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Asst: Frank & Sharon Sullivan  
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# Channel Islands Yacht Club

CIYC is located at Lat. 34° 09' 48.9" N; Long. 119° 13' 35.6" W  
4100 Harbor Blvd., Oxnard, CA 93035.  
Phone (805) 985-2492

## *Currents*

published monthly

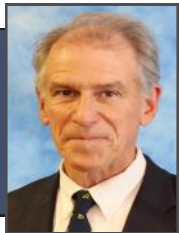


### **CHANNEL ISLANDS YACHT CLUB**

*Commodore Dave Wardlow  
and the Flag Officers of  
Channel Islands Yacht Club  
cordially invite you to attend our  
55th Anniversary  
Opening Day Ceremonies  
Sunday April 12, 2015*

*4100 Harbor Blvd.  
Oxnard, California 93035  
R.S.V.P. (805) 985-2492*

*Registration 1230  
Ceremonies 1300  
Open House 1400*



## Message From The Commodore Dave Wardlow



I just returned home from an **Open House at the Club** today and I believe it was a success. Thanks to Jerry Wood, Mary Howard and Curt Ingram, Marnie and Vidar Bech, Jim Lovins, and Erika and Zoran Barbaric for helping to host. I would like to welcome those new members to our Club. We should have a list to publish in the next issue of the Currents.

Looking forward very much to this year's variety show. We have a very gifted cast of characters – it will be another sellout. Easter, with Easter Brunch is right around the corner.

Then, it is our special day, **“Opening Day”**, celebrating **55 years of tradition**. A special thank you to Lana Lynch and Mary Howard for organizing invitations and all that is necessary to make this a great event. Also, a big shout of thanks to the **Islanders** for their efforts in preparing food and decorating the Club. This is quite an orchestrated event.

Congratulations to Diane Minor and Richard Sherlock for tying the knot in Hawaii. Wishing you the best.

Kudos to all our unsung heroes that step up and make our Club what it is. Cecily and Linda, our bartenders, deserve appreciation for all they do to make us feel at home in our lounge and Club. We have a wonderful support team and we want that to continue so let them know how special they are.

Let's have a Great Opening Day. I hope to see you all there.

**Safe Boating and Happy Trails**

**Dave Wardlow**  
**Commodore 2015**

**April 11 – Opening Days (VYC, PBYC, HIYC, PCYC)**

**April 12 – Opening Days (CIYC, PBYC, CIWSA)**





## Message From The Vice-Commodore Vidar Bech



**Ship Shape** After our first ship shape February 28, I was a little disappointed that only four members showed up to get our kitchens cleaned up. My thank you goes to the ones who came: **Graham Paine**, **Les Hardwick** even though he wasn't feeling well, **Dennis Van Daalwyk** who could reach places nobody else could, and **Dick Olsen** who gets the Purple Heart since he fell off a shaky stepladder while cleaning the Dishwasher. **Marnie** helped a lot after also helping out with table setting. March 14 we got more help and made more progress. **Jennifer Olcovich** (the spice girl) cleaned and organized the spice shelf, **Patty Foley**, the pantry, **Ann Marie Gross** and **Eleanor Hovaten** cleaned up the front entrance. **Dann Daggett** is tackling the bulletin board in the front, and **Allan Gabel** brought his own tools so he could change hinges on the aft dining room door. That was a tough one. **Maurice Julian** worked on the outside sheds, and **Bill Crier** (still not feeling well) helped with good ideas and directing. Thank you all!

**Jerry Wood**, **Don Dickey**, **Karen Farrell**, **Bob and Pam Nast**, and **Marnie** did Wednesday Night Dinners in March. Thank you for stepping up. For April we still have openings for the 22<sup>nd</sup> and 29<sup>th</sup>. Don't be shy, give it a try.

**Don Dickey and Gary Johnson** with crew put together an outstanding lobster dinner; what a treat! Sorry it had to be limited to 75 people; next time make sure to sign up early. **St. Patrick's Day Dinner** was a festive event, and **Vera Cline** and her crew sure knew how to do an Irish evening with traditional corned beef and cabbage, the pistachio mousse was to die for! I felt sorry for the cooking crew that had to work in the kitchen; it was probably 120+ degrees there that day with all the ovens going. Hope they had sufficient liquid intake. Still coming up in March is the **Islanders anniversary dinner**, **Epicurean Dinner** and the **Variety Show** on the 28<sup>th</sup>. As of the writing these have not happened yet.

