



AUGUST 2016 VOLUME 56 ~ ISSUE 08

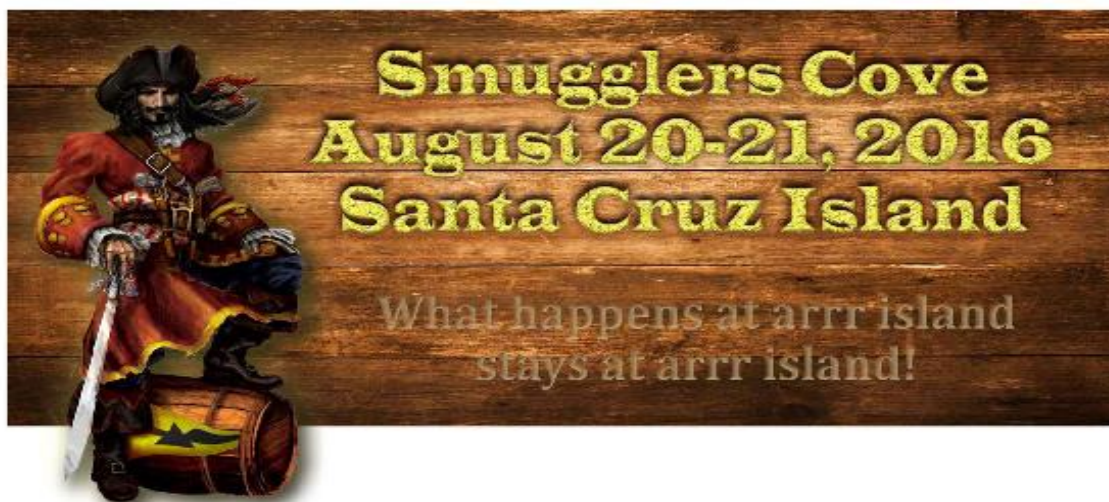
Commodore: Vidar Bech
Editor: Liz Campbell
Asst: Frank & Sharon Sullivan
Asst: Pat Korecky

Channel Islands Yacht Club

CIYC is located at Lat. 34° 09' 48.9" N; Long. 119° 13' 35.6" W
4100 Harbor Blvd., Oxnard, CA 93035.
Phone (805) 985-2492

published monthly

Currents



CIYC Cruisers are sailing to seek pirate treasure! Come join in the fun and stake your claim in the anchorage. Scribe ye in old book at the pub (or RSVP in some manner) and ye shall be rewarded by "Captain Morgan" upon arrival!

Come join fellow CIYC cruisers for:

- Cocktail Parties
- Kayak Excursions
- Pirate Lingo & Booty
- Plundering
- Pillaging

Contact the 2016 CIYC Cruise Director
Dann Daggett for more information.
Email: captaindann805@gmail.com
Cell: 805-509-8523

Should the cruise be cancelled due to weather we may still organize a cruise-in / dock party so...

watch for updates!



Visit us online at www.ciyc.club



Message From The Commodore Vidar Bech



Summer is NOT over, but Fall is knocking on the door and with that, comes a very important season for our Club: the nominations and election of the new Board and Bridge. At the August 26th General Meeting, there needs to be a minimum of five nominees for the Board of Directors, four to replace the outgoing Directors for a 2-year term, plus one to replace me for one year. According to our new By-Laws, the outgoing Commodore will not sit on the Board, but takes the rank of Jr. Staff Commodore and acts only in an advisory capacity.

For those of you that have been a Full Regular Member for more than one year, please consider placing your name for nomination to the BOD and contact a Nominating Committee Member: **VC Shelley Berger, Bob Deyling, Joyce Sheridan, Keith Moore or Pam Nast**. Help our Club continue to grow and prosper in a positive direction.

Looking back, the DAV Sail Day was bigger and better than ever to the great pleasure of the US Veterans and their friends and families. I had the pleasure of having a veteran from the Vietnam War, his wife and 2 friends on my boat. With good help and entertainment by **Dick Olsen**, we had a great day on the ocean and a delightful harbor cruise. Hats off to **Bill Brayton**, Club members and other volunteers. They did a fantastic job.

