

VOLUME 53 ~ ISSUE 5 Commodore: Tom Warden Editor: Liz Campbell Asst: Frank & Sharon Sullivan Asst: Pat Korecky Channel Islands

CIYC is located at Lat 34° 09' 48.9" N; 119° 13' 35.6" W

4100 Harbor Blvd., Oxnard, CA 93035. Phone (805) 985-2492

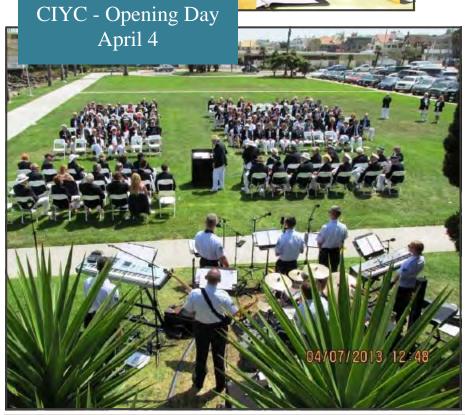
Yacht Club



MAY

2013











MAY NEWSLETTER CHANNEL ISLANDS YACHT CLUB

What a spectacular Opening Day!!

The CYIC Clubhouse sparkled with our flashy new black and yellow awnings designed by Jerry Wood, the newly painted courtyard done by Les Hardwick and Cary Verstynen, and the work of the shipshape volunteers over the past two months.

THANK YOU to all members the Channel Islands Yacht Club who participated in the Opening Day planning and ceremony. We were blessed with excellent weather, exhilarating boat parade, a fantastic turnout of guests, two great bands, the Air Force and the Barrelhouse Wailers Blues Band, the best color guard in the harbor, the best hot dogs in town by our RAMS, world class decorations and food presentation by the Islanders, and excellent bartenders, all in keeping with being "the friendliest yacht club on the coast"!

To list all the members who helped would be a very, very long list. My very special thanks go to Mary Ann Moore, Mary Foster, and Joyce Sheridan for their outstanding hard work and leadership.

Thank you all for your continuing support.

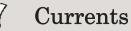
OFFICIAL AMERICAN FLAG RETIREMENT CEREMONY

Please mark your calendars for May 11, 2013 at 1:00 P.M. in the courtyard. At that time, Troop No. 228 of Ventura, California will perform an official flag retirement (burning) ceremony. (Bring your old flags to be retired.)

This should be a spectacular event on Sunday afternoon followed by barbecued hot dogs.

We wish all of our members, and especially our veterans, to attend this very formal flag retirement ceremony. This should prove to be very patriotic experience.

May 2013





Message From Keith Moore The Vice-Commodore



VICE-COMMODORE'S REPORT:

May I say "Many thanks to all who worked and planned to make CIYC's Opening Day a great success". We had a many comments from our visitors and members on how successful and how beautiful CIYC looked. Jerry Woods had arranged for new Club Awnings, the Islander's decorated the room with "Board Walk Memories" and served the best food in the Harbor. And the many Saturday morning "Ship Shape" Crews cleaned and painted the Club to look like new! The "I'm Ship Shape" tee shirts are on



their way!

We had two bands; one outside to warm-up the visitors before our program - the 552nd Air Force Band of the South West / 146th Air Lift Wing and up-stairs in the hall



for visitor entertainment - The Barrelhouse Wailers.

Of course the day started with the Channel Islands Harbor Boat Parade – with Commodore Tom Warden and your's truly on the lead boat.





The Year 2013 has just begun, and we're having a lot of fun! Call any time with your suggestions.

See you On Deck

Keith 805-551-0983



Message From The Rear Commodore Jane Thomas

We held another successful regatta in April – the annual <u>Port Royal Regatta</u>! The day was foggy and without much wind due to the frequent spring marine layer weather pattern, which our PRO Bill Brayton explained to the Race Committee as the Catalina eddy. This occurs when the NW winds outside the islands are strong, and the summer heat has not yet developed to draw the cooler marine air inland. Rather, the wind over the outer waters creates a very light, counter air flow from the south that eddies up the coast over the inland waters. The J-24 fleet from VYC ran 3 windward-leeward races with JADED, sailed by <u>Taylor Schwartz, in 1st place</u> <u>overall</u>. The PHRF boats ran 2 races; the overall winner was MAJIC DRAGON (PBYC) followed by CIYC boats FUSÉE (<u>Harry Krum</u>) and JULIET (<u>Charlie Clark</u>).