On March 6, **the British Brass Band** treated us to another one of their great concerts, it was exhilarating and educational. Sunday March 15, **Jerry Wood** put on a special Open House that was very successful and we got some great new members. **Welcome onboard.**

**More Ship Shapes:** Saturdays April 4<sup>th</sup> and 11<sup>th</sup> to get us ready for **Opening Day on April 12<sup>th</sup>**. We need all hands On Deck to get ready. Lots of things to do. **Help out!** Put on your painting clothes and come!

Till Next Time



Message From  
The Rear-Commodore  
Jim Lovins



The Mid-Winters were held on February 21 & 22. Brent Swanson (*Velero*), Harry Krum (*Fus'ee*) and Shelly Johnson (*Zoarcas*) represented CIYC. There are a number of great photos in the March Currents. For Spring Series #2 (March 7), Bill Brayton and crew on *Maverick*, and Shelly Johnson and crew on *Zoarcas* represented the club. Well done, CIYC Rams!

Wet Wednesdays started on March 11. Conditions were far from perfect; little to no wind. A big thank you to Ruth Hatcher for organizing the Whale Watching adventure, and putting together the 16<sup>th</sup> annual Moby Dick event. We hope everyone who wanted to attend contacted **Cindy Argosteguy for a boat ride**.

Several CIYC members are participating in the **Newport to Ensenada Race**. Big kudos to **Curt Ingram, Mary Howard, Bill Brayton, and Cindy Argosteguy**. Good luck, and be prepared to tell the tale.

**Sailing News:**

**April 4** – Tower Race Wilson Series 1/6

**April 18** – J-24 & PHRF Regatta #2

**April 18-19** – Channel Islands to Newport Beach

**April 24-26** – Newport to Ensenada

**April 25-26** – North-South Invitational

**April 29- Sept 23** – Wet Wednesdays

This is a lot of information regarding racing. Further information can be found in the **AS-BCYC Sail Race Calendar**. All CIYC members are encouraged to participate.

**Jim Lovins**

**Rear Commodore 2015**



# Anglers' Corner - March 2015

*By Frank Sullivan*



## **WSB grow out pen update:**

All is going well at the pens. We hope to release the fish sometime in May. The Hatchery folks are looking into again giving us another 30,000 + fish because we were so successful last year.

## **Some fishing laws changed this year:**

The California Fish and Game Commission adopted several changes to the current recreational groundfish regulations that apply to ocean fishing in state waters up to three miles from shore. The new regulations were adopted by the Commission at its Feb. 11 meeting, and became effective March 10.

The open season dates and allowable fishing depths for the recreational Groundfish Management Areas are as follows:

Depth to fish for rockfish has been increased from 50 fathoms to 60 fathoms,

An increase in the lingcod bag limit from two to three fish,

A sub-bag limit of five Black Rockfish within the 10-fish Rockfish, Cabezon, Greenling (RCG) complex bag limit,

Statewide closure of the California Scorpion fish fishery from Sept. 1 through Dec. 31.

## **Upcoming events:**

<b>May 17<sup>th</sup></b>	Ladies' Fishing Tournament
<b>June 7<sup>th</sup></b>	Men's Fishing Tournament
<b>September 11<sup>th</sup></b>	Channel Islands Billfish Tourney Kickoff Dinner
<b>September 12<sup>th</sup> to 16<sup>th</sup></b>	Channel Islands Billfish Tournament
<b>September 18<sup>th</sup></b>	Channel Islands Billfish Tourney Awards Dinner
<b>November 21<sup>nd</sup></b>	Anglers' Awards Scampi Dinner



## Message From First Mate Pam Nast

Hello, Channel Islanders and all CIYC Members,

Here we are ... in the middle of March ... just a few weeks prior to our **CIYC ... FABULOUS OPENING DAY** (this year on April 12, 2015)! “Time is of the essence!” What we need from members, who are able to contribute:

Kites ... triangular, box, parasail, sails, etc. ... kites of any kind.

Decorating assistance ... please let us know if you are available 4/9 – 4/11 to assist ... or please, just show up on any one or all of those dates.

Monetary Donations! If you are not able to donate time or kites ... please, consider donating ca\$h. Every member who donates cash will receive special recognition on Opening Day ... so, please consider cash ... it is always the right size, right theme, and right color.

Cooking assistance ... If you are available to help cook or plate the delicious food prepared for Opening Day ... please contact Vera Cline: [veratthebeach@gmail.com](mailto:veratthebeach@gmail.com) .

Are you onboard with the above? No? Unsure? Please contact me ... [ciyc.pam@hotmail.com](mailto:ciyc.pam@hotmail.com) or (805) 984-5147.

New Islander excursions have not been planned for April. So, please ... contribute your ideas for upcoming excursions or luncheons in writing to: [ciyc.pam@hotmail.com](mailto:ciyc.pam@hotmail.com) or [onecontesa@sbcglobal.net](mailto:onecontesa@sbcglobal.net) .

