Friday Epicurean Dinner

PLEASE RSVP EARLY
so cooks can shop and prep!

Send email to: rsvp@ciyc.com

Include day, date and number of reservations



Have a safe and
HAPPY
250th 4th of July
Celebration!



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TIP THE BARTENDERS!

Kammie, Mary, Reggie, Tyler, Anna!

Also—thanks to Rebecka for all she does to
manage accounting!



**Time to vote
for 2026**

2025
VOTED BEST YACHT CLUB
IN VENTURA COUNTY
9th YEAR IN A ROW!

VCReporter
NEWS CULTURE ARTS & OPINION

Volume 66—No. 7

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E-mail submissions and photos to
currents@ciyc.com

Please email images or post on Facebook!

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Articles must be received by the 20th of the month
preceding the next publication month.

Next deadline **JULY 20, 2026**
for the AUGUST 2026 Issue.

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