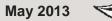
I would like to thank the Race Committee [Bill Brayton, Tom Warden, Michelle Smith, Elyse Gonnello, Cindy Arosteguy, and Don Dickey (who was not on the boat but let us take **TIME OUT** for the <u>RC platform</u>)] as well as the Mark Boat and crew (**VALKYRIE** and owner <u>Frank Sullivan</u> with <u>Gary Johnson</u> and <u>Cary Verstynen</u>). Additionally, <u>Bill Crocket</u> refurbished the framed course board that had been stowed behind the sail lock door and made new slide-in, 6" block letters and numbers for quick changes between class starts that the racing boats can actually read from a distance!

Weather-permitting, our cruising committee, Cindy Crocket, Cindy Arosteguy, and Dann Daggett, have another cruise-out planned at the end of this month (April 27-28) to go to Smuggler's Cove/Yellowbanks anchorage. Several boats have signed up, so we should have some fun photos to share next month!

Also on April 27, <u>Harry and the Krum Crew</u> will be on their way to Ensenada for the **annual Newport to Ensenada Race**. We're rooting for **FUSÉE** to bring the trophy back to CIYC! (**FUSÉE won 1st place in Beneteau Class**)

May 4 brings us the <u>Cinco de Mayo Social</u>, with crowd-pleasing entertainment by <u>Teresa Russell</u> and great Mexican food prepared by <u>Gary Johnson and crew</u>. Be sure to sign up in the bar!

See you on the water!





Anglers' Corner

🚳 On Sunday April 14th Don Dickey our WSB Pen Coordinator called for some help getting the WSB Pens ready for another Grow-out season. We had 16 folks working on the project. CIYC members, including; Don Dickey, Frank Sullivan Skip Miser, Zoran and Erica Barbaric, Gary and Joyce Johnson, and Dave Erickson worked on the pens. Joe "Pineapple", Drew "Carnivore", Ryan Gamble, and some others from the fishing website Get Bent and Ventura County Fishing Club. Manny Vega and his son Patrick also came out to help. À

Ø We pressure washed the containment nets and removed the old Predator Net that will be replaced. The net was dragged up on to shore where we carefully removed and sea life that was entangled and returned them to the harbor waters. The remainder was left to dry and then later in the week Skip Miser and Charlie Farrell loaded $\stackrel{\textbf{P}}{\longrightarrow}$ it into a dumpster and had it hauled to the dump at their expense. Ð

Don Dickey convinced the Hubs Sea World Research Institute (HSWRI) to pay for replacing our old Predator anet with a new one with smaller openings. This was necessary so the Cormorants will no longer be able to and enter with impunity, and sea lions will not be as easily entangled and drowned, a major problem the last few years. HSWRI will also provide new bird netting for the topside of the facility.

Don also had HSWRI order new 3 new containment nets for the fish at a cost of over \$500 each. He said he would pay for them but if anyone else would like to help chip in he would not be adverse to the À

said he would pay for them but if anyone else would like to help chip in he would not be adverse to the help. The CIYC Anglers will kick in some on the funds and also pay for some of the reconstruction materials. Any donations would be much appreciated.
It was great that Jersey Mike's Subs donated Subs for lunch, give them kudos if you go there, and hanks to Mary Foster for arranging it and picking it up.
There will be more opportunities to help, we need to clean, paint and repair the float and when the new nets come in we will need some help getting them installed. We are also looking and redesigning the cover over the pens to provide better security against bird predation and more shade. This will be a major refit, designed to extend the life of the Grow-out facility.
Upcoming events:

May 5th
Annual In-Harbor Fishing Tourney
June 9th
Men's Fishing Tourney

Skip Miser did a couple of exploratory trips to look for the elusive Santa

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May 5 th	Annual In-Harbor Fishing Tourney
May 19 th	Ladies Fishing Tourney
June 9 th	Men's Fishing Tourney

Skip Miser did a couple of exploratory trips to look for the elusive Santa Barbra Channel Salmon with no luck. A Check of the websites and other Sources of fishing intelligence revealed only two confirmed lands of local Salmon.