Your Islanders Board has been hoping for and, actively requesting, ideas from all Islanders Members. We are also hoping for input regarding our donations to the “BIG” Club (CIYC) during this and upcoming years.

And, now ... A few tips for building a Global Community:

Pledge allegiance to the earth.

Think of no one as “them”. Assume that many others share your dreams. Choose curiosity over certainty. Do not confuse your comfort with your safety. Judge governance by how well it meets ALL people’s needs. Be skeptical about what you hear on the “news” or what you read. Know where your water comes from and where your wastes go.

See you soon!

**Pam Nast**  
**First Mate, 2015**





## Message From Fleet Surgeon James "Jim" Lee

**"If you had the chickenpox the shingles virus is already inside you."**

Shingles is a painful skin rash caused by the varicella zoster virus. Shingles usually appear in a small area on one side of the face or body. Shingles is most common in older adults and people who have weak immune systems because of stress, injury, certain medicines, or other reasons. Most people who get shingles will get better and will not get it again. But in some people there is a chance that shingles may return.

Shingles occurs when the chickenpox virus gets active again in your body. After you get better from chickenpox, the virus remains inside you. In some people the virus stays asleep. In others, the virus may return. A person with a shingles rash can spread the virus to another person who hasn't had chickenpox and or have not received the chickenpox vaccine.

Shingles symptoms include a headache or being sensitive to light. You may also feel like you have the flu. You may feel itching, tingling, or pain in a certain area. That's where a band, strip, or small area of rash may occur a few days later. The rash turns into blisters. The blisters fill with fluid and then crust over. It takes 2 to 4 weeks for the blisters to heal, and they may leave scars. Some people only get a mild rash. And some do not get a rash at all.

So if you think you may have shingles, see your doctor right away. Starting antiviral medicine right away can help your rash heal faster and be less painful. Good home care also can help you feel better faster. Take care of any skin sores, and keep them clean. Take your medicines as directed. If you are bothered by pain, tell your doctor. He or she may write a prescription for pain medicine or suggest an over-the-counter pain medicine.

Shingles Health Center. (2013, October 3). Retrieved on March 9, 2015, from <http://www.webmd.com/shingles/skin-problems-and-treatment/shingles-topic-overview>





**British Brass Concert  
March 6<sup>th</sup>**





**British Brass Concert  
March 6<sup>th</sup>**





**British Brass Concert  
March 6<sup>th</sup>**





**British Brass Concert  
March 6<sup>th</sup>**





**British Brass Concert  
March 6<sup>th</sup>**





**Anglers' Lobster Dinner  
March 7<sup>th</sup>**





# April 2015

## Channel Islands Yacht Club

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<div> <p>Bar Hours Sunday 3pm to close, Closed Mon &amp; Tue, except special events Wednesday-Thursday 5pm to close Fri &amp; Sat 4pm to close</p> </div>	1 4:30 pm Islanders Board Wed Night Fun night Dinner 6:30 Bingo 7:00	2 6:30pm Movie Night	3 Good Friday 5-7pm Happy hour TCIF Fish fry	4 Passover begins  Shipshape NO DINNER
5 Easter Sunday  1pm LUNCHEON	6		8 4:30 pm Islanders Board 2pm Bridge group Wed Night Fun night Dinner 6:30 Bingo 7:00	9 6:30pm Movie Night	10 5-7pm Happy hour Birthday Bash	11 Passover ends Shipshape and set up for opening day NO DINNER
12 CIYC OPENING DAY	13 Jefferson's BD	14	15 Currents Article Due Wed Night Fun night Dinner 6:30 Bingo 7:00	16 6:30pm Movie Night Bingo 7:00	17 5-7pm Happy hour	18 Noon to 5pm Dining Room rented PTSH No dinner
19	20	21 6:30pm CIYC board meeting	22 2pm Bridge group Wed Night Fun night Dinner 6:30 Bingo 7:00	23 6:30pm Movie Night	24 5-7pm Happy hour Newport 2 Ensenada Race	25 Shipshape Newport 2 Ensenada Race 7mp Dinner
Maritime Captains Class						
26 3pm Reception Sherlock-Minor Newport 2 Ensenada Race	27	28	29 Wed Night Fun night Dinner 6:30 Bingo 7:00	30 6:30pm Movie Night		
Maritime Captains Class						





# May 2015

## Channel Islands Yacht Club

Sun	Mon	Tue	Wed	Thu	Fri	Sat
3	4	5	6	7	8	9
10 Mothers' Day 1pm LUNCHEON BOD Cooks	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

Bar Hours  
Sunday 3pm to close,  
Closed Mon & Tue, except special events  
Wednesday-Thursday 5pm to close  
Fri & Sat 4pm to close





**THEY'RE RUNNING AGAIN!!!**

**TGIF - APRIL 3<sup>rd</sup>**

**TGIF will start off the Easter weekend  
on Friday, April 3<sup>rd</sup>.**

We'll feature our famous FISH FRY, ponies,  
jockeys, wagering, and raffles.