We had a visitor from Norway over the 4th of July weekend, our daughter's 2nd cousin, Inger. The last time she was here with her family (also a 4th of July weekend), we were blown off anchor at Yellow Banks by a wind that came up *out of the blue*, so to speak. After trying to reset four times and just plowing the ocean, we decided to head back. Turned out it was the worst weather we have ever had crossing the channel and it was **dark**. Due to a forecast of heavy south swells, we decided to play it safe this time and take her out to Little Scorpion. It was a great choice and both Inger and Kristin had the time of their life. Returning on the 3rd, they got a close up of Anacapa along the inside and I don't know how many pictures they took of the Arch. Inger can now tell her daughters that it is "**safe**" to go boating with me.

I was asked to be a Judge for the First Annual E-Boat Parade. I figured it would be easy and fun. It was *fun*, but not easy. As the last Judge on the route, they came fast and furious and having to judge four things on each boat got confusing. I saw the Statue of Liberty, four young bikini-clad females sticking out their behinds, lots of other nice decorations, too, and a lot of happy people. Not easy to judge. Thanks to **Frank Laza** and **Bob Taylor** for organizing this. It was a tremendous success.

Please look out for the cruising announcements and support **Dann Daggett** and **Cindy Crockett** who are working hard to make the program a success.

Till next time,

Vidar

Commodore





Message From The Vice-Commodore Sheldon Berger



Hello All,

We are off and running on the rehab improvements of our entryway. Our goal is to replace the ceiling lights, flooring, fresh paint and a new front door.



All members are invited to help either with donations, raffles or actual work. This is a group effort to make our club shine.

Thanks to Frank Laza for the first annual 4th of July Electric Boat Parade. It was a great success. After the parade, many participants filled our club house and enjoyed a great Bar-B-Q dinner prepared by the Chef in charge, Jerry Wood. Thanks to the Nasts and Taylors for helping out as well.

The Bridge Club, Bob & Pam Nast and Bob Ridenour were our June Wednesday Night Chefs. Thanks to all and their helpers in the kitchen. Our own Cary Verstynen escaped the heat of Arizona and volunteered to prepare two Wednesday night dinners in July. Thanks for the great spirit of cooperation.

As all members are aware, Harry Krum was the Captain on the Second Chance out of Hawaii. On his first day back at our club, Harry was kind enough to recount the experience of the rescue at sea of Tom Webb at a Wednesday night dinner. Thank you Harry for all the good work that you do in helping others.

Elections of a new Board of Directors is just over the horizon. It's a great opportunity to learn the INS and OUTS of how CIYC operates on a daily basis. Interested members can contact me directly about different responsibilities and assignments. We are a member run club and it's a great way to be involved and work with fellow members on the operations. It's very rewarding.

I hope all are enjoying our Summer.

Shelly Berger, Vice Commodore 2016





Message From
The Rear-Commodore
Penny Lipp



The CIYC first dinghy party was a resounding success, attended by over 50 people. Music was provided by Steve Stafford (Uncle Monkey) along with nautical trivia and a black bag guessing game. Water related contests were held on the dock, during which time our new member, Chris Loza, won the Dolphin Award!!! The Dolphin Award was earned by falling off the dock into the channel.

Many thanks to our host, Carter Gage, along with Kitty Brown. Many thanks also to Joyce Sheridan, Eleanor Hovaten, Cary Verstynen, Les Hardwick, Bev Hammond, Marnie Bech, Erika Barbaric and especially, Tom Warden.

Our upcoming races are:

The John Larson Memorial - August 13

The Bob Cooke Memorial (double-handed) - August 27

Attention all RAMS! Keep track of your required races and points!

We wish a warm and safe welcome to our hearty sailors, Captain Harry Krum, Tom Webb, and Sam Bradbury after a challenging experience on the high seas.

Looking for a location for our next Dinghy Party scheduled for August 28th. Give me a call.

Wishing you safe cruising; enjoy each day to its fullest.

Penny Lipp,
Rear Commodore





Message From
First Mate
Karen Farrell

Hello Channel Islanders and CIYC Members!

Oh my, August already!! This year is going so fast. As you may know, I have been on vacation since 6/25 and returned to Oxnard just in time for the 7/18 Dinghy Party. Thank you to Carter Gage for opening up your home and to all that contributed food and labor for a fun day.