As of the time of this report Gary Johnson has the Big Fish of April, a 2.9 lb. Red Rockfish caught in the Anacapa Gap.

once per year. Legal fin fish only and no sharks.

"Big Fish of the Year"

At the end of the year there will be a Big Fish of the Year award for \$100.00. it does not have to be one of the monthly winners, it can be a tourney fish or not, so if you win one month don't quit, the next fish you catch may be worth \$\$\$\$

Currents 📂 May 2013



Message From Channel Islanders First Mate Mary Ann Moore

Hello Channel Islanders,

Wow.....we have had an exciting month. In this issue, Vera and I will cover "Opening Day". The musical revue will be covered in next month's issue of the Currents.

A note from Vera's desk; Hello Ladies, how did you like Opening Day? Because of the very hard work provided by Joyce Sheridan, Linda McCulley, Cindy Arosteguy, Jackie Biederman, Michelle Dildine, Opal Gilpin, Joyce Johnson, Diane Sabol, Josie Renner, Pat Korecky, and others who are not Epicureans, Diane Miner, Carole Naylor, Woody Underwood, Pam Nast, Deborah Tyhurst, Sylvia Hyde, Dave Wardlow, Cary Verstynen, Ruthie Hatcher, CIYC again had the BEST Opening Day of all the yacht clubs. This is a true fact known by all. Without a doubt; Thank You ladies for making it happen and we had a lot of laughs in the kitchen and got to know each other better (like who had a hangover or not, I'm not telling) signed, Vera.



A note from Mary Ann's desk; Second Mate Vera Cline and I split Opening Day duties, she was in charge of food and I handled the remaining necessary duties...so here goes the thanks you's.

I was so happy with the response to my call for help for Opening Day; Pam Nast, Sharon Sullivan, Frank Sullivan, Kitty Frallic, Jan Frallic, Josie Renner, Pat Korecky, Woody Underwood, and Keith Moore helped with the decorating. We had so much fun!!! Yes, the swim suits were cut out of wrapping paper!!!! It was fun decorating for the theme BOARDWALK MEMORIES. A small side note-Tom Warden and I both rode on the Ferris Wheel at Coney Island called THE WONDER WHEEL, like the children in the poster by the bar.

I would also like to thank Sherie & Rick Ireland, Sharon & Frank Sullivan, Lana & Bill Lynch, Johanne Berg, Vera & Bill Cline, Linda the bartender, and yours truly for loaning the club personal decorations to help offset the costs. Additional generous cash donations were received from Lana & Bill Lynch and Dick & Georgie Olsen. THANK YOU one and all.



Also, a big thank you to Mary Foster who helped clean up after the party was over. And what a party it was. **Over 200 peeps** came to celebrate with us. Vera is correct; we had the **best Opening Day**. I heard this from so many other yacht clubs. I was told they came to eat our great food and see how creative we are in decorating....as well as unique music....I know they left HAPPY.

Thank you one and all.....Oh one more thing before I forget---Keep a Look-Out in the CURRENTS for our Islanders Notice of an outing open to the WHOLE CLUB on Wednesday, May 22nd!!!!!!!

HAPPY MOTHER'S DAY !!!!!

Mary Ann (All Day All Night) MooreandVera ClineFirst MateSecond Mate







Doc Lines

You were a VHF radio and didn't even know it...

That's right. If you had an MRI, you were a radio transmitter. When you were shoved into the gantry of a big superconducting magnet, your protons aligned with the magnetic field. Since most of the body is made of water molecules, most of the protons that aligned were hydrogen atoms. Now ping those protons with a short radio wave pulse and the poor things are knocked out of alignment. As they come back into alignment they vibrate like a guitar string and emit their own radio waves. So you place an antenna close by, and you record them. Voila! That is nuclear magnetic resonance, really simplified.

