

**Lady at the Helm Race
NOVEMBER 14, 2009
(RESCHEDULED)
Channel Islands Yacht Club
Channel Islands, CA**

NOTICE OF RACE

1 RULES

The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*, the Sailing Instructions, and PHRF of Southern California.

2 ELIGIBILITY AND ENTRY

The regatta is open to all boats with a valid PHRF certificate for spinnaker class; and all boats at least 24 feet for the non-spinnaker class, for which a rating for this race only will be assigned by the race committee. All eligible boats must be entered and skippered by a woman. A special class will be scored for any entries with an all woman crew and/or any double-handed entries. Enter by completing the CIYC entry form and mailing it together with the required fee, or deliver in person no later than 9:00 AM at the skippers meeting.

Channel Islands Yacht Club
4100 S. Harbor Blvd
Oxnard, CA 93035
ATTN: RACE COMMITTEE

3 FEES

Required fees are as follows: \$25 US Sailing Member, \$30 Non Member.

4 SCHEDULE

11/14/2009 Registration until 9:00 AM. Mandatory skippers meeting at 9:00 AM. The scheduled time of the warning signal is 11:55 AM.

5 SAILING INSTRUCTIONS & COURSES

The sailing instructions and courses will be available at the skippers meeting.

6 PRIZES

Prizes will be awarded at CIYC after the conclusion of racing.

7 DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

8 INSURANCE

Each participating boat shall be insured with valid third-party liability insurance.

9 FURTHER INFORMATION

MARY FOSTER, VICE COMMODORE – 805-985-CIYC