We have rescheduled our Regular Islander Dinner Meeting for July 26th and hope by the time you are reading this that we will have had a quorum and that the Islander By-Laws/ Standing Rules revisions will have a favorable vote. Thank you to Joyce Sheridan, as the Luncheon/Dinner Chairperson, for a great menu and to the cooking crew – Pam Nast, Carol Lazzarevich, and Lisa Marie Medlen. A big thank you to our volunteer bartender as well, BOB DEYLING!

Also from July, I'm sure the Islanders Pancake Breakfast on JULY 31st, headed by Vera Cline, will have been a big success. Thank you to the cooking crew – Marnie Bech, Cindy Crocket, Karen Farrell, Judy Fraser, Carol Lazzarevich, Pam Nast, Joyce Sheridan, Janette Sosothikul & Bartender BOB DEYLING for helping make it a special day. More about this in the next newsletter.

On behalf of all the Channel Islanders, I want to send our love, sympathy and prayers to the family of our dearly loved, Lifetime CIYC Member, Ellie Bishop. Ellie passed away after a month long illness on July 24th. One of Ellie's last contributions to the Islanders and this club was to be on the By-laws/Standing rules committee. She was very instrumental as we worked through the revisions. Her history of the club was so valuable. She will be sorely missed by all.

I hope your summer is going well and safe travels to all of you that are seeing sights around the world.

Karen Farrell
1st Mate 2016



Doc Lines

Atherosclerotic Coronary Artery Disease

This is when cholesterol-laden plaques develop in the walls of heart arteries. What causes atherosclerotic plaque? Is it elevated serum cholesterol, or its sub-type: “bad cholesterol?” Or is it a chronic inflammatory process, damaging an artery’s smooth inner lining, which induces repair by the proliferation of fibrous-forming cells, resulting in a plaque? If the latter, incorporation of cholesterol and calcium into the plaque is a secondary effect. To my mind, this issue has not been satisfactorily resolved yet.

And this has significant implications. If it is cholesterol, then drugs called statins will lower it. And if it is inflammation, a series of anti-inflammatory supplements may help. And, of course, it could be both. I will leave statins for your doctor to decide. I will focus on anti-inflammatory supplements.

What are the things that promote plaques and inflammation?

- 1) Too many carbohydrates, omega-6 vegetable oil, and trans fats

2) Deficiencies in vitamins A, C, D, E, K2, B6, B12 and folic acid. Also Mg, Se, Cu

3) Lipid oxidation products, abdominal obesity

4) Bacterial infection (gums, stomach [Heliobacter pylori], etc)

5) Diabetes, hypertension, smoking, stress

6) Family history

What are the supplements that fight plaques and inflammation?

Curcumin	Vitamin K2	Vitamin C	Gingko biloba
Quercetin	Vitamin E	Magnesium	Omega-3-fatty acid
Resveratrol	Coenzyme Q10	Selenium	Dry garlic concentrate
Vitamin D	Alpha Lipoic Acid	Zinc	

How do they do that?

- Anti-inflammatory effect**

Curcumin, Quercetin, Resveratrol, Vitamins C, D, E, Selenium, Zinc, Magnesium, Omega-3

Extract calcium from plaques

Vitamin D, K2 (menaquinone-7) (Always consult your MD regarding K2, if on anticoagulants)

Decrease platelet adhesiveness, anticoagulant

Omega-3-fatty acid, Gingko biloba, Vitamin E, Magnesium

Antioxidants

Alpha Lipoic Acid, Coenzyme Q10, Vitamins C, E

Vasodilator

Magnesium

Also nuts: They’re good for you, especially walnuts. Always talk to your doctor.

Your Fleet Surgeon, Zoran

Thanks to Erika for editing.



Brad scouting the area.



Lunch break - 16 minutes near Channel Islands Beach, CA



Brad was such a huge help and treated us like royalty.



Dan (assistant helper) and Becky



Becky and Cindy ready for some White Sea Bass.

**Ladies fishing tourney
June 5th**

Joyce and Pat patiently waiting for the Big catch!!



Pat proudly displays her 3rd place catch.



Anglers' Corner - May 2016

By Frank Sullivan



Big Fish of the Month:

So far the big fish of the month is led by Dave Erickson with a 42.7 lbs. Yellow Tail. He is the only one turning in a fish for the monthly tourney.