But the more astute among you may say: How does an antenna know where the signal is coming from? To solve that problem the magnet is engineered to decrease in strength (gradient) from the nose to the toes. So the protons close to your nose resonate at a different radio frequency (like a soprano) from those close to your toes (like a bass). So if we know that the soprano signal comes from a single specific body slice, a complex algorithm translates these vibrations into pixels. The image obtained, in general, represents water density or distribution within that body slice.

That's why a full bladder, for example, will emit such a strong signal that its image will appear bright white. Bones, kidney stones, or gas will be seen as dark. Tissues altered by a disease process will look different because their water densities are different. Fat also has lots of hydrogen atoms and looks bright. Since fat surrounds the (darker-looking) internal organs, it creates contrast and helps create excellent images. For example, Gary Johnson, version 1.0, would look great on MRI, but Gary Johnson, version 2.0, after losing almost 40 lbs. of fat, not so much.

To even further enhance an image, a small amount of intravenous contrast may be injected via a needle in your arm. Most contrasts are chelates of Gadolinium (a rare earth element), and they change the way protons in their vicinity vibrate.

The first patient imaged was a dead turkey. The inventors didn't know if the thing would work, so an assistant ran to Ralph's and brought back a bird. It worked fine. Then they put an assistant in. The inventor, Professor **Paul Lauterbur**, at Stony Brook University (Long Island, New York), was awarded the <u>Nobel Prize</u> for his discovery. Independently, at the same time, **Dr. Raymond Damadian** also made the same discovery. Unjustly, he was not awarded a Nobel Prize. Go figure!

Most magnets are 1.5 tesla (T), although 2T and 3T units are now more common. Because of such high-strength magnets, some precautions are necessary. For example, credit cards will be erased, pacemakers may stop functioning, and inner ear implants will be damaged. A hip prosthesis is ok, but several inches of surrounding tissues will be unreadable. Some years ago, a night janitor entered the room with a big floor-buffing machine. The buffer was pulled into the gantry at an accelerating rate, and so was he, as he wouldn't let go. Broke his arm. I can't imagine what the poor fellow was thinking as he got sucked into the machine.

Then, there is functional imaging: The smart MRI-f can tell if you're lying, whom you're thinking about, or whether you're likely to commit a crime. Interventional MRI provides imaging guidance for placement of various needles, catheters, and other instruments.

Why is MRI so expensive? Well, 85% of the fees are for the technical aspects of running the imager. This includes initial cost, special RF-proof housing, real estate, liquid nitrogen, electricity, insurance, permits, engineers, technicians, nurses, hospital administrators, receptionists, janitors, and contrast materials. The radiologist interpreting the images gets about 15%. He has to look at several thousand images daily, be smart enough to make correct diagnoses, and not make a single mistake in interpreting any of them. The radiologist really doesn't get the 15%; his group practice does. Less lucrative exams, and uninsured patients who show up in the ER, are subsidized by paying patients. Medical insurance premiums are very high.

So that's MRI in a nutshell. The next time you're in the magnet try calling Frank on Valkyrie's VHF. Just kidding. Although the radio frequencies are similar, the examining room is RF-shielded. Besides, you don't want Frank to see you as naked as a TSA agent would.