**Dinner will be served at 6:30  
followed immediately  
by the races and raffles.**

Join us for the best races in the harbor!

**Come bet on your favorite filly,  
nag, number or jockey.**

Take a chance on the raffles,  
fun will be had by all!!

**Joyce and Clark, TGIF Chairpersons**



## ***THIRD CLASSICAL GUITAR RECITAL AT CIYC***



Save the date! Tuesday evening, May 26<sup>th</sup> at 7 pm. (Bar opens at 6 pm.)

James Bishop-Edwards, an outstanding professional classical guitarist, will perform. He will bring three historical guitars, dating from 1798, the 1820's, and the late 1830's, and will play pieces from the Age of Beethoven. Accompanying him will be flautist, Roma Sprung. This will be the most exceptional classical guitar concert in Channel Islands Harbor, EVER!

Zoran and Erika  
Questions: [zbarbaric@hotmail.com](mailto:zbarbaric@hotmail.com)



Anglers' Lobster Dinner  
March 7<sup>th</sup>





Anglers' Lobster Dinner  
March 7<sup>th</sup>





Anglers' Lobster Dinner  
March 7<sup>th</sup>





**Anglers' Lobster Dinner  
March 7<sup>th</sup>**





St Patrick's Day Celebration  
March 14<sup>th</sup>





St Patrick's Day Celebration  
March 14<sup>th</sup>



## Birthday Bash - "April, 10<sup>th</sup> by Connie Cala

Come and join us for our monthly celebration  
for members whose birthdays and/or anniversaries are in April.  
Bring "munchies" to share, and there is always a great birthday cake!



April Birthday Celebrations for: Bob Chaney, Mary Barker,

Kicki Paine, Sherry Brisbane, Nancy Swanson, Carolyn Beaver,  
Kim (Mrs. Dockside) Cole, Earl Sullivan, Richard Sherlock, Sharon Sullivan,  
George Lucas, Jerry Barker, Georgie Olsen, Linda Weisfuss, Steven Aronson,  
Bonnie Chaney, Ellie Bishop, Bobbie Nowitzki, Karen Stein,  
Bob Ridenour, Don Johnson & Diane Miner Sherlock .



April Anniversaries are: Allan and Alison Gabel, William and  
Lana Lynch, George and Phyllis Lucas, Dave and Sandra  
Lochridge, Gary and Kim (Mrs. Dockside) Cole, &  
Bob Ridenour and Jairo Mazariegos.

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**Club Rental**

The **CIYC dining room facility** is available for rent

for private parties to members, or non-members sponsored by a member.

Please contact **Rental Manager, Sharon Sullivan 805-985-6155** for scheduling and rates.

**Help us help the Club to be Prosperous!**

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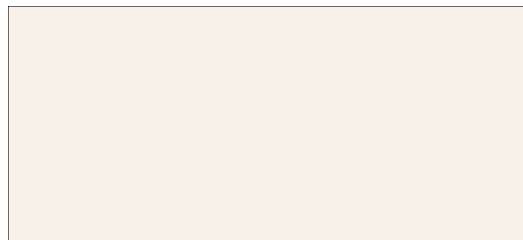
**DEADLINE NOTICE:**

Articles must be received by the 15th of the month  
preceding the next publication month.

**Next deadline: April 15, 2015**

**for the May 2015 Issue**

**CHANGE SERVICE REQUESTED**



**Kim Dolan**  
*"Mrs. Dockside"*

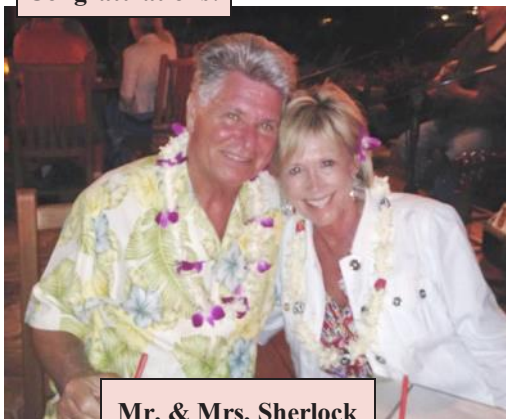


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