Dave Erickson



Gary Johnson

Gary Johnson caught a very nice 33 lbs. Yellow Tail on a 250-mile trip down south on Mark Palamountain's Boat but didn't find the Blue Fin tuna they were looking for. Very nice effort though.

There have been reports of Marlin caught down by Catalina Island already and the water has been warming to 70+ degrees behind Anacapa Island, so it shouldn't be long now for our local marlin to show up.

WSB Grow-out Pen Update:

All the 18,000 juvenile White Sea Bass are doing well, with very few mortalities

Upcoming Events:

September 9 th	Channel Islands Bill Fish Tourney Kick-off Dinner
September 10 th to 14 th	Channel Islands Bill Fish Tournament
September 16 th	Channel Islands Bill Fish Tourney Awards Dinner
November 19 th	Anglers' Awards Scampi Dinner





UNITED STATES COAST GUARD

U.S. Department of Homeland Security

MARINE SAFETY ALERT

Inspections and Compliance Directorate

July 20, 2016
Washington, DC

Safety Alert 07-16

STEM TO STERN, FOAM TO DUST INSPECTING YOUR LIFEJACKETS IS A MUST!

This safety alert reminds all vessel operators to routinely inspect their lifejackets to ensure they are suitable for service. Recently Coast Guard inspectors in Key West, Florida discovered two vessels that had over 60 lifejackets that were required to be removed and destroyed. It was discovered that the unicellular foam buoyant material within the nylon outer shell had degraded significantly over time, broke apart, crumbled and in some instances was reduced to dust. The lifejackets were properly stored, kept dry, and not under direct sunlight; however, the location was very hot at times.

These particular lifejackets were the Type 1, 160RT model distributed by "The Safeguard Corporation" of Covington, Kentucky. They were manufactured in China and approximately nine years old. The distributor is no longer in business. Over the years, the Coast Guard has distributed a number of other safety alerts related to lifejackets and personal floatation devices (PFDs). The archive of alerts can be accessed at the following site: http://www.uscg.mil/hq/cg5/cg545/alerts/96_14SA.pdf. See PDF page numbers 27, 72, 138, 145, 158 and 165.

As a result of this recent discovery the Coast Guard **strongly recommends** that vessel owners and operators inspect their Type 1 unicellular plastic foam lifejackets for potential indications of failure or degradation, specifically:

- **Compression:** The lifejacket may be compressed from many years of stowage.
- **Loss of resiliency:** The lifejacket is excessively hard, stiff or its foam is brittle. Normally after compressing the lifejacket to about half its initial thickness, the foam should expand to its original dimension in a short period of time.
- **Shrinkage:** A physical reduction in size may be indicated by "wrinkling" of the coating on vinyl dipped type or by a loose fitting shell on a fabric-covered lifejacket.
- **Manufacturer:** While the potential for problems applies to all older PFDs, those manufactured by "The Safeguard Corporation" should be closely examined.

This Safety Alert was developed by the Coast Guard Headquarters Office of Investigations and Casualty Analysis in conjunction with the Inspections Division of Coast Guard Sector Key West. Any questions or comments should be sent to: HQS-PF-fldr-CG-INV@uscg.mil.



**Degraded Dust-like
Unicellular Foam**



Volume Shrinkage

DO YOU KNOW?

Max and Eleanor Hovaten.

By Keith & Mary Ann Moore

In the wild 60's, Max sailed collegiately and studied Fine Arts and Engineering at the University of California, Irvine. Eleanor attended UC Santa Barbara graduating with degrees in English, Religious Studies, and Secondary Education. They met and married in Orange County (1982). Their son, Kristof, is a biomedical engineer in San Francisco.

In 1989, they fled the horrible Orange county traffic, left their jobs as engineer and clinical social worker, and moved to Inyokern in Kern County, a town of 90 souls. Like the early pioneers, they bought unimproved raw desert land, built a solar powered house and pioneered one of the first pistachio orchards in Eastern California. Note of irony? Eleanor learned she is allergic to pistachios!

Eleanor taught English at the local college and high school, while Max drove to the San Fernando Valley to consult at Rocketdyne. Eleanor retired from teaching in 2008 and she and Max started sailing out of Channel Islands Harbor and fell in love with the area. Early in 2014 Eleanor spotted a mobile home in Oxnard Shores and bought it, so she could return to the beach of her collegiate days.