Your Fleet Surgeon, Zoran









CIYC - Opening Day Parade - April 4

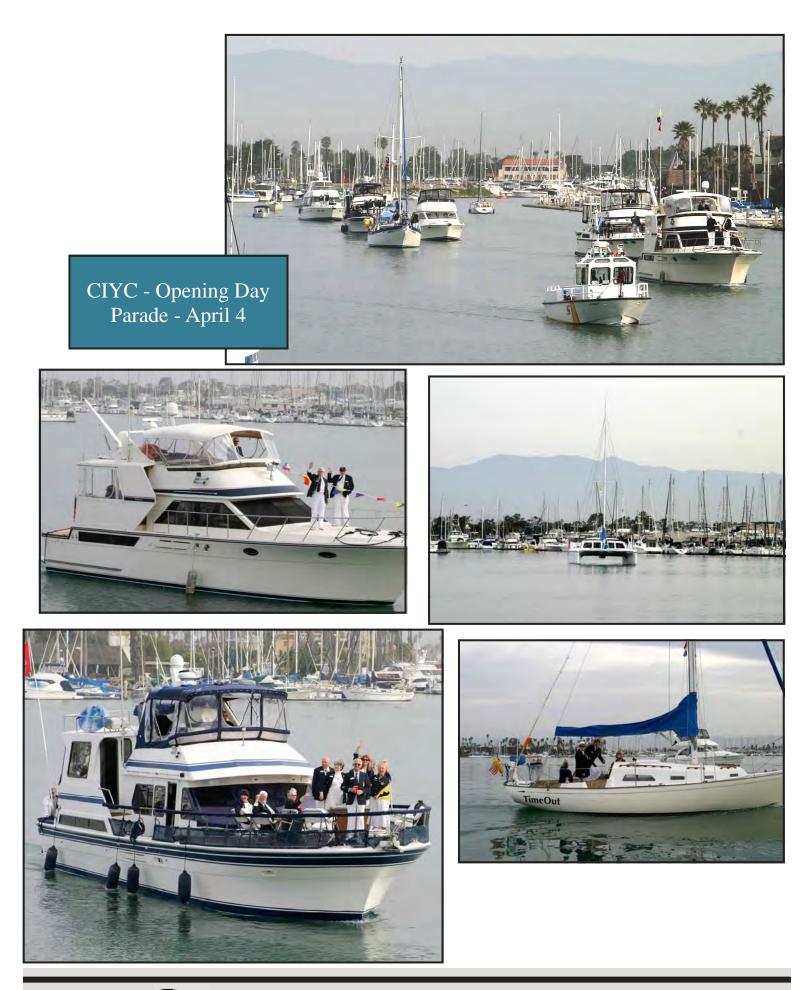
















CIYC - Opening Day April 4



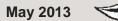


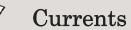


















CIYC - Opening Day April 4











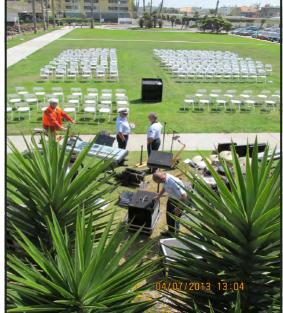














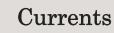




May 2013

Channel Islands Yacht Club

Sun	F	Mon	Tue	Wed	Thu	Fri	Sat
	S Closed Mon Wedneso	Bar Hours Bar Hours Sunday 3pm to close, Closed Mon. & Tues. except special events Wednesday-Thursday 5pm to close, Tot: 8. Co.4 Anno 4. Close,	l events lose,	<i>I</i> Wed .Night Fun night Dinner 6:30 <i>Bingo 7:00</i> Maritima Incti	light Fun night Bocce Ball 6pm Birthda 6:30 7:00 Monitime Institute Contains Class 2am Ann	3 6pm Birthday Bash	4 Tpm Cinco de Mayo dinner/Social
5 In Harbor Fishing Tournament		6 6	7 6pm Bar opens 7pm British Brass	<i>8</i> 2pm Bridge group Wed .Night Fun night Dinner 6:30 <i>Bingo 7:00</i>	g Bocce Ball	6:30pm TGIF	<i>II</i> Tpm BYOM dinner 1pm Flag retirement Cruiser Nav #2 VYC
12 Mothers day 1pm LUNCH BOD cooks	ay 0D cooks	13	14	<i>15 Currents deadline</i> Wed .Night Fun night Dinner 6:30 <i>Bingo 7:00</i>	<i>l6</i> Bocce Ball	<i>17</i> Bar Appetizers	18 9am Shipshape 7pm Epicureans dinner w/Wine Sampling
<i>19</i> 1-4pm Open House Ladies' Fishing Tourney	louse 19 Tourney	50	<i>21</i> 6:30pm CIYC Board Meeting	22 2pm Bridge group Wed .Night Fun night Dinner 6:30 <i>Bingo 7:00</i>	23 11:30am Islanders Luncheon Bocce Ball	<i>24</i> Bar Appetizers Cruise	25 <i>Ipm BYOM dinner</i> Cruise to Prisoner's Harbor
<i>26</i> Cruise to Pri	5 21 31 51 cl cl cl	27 Memorial Day 3pm Bar opens 5pm Holiday supper club or	38	<i>29</i> Wed .Night Fun night Dinner 6:30 <i>Bingo 7:00</i>	<i>30</i> Bocce Ball	31	

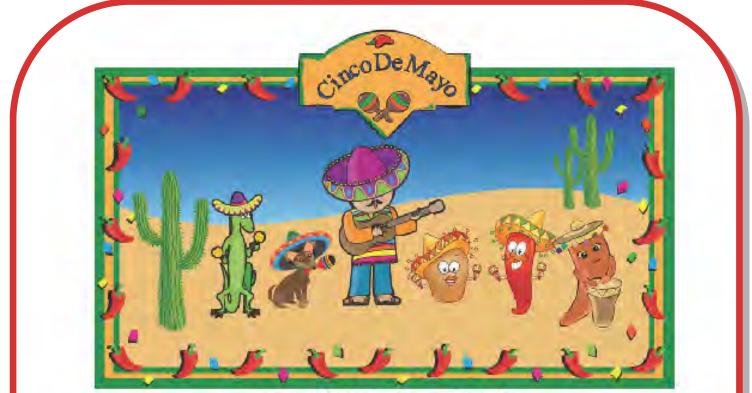


Currents 📂 May 2013

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Channel Islands Yacht Club

Sun		Mon	Tue	Wed	Thu	Fri	Sat
	Closed M Wedd	Bar Hours Bar Hours Sunday 3pm to close, Closed Mon. & Tues. except special events Wednesday-Thursday 5pm to close, Fri & Sat 4pm to close	t close, pt special events 5pm to close, o close				l Bob Cooke Double-Handed Race 7pm Dinner
2		6	4	<i>5</i> Wed .Night Fun night Dinner 6:30	<i>b</i> Bocce Ball	Z 6pm Birthday Bash	8 Ipm Epicureans Dinner
<i>g</i> Men's Fishing Tourney		10	IJ	12 2pm Bridge group Wed .Night Fun night Dinner 6:30	<i>13</i> Bocce Ball	14 Flag Day 6 PM: Channel Island' MarinaFest Kick-Off Party @ CIYC	<i>15 Currents deadline</i> Tpm Father's day Dinner by Islanders w/wine <u>CIYC OPEN HOUSE -</u> <u>BBQ Stand - Marina Fest</u>
16 Fathers Day - MARINA FEST - CAR SHOW - FARMERS MARKET <u>CIYC OPEN HOUSE</u> - <u>BBO Stand- Fest Booth</u>	-	11	<i>IB</i> 6:30pm CIYC Board Meeting	19 4:30pm Islanders Board Wed .Night Fun night Dinner 6:30	<i>20</i> Bocce Ball	<i>21</i> Bar Appetizer 7pm General Meeting Nomination comm.	22 Cruiser Nav #3 CIYC CIYC Solstice Festival Weekend
23 CIYC Solstice Festival Weekend		24	25	26 2pm Bridge group Wed .Night Fun night Dinner 6:30 <i>Bingo 7:00</i>	<i>21</i> Bocce Ball	<i>28</i> Bar Appetizers Tpm C12MDR kickoff dinner (beefeaters)	<i>29</i> <i>Bam race day breakfast</i> CI 2MDR Race BYOM dinner Cruise to Scorpion Anch.
30 11:30am Islanders Brunch Cruise to Scorpion Anch	Brunch nch						



Join us at CIYC, Saturday, May 4, for Cinco de Mayo

A Celebration of the Mexican Army's Victory over France at the Battle of Puebla in 1862 They didn't win the war, but winning a battle is still a good excuse to celebrate 150 years later!

Gary Johnson and Crew will prepare authentic Mexican ouisine including: Albondigas soup, Pork nopales (like chili verde), Chicken enchiladas, Cheese enchiladas, Refried beans, Rice, and Flan for Dessert

> With Live Musical Entertainment by: Teresa Russell

> > Only \$15.00 per Person

Dinner at 7:00 PM, Music and Dancing to Follow

Sign up in the Bar or RSVP by Phone or Email (805-985-2492 or reservations.ciyc@roadrunner.com)

May 2013



THE 8TH ANNUAL CHANNEL ISLANDS HARBOR SATURDAY, MAY 11, 2013 9:00 A.M. TO 4:00 P.M.