Max and Eleanor joined CIYC in July of 2014 and have been active in the club ever since. Eleanor is now Second Mate of the Islanders and Max plays the keyboard in CIYC's band along with Bill Lynch, Tom Warden, John Medlen, Larry Stein, and other members.

Last year Max was called out of retirement to work on the new rocket engine to replace the Space Shuttle. Now, Max, in addition to maintaining the Pistachio orchard, works 3 days/week at the 'rocket factory' commuting from Oxnard, and finds time to do some sailing on the weekend. When she is not traveling solo around the world or rehabbing the beach house, Eleanor spends time doing yoga, cooking at the club, walking, and sleeping through multiple Netflix series.

Max and Eleanor love to travel together. They have been to India several times, visited relatives in Slovenia, and have done a little sailing in Greece. Next month, they are off to visit friends in Alaska. After the big job of harvesting pistachios in the fall (they shake the trees like crazy!), they will head to Baja for some fishing and snorkeling. It has been a challenging and rewarding life for Max and Eleanor; they are proud of their wonderful son Kristof, proud of the pioneer orchard accomplishment, and now ready for having more time for funstill looking for that perfect boat!

So.....when at the Club, look for Max and Eleanor, please say Hello and introduce yourself to a very interesting couple.





Dinghy Party
July 17th





Dinghy Party
July 17th





Dinghy Party
July 17th





August 2016

Channel Islands Yacht Club

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2 7pm DAV Sail day wrap -up meeting	3 6:30 pm Wed .Dinner	4 Bocce Ball	5 5-7pm Happy Hours 6pm Ships store open Birthday Bash	6 7pm Dinner/Social
7 Room Rental	8	9	10 2pm Bridge group 6:30 pm Wed .Dinner	11 5pm Islanders BOD meeting Bocce Ball	12 Cabo Challenge Golf Tourney 5-7pm Happy Hours 7pm Ventura British Brass Concert	13 John Larson Memorial Race 7pm Beefeater dinner
14 Room Rental	15 Currents Article Due	16 6:30pm CNYC board meeting	17 6:30 pm Wed .Night Dinner	18 Bocce Ball	19 5-7pm Happy Hours	20 9am Shipshape 7pm Epicureans dinner
21	22	23	24 2pm Bridge group 6:30 pm Wed .Dinner	25 Bocce Ball	26 5-7pm Happy Hours 7pm General Meeting Nominations to Board	27 Bob Cooke Memorial Double Handed Race Dining Room Rental Owens
						Cruise
28 Dinghy Party	29	30	31 6:30 pm Wed .Dinner			Bar Hours Sunday 3pm to close, Closed Mon. & Tues. except special events Wed. Thurs. & Fri. 5pm to close, Sat 4pm to close

As of 07/25/16





September 2016

Channel Islands Yacht Club

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Bar Hours Sunday 3pm to close, Closed Mon. & Tues. except special events Wed, Thurs. & Fri. 5pm to close, Sat 4pm to close			1 Bocce Ball	2 5-7pm Happy Hours <i>6pm Ships store open</i> TGIF/ Birthday Bash	3 No Dinner Dining Room Rented Cruise
4 1-4pm Open House	5 Labor Day Holiday Supper Club Cruise	6 5pm Islanders BOD meeting CIWSA meeting Bocce Ball	7 6:30 pm Wed. Dinner	8 5pm Islanders BOD meeting CIWSA meeting Bocce Ball	9 5-7pm Happy Hours 6:30pm CIBFT Kickoff Dinner by Islanders	10 7pm Beefeaters dinner CIBFT
11 1-4pm Open House	12 1-4pm Open House	13 2pm Bridge group 6:30 pm Wed. Dinner	14 2pm Bridge group 6:30 pm Wed. Dinner	15 Currents Article Due Bocce Ball	16 5-7pm Happy Hours 6:30pm CIBFT Awards Dinner by Islanders	17 7pm Anniversary Dinner/Dance Staff Commodores to Cook
18 Room Rental	19 Room Rental	20 6:30pm CNYC board meeting	21 6:30 pm Wed. Night Dinner	22 Bocce Ball	23 5-7pm Happy Hours 7pm General Meeting Election of Board	24 7pm Epicureans dinner
25 Tentative Memorial for Ellie	26 Tentative Memorial for Ellie	27 2pm Bridge group 6:30 pm Wed. Dinner	28 2pm Bridge group 6:30 pm Wed. Dinner	29 Bocce Ball	30 5-7pm Happy Hours 7pm Chile cook-off contest	