Kids Don't Float, Life Jackets Do.

LOVAT CAU

Watch exciting offshore helicopter, person in water and fire rescue demos at 11:00 a.m. & 2:00 p.m. Free Admission. Free Rides & Tours of the USCG Vessels.

Agency Booths & Displays: Red Cross, Coast Guard Auxiliary, Channel Islands Harbor Patrol, Oxnard Police/Fire Dive Team, Channel Islands National Park, Ventura County Sheriff Rescue, Ventura County Fire Dept, NOAA Weather Service, Navy Sea Cadets, Channel Islands National Marine Sanctuary and Ventura Sail and Power Squadron.

- Commercial booths, hands-on exhibits
- Free flare inspection and disposal

KOTON S

- Free digital selective calling (DSC) registration
 Safety demonstrations
 Free vessel safety exams at the Launch Ramp
 Food and beverage

- Life Jacket **Fashion Show**
- U.S. COAST GUARD STATION 4201 S. VICTORIA AVE., OXNARD (SOUTH OF CHANNEL ISLANDS BLVD.)

For additional information call: (800) 704-5620 or (805) 382-3007 / 3 3 3 3

www.safeboatingexpo.com • www.channelislandsharbor.org • www.facebook.com/SafeBoatingExpo





Big Fat Greek Epicurean Dinner!

Saturday, May 18, 7:00 pm at CIYC \$18 for advance reservations, \$20 at the door

Endless miles of aquamarine coastline, sun-bleached ancient ruins, strong feta and stronger ouzo. The Greek landscape thrills, and Greek people are passionate about politics, food, art and celebrating...loudly. Greeks pride themselves on their cuisine. Basic ingredients include feta, olive oil, lemons, mint & oregano.

Your Epicurean chef, LeeAnne Clark, has created a menu for CIYC to allow you to experience the rich flavors of Greece, and join in a traditional Greek-style celebration.

Hummus & Pita Appetizer
 Build-your-own Classic Greek Salad
 "Kotopoulo Skorthato": Lemon Garlic Chicken
 Greek-style Potatoes
 Baklava Dessert

Special beverages available at the bar: Ouzo and Mavrodapni Wine

Special Entertainment - Greek Bellydancing!

Kali Sundari performs at The Greek at the Harbor in Ventura Harbor Village, and throughout the region. A joyful and spirited dancer, Kali's passion and enthusiasm will inspire all of us...and may even get you up on your feet to join her!

As they say when toasting in Greece -











Currents 📂 May 2013







Opening number – Putting on the Ritz Clark Owens, Larry Stein, Barb B, Michelle Then, Clark with girls dance routine.