As of 07/25/16



'Birthday Bash' - August 5th by Connie Cala

***Come and join us for our monthly celebration
for members whose birthdays and/or anniversaries are in August.
Bring "munchies" to share, and there is always a great birthday cake!***

August Birthday Celebrations for: Judy Sandham, Jan Royall,

Tony Argall, Kathy Hunt, Richard Royall, Bill Boyd, Marylou Taylor,
Jim Carlson, Roger Knippel, Kreg Kent, Walter Russakoff, Alison Gabel,
Brent Swanson, Carter Gage, Janet Dart, Mark Palamountain, Jean Strangio,
Bill Brayton, Percy Datcher, John Hazeltine, Jane Thomas, Ruth Hatcher,
Bill Blaufuss, Chuck Bartlett, Jeff Giles, Dan Ward, Tamar Shulem,
Denise Dickey, Jan Argall, Judy Martin, Graham Paine, Don Bales,
Annette Alexander-Staples, Clark Owens, Bill Scarpino.

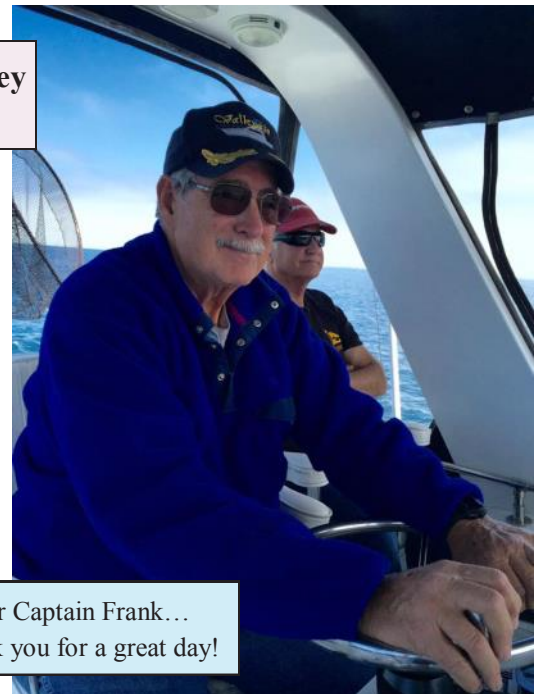
August Anniversaries are: Gary and Elese Childs, Bill and Melodie Crier,

Dennis and Judy Fraser, Mike Smith and Lisa Bishop-Smith,
Rick and Sherie Ireland, Skip and Laurie Preston, Skip and Lee Miser,
Ev and Ellie Babbe, Rick and Darlin Belmonte, Tom and Gwen Everett,
Mike and Donna McKendry, Paul and Diane Paulin.



**Ladies fishing tourney
June 5th**

Jonathon Livingston seagull



Our Captain Frank...
Thank you for a great day!



**HOWDY PARDNERS
WE'RE HAVING A HO DOWN
AUGUST 6TH**

**SANTA MARIA BAR-B-Q
TRI-TIP, CHICKEN, COWBOY BEANS
SALADS, GARLIC BREAD & DESERT
ENTERTAINMENT BY BRIAN FITZGERALD
LINE DANCING LESSONS**

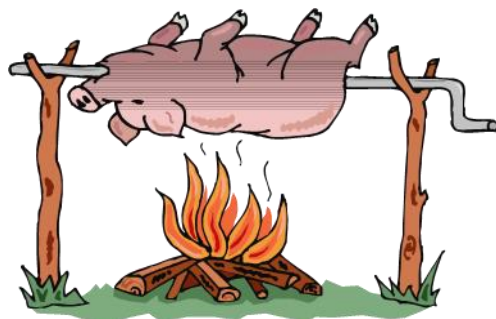
\$20.00

**CAMPFIRE BAR OPENS AT 5:00PM
COOK-OUT DINNER AT 7:00PM**



WEAR YOUR BEST EVENING DUDS

Epicureans Present
Baby Back Ribs BBQ with home made
Root Beer BBQ Sauce
By Vera Cline and Crew



August 20, 2016, 7:00 pm

\$20.00 — Sign Up Early!!