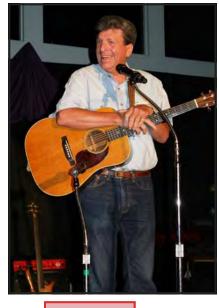




THE CHANNEL ISLANDERS HOST A SPRING REVIEW

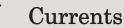






Skip Meiser









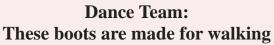
Michelle Smith – Orange Colored Sky





Mary Foster, Jennifer Sparks, Joyce Sheridan Chocolate factory skit







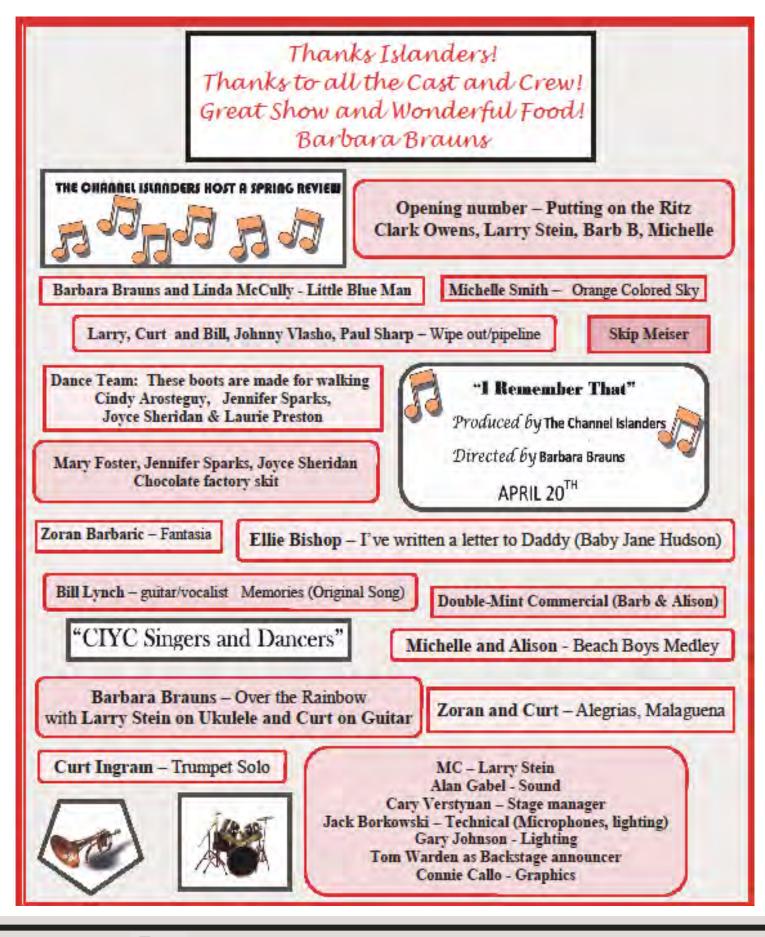


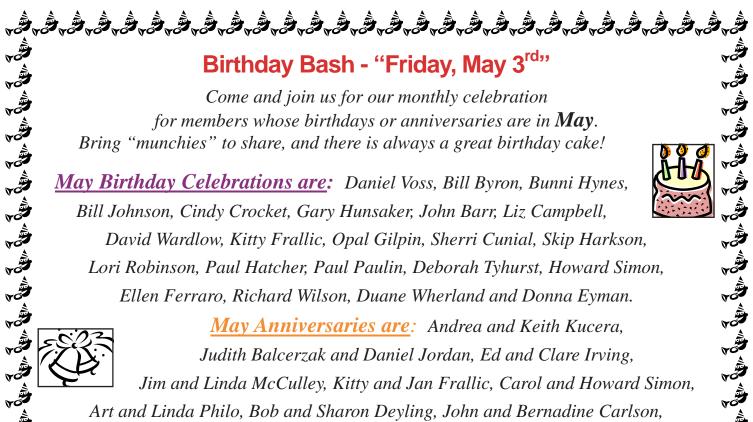












Birthday Bash - "Friday, May 3rd"

Come and join us for our monthly celebration for members whose birthdays or anniversaries are in **May**. Bring "munchies" to share, and there is always a great birthday cake!

May Birthday Celebrations are: Daniel Voss, Bill Byron, Bunni Hynes, Bill Johnson, Cindy Crocket, Gary Hunsaker, John Barr, Liz Campbell, David Wardlow, Kitty Frallic, Opal Gilpin, Sherri Cunial, Skip Harkson, Lori Robinson, Paul Hatcher, Paul Paulin, Deborah Tyhurst, Howard Simon, Ellen Ferraro, Richard Wilson, Duane Wherland and Donna Eyman.

May Anniversaries are: Andrea and Keith Kucera, Judith Balcerzak and Daniel Jordan, Ed and Clare Irving, Jim and Linda McCulley, Kitty and Jan Frallic, Carol and Howard Simon, Art and Linda Philo, Bob and Sharon Deyling, John and Bernadine Carlson, Hardy and Olga Moll, Larry and Karen Stein & John and Rose M Hazeltine.

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Channel Islands Yacht Club



Channel Islands Yacht Club

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CURRENTS SUBMISSIONS

E-mail submissions to <u>currents@ciyc.com</u> <u>Lizcaffrey@aol.com</u> or send via facsimile to (805) 985-2942

Volume 53 - No. 5

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DEADLINE NOTICE:

Articles must be received by the 15th of the month preceding the next publication month.

Next deadline: May 15, 2013

for the June 2013 Issue

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