— Menu —

Baby Greens, Strawberries, Walnut, Parmesan Salad

Corn Fritters

Baby Back Ribs with Root Beer BBQ Sauce

Sweet Potato Fries

Lime Cilantro Coleslaw

Little Apricot Cakes



You're Invited

To

Clark Owens

Birthday and Retirement Party

August 27th



5:00 pm to whenever

Channel Islands Yacht Club

Enjoy the evening

With Us



and



Food will be served

No host bar, but the bar will be Open

Of course



WELCOME NEW CIYC MEMBERS in May 2016



Tony and Jan Argall

Home Phone: (805) 382-3589

(805) 766-5357

theargalls@roadrunner.com

Chris and Veronique Loza

Home Phone: (805) 509-7344

**Chris
Veronique**

popeveloza@yahoo.com
vero5929@aol.com

WELCOME NEW CIYC MEMBERS in June 2016



Rick and Darlin Belmonte

Home Phone: (805) 663-0383

Rick (203) 885-6426

roccobelmm@gmail.com

Darlin (203) 885-5551

mcdarlin99@yahoo.com

Lauraine Effress

(805) 444-7843

sparerib@roadrunner.com



Gary Gilbert

Home Phone: (520) 742-4323

Cell (520) 780-8256

c5silverbullet@icloud.com



Marilyn Osenbaugh

Home Phone: (805) 263-6573

Cell (949) 500-8345

dropcookie@att.net



Bryan Stephens

Home Phone: (805) 861-3442

masaji_1@yahoo.com





Vets Sail Day
June 26





Vets Sail Day
June 26





Vets Sail Day
June 26





Vets Sail Day
June 26





Channel Coast Marine

Electronics and Services

Sales • Service • Installation

- Electronics
- Fabrication
- Commissioning
- Watermakers
- Engine Controls
- Satellite Systems

Authorized Dealer

FURUNO

Raymarine

**2945 West Fifth Street
Oxnard, CA 93030
Phone (805) 985-0220**

www.channelcoastmarine.com

Currents Editor Liz Campbell
(805) 816-1542

Assist. Editors Frank & Sharon Sullivan
(805) 205-4073
& Pat Korecky
(805) 551-8777

Photos Bonnie Chaney

Mailing Liz Campbell

Advertising Lana Lynch
lanalynch5180@gmail.com

Name	CIYC.com
CIYC Office	ciyc@roadrunner.com
CIYC Commodore	commodore.ciyc@roadrunner.com
CIYC Vice Commodore	vcommodore.ciyc@roadrunner.com
CIYC Rear Commodore	rcommodore.ciyc@roadrunner.com
CIYC Membership	membership.ciyc@roadrunner.com
CIYC Currents Editor	currents.ciyc@roadrunner.com
CIYC Port Captain	portcaptain.ciyc@roadrunner.com
CIYC Dinner Reservations	reservations.ciyc@roadrunner.com
CIYC Cruising Chair	cruising.ciyc@roadrunner.com

Club Rental

The **CIYC dining room facility**
is available for rent

for private parties to members, or
non-members sponsored by a member.

Please contact **Rental Manager,**
Sharon Sullivan 805-985-6155

for scheduling and rates.

Help us help the Club to be Prosperous!

Currents Advertising

Ad Size	Dimensions High x Wide	Inside Pages 6 months	Inside Back	1 year -20%
Biz Card	2.0"x 3.5"	\$108/6mo.		\$172.80/yr.
1/4 page	4.5"x 3.5"	\$168/6mo.		\$268.80/yr.
1/2 page	4.25"x 7"	\$288/6mo.		\$460.80/yr.
Full page	7"x 9"	\$468/6mo.	\$570 /6mo.	in/\$748.80 bk/\$912.00



thomaswarden@att.net

Tel: (818) 710-8131

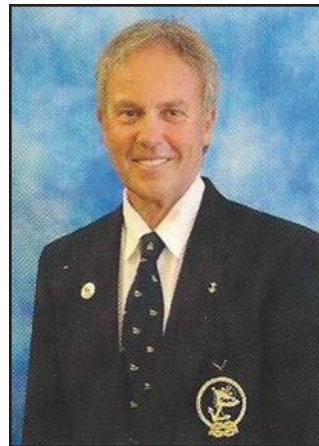
Fax: (818) 710-8130

THOMAS H. WARDEN
Attorney At Law

THOMAS H. WARDEN
LAW CORPORATION

5850 CANOGA AVENUE
SUITE 204
WOODLAND HILLS, CA 91367

Serving Ventura and Los Angeles Counties



Gary Johnson

Realtor

BRE #01896383

805-407-0022

TWO TRAVELIFTS
35 Ton & 160 Ton

**FULL LINE OF
MARINE SERVICES**

"Do-It-Yourselfers Welcome"

1415 Spinnaker Dr.
Ventura, CA 93001

(805) 654-1433

www.vhby.com



**VOTED AGENT OF
THE YEAR**

**CHANNEL ISLANDS
BEACH & MARINA
OFFICE**

*Specializing
in the sale of
coastal community
properties with
honesty & integrity
since 1986*



www.oxnardbeachhomes.com
www.oxnardforeclosurehelp.com

Troop
Real Estate Inc.
Fine Estate
PROPERTIES

Deborah Tyhurst
(805) 402-2027



Pub Grub available in the bar nightly!

FOLLOW US ON FACEBOOK FOR DINNER SPECIALS & ENTERTAINMENT

EARLY BIRD SPECIAL Monday-Friday 7am-9am

1583 Spinnaker Drive #109, Ventura, CA 93001
(805) 850-0202 info@theboatyardcafe.com

WINTER HOURS:

Breakfast 7am-11am Daily
Lunch 11am-2pm Mon-Thurs
11am-4pm Fri-Sun
Dinner 4pm-8pm Fri & Sat



Sheldon Berger **COLDWELL BANKER**
www.beachhomes.net
Experience • Knowledge • Integrity

805. 312-SOLD (7653)



Premium **INDOOR** Storage

Outdoor Coming Soon!

SPECIAL OFFER!
\$29.95 MOVES YOU IN
- OR -
FREE TRUCK & DRIVER
Call for details.



Gate Access: 6 am - 9 pm
365 Days a Year!

- Climate Controlled Units
- Each Unit Alarmed
- Extensive Video Surveillance
- Controlled Access
- Premier INDOOR RV/Boat Storage – private units or valet service
- Full Service Business Center – copy, fax, WiFi, conference room



www.StorHouseStorage.com

StorHouse
Storage Center

3201 W. Fifth Street, Oxnard, CA 93030
(Between Patterson & Victoria Ave.)

Residential • RVs
Boats • Cars • Business
Sizes from 5x5 to 22x80



Locally Owned
and Operated.

Proud
supporter of



15% Military Discount ★ CALL NOW! 805-382-2629



**Channel Islands
Yacht Club**

4100 Harbor Blvd.
Oxnard, CA 93035

(805) 985-2492

PRESORTED STANDARD
US POSTAGE PAID
OXNARD, CA
PERMIT NO 977

CURRENTS SUBMISSIONS

E-mail submissions to
Lizcaffrey@aol.com
or send via facsimile to
(805) 985-2942

Volume 56 - No. 08

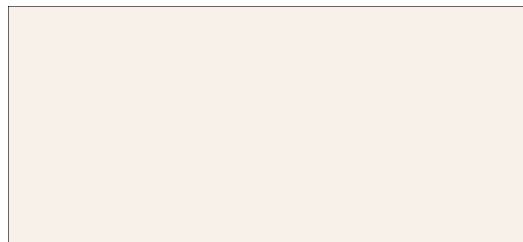
Currents is published monthly by the
Channel Islands Yacht Club,
4100 Harbor Blvd., Oxnard, CA 93035.

DEADLINE NOTICE:

Articles must be received by the 15th of the month
preceding the next publication month.

Next deadline: August 15, 2016

for the September 2016 Issue



Kim Dolan
"Mrs. Dockside"



**Boat Dock and
Waterfront Home
Specialist!**
Call Kim for all your
real estate needs.

805.341.4495

www.MrsDockside.com



Ellie Bishop

April 21, 1928- July 24, 2016

In lieu of flowers please make a donation
to your favorite charity. There will be a
gathering of friends at the club and
scattering of ashes at sea in late September.

Thank you for your kind thoughts,
Ellie Bishop's Family

